

Outdoor Legion Records 2023

NATIONAL YOUTH TRACK & FIELD CHAMPIONSHIPS

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2023 Canadian Outdoor Legion U18 Female - Records

Event	Name	Date	Venue	Legion RCD	CDN RCD	World RCD
100	KHAMICA BINGHAM	2010	OTTAWA	11.55	11.53	10.98
200	CHRISTIAN BRENNAN	2011	OTTAWA	23.43		22.42
400	CHRISTIAN BRENNAN	2011	OTTAWA	53.11	52.12	50.01
800	VICTORIA TACHINSKI	2015	STE THERESE	2:06.88	2:03.58	1:57.18
1500	MAELLA HODGSON	2022	SHERBROOKE, QC	4:23.00	4:06:71	3:54.52
3000	EMILIE MONDOR	1998	PRINCE GEORGE	9.27.52	9.16.93	8:36.45
100 HURDLES	NICOLE SETTERINGTON	2012	CHARLOTTETOWN	13.38	13.33	12.89
400 HURDLES	MEGAN CHAMPOUX	2016	STE. THERESE, QC	1:00.27	56.79	54.15
4 X 100 RELAY	QC	2011	OTTAWA	46.58	46.09	44.05
4 X 400 RELAY	AB-NWT	2011	OTTAWA	3:45.32		3:36.98
2000 STEEPLE- CHASE	GRACE FETHERSTONHAUGH	2017	BRANDON, MB	6:41.46	6:39.36	6.11.83
3000 RACEWALK	OLIVIA LUNDMAN	2019	CAPE BRETON, NS	14:59.08	14:37.3	12.22.2
HIGH JUMP	ALYXANDRIA TREASURE	2008	SHERBROOKE	1.81	1.87	1.96
LONG JUMP	CHRISTABEL NETTEY	2008	SHERBROOKE	6.21	6.41	6.91
TRIPLE JUMP	JAMILAH JAMES	2014	LANGLEY	12.61	13.13	14.57
POLE VAULT	ALEXZANDRA THRONDSO	2017	BRANDON, MB	3.92	3.91	4.50
SHOT PUT	TRINITY TUTTI	2017	BRANDON, MB	17.05	17.82	20.52
DISCUS (1 KG)	JULIA TUNKS	2023	SHERBROOKE, QC	54.64	54.64	65.86
JAVELIN (600 grams)	ALEXANDRIA WEBB	2019	CAPE BRETON, NS	49.88	53.44	65.44
HAMMER THROW (3 kg)	CYERRA CASSELL	2014	LANGLEY	61.06	65.16	76.04
HEPTATHLON	NIKI OUDENAARDEN	2010	OTTAWA	5124	5406	6221



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Event	Name	Date	Venue	Legion RCD	CDN RCD	World RCD
100	AARON BROWN	2009	SHERBROOKE	10.49	10.46	10.15
200	PIERRE JOHANN	1988	QUEBEC	21.20	20.93	20.13
400	BRANDON MCBRIDE	2011	OTTAWA	46.83	45.99	44.84
800	BRANDON MCBRIDE	2011	OTTAWA	1:48.41	1:48.07	1:43.37
1500	RYAN HAYDEN	1999	SUDBURY	3:52.67	3:45.87	3:33.72
3000	EAMONN KICHUK	2010	OTTAWA	8:25.99	8:14.99	7:32.37
110 HURDLES	JOEY DANIELS	2015	STE THERESE	13.71	13.43	12.87
400 HURDLES	JOSH GUGGENHEIMER	1998	PRINCE GEORGE	53.02	52.52	48.84
4 X 100 RELAY	AB-NWT	1985	SASKATOON	41.80	41.44	39.97
4 X 400 RELAY	ONTARIO	2011	OTTAWA	3:17.31		3:11.66
2000 STEEPLE-CHASE	SEAN BERGMAN	2015	STE THERESE	5:47.98	5:44.23	5:19.99
3000 RACEWALK	MAREK ADAMOWICZ	2013	LANGLEY	12:47:97	12:34.0	11:32.9
HIGH JUMP	ALAIN MÉTELLUS	1982	OROMOCTO	2.15	2.17	2.33
LONG JUMP	SHANE NIEMI	1994	OTTAWA	7.25	7.32	8.28
TRIPLE JUMP	IVAN NYEMECK	2015	STE THERESE	15.02	15.19	17.41
POLE VAULT	DAVID FOLEY	2001	SHERBROOKE	4.80	5.00	5.56
SHOT PUT	JOSEPH MAXWELL	2014	LANGLEY	19.52	20.89	24.45
DISCUS	JORDAN YOUNG	2010	OTTAWA	60.74		77.50
JAVELIN	TRAVIS HARFIELD	2023	SHERBROOKE, QC	74.93	75.99	89.34
HAMMER THROW	RYAN JACKLIN	2019	CAPE BRETON, NS	69.74	71.36	87.82
DECATHLON	JACKSON MACKAY	2023	SHERBROOKE, QC	6535	6535	8002



2023 Canadian Outdoor Legion Female U16 - Records

Event	Name	Date	Venue	Legion RCD	CDN RCD	World RCD
100	SHAI DAVIS	2008	SHERBROOKE	11.85	N/A	N/A
200	LAUREN GALE	2015	STE THERESE	24.32	N/A	N/A
300	CHRISTIAN BRENNAN	2010	OTTAWA	37.17	N/A	N/A
800	VICTORIA TACHINSKI	2014	LANGLEY	2:07.91	N/A	N/A
1200	SOPHIE SIGFSTEAD	2015	STE THERESE	3:26.16	N/A	N/A
2000	SOPHIE SIGFSTEAD	2015	STE THERESE	6:06.59	N/A	N/A
80 HURDLES	ARIELLE BYKOVSKAIA	2014	LANGLEY	11.26	N/A	N/A
200 HURDLES	JASNEET NIJJAR	2016	STE. THERESE, QC	26.25	N/A	N/A
4 X 100 RELAY	BC	2013	LANGLEY	47.69	N/A	N/A
1600 MEDLEY RELAY	ONTARIO	2016	STE. THERESE, QC	4:03.09	N/A	N/A
1500 STEEPLE- CHASE	SADIE SIGFSTEAD	2017	BRANDON, MB	4:42.83	N/A	N/A
1500 RACEWALK	CASSIDY CARDLE	2017	BRANDON, MB	7:07.17	N/A	N/A
HIGH JUMP	ALYXANDRIA TREASURE	2007	OROMOCTO	1.76	N/A	N/A
LONG JUMP	CHRISTABEL NETTEY	2006	BURNABY	6.02	N/A	N/A
TRIPLE JUMP	RACHEL ROMU	2008	SHERBROOKE	12.00	N/A	N/A
POLEVULT	SONYA URBANOWICZ	2019	CAPE BRETON, NS	3.22	N/A	N/A
SHOT PUT	TRINITY TUTTI	2015	STE THERESE	16.45	N/A	N/A
DISCUS	TRINITY TUTTI	2015	STE THERESE	46.01	N/A	N/A
JAVELIN	GILLIAN GALIK	2023	SHERBROOKE	55.59	N/A	N/A
HAMMER THROW (3kg)	LINDSEY FREDERIKSEN	2014	LANGLEY	58.47	N/A	N/A
PENTATHLON	ROYCE, CHLOE	2016	STE. THERESE, QC	3458	N/A	N/A



2023 Canadian Outdoor Legion Male U16 - Records

Event	Name	Date	Venue	Legion RCD	CDN RCD	World RCD
100	ANDRE FORD-AZONWANNA	2010	OTTAWA	10.75	N/A	N/A
200	BRAD MCCUAIG	1985	SASKATOON	21.90	N/A	N/A
300	NIFAIYA ROBINSON	2017	BRANDON, MB	34.62	N/A	N/A
800	KEVIN SULLIVAN	1989	VICTORIA	1:54.43	N/A	N/A
1200	RILEY FLEMINGTON	2019	CAPE BRETON, NS	3:07.27	N/A	N/A
2000	ARJUN SANDHU	2023	SHERBROOKE, QC	5:38.54	N/A	N/A
100 HURDLES	EMANUEL DÉSILETS	2018	BRANDON, MB	13.03	N/A	N/A
200 HURDLES	DAVIS EDWARD	2012	CHARLOTTETO WN	24.27	N/A	N/A
4 X 100 RELAY	ALBERTA	1985	SASKATOON	43.30	N/A	N/A
1600 MEDLEY RELAY	ONTARIO	2010	OTTAWA	3:35.30	N/A	N/A
1500 STEEPLE-CHASE	TOBIAS WOLTER	2012	CHARLOTTETO WN	4:15.15	N/A	N/A
1500 RACEWALK	MAREK ADAMOWICZ	2011	OTTAWA	6:26.94	N/A	N/A
HIGH JUMP	BRANDEN WILHELM	2007	OROMOCTO	2.01	N/A	N/A
LONG JUMP	JARED HELDMAN	2007	OROMOCTO	6.82	N/A	N/A
TRIPLE JUMP	PRAISE ANIAMAKA	2018	BRANDON, MB	13.82	N/A	N/A
POLE VAULT	TEKOA KORNELSEN	2019	CAPE BRETON, NS	3.82	N/A	N/A
SHOT PUT	JOSEPH MAXWELL	2013	LANGLEY	19.66	N/A	N/A
DISCUS	JOSEPH MAXWELL	2013	LANGLEY	63.22	N/A	N/A
JAVELIN (600 grams)	TRAVIS HARFIELD	2022	SHERBROOKE, QC	67.72	N/A	N/A
HAMMER THROW (4kg)	ROWAN HAMILTON	2017	BRANDON, MB	69.54	N/A	N/A
PENTATHLON	EMANUEL DÉSILETS	2018	BRANDON, MB	3446	N/A	N/A
DECATHLON	ETHAN FOSTER	2017	BRANDON, MB	6035	N/A	N/A



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