

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 100 Meter Dash U16****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Heats to final 3 heats Top 2 + 2 times

Championship: M 11.85 2008 Shai Davis

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Cummings, Jaeland	04 British Colu	12.53Q	-1.9	1
2 Vallée, Julia	04 Quebec	12.71Q	-2.2	3
3 Cole, Gabrielle	04 Flying Angel	12.76Q	-2.7	2
4 Allen Destin, Angéline	04 Quebec	12.71Q	-1.9	1
5 Omonzane, Peace	04 Flying Angel	12.80Q	-2.2	3
6 Fraser, Charlize	05 Brampton Tra	13.11Q	-2.7	2
7 Jacobson, Carys	04 New Brunswick	12.76q	-1.9	1
8 Sheppard, Lynn	04 Nova Scotia/Nunavut	12.95q	-2.2	3
9 Derenoski, Lexi	04 Saskatchewan	13.03	-1.9	1
10 Hall, Maren	04 Nova Scotia/Nunavut	13.09	-1.9	1
11 Bahar, Sofia	04 Laurel Creek T.F.C.	13.15	-2.7	2
12 Feschuk, Sarah	04 Alberta-Nort	13.18	-2.2	3
13 Hampson, Laila	04 Hamilton Oly	13.22	-2.2	3
14 Comeau, Shanna	05 New Brunswick	13.35	-2.2	3
14 Evans, Willa	05 Truro Lions	13.35	-2.7	2
16 Thomas, Lauren	06 Niagara Olym	13.36	-2.7	2
17 Jacobs, Cailey	04 Capital City	13.38	-2.2	3
18 Coady, Sarah	05 Newfoundland	13.49	-1.9	1
19 Dasilva, Ella	05 Manitoba & N	13.69	-1.9	1
20 Ma Pickard, Cynthia	04 Brantford T.F.C.	13.77	-2.7	2
21 Ogwen, Vallerey	04 Manitoba & N	13.81	-1.9	1
22 MacCallum, Keira-Leigh	05 Truro Lions	13.93	-2.7	2
23 Boland, Jewel	05 Newfoundland	14.06	-2.2	3

Women 100 Meter Dash U16

Heats to final 3 heats Top 2 + 2 times

Championship: M 11.85 2008 Shai Davis

Name	Year Team	Finals	Wind
Finals			
1 Cummings, Jaeland	04 British Colu	12.55	-4.6
2 Cole, Gabrielle	04 Flying Angel	12.58	-4.6
3 Vallée, Julia	04 Quebec	12.61	-4.6
4 Allen Destin, Angéline	04 Quebec	12.79	-4.6
5 Omonzane, Peace	04 Flying Angel	12.82	-4.6
6 Jacobson, Carys	04 New Brunswick	12.91	-4.6
7 Fraser, Charlize	05 Brampton Tra	13.26	-4.6
8 Sheppard, Lynn	04 Nova Scotia/Nunavut	13.26	-4.6
Preliminaries			
9 Derenoski, Lexi	04 Saskatchewan		
10 Hall, Maren	04 Nova Scotia/Nunavut		
11 Bahar, Sofia	04 Laurel Creek T.F.C.		
12 Feschuk, Sarah	04 Alberta-Nort		
13 Hampson, Laila	04 Hamilton Oly		
14 Comeau, Shanna	05 New Brunswick		
14 Evans, Willa	05 Truro Lions		
16 Thomas, Lauren	06 Niagara Olym		
17 Jacobs, Cailey	04 Capital City		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 100 Meter Dash U16**

18 Coady, Sarah	05 Newfoundland
19 Dasilva, Ella	05 Manitoba & N
20 Ma Pickard, Cynthia	04 Brantford T.F.C.
21 Ogwen, Vallerey	04 Manitoba & N
22 MacCallum, Keira-Leigh	05 Truro Lions
23 Boland, Jewel	05 Newfoundland

Women 200 Meter Dash U16**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Heats to final 4 heats Top 1 + 4

Championship: M 24.32 2015 Lauren Gale

Name	Year Team	Prelims	Wind	H#
1 Martin, Emily	04 Ontario	25.63Q	-1.8	2
2 Cummings, Jaeland	04 British Colu	25.70Q	0.1	4
3 Cole, Gabrielle	04 Flying Angel	26.00Q	-1.5	3
4 Francis, Mckayla	04 Flying Angel	26.18Q	-1.6	1
5 Allen Destin, Angéline	04 Quebec	26.23q	0.1	4
6 Vallée, Julia	04 Quebec	26.30q	-1.8	2
7 Sheppard, Lynn	04 Nova Scotia/Nunavut	26.78q	-1.6	1
8 Jacobson, Carys	04 New Brunswick	26.93q	-1.5	3
9 Nonato, Zoe	04 Winnipeg Opt	27.05	0.1	4
10 Valpy, Madelyn	04 Alberta-Nort	27.05	-1.6	1
11 Grunys, Maya	04 Manitoba & N	27.13	-1.5	3
12 Shadd-Ceres, Trinity	06 Ontario	27.13	-1.6	1
13 Derenoski, Lexi	04 Saskatchewan	27.44	-1.8	2
14 Thomas, Lauren	06 Niagara Olym	27.52	-1.5	3
15 Layne, Naomi	04 Boost Athlet	27.87	0.1	4
16 Jacobs, Cailey	04 Capital City	27.88	-1.8	2
17 Comeau, Shanna	05 New Brunswick	28.04	-1.8	2
18 Jiang, Angela	04 Manitoba & N	28.12	-1.5	3
19 Ma Pickard, Cynthia	04 Brantford T.F.C.	28.30	-1.8	2
20 Coady, Sarah	05 Newfoundland	28.54	0.1	4
21 Rodney-Calliste, Gabriel	04 Thorold Elit	28.68	-1.6	1
22 Cuffy, Nyla	05 Boost Athlet	28.79	-1.6	1
23 Boland, Jewel	05 Newfoundland	29.66	0.1	4
24 Anyaogu, Kristie	04 Flying Angel	34.61	-1.5	3

Women 200 Meter Dash U16

Heats to final 4 heats Top 1 + 4

Championship: M 24.32 2015 Lauren Gale

Name	Year Team	Finals	Wind
1 Cummings, Jaeland	04 British Colu	25.34	-3.6
2 Cole, Gabrielle	04 Flying Angel	25.34	-3.6
3 Martin, Emily	04 Ontario	25.51	-3.6
4 Francis, Mckayla	04 Flying Angel	25.61	-3.6
5 Allen Destin, Angéline	04 Quebec	25.94	-3.6
6 Vallée, Julia	04 Quebec	26.05	-3.6
7 Sheppard, Lynn	04 Nova Scotia/Nunavut	26.77	-3.6
8 Jacobson, Carys	04 New Brunswick	26.83	-3.6

Preliminaries

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 200 Meter Dash U16**

9 Nonato, Zoe	04 Winnipeg Opt
10 Valpy, Madelyn	04 Alberta-Nort
11 Grunys, Maya	04 Manitoba & N
12 Shadd-Ceres, Trinity	06 Ontario
13 Derenoski, Lexi	04 Saskatchewan
14 Thomas, Lauren	06 Niagara Olym
15 Layne, Naomi	04 Boost Athlet
16 Jacobs, Cailey	04 Capital City
17 Comeau, Shanna	05 New Brunswick
18 Jiang, Angela	04 Manitoba & N
19 Ma Pickard, Cynthia	04 Brantford T.F.C.
20 Coady, Sarah	05 Newfoundland
21 Rodney-Calliste, Gabriel	04 Thorold Elit
22 Cuffy, Nyla	05 Boost Athlet
23 Boland, Jewel	05 Newfoundland
24 Anyaogu, Kristie	04 Flying Angel

Women 300 Meter Dash U16**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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Heats to final 4 heats Top 1 + 4				
Championship: M 37.17 2010 Christian Brennan				
Name	Year	Team	Prelims	H#
=====				
1 Martin, Emily	04	Ontario	40.01Q	1
2 Francis, Mckayla	04	Flying Angel	40.17Q	2
3 Boucher, Jaya	04	Alberta-Nort	41.90Q	3
4 MacDonald, Cara	05	Nova Scotia/Nunavut	42.64Q	4
5 Nonato, Zoe	04	Winnipeg Opt	41.90q	1
6 Cummings, Jaeland	04	British Colu	42.73q	2
7 Jiang, Angela	04	Manitoba & N	42.96q	3
8 Karlo, Olivia	04	York Region	43.03q	3
9 Artibello, Mya	05	Nova Scotia/Nunavut	43.06	1
10 Johnson, Emberley	04	Newfoundland	43.38	3
11 Maloney, Attleigh	05	Saskatchewan	43.58	4
12 Layne, Naomi	04	Boost Athlet	43.76	2
13 Jacobs, Cailey	04	Capital City	44.08	4
14 Bahar, Sofia	04	Laurel Creek T.F.C.	44.28	4
15 Ma Pickard, Cynthia	04	Brantford T.F.C.	44.79	2
16 Cuffy, Nyla	05	Boost Athlet	44.90	3
17 Campbell, Georgia	04	Manitoba & N	45.32	2
18 Cameron, Jessa	05	StFX Track A	45.37	1
19 Bandaranayake, Chanithi	04	Laurel Creek T.F.C.	45.38	2
20 Shea, Maria	06	Newfoundland	45.39	1
21 MacGillivray, Sarah	04	Laurel Creek T.F.C.	46.02	4
22 Pickard, Haylee	04	New Brunswick	46.98	3
-- Desprès, Erika	04	New Brunswick	DQ	4 Rule 163.3a
-- Stefaniuk, Katrina	04	Winnipeg Opt	DQ	2 Rule 162.7

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 300 Meter Dash U16**

Heats to final 4 heats Top 1 + 4			
Championship: M 37.17 2010 Christian Brennan			
Name	Year	Team	Finals
Finals			
1 Martin, Emily	04	Ontario	39.57
2 Francis, Mckayla	04	Flying Angel	40.31
3 Cummings, Jaeland	04	British Colu	40.95
4 Boucher, Jaya	04	Alberta-Nort	41.89
5 Nonato, Zoe	04	Winnipeg Opt	42.37
6 MacDonald, Cara	05	Nova Scotia/Nunavut	42.48
7 Jiang, Angela	04	Manitoba & N	43.25
8 Karlo, Olivia	04	York Region	43.31

Preliminaries

9 Artibello, Mya	05	Nova Scotia/Nunavut
10 Johnson, Emberley	04	Newfoundland
11 Maloney, Attleigh	05	Saskatchewan
12 Layne, Naomi	04	Boost Athlet
13 Jacobs, Cailey	04	Capital City
14 Bahar, Sofia	04	Laurel Creek T.F.C.
15 Ma Pickard, Cynthia	04	Brantford T.F.C.
16 Cuffy, Nyla	05	Boost Athlet
17 Campbell, Georgia	04	Manitoba & N
18 Cameron, Jessa	05	StFX Track A
19 Bandaranayake, Chanithi	04	Laurel Creek T.F.C.
20 Shea, Maria	06	Newfoundland
21 MacGillivray, Sarah	04	Laurel Creek T.F.C.
22 Pickard, Haylee	04	New Brunswick
-- Desprès, Erika	04	New Brunswick
-- Stefaniuk, Katrina	04	Winnipeg Opt

Women 800 Meter Run U16

3 Timed Section Finals				
Championship: M 2:07.91 2014 Victoria Tachinski				
Name	Year	Team	Finals	H#
Finals				
1 Jackson, Ella	04	Ontario	2:14.39	3
2 Lewans, Alexis	04	Riversdale A	2:14.65	3
3 Vringer, Erin	04	New Brunswick	2:14.80	3
4 Sangha, Mandeep	05	Alberta-Nort	2:16.08	3
5 Stefaniuk, Katrina	04	Winnipeg Opt	2:16.59	2
6 MacDonald, Cara	05	Nova Scotia/Nunavut	2:17.71	3
7 Boucher, Jaya	04	Alberta-Nort	2:18.15	3
8 McLeod, Stella	04	Excel Athletika	2:19.00	2
9 Drouin, Morgane	04	Quebec	2:19.77	3
10 Artibello, Mya	05	Nova Scotia/Nunavut	2:20.39	2
11 Gross, Marina	04	Manitoba & N	2:20.95	2
12 Dobrohoczki, Cara	04	Riversdale A	2:20.98	1
13 Rands, Claire	05	Saugeen Trac	2:21.12	3
14 Crowson, Sydney	04	Caltaf Athle	2:21.13	2
15 Henning, Evonne	04	Calgary Warr	2:21.40	2
16 Ricard, Raegan	04	Prairie Stor	2:21.94	2
17 Johnson, Emberley	04	Newfoundland	2:22.99	1

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 800 Meter Run U16**

18 Martin, Nayla	04 Quebec	2:23.39	3
19 Murchison, Charlotte	04 Ottawa Lions T.F.C.	2:24.34	2
20 Tu, Alexia	04 Laurel Creek T.F.C.	2:30.34	1
21 Pickard, Haylee	04 New Brunswick	2:30.82	1
22 Trites, Nicole	05 Fast Tracks	2:36.29	1
23 Shea, Maria	06 Newfoundland	2:36.44	1
24 Ervin-Arambarri, Amaia	05 Calgary Spartans	2:39.22	1

Women 1200 Meter Run U16

2 Timed Section Finals
Championship: M 3:26.16 2015 Sophie Sigfstead

Name	Year Team	Finals	H#
1 Vringer, Erin	04 New Brunswick	3:36.58	2
2 Jackson, Ella	04 Ontario	3:36.61	2
3 Sangha, Mandeep	05 Alberta-Nort	3:36.75	2
4 Maurice, Aysia	04 Ontario	3:38.77	2
5 Martin, Nayla	04 Quebec	3:39.24	2
6 Lewans, Alexis	04 Riversdale A	3:41.53	2
7 Rodrigues, Sierra	04 310 Running	3:42.28	2
8 Gross, Marina	04 Manitoba & N	3:42.72	2
9 Shiu, Sorcha	05 Alberta-Nort	3:43.28	2
10 Henning, Evonne	04 Calgary Warr	3:44.24	1
11 Drouin, Morgane	04 Quebec	3:44.76	2
12 Baechler, Maya	05 Vancouver TH	3:45.26	2
13 McLeod, Stella	04 Excel Athletika	3:45.88	1
14 Bottomley, Ella	05 Nova Scotia/Nunavut	3:47.11	2
15 Martin, Kyla	05 South Simcoe	3:47.74	1
16 Rands, Claire	05 Saugeen Trac	3:48.48	2
17 Tufford, Reese	04 Winnipeg Opt	3:49.74	1
18 Lewis, Abby	06 Nova Scotia/Nunavut	3:49.92	2
19 Johnson, Emberley	04 Newfoundland	3:53.36	1
20 Morey, Hayley	04 Niagara Olym	3:54.10	1
21 Mack, Grace	05 Newfoundland	3:55.37	1
22 Ricard, Raegan	04 Prairie Stor	3:57.07	1
23 Christie, Cadence	04 Manitoba & N	3:58.07	2
24 Wheeler, Grace	05 Saugeen Trac	4:01.33	1
25 MacGillivray, Sarah	04 Laurel Creek T.F.C.	4:01.62	1
26 Ervin-Arambarri, Amaia	05 Calgary Spartans	4:01.93	1
27 White, Jessica	04 New Brunswick	4:03.39	1
28 Trites, Nicole	05 Fast Tracks	4:09.76	1

Women 2000 Meter Run U16

2 Timed Section Finals
Championship: M 6:06.59 2015 Sophie Sigfstead

Name	Year Team	Finals	H#
1 Sangha, Mandeep	05 Alberta-Nort	6:24.89	2
2 Maurice, Aysia	04 Ontario	6:29.31	2
3 Lewans, Alexis	04 Riversdale A	6:34.88	2
4 Rodrigues, Sierra	04 310 Running	6:38.87	2
5 Shiu, Sorcha	05 Alberta-Nort	6:39.53	2
6 Martin, Kyla	05 South Simcoe	6:44.03	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 2000 Meter Run U16**

7	Bottomley, Ella	05	Nova Scotia/Nunavut	6:47.27	2
8	Lewis, Abby	06	Nova Scotia/Nunavut	6:47.89	2
9	Palaschuk, Jadyne	05	Saskatchewan	6:49.31	2
10	Rochette, Marianne	05	Quebec	6:50.35	2
11	Alarie, Marianne	05	Montagnards	7:05.48	1
12	Ervin-Arambarri, Amaia	05	Calgary Spartans	7:05.55	1
13	White, Jessica	04	New Brunswick	7:08.73	1
14	Roy Beausoleil, Audrey	04	New Brunswick	7:15.67	1
15	Hunt, Emily	04	Mid Island Distance	7:26.96	1
16	Morey, Hayley	04	Niagara Olym	7:28.59	1

Women 80 Meter Hurdles 0.762m-8.0m U16**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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Heats to Finals 3 Heats Top 2 + 2 times					
Championship: M 11.26 2014 Arielle Bykovskaia-Dominique					
Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1	Vlahovic, Krysthina	04	British Colu	12.24Q	-1.9 3
2	Reid, Hailey	04	Monte Cristo	12.28Q	-1.1 1
3	Bliss, Reagan	04	Calgary Warr	12.83Q	-2.4 2
4	Asumang, Emmanuella	04	Ontario	12.33Q	-1.9 3
5	Pritchard, Shelaine	04	Saskatchewan	12.69Q	-1.1 1
6	Dovichak, Jayel	04	Bulldogs Tra	12.88Q	-2.4 2
7	Sellers, Adria	04	Vancouver OL	12.66q	-1.9 3
8	Veilleux, Sara-Kim	04	Filoup	12.91q	-1.9 3
9	Hastings, Avery	04	Laurel Creek T.F.C.	12.97	-1.1 1
10	Rodney-Calliste, Gabriel	04	Thorold Elit	13.07	-2.4 2
11	Gordon, Madison	05	Langley Mustangs	13.15	-1.9 3
12	Seabrook, Josie	04	Saskatchewan	13.33	-1.9 3
13	Beckett, Daniela	04	London Weste	13.74	-2.4 2
14	Hall, Eleanor	04	Ottawa Lions T.F.C.	13.89	-1.1 1
15	Brennan, Emily	04	Ottawa Lions T.F.C.	13.99	-1.1 1
16	Moreland, Kathryn	05	Adr�naline	14.01	-2.4 2
17	Ogwen, Vallerey	04	Manitoba & N	14.43	-1.9 3
18	Mah, Erica	05	New Brunswick	14.97	-2.4 2
19	Miller-Evans, Mattea	04	Nova Scotia/Nunavut	15.56	-1.1 1

Women 80 Meter Hurdles 0.762m-8.0m U16

=====					
Heats to Finals 3 Heats Top 2 + 2 times					
Championship: M 11.26 2014 Arielle Bykovskaia-Dominique					
Name	Year	Team	Finals	Wind	
=====					
Finals					
1	Reid, Hailey	04	Monte Cristo	11.84	-0.7
2	Vlahovic, Krysthina	04	British Colu	11.96	-0.7
3	Asumang, Emmanuella	04	Ontario	12.12	-0.7
4	Bliss, Reagan	04	Calgary Warr	12.26	-0.7
5	Sellers, Adria	04	Vancouver OL	12.40	-0.7
6	Dovichak, Jayel	04	Bulldogs Tra	12.68	-0.7
7	Veilleux, Sara-Kim	04	Filoup	12.74	-0.7
8	Pritchard, Shelaine	04	Saskatchewan	14.22	-0.7
Preliminaries					

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 80 Meter Hurdles 0.762m-8.0m U16**

9 Hastings, Avery	04	Laurel Creek T.F.C.
10 Rodney-Calliste, Gabriel	04	Thorold Elit
11 Gordon, Madison	05	Langley Mustangs
12 Seabrook, Josie	04	Saskatchewan
13 Beckett, Daniela	04	London Weste
14 Hall, Eleanor	04	Ottawa Lions T.F.C.
15 Brennan, Emily	04	Ottawa Lions T.F.C.
16 Moreland, Kathryn	05	Adrénaline
17 Ogwen, Vallerey	04	Manitoba & N
18 Mah, Erica	05	New Brunswick
19 Miller-Evans, Mattea	04	Nova Scotia/Nunavut

Women 200 Meter Hurdles 0.762m-35m U16**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

heats to final 2 heats Top 3 + 2
Championship: M 26.25 8/7/2016 Jasneet Nijjar, British Colu

Name	Year	Team	Prelims	Wind	H#
1 Asumang, Emmanuella	04	Ontario	28.39Q	-2.2	2
2 Reid, Hailey	04	Monte Cristo	29.02Q	-0.8	1
3 Sellers, Adria	04	Vancouver OL	28.56Q	-2.2	2
4 Vlahovic, Krysthina	04	British Colu	29.16Q	-0.8	1
5 Starr, Madeline Ruth	04	Quebec	29.27Q	-2.2	2
6 Macwhinnie, Makenna	04	Comox Valley	30.25Q	-0.8	1
7 Karlo, Olivia	04	York Region	30.05q	-2.2	2
8 Cameron, Fia	05	Una	30.81q	-0.8	1
9 Brennan, Emily	04	Ottawa Lions T.F.C.	31.03	-0.8	1
10 Desprès, Erika	04	New Brunswick	31.33	-2.2	2
11 Bélanger, Alexie	04	Quebec	31.79	-0.8	1
12 Miller-Evans, Mattea	04	Nova Scotia/Nunavut	32.84	-0.8	1
13 Mah, Erica	05	New Brunswick	34.20	-2.2	2
14 Campbell, Georgia	04	Manitoba & N	35.21	-2.2	2

Women 200 Meter Hurdles 0.762m-35m U16

heats to final 2 heats Top 3 + 2
Championship: M 26.25 8/7/2016 Jasneet Nijjar, British Colu

Name	Year	Team	Finals	Wind
Finals				
1 Reid, Hailey	04	Monte Cristo	28.37	-1.9
2 Asumang, Emmanuella	04	Ontario	28.48	-1.9
3 Sellers, Adria	04	Vancouver OL	28.59	-1.9
4 Vlahovic, Krysthina	04	British Colu	28.88	-1.9
5 Starr, Madeline Ruth	04	Quebec	29.30	-1.9
6 Macwhinnie, Makenna	04	Comox Valley	29.91	-1.9
-- Cameron, Fia	05	Una	DQ	-1.9 Rule 162.8
Preliminaries				
7 Karlo, Olivia	04	York Region		
9 Brennan, Emily	04	Ottawa Lions T.F.C.		
10 Desprès, Erika	04	New Brunswick		
11 Bélanger, Alexie	04	Quebec		
12 Miller-Evans, Mattea	04	Nova Scotia/Nunavut		
13 Mah, Erica	05	New Brunswick		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 200 Meter Hurdles 0.762m-35m U16**

14 Campbell, Georgia 04 Manitoba & N

Women 1500 Meter Steeplechase 0.762m U16

Timed final 2 section

Championship: M 4:42.83 8/7/2017 Sadie Sigfstead, EDMONTON HAR
Name Year Team Finals H#

Finals

1 Maurice, Aysia	04 Ontario	4:51.77	2
2 Shiu, Sorcha	05 Alberta-Nort	4:54.13	2
3 Vringer, Erin	04 New Brunswick	4:56.40	2
4 Forsyth, Sophie	04 Vancouver OL	5:00.35	2
5 Rodrigues, Sierra	04 310 Running	5:03.26	2
6 Bélanger, Juliette	04 Quebec	5:04.39	2
7 Palaschuk, Jady	05 Saskatchewan	5:08.81	2
8 Rochette, Marianne	05 Quebec	5:09.74	2
9 Robinson, Anna	05 Nova Scotia/Nunavut	5:11.68	1
10 Tufford, Reese	04 Winnipeg Opt	5:14.75	1
11 Mack, Grace	05 Newfoundland	5:19.17	1
12 Christie, Cadence	04 Manitoba & N	5:21.15	2
13 Alarie, Marianne	05 Montagnards	5:27.00	1
14 McDonald, Morgan	05 Winnipeg Opt	5:32.78	1
15 Wheeler, Grace	05 Saugeen Trac	5:36.98	1
16 Spalding, Neve	04 New Brunswick	5:43.66	1
17 Alarie, Sarah-Ève	04 Montagnards	5:45.68	1
18 Honegger, Isabelle	04 Ottawa Lions T.F.C.	5:56.33	1

Women 4x100 Meter Relay U16

Timed finals

Championship: M 47.69 2013 , BC
Team Finals H#

1 Flying Angels Academy 'A'	47.85	1
1) Omonzane, Peace 04	2) Akinduro, Tolulope 04	
3) Cole, Gabrielle 04	4) Francis, Mckayla 04	
2 Saskatchewan 'A'	49.95	2
1) Derenoski, Lexi 04	2) Seabrook, Josie 04	
3) Dziadyk, Kendyl 05	4) Pritchard, Shelaine 04	
3 Quebec 'A'	50.79	1
1) Allen Destin, Angéline 04	2) Bélanger, Alexie 04	
3) Starr, Madeline Ruth 04	4) Vallée, Julia 04	
4 New Brunswick 'A'	51.04	1
1) Mah, Erica 05	2) Jacobson, Carys 04	
3) Desprès, Erika 04	4) Comeau, Shanna 05	
5 Ontario 'A'	51.52	1
1) Asumang, Emmanuella 04	2) Shadd-Ceres, Trinity 06	
3) Seagris, Alexandra 04	4) Elliott, Kalista 05	
6 Alberta-Northwest Territories 'A'	51.61	2
1) Boucher, Jaya 04	2) Valpy, Madelyn 04	
3) Ostapowich, Charlize 05	4) Feschuk, Sarah 04	
7 Laurel Creek T.F.C. 'A'	51.80	2
1) Hastings, Avery 04	2) Tu, Alexia 04	
3) Bandaranayake, Chanithi 04	4) Bahar, Sofia 04	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019

Cape Breton University

Results

...Women 4x100 Meter Relay U16

8 Newfoundland/Labrador 'A'	52.62	2	
1) Coady, Sarah 05			2) Boland, Jewel 05
3) Shea, Maria 06			4) Johnson, Emberley 04
-- Ottawa Lions T.F.C. 'A'	DQ	1	Rule 170.8
1) Hall, Eleanor 04			2) Brennan, Emily 04
3) Murchison, Charlotte 04			4) Honegger, Isabelle 04
-- Manitoba & Northwest Ontario 'A'	DQ	2	Rule: 170.8
1) Campbell, Georgia 04			2) Grunys, Maya 04
3) Dasilva, Ella 05			4) Ogwenno, Vallerey 04

Women 1600 Sprint Medley U16

Timed finals

Championship: M 4:03.09 8/6/2016 Ontario, Ontario
 Bechard, Withersspon, Pierre-Webster, Ormond

Team	Finals	H#
1 Ontario 'A'	4:07.87	2
1) Asumang, Emmanuella 04		
3) Shadd-Ceres, Trinity 06		
2 Quebec 'A'	4:10.81	2
1) Bélanger, Juliette 04		
3) Allen Destin, Angéline 04		
3 Alberta-Northwest Territories 'A'	4:11.12	2
1) Boucher, Jaya 04		
3) Feschuk, Sarah 04		
4 Manitoba & Northwest Ontario 'A'	4:20.41	1
1) Jiang, Angela 04		
3) Campbell, Georgia 04		
5 Saskatchewan 'A'	4:25.95	2
1) Maloney, Attleigh 05		
3) Pritchard, Shelaine 04		
6 Laurel Creek T.F.C. 'A'	4:27.56	1
1) Bahar, Sofia 04		
3) Bandaranayake, Chanithi 04		
7 Ottawa Lions T.F.C. 'A'	4:37.34	1
1) Brennan, Emily 04		
3) Honegger, Isabelle 04		
8 Newfoundland/Labrador 'A'	4:42.28	1
1) Mack, Grace 05		
3) Boland, Jewel 05		
9 New Brunswick 'A'	4:44.63	2
1) Roy Beausoleil, Audrey 04		
3) Comeau, Shanna 05		

Women High Jump U16

starting height 1.35 up by 5's to 1.55 then by 3's

Championship: M 1.76m 2007 Alyxandria Treasure

Name	Year	Team	Finals
1 Archibald, Mya	05	Nova Scotia/Nunavut	1.61m
1.45 1.50 1.55 1.58 1.61 1.64			
O O XXO XXO XXO XXX			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Women High Jump U16**

2	Yao, Samira	04 Quebec	1.58m
	1.45 1.50 1.55 1.58 1.61		
	O O XO O XXX		
3	Hicks, Kiersten	04 New Brunswick	1.55m
	1.45 1.50 1.55 1.58		
	O O O XXX		
3	Shadd-Ceres, Trinity	06 Ontario	1.55m
	1.40 1.45 1.50 1.55 1.58		
	O O XO XXO XXX		
3	Hamilton, Samantha	04 Alberta-Nort	1.55m
	1.40 1.45 1.50 1.55 1.58		
	O O O XO XXX		
6	Aho, Ceilidh	05 York Region	1.50m
	1.40 1.45 1.50 1.55		
	O O XO XXX		
6	Turmel, Anaïs	04 Quebec	1.50m
	1.45 1.50 1.55		
	O O XXX		
8	McKim, Signy	04 Manitoba & N	1.45m
	1.45 1.50		
	XXO XXX		
9	Miller-Evans, Mattea	04 Nova Scotia/Nunavut	1.40m
	1.35 1.40 1.45		
	O XO XXX		
--	Gaudet, Katie	04 Islanders Tr	NH
	1.35		
	XXX		
--	Stewart, Isla	04 British Colu	NH
	1.45		
	XXX		

Women Pole Vault U16

starting height 2.50 up by 20's, to 2.90 up by 10's
 Championship: M 3.30m 8/9/2019 Sonya Urbanowicz, British Col

Name	Year Team	Finals
1 Urbanowicz, Sonya	04 British Colu	3.30mM
	2.90 3.00 3.10 3.21 3.30 3.35	
	XXO O XO O O XXX	
2 Beckett, Daniela	04 London Weste	2.90m
	2.50 2.70 2.90 3.00	
	O O O XXX	
2 Miller, Brynn	04 North Halton	2.90m
	2.50 2.70 2.90 3.00	
	O O O XXX	
4 Judge, Amber	04 London Weste	2.70m
	2.50 2.70 2.90	
	O O XXX	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women Long Jump U16**

Groups A and B

Championship: M 6.02m 2006

Christabel Nettey

Name	Year	Team	Finals	Wind	H#
1 Shadd-Ceres, Trinity	06	Ontario	5.62m	3.6	1
FOUL(1.6) 5.62m(3.6) FOUL(3.6) 5.30m(0.8) 4.58m(1.0) 5.35m(2.1)					
2 Omonzane, Peace	04	Flying Angel	5.59m	3.3	1
5.26m(3.5) 5.26m(1.3) 5.59m(3.3) FOUL(1.1) 4.84m(0.4) 5.30m(2.2)					
3 Starr, Madeline Ruth	04	Quebec	5.49m	0.3	2
5.45m(2.5) 5.27m(3.4) 4.90m(-0.1) 5.14m(1.7) FOUL(2.1) 5.49m(0.3)					
4 Elliott, Kalista	05	Ontario	5.31m	4.0	2
4.68m(2.1) 5.31m(4.0) FOUL(0.4) FOUL(3.0) FOUL(0.9) 5.11m(2.7)					
5 Akinduro, Tolulope	04	Flying Angel	5.22m	1.6	2
5.06m(-0.3) 5.22m(1.6) 5.07m(-1.1) FOUL(2.5) FOUL(2.7) 5.13m(2.4)					
6 Bélanger, Alexie	04	Quebec	5.17m	3.4	2
5.17m(3.4) 4.91m(1.3) 4.69m(0.3) 4.76m(1.4) 4.76m(-0.5) 4.86m(2.5)					
7 Jacobs, Cailey	04	Capital City	5.16m	3.7	2
5.16m(3.7) 5.07m(0.8) 4.76m(0.4) 4.79m(1.1) 4.54m(1.1) 4.53m(2.8)					
8 Ostapowich, Charlize	05	Alberta-Nort	5.06m	4.0	2
4.75m(2.0) 5.06m(4.0) 4.86m(1.5) 4.81m(0.2) FOUL(0.3) 4.85m(1.8)					
9 Fraser, Charlize	05	Brampton Tra	4.91m	3.9	2
4.91m(3.9) FOUL(3.1) FOUL(2.0)					
10 Dziadyk, Kendyl	05	Saskatchewan	4.87m	5.0	2
FOUL(5.3) 4.87m(5.0) FOUL(-0.5)					
11 McKim, Signy	04	Manitoba & N	4.86m	3.7	2
4.86m(3.7) 4.70m(0.6) 4.52m(0.6)					
12 Lodi, Csenge	04	Flying Angel	4.79m	1.5	1
4.57m(2.2) 4.76m(3.5) 4.79m(1.5)					
13 Archibald, Mya	05	Nova Scotia/Nunavut	4.76m	0.7	2
4.54m(0.6) 4.49m(2.2) 4.76m(0.7)					
14 Grunys, Maya	04	Manitoba & N	4.67m	3.2	1
4.34m(4.6) 4.54m(2.5) 4.67m(3.2)					
15 Fournier, Jia	04	Filoup	4.65m	1.2	2
FOUL(2.2) 4.65m(1.2) 4.50m(-0.1)					
16 MacCallum, Keira-Leigh	05	Truro Lions	4.61m	4.3	1
3.95m(2.7) 4.54m(2.3) 4.61m(4.3)					
17 Seabrook, Josie	04	Saskatchewan	J4.61m	2.9	2
FOUL(4.4) 4.61m(2.9) 4.53m(0.6)					
18 Hampson, Laila	04	Hamilton Oly	4.60m	1.7	1
4.60m(1.7) FOUL(3.3) FOUL(0.6)					
19 Coffey, Claireese	04	St Thomas Le	4.59m	0.7	1
FOUL(2.8) 4.59m(0.7) FOUL(2.1)					
20 Judge, Amber	04	London Weste	4.54m	2.7	2
FOUL(3.3) 4.54m(2.7) 4.49m(1.9)					
21 Wilson, Madison	04	New Brunswick	4.31m	2.4	1
FOUL(2.1) 4.31m(2.4) 4.20m(0.7)					
22 Boland, Jewel	05	Newfoundland	4.20m	2.0	1
4.20m(2.0) 3.96m(1.9) FOUL(0.8)					

Women Triple Jump U16

Championship: M 12.00m 2008

Rachel Romu

Name	Year	Team	Finals	Wind
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2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Women Triple Jump U16**

1	Elliott, Kalista	05 Ontario	11.91m	3.3
			11.71m(3.0) 11.91m(3.3) 11.27m(4.0) 11.16m(3.7) 11.69m(1.7) 11.81m(1.9)	
2	Akinduro, Tolulope	04 Flying Angel	11.54m	4.7
			FOUL(3.5) 11.29m(4.2) 11.31m(4.4) FOUL(1.1) 11.54m(4.7) FOUL(3.6)	
3	Starr, Madeline Ruth	04 Quebec	11.23m	1.6
			FOUL(4.1) 11.23m(1.6) FOUL(4.2) FOUL(1.7) FOUL(2.6) FOUL(0.4)	
4	Valpy, Madelyn	04 Alberta-Nort	11.18m	2.8
			11.18m(2.8) 11.15m(3.1) 11.15m(4.0) 10.60m(4.7) 10.80m(1.5) 11.07m(2.4)	
5	Bélanger, Alexie	04 Quebec	11.03m	3.0
			11.03m(3.0) 10.92m(2.2) 10.78m(5.0) 10.93m(3.7) 10.75m(4.3) 10.66m(1.3)	
6	Ostapowich, Charlize	05 Alberta-Nort	10.63m	5.0
			FOUL(4.7) 10.63m(5.0) 10.59m(4.3) 10.61m(3.1) 10.32m(3.4) 10.48m(1.6)	
7	Ferguson, Evelyn	04 Nova Scotia/Nunavut	10.52m	3.8
			10.52m(3.8) 10.12m(2.8) 10.00m(1.6) 10.21m(5.0) 10.09m(2.0) 10.17m(0.5)	
8	Angus, Haley	05 Nova Scotia/Nunavut	10.51m	3.8
			FOUL(4.1) 10.51m(3.8) FOUL(3.3) 10.18m(3.3) FOUL(1.0) 9.96m(0.9)	
9	McKim, Signy	04 Manitoba & N	10.41m	3.7
			10.33m(3.9) 10.41m(3.7) 10.22m(4.0)	
10	MacCallum, Keira-Leigh	05 Truro Lions	10.26m	4.7
			FOUL(1.2) 9.71m(3.0) 10.26m(4.7)	
10	Coffey, Claireese	04 St Thomas Le	10.26m	2.4
			10.26m(2.4) 9.84m(3.1) FOUL(2.4)	
12	Lodi, Csenge	04 Flying Angel	10.21m	3.5
			FOUL(3.4) 10.21m(3.5) FOUL(2.8)	
13	Hall, Eleanor	04 Ottawa Lions T.F.C.	9.58m	4.0
			9.55m(2.8) 9.44m(3.6) 9.58m(4.0)	
14	Wilson, Madison	04 New Brunswick	8.99m	2.4
			8.99m(2.4) 8.90m(4.1) 8.96m(2.9)	

Women Shot Put 3kg U16

=====								
Championship: M 16.45m 2015 Trinity Tutti								
Name	Year	Team					Finals	
=====								
1	Forshaw, Rose	04 Ontario					12.13m	
			11.51m	11.30m	12.13m	11.11m	11.43m	11.99m
2	Martin, Harley	04 Ontario					11.97m	
			11.88m	11.76m	11.93m	11.97m	11.75m	11.61m
3	De Buglio, Martina	04 Project Athl					11.85m	
			10.04m	11.32m	11.17m	11.85m	11.34m	FOUL
4	Manousaridis, Ana Maria	05 York Univers					10.32m	
			10.25m	9.63m	9.78m	9.70m	10.32m	FOUL
5	Hall, Isabella	04 British Colu					10.30m	
			9.14m	8.82m	9.41m	9.25m	10.30m	FOUL
6	Dufour, Léa	04 Baie-Comeau					9.92m	
			9.03m	9.74m	9.92m	9.51m	9.53m	9.60m
7	Hastings, Avery	04 Laurel Creek T.F.C.					9.83m	
			9.83m	9.31m	9.03m	9.17m	8.90m	9.76m

Women Discus Throw 1kg U16

=====								
Championship: M 46.01m 2015 Trinity Tutti								
Name	Year	Team					Finals	
=====								
1	Buck, Jessie	04 Ontario					42.34m	
			37.94m	FOUL	38.95m	40.03m	42.34m	37.74m

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women Discus Throw 1kg U16**

2	Desjardins, Camille	04	Quebec	35.08m		
	35.08m	30.41m	FOUL	FOUL	33.37m	35.03m
3	Forshaw, Rose	04	Ontario	32.34m		
	31.94m	FOUL	32.34m	31.61m	FOUL	FOUL
4	De Buglio, Martina	04	Project Athl	30.47m		
	30.34m	30.47m	29.99m	30.16m	29.16m	29.87m
5	Allard, Laurie	04	Filoup	26.35m		
	24.23m	26.11m	24.71m	25.10m	24.89m	26.35m

Women Hammer Throw 3kg U16

Championship: M 58.47m 2014 Lindsay Frederikse							
Name	Year	Team					Finals
1	Desjardins, Camille	04	Quebec	50.05m			50.05m
	47.91m	49.73m	48.90m	FOUL	50.05m	46.47m	
2	Manousaridis, Ana Maria	05	York Univers	46.01m			46.01m
	FOUL	46.01m	41.76m	41.29m	42.90m	FOUL	
3	Van Stuyvenberg, Michell	05	Ontario	45.66m			45.66m
	40.93m	45.66m	FOUL	FOUL	FOUL	42.13m	
4	Buck, Jessie	04	Ontario	44.87m			44.87m
	39.15m	44.49m	FOUL	44.87m	FOUL	42.06m	
5	Dufour, Léa	04	Baie-Comeau	42.34m			42.34m
	42.34m	37.10m	FOUL	FOUL	FOUL	36.61m	
6	Hall, Isabella	04	British Colu	38.71m			38.71m
	FOUL	FOUL	FOUL	38.71m	FOUL		
7	Allard, Laurie	04	Filoup	36.53m			36.53m
	36.53m	30.58m	FOUL	FOUL	FOUL	FOUL	
8	Ferguson, Jordyn	04	Pictou Count	31.03m			31.03m
	FOUL	26.99m	31.03m	25.78m	27.97m	28.98m	

Women Javelin Throw 500g U16

Championship: M 46.32m 1982 Chantal Carpentier							
Name	Year	Team					Finals
1	Seagris, Alexandra	04	Ontario	41.81m			41.81m
	34.40m	36.86m	41.81m	40.99m	37.65m	36.96m	
2	Martin, Harley	04	Ontario	41.79m			41.79m
	37.61m	37.59m	35.78m	FOUL	38.85m	41.79m	
3	Philpott, Jessica	04	Alberta-Nort	35.72m			35.72m
	30.33m	33.51m	33.75m	35.72m	33.31m	33.23m	
4	Urbanowicz, Sonya	04	British Colu	34.88m			34.88m
	33.16m	34.57m	FOUL	33.96m	FOUL	34.88m	
5	Dufour, Léa	04	Baie-Comeau	34.49m			34.49m
	30.66m	34.49m	FOUL	29.42m	PASS	FOUL	
6	Ferguson, Jordyn	04	Pictou Count	31.39m			31.39m
	29.86m	29.22m	30.01m	26.85m	31.39m	27.75m	
7	Henning, Evonne	04	Calgary Warr	29.70m			29.70m
	23.96m	28.91m	FOUL	29.70m	FOUL	27.60m	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Outdoor Pentathlon: #5 Women 800 Meter Run U16 Outdoor Pentathlon**

Championship: M 2:26.41 8/12/2018 Isabella Goudros, Ontario				
Name	Year	Team	Finals	Points
1 Feschuk, Sarah	04	Alberta-Nort	2:28.88	707
2 Dovichak, Jayel	04	Bulldogs Tra	2:29.42	700
3 Bliss, Reagan	04	Calgary Warr	2:34.47	638
4 Dellezay, Lauren	05	Leduc Track	2:39.31	581
5 Guay, Élisabeth	04	Drummondville	2:39.46	579
6 Pritchard, Shelaine	04	Saskatchewan	2:39.96	573
7 Hastings, Avery	04	Laurel Creek T.F.C.	2:42.84	541
8 Veilleux, Sara-Kim	04	Filoup	2:45.64	510
9 MacDonald, Kiera	04	Calgary Warr	2:47.06	495
10 Gordon, Madison	05	Langley Mustangs	2:48.08	484
11 Cha, Amelia	05	Caltaf Athle	2:49.20	472
12 Miller, Brynn	04	North Halton	2:50.02	463
13 Perri, Meghan	04	Caltaf Athle	2:50.30	460
14 Covert, Claire	05	Yhz Track &	2:54.02	423

Outdoor Pentathlon: #1 Women 80 Meter Hurdles 0.762m-8.0m U16 Outdoor Pentathlon

Championship: M 11.69 8/12/2018 Isabella Goudros, Ontario						
Name	Year	Team	Finals	Wind	H#	Points
1 Bliss, Reagan	04	Calgary Warr	12.31	-1.0	2	788
2 Veilleux, Sara-Kim	04	Filoup	12.35	-1.0	2	782
3 Pritchard, Shelaine	04	Saskatchewan	12.40	-1.0	2	774
4 Dovichak, Jayel	04	Bulldogs Tra	12.47	-1.0	2	764
5 Feschuk, Sarah	04	Alberta-Nort	12.67	-1.0	2	735
6 Hastings, Avery	04	Laurel Creek T.F.C.	12.94	-1.0	2	696
7 Gordon, Madison	05	Langley Mustangs	13.18	-1.0	2	663
8 MacDonald, Kiera	04	Calgary Warr	13.36	-1.0	2	638
9 Guay, Élisabeth	04	Drummondville	13.63	-1.5	1	602
10 Cha, Amelia	05	Caltaf Athle	13.75	-1.5	1	586
11 Miller, Brynn	04	North Halton	14.50	-1.5	1	492
12 Perri, Meghan	04	Caltaf Athle	15.20	-1.5	1	411
13 Dellezay, Lauren	05	Leduc Track	15.45	-1.5	1	384
14 Covert, Claire	05	Yhz Track &	15.51	-1.5	1	377

Outdoor Pentathlon: #2 Women High Jump U16 Outdoor Pentathlon

Championship: M 1.61m 8/11/2019 Reagan Bliss, CALGARY WARR						
Name	Year	Team	Finals	Points		
1 Bliss, Reagan	04	Calgary Warr	1.61mM	747		
			1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64			
			O P O P O O XXO O XXO XXX			
2 Pritchard, Shelaine	04	Saskatchewan	1.58m	712		
			1.52 1.55 1.58 1.61			
			O XO O XXX			
3 Dovichak, Jayel	04	Bulldogs Tra	1.55m	678		
			1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58			
			O O O XXO O O XXO XXX			
4 Feschuk, Sarah	04	Alberta-Nort	1.52m	644		
			1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55			
			O O O O O XO XXO XXX			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019

Cape Breton University

Results

....Outdoor Pentathlon: #2 Women High Jump U16 Outdoor Pentathlon

5	Covert, Claire	05 Yhz Track &	1.49m	610
	1.37 1.40 1.43 1.46 1.49 1.52			
	O O O O O XXX			
5	Miller, Brynn	04 North Halton	1.49m	610
	1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52			
	O P O O O O O XO XXO XXO XXX			
7	Veilleux, Sara-Kim	04 Filoup	1.46m	577
	1.37 1.40 1.43 1.46 1.49			
	XO O O XO XXX			
7	Dellezay, Lauren	05 Leduc Track	1.46m	577
	1.37 1.40 1.43 1.46 1.49			
	O O O O XXX			
9	MacDonald, Kiera	04 Calgary Warr	1.43m	544
	1.28 1.31 1.34 1.37 1.40 1.43 1.46			
	O O O O O XO XXX			
9	Guay, Élisabeth	04 Drummondville	1.43m	544
	1.37 1.40 1.43 1.46			
	O XO XO XXX			
11	Hastings, Avery	04 Laurel Creek T.F.C.	1.40m	512
	1.25 1.28 1.31 1.34 1.37 1.40 1.43			
	O O O XO O XO XXX			
12	Gordon, Madison	05 Langley Mustangs	1.37m	481
	1.37 1.40			
	XO XXX			
13	Perri, Meghan	04 Caltaf Athle	1.34m	449
	1.28 1.31 1.34 1.37			
	O O O XXX			
14	Cha, Amelia	05 Caltaf Athle	1.25m	359
	1.22 1.25 1.28 1.31			
	O XO P XXX			

Outdoor Pentathlon: #4 Women Long Jump U16 Outdoor Pentathlon

Championship: M 5.33m 8/7/2016 Chloé Royce, Quebec

Name	Year Team	Finals	Wind	Points
1 Gordon, Madison	05 Langley Mustangs	4.93m	-1.4	540
	4.37m(1.1) 4.50m(0.8) 4.93m(-1.4)			
2 Pritchard, Shelaine	04 Saskatchewan	4.89m	-3.6	530
	4.89m(-3.6) FOUL(0.5) FOUL(1.4)			
3 Guay, Élisabeth	04 Drummondville	4.80m	5.8	506
	4.80m(5.8) 4.62m(-0.9) 4.74m(-1.4)			
4 Feschuk, Sarah	04 Alberta-Nort	4.79m	1.8	503
	FOUL(-0.9) 4.79m(1.8) 4.78m(-0.2)			
5 Veilleux, Sara-Kim	04 Filoup	4.73m	2.8	487
	4.44m(1.6) 4.72m(2.0) 4.73m(2.8)			
6 Dovichak, Jayel	04 Bulldogs Tra	4.63m	-2.0	461
	4.44m(1.2) 4.24m(1.8) 4.63m(-2.0)			
7 Miller, Brynn	04 North Halton	4.56m	-3.0	443
	4.46m(2.5) 4.54m(4.6) 4.56m(-3.0)			
8 Hastings, Avery	04 Laurel Creek T.F.C.	4.35m	-0.7	391
	4.12m(2.0) 4.35m(-0.7) FOUL(2.3)			
9 MacDonald, Kiera	04 Calgary Warr	4.24m	0.6	364
	4.18m(-1.5) 4.24m(0.6) 3.95m(-0.1)			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Outdoor Pentathlon: #4 Women Long Jump U16 Outdoor Pentathlon**

10	Cha, Amelia	05 Caltaf Athle	4.16m	2.1	345
	4.16m(2.1) 3.83m(-0.4) 3.68m(2.2)				
11	Bliss, Reagan	04 Calgary Warr	4.15m	-2.0	343
	FOUL(1.2) FOUL(2.0) 4.15m(-2.0)				
12	Perri, Meghan	04 Caltaf Athle	3.99m	-2.8	306
	3.97m(0.4) 3.46m(1.9) 3.99m(-2.8)				
13	Covert, Claire	05 Yhz Track &	3.82m	-1.7	267
	2.90m(-1.1) 3.55m(+0.0) 3.82m(-1.7)				
14	Dellezay, Lauren	05 Leduc Track	3.70m	-3.2	242
	3.69m(-2.2) 3.49m(1.2) 3.70m(-3.2)				

Outdoor Pentathlon: #3 Women Shot Put 3kg U16 Outdoor Pentathlon

=====					
Championship: M 11.38m 8/7/2016 Sarah Saldutto, NIAGARA REGI					
Name	Year	Team	Finals	Points	
=====					
1	Pritchard, Shelaine	04 Saskatchewan	10.48m	561	
	9.54m 10.31m 10.48m				
2	Hastings, Avery	04 Laurel Creek T.F.C.	9.57m	501	
	9.46m 8.19m 9.57m				
3	Gordon, Madison	05 Langley Mustangs	9.44m	493	
	9.44m 8.99m 8.85m				
4	MacDonald, Kiera	04 Calgary Warr	9.08m	469	
	9.08m 8.88m PASS				
5	Dovichak, Jayel	04 Bulldogs Tra	8.98m	463	
	7.45m 8.98m 8.11m				
6	Veilleux, Sara-Kim	04 Filoup	8.62m	440	
	8.62m PASS 8.40m				
7	Miller, Brynn	04 North Halton	8.52m	433	
	8.52m 8.22m 8.08m				
8	Feschuk, Sarah	04 Alberta-Nort	8.48m	430	
	8.07m 7.83m 8.48m				
9	Dellezay, Lauren	05 Leduc Track	8.32m	420	
	8.32m 8.21m 7.79m				
10	Perri, Meghan	04 Caltaf Athle	8.22m	414	
	8.22m 8.17m PASS				
11	Guay, Élisabeth	04 Drummondville	8.19m	412	
	7.50m 7.76m 8.19m				
12	Bliss, Reagan	04 Calgary Warr	8.08m	405	
	8.08m 7.21m 8.08m				
13	Cha, Amelia	05 Caltaf Athle	7.42m	362	
	6.76m 6.94m 7.42m				
14	Covert, Claire	05 Yhz Track &	6.48m	302	
	6.23m 6.39m 6.48m				

Women Outdoor Pentathlon U16

=====				
Name	Year	Team	Finals	H#
=====				
1	Pritchard, Shelaine	04 Saskatchewan	3150	
2	Dovichak, Jayel	04 Bulldogs Tra	3066	
3	Feschuk, Sarah	04 Alberta-Nort	3019	
4	Bliss, Reagan	04 Calgary Warr	2921	
5	Veilleux, Sara-Kim	04 Filoup	2796	
6	Gordon, Madison	05 Langley Mustangs	2661	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women Outdoor Pentathlon U16**

7 Guay, Élisabeth	04 Drummondville	2643
8 Hastings, Avery	04 Laurel Creek T.F.C.	2641
9 MacDonald, Kiera	04 Calgary Warr	2510
10 Miller, Brynn	04 North Halton	2441
11 Dellezay, Lauren	05 Leduc Track	2204
12 Cha, Amelia	05 Caltaf Athle	2124
13 Perri, Meghan	04 Caltaf Athle	2040
14 Covert, Claire	05 Yhz Track &	1979

Women 1500 Meter Race Walk U16

Timed final 1 section

Championship: M 7:07.17 2017 Cassidy Cardle

Name	Year Team	Finals
1 Haintz, Kaia	04 Unattached B	8:40.66
2 Fournier, Jia	04 Filoup	8:44.96

Women 100 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

heats to finals 5 heats Top 1 + 3

Championship: M 11.55 2010 Khamica Bingham

National: N 11.53 2011 Khamica Bingham

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Desormes, Laurie-Ann	03 Quebec	12.28Q	-2.1	2
2 Clayton, Ella	03 Alberta-Nort	12.30Q	-0.3	1
3 Cannan, Emma	03 Okanagan Ath	12.35Q	-3.4	4
4 Omogbai, Praise	02 Quebec	12.39Q	-0.1	5
5 Sartain, Alese	02 Lakeland Yel	12.61Q	-2.6	3
6 Anderson, Gracie	02 Alberta-Nort	12.40q	-0.3	1
7 Wolfe, Collette	02 Invictus Ath	12.42q	-0.1	5
8 Willems, Paige	02 Saskatchewan	12.43q	-2.1	2
9 Cabezas, Ariana	03 Flying Angel	12.63	-3.4	4
10 Collins, Christiana	03 Manitoba & N	12.64	-0.3	1
11 Wiley, Sheleena	02 Langley Mustangs	12.75	-0.3	1
12 Ivanov, Alena	03 London Legio	12.76	-0.1	5
13 Esan, Adesola	02 Calgary Spartans	12.81	-0.1	5
14 Adekayode, Deborah	03 Manitoba & N	12.84	-2.1	2
15 Manor, Kathryn	03 Ottawa Lions T.F.C.	12.87	-0.3	1
16 Desvaux, Juliette	02 Mid Island Distance	12.88	-2.1	2
17 Hoad, Jorja	03 Prairie Stor	12.89	-0.3	1
18 Procyk, Paulina	02 Ottawa Lions T.F.C.	12.90	-2.6	3
19 Cole-Johnson, Emily	02 Saskatchewan	12.92	-3.4	4
20 Clarke, Lauren	03 Nova Scotia/Nunavut	12.99	-0.1	5
21 Walton-Knight, Bethany	03 NorWesters T	13.00	-2.1	2
22 Blackmore, Erika	03 New Brunswick	13.02	-0.1	5
23 Johnson, Peighton	02 Prairie Stor	13.02	-2.6	3
24 Onyegbule, Chidera	02 Thorold Elit	13.02	-3.4	4
25 Habash, Milenne	02 Speed River	13.04	-2.6	3
26 Carrion, Franchery	03 Mississauga	13.08	-3.4	4
27 Ryan, Olivia	02 Newfoundland	13.09	-2.1	2
28 Burt, Emiley	02 Caltaf Athle	13.17	-0.1	5

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 100 Meter Dash U18**

29	Grant-Bingling, Zahnee	03	South Simcoe	13.18	-3.4	4
30	Fritzley, Emily	02	Speed River	13.19	-2.1	2
31	Temush, Patrice	02	Hamilton Oly	13.22	-3.4	4
32	Sackey, Ewura Ekua	02	Flying Angel	13.25	-3.4	4
33	Kidston, Daniella	02	Nova Scotia/Nunavut	13.38	-2.6	3
34	Bestland, Abby	02	Stride Ahead	13.59	-2.6	3
35	Sparrow, Suanne	02	Newfoundland	13.74	-0.3	1
--	Catton, Jillian	03	Ontario	DQ	-2.6	3 Rule 162.8

Women 100 Meter Dash U18

heats to finals 5 heats Top 1 + 3

Championship: M 11.55 2010 Khamica Bingham

National: N 11.53 2011 Khamica Bingham

Name	Year	Team	Finals	Wind
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Finals

1	Desormes, Laurie-Ann	03	Quebec	12.21	-0.1
2	Clayton, Ella	03	Alberta-Nort	12.26	-0.1
3	Cannan, Emma	03	Okanagan Ath	12.28	-0.1
4	Wolfe, Collette	02	Invictus Ath	12.36	-0.1
5	Omogbai, Praise	02	Quebec	12.37	-0.1
6	Willems, Paige	02	Saskatchewan	12.38	-0.1
7	Anderson, Gracie	02	Alberta-Nort	12.45	-0.1
8	Sartain, Alese	02	Lakeland Yel	12.49	-0.1

Preliminaries

9	Cabezas, Ariana	03	Flying Angel
10	Collins, Christiana	03	Manitoba & N
11	Wiley, Sheleena	02	Langley Mustangs
12	Ivanov, Alena	03	London Legio
13	Esan, Adesola	02	Calgary Spartans
14	Adekayode, Deborah	03	Manitoba & N
15	Manor, Kathryn	03	Ottawa Lions T.F.C.
16	Desvaux, Juliette	02	Mid Island Distance
17	Hoad, Jorja	03	Prairie Stor
18	Procyk, Paulina	02	Ottawa Lions T.F.C.
19	Cole-Johnson, Emily	02	Saskatchewan
20	Clarke, Lauren	03	Nova Scotia/Nunavut
21	Walton-Knight, Bethany	03	NorWesters T
22	Blackmore, Erika	03	New Brunswick
23	Johnson, Peighton	02	Prairie Stor
24	Onyegbule, Chidera	02	Thorold Elit
25	Habash, Milenne	02	Speed River
26	Carrion, Franchery	03	Mississauga
27	Ryan, Olivia	02	Newfoundland
28	Burt, Emiley	02	Caltaf Athle
29	Grant-Bingling, Zahnee	03	South Simcoe
30	Fritzley, Emily	02	Speed River
31	Temush, Patrice	02	Hamilton Oly
32	Sackey, Ewura Ekua	02	Flying Angel
33	Kidston, Daniella	02	Nova Scotia/Nunavut
34	Bestland, Abby	02	Stride Ahead
35	Sparrow, Suanne	02	Newfoundland
--	Catton, Jillian	03	Ontario

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 200 Meter Dash U18****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

=====					
heats to final 5 heats Top 1 + 3					
Championship: M 23.43 2011 Christian Brennan					
National: N 23.43 2011 Christian Brennan					
Name	Year	Team	Prelims	Wind	H#
=====					
1 Goudros, Isabella	03	Ontario	25.26Q	-1.9	2
2 Willems, Paige	02	Saskatchewan	25.33Q	-0.9	1
3 Catton, Jillian	03	Ontario	25.38Q	-1.6	3
4 Cannan, Emma	03	Okanagan Ath	25.40Q	-1.2	5
5 Collins, Christiana	03	Manitoba & N	25.96Q	-1.9	4
6 Desormes, Laurie-Ann	03	Quebec	25.75q	-1.2	5
7 McKenzie, Nicole	02	Boost Athlet	25.93q	-1.9	2
8 Esan, Adesola	02	Calgary Spartans	25.98q	-1.2	5
9 Wiley, Sheleena	02	Langley Mustangs	25.99	-0.9	1
10 Ivanov, Alena	03	London Legio	26.06	-1.2	5
11 Desvaux, Juliette	02	Mid Island Distance	26.13	-0.9	1
12 Atem, Ivana	02	Flying Angel	26.16	-0.9	1
13 Anderson, Gracie	02	Alberta-Nort	26.18	-1.9	4
14 Cole-Johnson, Emily	02	Saskatchewan	26.19	-0.9	1
15 MacIsaac, Shelby	03	New Brunswick	26.42	-1.6	3
16 Omogbai, Praise	02	Quebec	26.44	-1.2	5
17 Walton-Knight, Bethany	03	NorWesters T	26.48	-1.9	4
18 Johnson, Peighton	02	Prairie Stor	26.53	-1.9	4
19 Ogunremi, Doyin	02	Ottawa Lions T.F.C.	26.55	-1.6	3
20 Ryan, Olivia	02	Newfoundland	26.60	-1.2	5
21 Wolfe, Collette	02	Invictus Ath	26.61	-1.9	4
22 Grant-Bingling, Zahnee	03	South Simcoe	26.65	-1.6	3
23 Gilmour, Audrey	03	Ottawa Lions T.F.C.	26.66	-1.9	2
24 Sartain, Alese	02	Lakeland Yel	26.72	-1.9	2
25 Carrion, Franchery	03	Mississauga	26.95	-1.9	2
26 Hoad, Jorja	03	Prairie Stor	27.14	-0.9	1
27 Poisson, Alexandra	03	Nova Scotia/Nunavut	27.17	-1.9	4
28 Lange, Reese	02	Manitoba & N	27.20	-1.6	3
29 Procyk, Paulina	02	Ottawa Lions T.F.C.	27.23	-1.9	2
30 Sollen, Sydney	02	London Legio	27.60	-1.9	4
31 Sparrow, Suanne	02	Newfoundland	28.30	-1.9	2
32 Johnston, Katie	03	Boost Athlet	29.62	-1.2	5
33 Kidston, Daniella	02	Nova Scotia/Nunavut	36.02	-1.6	3

Women 200 Meter Dash U18

=====					
heats to final 5 heats Top 1 + 3					
Championship: M 23.43 2011 Christian Brennan					
National: N 23.43 2011 Christian Brennan					
Name	Year	Team	Finals	Wind	
=====					
Finals					
1 Goudros, Isabella	03	Ontario	24.46	-1.3	
2 Catton, Jillian	03	Ontario	24.88	-1.3	
3 Cannan, Emma	03	Okanagan Ath	24.97	-1.3	
4 Willems, Paige	02	Saskatchewan	25.20	-1.3	
5 McKenzie, Nicole	03	Boost Athlet	25.27	-1.3	
6 Desormes, Laurie-Ann	03	Quebec	25.70	-1.3	
7 Esan, Adesola	02	Calgary Spartans	25.89	-1.3	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 200 Meter Dash U18**

8 Collins, Christiana	03 Manitoba & N	25.90	-1.3
Preliminaries			
9 Wiley, Sheleena	02 Langley Mustangs		
10 Ivanov, Alena	03 London Legio		
11 Desvaux, Juliette	02 Mid Island Distance		
12 Atem, Ivana	02 Flying Angel		
13 Anderson, Gracie	02 Alberta-Nort		
14 Cole-Johnson, Emily	02 Saskatchewan		
15 MacIsaac, Shelby	03 New Brunswick		
16 Omogbai, Praise	02 Quebec		
17 Walton-Knight, Bethany	03 NorWesters T		
18 Johnson, Peighton	02 Prairie Stor		
19 Ogunremi, Doyin	02 Ottawa Lions T.F.C.		
20 Ryan, Olivia	02 Newfoundland		
21 Wolfe, Collette	02 Invictus Ath		
22 Grant-Bingling, Zahnee	03 South Simcoe		
23 Gilmour, Audrey	03 Ottawa Lions T.F.C.		
24 Sartain, Alese	02 Lakeland Yel		
25 Carrion, Franchery	03 Mississauga		
26 Hoad, Jorja	03 Prairie Stor		
27 Poisson, Alexandra	03 Nova Scotia/Nunavut		
28 Lange, Reese	02 Manitoba & N		
29 Procyk, Paulina	02 Ottawa Lions T.F.C.		
30 Sollen, Sydney	02 London Legio		
31 Sparrow, Suanne	02 Newfoundland		
32 Johnson, Katie	03 Boost Athlet		
33 Kidston, Daniella	02 Nova Scotia/Nunavut		

Women 400 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====					
heats to finals 4 heats Top 1 + 4					
Championship: M 53.11 2011 Christian Brennan					
National: N 52.12 2011 Christian Brennan					
Name	Year	Team	Prelims	H#	
=====					
1 McKenzie, Nicole	03	Boost Athlet	57.34Q	3	
2 Clayton, Ella	03	Alberta-Nort	57.38Q	2	
3 Pearson, Avery	03	Saskatchewan	57.56Q	1	
4 Leclair, Marie-Éloïse	02	Quebec	57.76Q	4	57.751
5 Vanderput, Elizabeth	02	Alberta-Nort	57.50q	2	
6 Ogunremi, Doyin	02	Ottawa Lions T.F.C.	57.76q	4	57.755
7 MacIsaac, Shelby	03	New Brunswick	57.77q	2	
8 Ivanov, Alena	03	London Legio	57.90q	1	
9 James, Jenna	03	Ontario	58.20	4	
10 Gilmour, Audrey	03	Ottawa Lions T.F.C.	58.60	3	
11 Lenton, Jade	03	Langley Mustangs	58.86	1	
12 Zrinyi, Ilona	02	Stride Ahead	59.47	3	
13 Delima, Jaden	02	Niagara Olym	59.62	4	
14 Sollen, Sydney	02	London Legio	1:00.59	2	
15 Vellinga, Kyra	03	St Thomas Le	1:00.63	1	
16 Nfon, Ashley	03	Manitoba & N	1:00.78	1	
17 Artibello, Malia	03	Nova Scotia/Nunavut	1:00.89	1	
18 Hall, Mackenzie	02	New Brunswick	1:00.89	3	
19 Cannan, Emma	03	Okanagan Ath	1:01.51	3	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 400 Meter Dash U18**

20 Sangha, Nanaki	03 Coastal Track Club	1:01.65	3
21 Davis, Alex	03 Manitoba & N	1:02.19	2
22 Boucher, Mikayla	02 Nova Scotia/Nunavut	1:02.21	3
23 Maier, Lindsay	02 Okanagan Ath	1:02.26	4
24 Dalkie, Mikayla	03 Winnipeg Opt	1:02.39	2
25 Bonia, Camryn	02 Newfoundland	1:03.05	2
26 Sun, Sophie	02 Etobicoke Tr	1:03.40	4
27 Summers, Charlie	03 Newfoundland	1:04.26	1
28 Johnson, Katie	03 Boost Athlet	1:07.53	4

Women 400 Meter Dash U18

=====
 heats to finals 4 heats Top 1 + 4

Championship: M 53.11 2011 Christian Brennan
 National: N 52.12 2011 Christian Brennan

Name	Year	Team	Finals
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Finals

1 Clayton, Ella	03 Alberta-Nort	54.78
2 Pearson, Avery	03 Saskatchewan	55.35
3 McKenzie, Nicole	03 Boost Athlet	56.24
4 Vanderput, Elizabeth	02 Alberta-Nort	57.40
5 Leclair, Marie-Éloïse	02 Quebec	57.47
6 Ivanov, Alena	03 London Legio	58.41
7 MacIsaac, Shelby	03 New Brunswick	58.76
8 Ogunremi, Doyin	02 Ottawa Lions T.F.C.	59.56

Preliminaries

9 James, Jenna	03 Ontario
10 Gilmour, Audrey	03 Ottawa Lions T.F.C.
11 Lenton, Jade	03 Langley Mustangs
12 Zrinyi, Ilona	02 Stride Ahead
13 Delima, Jaden	02 Niagara Olym
14 Sollen, Sydney	02 London Legio
15 Vellinga, Kyra	03 St Thomas Le
16 Nfon, Ashley	03 Manitoba & N
17 Artibello, Malia	03 Nova Scotia/Nunavut
18 Hall, Mackenzie	02 New Brunswick
19 Cannan, Emma	03 Okanagan Ath
20 Sangha, Nanaki	03 Coastal Track Club
21 Davis, Alex	03 Manitoba & N
22 Boucher, Mikayla	02 Nova Scotia/Nunavut
23 Maier, Lindsay	02 Okanagan Ath
24 Dalkie, Mikayla	03 Winnipeg Opt
25 Bonia, Camryn	02 Newfoundland
26 Sun, Sophie	02 Etobicoke Tr
27 Summers, Charlie	03 Newfoundland
28 Johnson, Katie	03 Boost Athlet

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 800 Meter Run U18**

Timed finals 3 sections

Championship: M 2:06.88 2015 Victoria Tachinski

National: N 2:03.58 2016 Victoria Tachinski

Name	Year	Team	Finals	H#
=====				
Finals				
1 Pearson, Avery	03	Saskatchewan	2:08.71	2
2 Morrison, Tegan	02	Laurel Creek T.F.C.	2:08.87	2
3 Knelsen, Hallelee	03	St Thomas Le	2:09.79	2
4 Brown, Jillian	03	Alberta-Nort	2:10.98	2
5 Ylipahkala, Abby	03	Newmarket Hu	2:14.65	2
6 Clayton, Ella	03	Alberta-Nort	2:15.93	2
7 Ross, Kristen	03	Pictou Count	2:17.40	1
8 Zrinyi, Ilona	02	Stride Ahead	2:18.54	2
9 Artibello, Malia	03	Nova Scotia/Nunavut	2:19.29	1
10 Keefe, Danielle	02	New Brunswick	2:19.32	2
11 Kroi, Emily	03	Newmarket Hu	2:19.57	1
12 Moon, Alyssa	02	Winnipeg Opt	2:19.98	2
13 Fitzgerald, Kara	02	Kingston Achilles	2:20.03	2
14 Sangha, Nanaki	03	Coastal Track Club	2:20.12	1
15 Bonia, Camryn	02	Newfoundland	2:20.84	1
16 Boston, Eliza Jane	02	Newmarket Hu	2:22.56	1
17 Bryce, Emily	03	Saugeen Trac	2:22.57	1
18 Hall, Mackenzie	02	New Brunswick	2:23.84	2
19 Sun, Sophie	02	Etobicoke Tr	2:24.51	1
20 Boucher, Mikayla	02	Nova Scotia/Nunavut	2:24.65	1
21 Bater, Lola	03	Laurel Creek T.F.C.	2:25.45	1

Women 1500 Meter Run U18

Timed finals 1 section

Championship: M 4:25.11 8/10/2018 Maggie Smith, Nova Scotia/

National: N 4:06.71 1972 Glenda Reiser

Name	Year	Team	Finals	H#
=====				
1 Lewis, Kendra	02	British Colu	4:28.08	3
2 Sigfstead, Sadie	03	Alberta-Nort	4:29.86	3
3 Watt, Margrett	02	Winnipeg Opt	4:34.25	3
4 Knelsen, Hallelee	03	St Thomas Le	4:35.42	3
5 Keefe, Danielle	02	New Brunswick	4:39.49	3
6 Howes, Cecilia	02	Winnipeg Opt	4:40.73	2
7 Ross, Kristen	03	Pictou Count	4:41.67	2
8 Kielo, Eryn	03	Saskatchewan	4:41.94	2
9 Ylipahkala, Abby	03	Newmarket Hu	4:42.83	2
10 Morrison, Tegan	02	Laurel Creek T.F.C.	4:43.19	3
11 Chisholm, Siona	03	Nova Scotia/Nunavut	4:44.08	3
12 Cunniam, Erika	03	Alberta-Nort	4:45.18	3
13 MacGillivray, Holly	02	Laurel Creek T.F.C.	4:45.73	3
14 Kobylanski, Maya	02	British Colu	4:46.15	3
15 Boyer, M��r��dith	02	Quebec	4:46.29	3
16 Morariu, Ana	03	Saugeen Trac	4:49.14	2
17 Canning, Mairin	03	Nova Scotia/Nunavut	4:49.48	2
18 Hebert, Brynn	02	Leduc Track	4:49.49	2
19 Bialowas, Ivy	03	Ottawa Lions T.F.C.	4:49.96	1
20 Khalid, Sihaam	03	Calgary Spartans	4:50.03	1

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 1500 Meter Run U18**

21	McLeod, Madeleine	03	New Brunswick	4:53.21	1
22	Hankins, Alexandra	03	Laurel Creek T.F.C.	4:54.21	1
23	Birrell, Carley	02	Unattached N	4:55.57	2
24	Fitzgerald, Kara	02	Kingston Achilles	4:55.99	2
25	Petersen, Darci	03	Caltaf Athle	4:56.98	2
26	Moon, Alyssa	02	Winnipeg Opt	4:58.70	2
27	Owens, Erin	02	Winnipeg Opt	5:01.30	1
28	Marion, Ella	02	Caltaf Athle	5:01.93	1
29	Bater, Lola	03	Laurel Creek T.F.C.	5:02.70	1
30	Richard, Katie	03	Prince Edwar	5:06.82	1
31	Richard, Grace	03	Prince Edwar	5:09.89	1

Women 3000 Meter Run U18

=====
 Timed final 2 section

Championship: M 9:27.52 1998 Emilie Mondor
 National: N 9:16.93 2016 Shona Mcculloch

Name	Year	Team	Finals	H#	
1	Lewis, Kendra	02	British Colu	9:48.24	2
2	Sigfstead, Sadie	03	Alberta-Nort	9:49.22	2
3	Yuhasz, Abbey	02	Laurel Creek T.F.C.	9:54.83	2
4	Chisholm, Siona	03	Nova Scotia/Nunavut	9:55.05	2
5	McFadyen, Jenna	02	Saskatchewan	10:02.73	2
6	Cunniam, Erika	03	Alberta-Nort	10:07.57	2
7	Keeler, Jadyn	03	South Simcoe	10:13.97	2
8	Bryce, Emily	03	Saugeen Trac	10:23.72	2
9	Khalid, Sihaam	03	Calgary Spartans	10:36.42	1
10	McLeod, Madeleine	03	New Brunswick	10:38.02	1
11	MacGillivray, Holly	02	Laurel Creek T.F.C.	10:38.38	2
12	Trites, Emily	02	New Brunswick	10:40.88	1
13	Sandluck, Allie	02	Nova Scotia/Nunavut	10:41.96	2
14	Morariu, Ana	03	Saugeen Trac	10:45.66	1
15	Birrell, Carley	02	Unattached N	10:48.24	1
16	Bialowas, Ivy	03	Ottawa Lions T.F.C.	10:48.64	1
17	Petersen, Darci	03	Caltaf Athle	10:50.45	2
18	Marion, Ella	02	Caltaf Athle	10:51.07	1
19	Boston, Eliza Jane	02	Newmarket Hu	10:59.88	2
20	Hankins, Alexandra	03	Laurel Creek T.F.C.	11:13.46	1
21	Richard, Grace	03	Prince Edwar	11:21.81	1
22	Richard, Katie	03	Prince Edwar	11:24.72	1

Women 100 Meter Hurdles 0.762m-8.5m U18**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====
 Heats to finals 2 heats Top 3 + 2

Championship: M 13.38 2012 Nicole Settingington
 National: N 13.33 2016 Keira Christie-Galloway

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Sutherland, Savannah	03	Saskatchewan	14.43Q	-2.8 1
2	Desousa, Tayah	03	St Thomas Le	15.09Q	-2.8 2
3	Baron, Samantha	02	British Colu	15.13Q	-2.8 1
4	St-Germain, Maoly	02	Quebec	15.39Q	-2.8 2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 100 Meter Hurdles 0.762m-8.5m U18**

5 Fatoye, Oluwatoni	02 Manitoba & N	15.60Q	-2.8	1
6 Adelugba, Timi	02 Saskatchewan	15.61Q	-2.8	2
7 Watson, Rachel	02 Hamilton Oly	15.76q	-2.8	1
8 Zaraska, Chloe	03 Etobicoke Tr	16.11q	-2.8	1
9 Beselt, Cassie	03 Nova Scotia/Nunavut	16.22	-2.8	2
10 Temush, Patrice	02 Hamilton Oly	16.34	-2.8	1
11 Wolfe, Collette	02 Invictus Ath	16.47	-2.8	2
12 Miller, Quinn	03 Ontario	16.59	-2.8	2
13 Esan, Adesola	02 Calgary Spartans	17.02	-2.8	1

Women 100 Meter Hurdles 0.762m-8.5m U18

=====
 Heats to finals 2 heats Top 3 + 2

Championship: M 13.38 2012 Nicole Setterington

National: N 13.33 2016 Keira Christie-Galloway

Name	Year	Team	Finals	Wind
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Finals

1 Sutherland, Savannah	03 Saskatchewan	13.99	-2.5
2 Desousa, Tayah	03 St Thomas Le	14.70	-2.5
3 Baron, Samantha	02 British Colu	14.88	-2.5
4 St-Germain, Maoly	02 Quebec	14.89	-2.5
5 Fatoye, Oluwatoni	02 Manitoba & N	15.01	-2.5
6 Watson, Rachel	02 Hamilton Oly	15.23	-2.5
7 Adelugba, Timi	02 Saskatchewan	15.26	-2.5
8 Zaraska, Chloe	03 Etobicoke Tr	15.78	-2.5

Preliminaries

9 Beselt, Cassie	03 Nova Scotia/Nunavut
10 Temush, Patrice	02 Hamilton Oly
11 Wolfe, Collette	02 Invictus Ath
12 Miller, Quinn	03 Ontario
13 Esan, Adesola	02 Calgary Spartans

Women 400 Meter Hurdles 0.762m-35m U18

=====
 Timed finals 2 sections

Championship: M 1:00.27 8/7/2016 Megan Champoux, British Colu

National: N 56.79 2015 Xahria Santiago

Name	Year	Team	Finals	H#
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=====

Finals

1 Sutherland, Savannah	03 Saskatchewan	1:01.48	2
2 Watson, Rachel	02 Hamilton Oly	1:02.84	2
3 Baron, Samantha	02 British Colu	1:03.12	2
4 Leclair, Marie-Éloïse	02 Quebec	1:03.16	2
5 James, Jenna	03 Ontario	1:03.18	2
6 Wickramaarachchi, Prabha	02 Universal AT	1:04.84	2
7 Goodwin, Jessica	02 South Simcoe	1:05.91	2
8 Ford, Madison	02 Alberta-Nort	1:06.96	2
9 Allanach, Janelle	03 New Brunswick	1:08.75	1
10 Doucet, Emily	03 New Brunswick	1:09.80	1
11 Vellinga, Kyra	03 St Thomas Le	1:09.95	1

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 2000 Meter Steeplechase 0.762m U18**

=====					
Timed final 2 section					
Championship: M 6:41.46		2017	Grace Fetherstonehaugh		
National: N 6:39.36		2007	Jessica Furlan		
Name	Year	Team	Finals	H#	
=====					
1	Stewart-Barnett, Katelyn	03 British Colu	6:51.47	2	
2	McFadyen, Jenna	02 Saskatchewan	6:57.97	2	
3	Howes, Cecilia	02 Winnipeg Opt	7:02.61	2	
4	Watt, Margrett	02 Winnipeg Opt	7:06.62	2	
5	Keeler, Jady	03 South Simcoe	7:08.70	2	
6	Boyer, M��r��dith	02 Quebec	7:17.08	2	
7	Kobylanski, Maya	02 British Colu	7:18.97	2	
8	Hebert, Brynn	02 Leduc Track	7:25.85	1	
9	Canning, Mairin	03 Nova Scotia/Nunavut	7:27.30	1	
10	Wright, Frances	02 New Brunswick	7:33.76	1	
11	Marion, Ella	02 Caltaf Athle	7:38.47	1	
12	Owens, Erin	02 Winnipeg Opt	7:38.93	1	
13	Petersen, Darci	03 Caltaf Athle	7:48.84	2	
14	Richard, Grace	03 Prince Edwar	7:58.72	1	
15	Beach, Nicole	02 Niagara Olym	8:00.63	1	
16	Richard, Katie	03 Prince Edwar	8:03.08	1	
17	Marcil, Jalen	03 London Legio	8:22.60	1	
--	Kielo, Eryn	03 Saskatchewan	DNF	2	

Women 4x100 Meter Relay U18

=====					
Timed finals					
Championship: M 46.58		2011	, QC		
National: N 44.77		2016	M. Sangha, A. Kurucz, J. Nijjar, K. Vlahovic		
Team	Finals	H#			
=====					
1	Flying Angels Academy 'A'	47.76	2		
	1) Sackey, Ewura Ekua 02	2) Atem, Ivana 02			
	3) Cabezas, Ariana 03	4) Anyaogu, Kristie 04			
2	Saskatchewan 'A'	48.28	1		
	1) Willems, Paige 02	2) Sutherland, Savannah 03			
	3) Cole-Johnson, Emily 02	4) Adelugba, Timi 02			
3	Alberta-Northwest Territories 'A'	48.31	2		
	1) Ford, Madison 02	2) Anderson, Gracie 02			
	3) Vanderput, Elizabeth 02	4) Clayton, Ella 03			
4	Ottawa Lions T.F.C. 'A'	48.97	2		
	1) Manor, Kathryn 03	2) Ogunremi, Doyin 02			
	3) Gilmour, Audrey 03	4) Procyk, Paulina 02			
5	Ontario 'A'	49.41	2		
	1) Miller, Quinn 03	2) Goudros, Isabella 03			
	3) Jozin, Annika Jane 03	4) Catton, Jillian 03			
6	British Columbia/Yukon Territo 'A'	50.04	2		
	1) Van Ryswyk, Olivia 02	2) Urbanowicz, Sonya 04			
	3) Foster, Ella 03	4) Cummings, Jaeland 04			
7	Newfoundland/Labrador 'A'	51.53	1		
	1) Summers, Charlie 03	2) Dollimount, Samantha 03			
	3) Sparrow, Suanne 02	4) Ryan, Olivia 02			
8	New Brunswick 'A'	52.07	1		
	1) Allanach, Janelle 03	2) Blackmore, Erika 03			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 4x100 Meter Relay U18**

3) Wright, Frances 02	4) Doucet, Emily 03		
9 St Thomas Legion Track & Field 'A'		52.10	1
1) Vellinga, Kyra 03	2) Coffey, Claireese 04		
3) Roth, Camryn 04	4) Desousa, Tayah 03		
-- Manitoba & Northwest Ontario 'A'		DQ	1 Rule 170.8
1) Adekayode, Deborah 03	2) Agboola, Rofiat 02		
3) Lange, Reese 02	4) Collins, Christiana 03		
-- Quebec 'A'		DQ	2 Rule 170.8
1) St-Germain, Maoly 02	2) Omogbai, Praise 02		
3) Da Silveira, Ionah 02	4) Desormes, Laurie-Ann 03		

Women 4x400 Meter Relay U18

=====

Timed finals

Championship: M 3:45.32 2011 , AB-NWT

National: N 3:45.32 2011

E. Hirst, J. Westaway, A. Hrycun, S. Watson

Team Finals H#

1 Saskatchewan 'A'		3:48.28	1
1) Willems, Paige 02	2) Albertson, Rachel 03		
3) Sutherland, Savannah 03	4) Pearson, Avery 03		
2 Ontario 'A'		3:50.44	1
1) James, Jenna 03	2) Friesen, Mia 02		
3) Catton, Jillian 03	4) Goudros, Isabella 03		
3 Alberta-Northwest Territories 'A'		3:54.73	2
1) Vanderput, Elizabeth 02	2) Ford, Madison 02		
3) Brown, Jillian 03	4) Clayton, Ella 03		
4 Ottawa Lions T.F.C. 'A'		4:03.26	1
1) Manor, Kathryn 03	2) Gilmour, Audrey 03		
3) Procyk, Paulina 02	4) Ogunremi, Doyin 02		
5 New Brunswick 'A'		4:03.80	1
1) Allanach, Janelle 03	2) Hall, Mackenzie 02		
3) Doucet, Emily 03	4) MacIsaac, Shelby 03		
6 Winnipeg Optimist Athletics 'A'		4:04.01	1
1) Nonato, Zoe 04	2) Stefaniuk, Katrina 04		
3) Dalkie, Mikayla 03	4) Tufford, Reese 04		
7 British Columbia/Yukon Territo 'A'		4:05.58	2
1) O'Flaherty, Caleigh 02	2) Kobylanski, Maya 02		
3) Stewart-Barnett, Katelyn 03	4) Baron, Samantha 02		
8 Manitoba & Northwest Ontario 'A'		4:07.52	2
1) Nfon, Ashley 03	2) Agboola, Rofiat 02		
3) Davis, Alex 03	4) Lange, Reese 02		
9 Quebec 'A'		4:08.95	1
1) St-Germain, Maoly 02	2) Boyer, M��r��dith 02		
3) Martin, Nayla 04	4) Leclair, Marie-��lo��se 02		
10 Nova Scotia/Nunavut 'A'		4:10.94	2
1) Artibello, Malia 03	2) Boucher, Mikayla 02		
3) Chisholm, Siona 03	4) Kidston, Daniella 02		
11 Laurel Creek T.F.C. 'A'		4:12.85	2
1) Bahar, Sofia 04	2) Bater, Lola 03		
3) Hankins, Alexandra 03	4) Morrison, Tegan 02		
12 Newfoundland/Labrador 'A'		4:12.89	2
1) Summers, Charlie 03	2) Johnson, Emberley 04		
3) Sparrow, Suanne 02	4) Bonia, Camryn 02		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 4x400 Meter Relay U18**

13 Boost Athletics Club 'A' 4:18.83 2
 1) Johnson, Katie 03 2) Cuffy, Nyla 05
 3) Layne, Naomi 04 4) McKenzie, Nicole 03

Women High Jump U18

starting height 1.35 up by 5's to 1.60 then by 3's, up to 1.66
 by 2's

Championship:	M	1.81m	2008	Alyzandra Treasure					
National:	N	1.87m	2016	Julie Whyte					
Name	Year	Team		Finals					
1 Denbow, Lara	03	Prairie Stor		1.72m					
	1.55	1.60	1.63	1.66	1.68	1.70	1.72	1.74	
	O	O	XO	XXO	XXO	XO	O	XXX	
2 Jozin, Annika Jane	03	Ontario		1.68m					
	1.55	1.60	1.63	1.66	1.68	1.70			
	O	XO	O	XXO	XXO	XXX			
3 De Boer, Emma	03	British Colu		1.66m					
	1.55	1.60	1.63	1.66	1.68				
	O	O	XO	XO	XXX				
4 Sabourin, Venus	02	Alberta-Nort		1.63m					
	1.50	1.55	1.60	1.63	1.66				
	O	XO	XXO	O	XXX				
5 Reid, Bryanna	02	Quebec		J1.63m					
	1.50	1.55	1.60	1.63	1.66				
	O	O	XO	XO	XXX				
6 Stewart-Barnett, Katelyn	03	British Colu		1.60m					
	1.55	1.60	1.63						
	O	O	XXX						
6 Hamilton, Asia	02	Flying Angel		1.60m					
	1.45	1.50	1.55	1.60	1.63				
	O	O	O	O	XXX				
8 Cudmore, Gwendolyn	03	Niagara Olym		J1.60m					
	1.50	1.55	1.60	1.63					
	XO	XO	XO	XXX					
9 Jamieson, Millie	02	Saskatchewan		1.50m					
	1.45	1.50	1.55						
	O	O	XXX						
9 Caldwell, Ashtynn	03	Niagara Olym		1.50m					
	1.45	1.50	1.55						
	O	O	XXX						
9 Reid, Amelia	02	Fredericton		1.50m					
	1.45	1.50	1.55						
	O	O	XXX						
12 Zaraska, Chloe	03	Etobicoke Tr		J1.50m					
	1.35	1.40	1.45	1.50	1.55				
	O	XO	O	XO	XXX				
13 Murwanashyaka, Raissa	02	Saskatchewan		J1.50m					
	1.45	1.50	1.55						
	XO	XXO	XXX						
14 Cameron, Eilidh	03	Pictou Count		1.45m					
	1.40	1.45	1.50						
	O	O	XXX						

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Women High Jump U18**

15 Beselt, Cassie	03 Nova Scotia/Nunavut	1.40m
1.35 1.40 1.45 1.50		
O XO XX X		

Women Pole Vault U18

starting height 2.50 by 20's, up to 2.90 by 10's
 Championship: M 3.92m 8/10/2018 Alexzandra Thronson, Univers
 National: N 3.91m 2010 Alysha Newman

Name	Year Team	Finals
1 Hill, Isabelle	03 University o	3.50m
3.20 3.30 3.40 3.50 3.60		
O O O O XXX		
2 Van Ryswyk, Olivia	02 British Colu	J3.50m
3.20 3.30 3.40 3.50 3.60		
XXO O XO O XXX		
3 Hodson, Justine	02 Ontario	3.30m
3.10 3.20 3.30 3.40 3.50		
O O O XX X		
4 Skipp, Phoebe	03 University o	3.20m
3.20 3.30		
O XXX		
5 Foster, Ella	03 British Colu	J3.20m
3.00 3.10 3.20 3.30		
XXO XO O XXX		
6 Miller, Quinn	03 Ontario	3.10m
3.10 3.20		
XO XXX		
6 Langhorn, Megan	02 London Weste	3.10m
3.10 3.20		
XO XXX		
8 Godbout Fowler, Alexandr	03 University o	2.70m
2.50 2.70 2.90		
O O XXX		

Women Long Jump U18

Group A and B
 Championship: M 6.21m 2008 Christibel Nettey
 National: N 6.41m 2016 Nicole Ali

Name	Year Team	Finals	Wind	H#
1 Agboola, Rofiat	02 Manitoba & N	5.65m	1.9	2
5.28m(3.4) 5.26m(0.2) 5.52m(2.6) FOUL(1.5) 5.65m(1.9) 5.44m(1.6)				
2 Adekayode, Deborah	03 Manitoba & N	5.55m	2.2	2
5.43m(2.9) FOUL(2.4) 5.36m(2.6) 5.55m(2.2) FOUL(3.3) 5.41m(0.4)				
3 Da Silveira, Ionah	02 Quebec	5.53m	0.9	2
FOUL(1.9) 5.41m(1.8) 5.33m(0.9) 5.53m(0.9) 5.32m(2.8) 5.12m(2.3)				
4 Akinduro, Busola	02 Flying Angel	5.51m	2.4	2
4.59m(1.7) 5.12m(2.0) 5.51m(2.4) 4.96m(1.5) FOUL(2.7) 5.31m(4.9)				
5 Yiridoe, Martha	02 Nova Scotia/Nunavut	5.45m	4.0	2
5.15m(5.0) 5.44m(3.1) 5.02m(-1.1) 5.45m(4.0) 5.12m(1.7) 5.15m(0.7)				
6 Habash, Milenne	02 Speed River	J5.45m	1.3	2
3.86m(0.6) 5.12m(2.1) 5.45m(1.3) 4.02m(1.9) 4.39m(3.8) 5.24m(1.7)				

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Women Long Jump U18**

7	Hamilton, Asia	02 Flying Angel	5.43m	1.2	1
	3.58m(3.7) 5.43m(1.2) FOUL(1.7)				
8	Sutherland, Savannah	03 Saskatchewan	5.41m	3.3	2
	5.07m(-0.1) 5.41m(3.3) 5.37m(1.0) 4.94m(0.7) FOUL(1.6) 5.28m(2.9)				
9	Boccacci, Ilona	03 C. A. Univer	5.31m	3.9	1
	5.31m(3.9) FOUL(0.8) 5.14m(3.4)				
10	Tejiofo, Fiola	02 C. A. Univer	5.22m	-0.3	2
	5.20m(2.4) FOUL(2.3) 5.22m(-0.3)				
11	St-Germain, Maoly	02 Quebec	5.21m	3.1	2
	5.21m(3.1) 5.20m(4.0) 4.94m(2.8)				
12	Hladin, Shelley	03 Sherbrooke	5.16m	2.1	2
	5.09m(2.6) FOUL(2.4) 5.16m(2.1)				
13	Burt, Emiley	02 Caltaf Athle	5.12m	3.8	2
	5.12m(3.8) FOUL(2.1) 3.83m(2.4)				
14	Desousa, Tayah	03 St Thomas Le	5.05m	2.3	2
	4.95m(0.4) 4.84m(-0.7) 5.05m(2.3)				
15	Rastad, Julia	02 NorWesters T	4.95m	1.5	2
	4.95m(1.5) 4.81m(4.5) 4.72m(1.5)				
16	Ryan, Olivia	02 Newfoundland	J4.95m	2.8	1
	4.57m(2.2) 4.54m(1.6) 4.95m(2.8)				
17	Yabit-Tita, Agathe	02 Flying Angel	4.90m	3.0	1
	4.48m(2.2) 4.40m(-0.5) 4.90m(3.0)				
18	Stowe, Ella	03 Brantford T.F.C.	4.81m	3.0	1
	4.81m(3.0) FOUL(2.7) 4.66m(2.2)				
19	Adelugba, Timi	02 Saskatchewan	4.73m	-0.3	1
	4.73m(-0.3) FOUL(4.2) 4.71m(0.1)				
20	Cooper, Grace	02 Brantford T.F.C.	J4.73m	3.2	1
	4.41m(1.7) 4.73m(3.2) 4.44m(2.2)				
21	Zaraska, Chloe	03 Etobicoke Tr	J4.73m	0.5	1
	FOUL(4.0) FOUL(2.4) 4.73m(0.5)				
22	Mah, Jady	02 New Brunswick	4.60m	1.3	1
	FOUL(2.9) 4.60m(1.3) 4.59m(3.3)				
23	Sweeney, Sierra	02 Halifax Athletics	4.52m	3.5	1
	4.52m(3.5) 4.46m(-0.8) FOUL(1.3)				
24	Dollimount, Samantha	03 Newfoundland	3.18m	2.0	1
	1.76m(3.3) FOUL(1.2) 3.18m(2.0)				

Women Triple Jump U18

=====					
Championship:	M	12.61m	2014	Jamilah James	
National:	N	13.13m	2019	Mahalia Mitchell	
Name		Year	Team	Finals	Wind
=====					
1	Akinduro, Busola	02 Flying Angel	12.01m	-5.9	
	11.51m(-2.9) 11.66m(-3.1) FOUL(-0.5) 11.77m(-3.4) 11.99m(-2.3) 12.01m(-5.9)				
2	Denbow, Lara	03 Prairie Stor	11.98m	-1.0	
	11.98m(-1.0) 11.15m(-3.4) 11.02m(-4.3) 11.20m(-3.5) 11.82m(-2.5) 11.73m(-2.6)				
3	Catton, Jillian	03 Ontario	11.47m	-2.0	
	11.05m(-2.3) FOUL(-2.3) 11.47m(-2.0) FOUL FOUL(-3.6) 10.85m(-3.7)				
4	Hamilton, Asia	02 Flying Angel	11.35m	-1.3	
	10.93m(-2.6) 11.15m(-2.3) FOUL(-2.2) 10.83m(-2.0) 10.51m(-2.1) 11.35m(-1.3)				
5	Agboola, Rofiat	02 Manitoba & N	11.16m	-1.2	
	11.07m(-0.2) FOUL(-5.0) 11.16m(-1.2) FOUL FOUL FOUL				
6	Nyhoff, Jaidyn	02 Border City AC	10.82m	-2.7	
	FOUL(-2.0) 10.82m(-2.7) 10.47m(-3.1) 10.75m(-2.2) FOUL(-1.7) 10.41m(-3.9)				

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Women Triple Jump U18**

7	Hladin, Shelley	03 Sherbrooke	10.77m	-1.0
	10.66m(-2.6)	10.53m(-1.8)	10.77m(-1.0)	FOUL(-2.4) FOUL(-3.3) FOUL(-2.3)
8	Hill, Isabelle	03 University o	10.68m	-2.4
	10.60m(-2.6)	10.39m(-4.5)	10.54m(-1.9)	FOUL(-1.8) 10.36m(-3.1) 10.68m(-2.4)
9	Stowe, Ella	03 Brantford T.F.C.	10.56m	-0.4
	10.56m(-0.4)	10.30m(-2.1)	9.62m(-2.9)	
10	Tejiofo, Fiola	02 C. A. Univer	10.44m	-0.8
	10.40m(-2.8)	10.44m(-0.8)	10.27m(-1.8)	
11	Yiridoe, Martha	02 Nova Scotia/Nunavut	10.41m	-4.0
	10.41m(-4.0)	FOUL(-1.3)	FOUL(-3.5)	
12	Yabit-Tita, Agathe	02 Flying Angel	10.32m	-3.1
	10.20m(0.5)	9.87m(-6.8)	10.32m(-3.1)	
13	Sweeney, Sierra	02 Halifax Athletics	10.15m	-1.9
	FOUL(-2.9)	10.12m(-0.4)	10.15m(-1.9)	
14	Cooper, Grace	02 Brantford T.F.C.	J10.15m	-3.0
	FOUL(-1.4)	9.99m(-3.6)	10.15m(-3.0)	
15	Mah, Jady	02 New Brunswick	10.14m	0.3
	FOUL(-2.8)	10.14m(0.3)	FOUL(-4.6)	
16	Williams, Emily	03 Riversdale A	10.11m	-3.1
	10.11m(-3.1)	9.83m(-1.3)	9.79m(-2.7)	
17	Beselt, Cassie	03 Nova Scotia/Nunavut	9.70m	-3.7
	9.70m(-3.7)	9.60m(-1.3)	FOUL(-3.1)	
18	Richards, Shailynn	03 Prince Edwar	9.62m	0.6
	FOUL(-1.8)	FOUL(-1.8)	9.62m(0.6)	

Women Shot Put 3kg U18

=====					
Group A and B					
Championship: M 17.05m 8/6/2017 Trinity Tutti, Ontario					
National: N 17.82m 2017 Trinity Tutti					
Name	Year	Team	Finals	H#	
=====					
1	Decoff, Keighan	03 Nova Scotia/Nunavut	14.96m	2	
	13.77m	14.94m	14.96m	14.17m	13.92m FOUL
2	Dadson, Michelle	02 British Colu	14.95m	2	
	14.31m	14.22m	14.22m	14.33m	14.59m 14.95m
3	Webb, Alexandria	02 Ontario	14.66m	2	
	13.59m	FOUL	13.21m	13.63m	14.66m FOUL
4	Shomachuk, Jinaye	03 Alberta-Nort	14.19m	2	
	13.80m	FOUL	13.71m	13.78m	14.19m FOUL
5	Gagnon, Anne-Marie	03 Quebec	13.64m	2	
	13.48m	FOUL	13.64m	11.83m	13.36m FOUL
6	Ayers, Vanessa	02 Quebec	13.54m	2	
	13.12m	FOUL	12.72m	13.36m	FOUL 13.54m
7	Martin, Billie	02 Ontario	13.36m	2	
	12.93m	13.23m	13.06m	12.19m	13.24m 13.36m
8	Spain, Ashley	02 Woodstock Le	13.16m	2	
	13.16m	13.03m	FOUL	12.53m	12.55m 12.53m
9	Latham, Efe	02 Kilomaitres	12.99m	2	
	12.99m	FOUL	12.89m		
10	Kistulinec, Kristyn	02 London Weste	12.65m	1	
	12.51m	12.46m	12.65m		
11	Sands, Liv	03 London Weste	12.60m	2	
	12.60m	12.57m	12.16m		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women Shot Put 3kg U18**

12	Osezua, Omyne	02	Project Athl	12.51m	2
	12.35m 12.49m 12.51m				
13	Eling, Haylin	03	Olds Velites	12.18m	1
	12.18m 11.38m FOUL				
14	Ezukuse, Biniosa	02	Project Athl	12.10m	1
	FOUL 12.10m FOUL				
15	Clifford, Lauralyn	03	Project Athl	12.08m	1
	12.04m 12.08m FOUL				
16	Roy, Makayla	02	London Weste	12.07m	2
	FOUL 12.07m FOUL				
17	Spoozak, Lily	02	London Weste	12.05m	1
	FOUL FOUL 12.05m				
18	Windle, Alexa	03	Brantford T.F.C.	12.04m	2
	12.04m FOUL FOUL				
19	Campbell, Mackenzie	02	Brantford T.F.C.	11.05m	1
	FOUL FOUL 11.05m				
20	Turner, Jacqueline	02	U Windsor At	10.95m	1
	FOUL 10.95m 10.81m				
21	Johnston, Leah	03	Prince Edwar	9.56m	1
	9.23m 8.89m 9.56m				

Women Discus Throw 1kg U18

=====					
Championship: M 49.25m		8/5/2017	Trinity Tutti, Ontario		
National: N 48.98m		2012	Asianna Covington		
Name	Year	Team	Finals		
=====					
1	Shomachuk, Jinaye	03	Alberta-Nort	44.12m	
	44.12m 40.41m	FOUL	43.48m 41.59m	44.12m	
2	Van Stuyvenberg, Hanna	02	Saugeen Trac	41.19m	
	39.19m FOUL 39.19m	39.83m 41.19m	37.85m		
3	Decoff, Keighan	03	Nova Scotia/Nunavut	38.84m	
	35.63m 36.54m 38.84m	FOUL FOUL FOUL			
4	Ayers, Vanessa	02	Quebec	38.28m	
	FOUL 36.86m 36.72m	38.28m FOUL 36.89m			
5	Dadson, Michelle	02	British Colu	36.29m	
	36.29m 28.80m 35.24m	34.71m 35.23m	35.29m		
6	Alty, Emily	02	The Gazelles	36.08m	
	36.08m FOUL 34.60m	FOUL FOUL FOUL			
7	Sylvester, Ashley	03	Sherbrooke	35.89m	
	32.05m 31.19m 35.89m	33.20m 33.77m	32.77m		
8	Spoozak, Lily	02	London Weste	35.84m	
	34.12m 33.84m 34.73m	33.24m 35.84m	33.24m		
9	Martin, Billie	02	Ontario	34.60m	
	34.60m 32.44m 32.24m				
10	Windle, Alexa	03	Brantford T.F.C.	34.50m	
	30.15m 34.50m FOUL				
11	Eling, Haylin	03	Olds Velites	34.01m	
	32.47m 34.01m 33.46m				
12	Imola, Sophia	02	Brantford T.F.C.	33.95m	
	33.95m 31.74m 33.48m				
13	Turner, Jacqueline	02	U Windsor At	33.62m	
	33.62m FOUL FOUL				
14	Gagnon, Anne-Marie	03	Quebec	33.34m	
	33.01m 33.34m FOUL				

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women Discus Throw 1kg U18**

15 Sands, Liv	03 London Weste	33.20m
33.20m FOUL 32.23m		
16 Ezukuse, Biniosa	02 Project Athl	26.36m
26.36m FOUL 24.22m		
17 Webb, Alexandria	02 Ontario	26.30m
FOUL 26.30m FOUL		
18 Johnston, Leah	03 Prince Edwar	14.78m
14.68m 14.78m FOUL		

Women Hammer Throw 3kg U18

=====			
Championship: M 61.06m	2014	Cyerra Cassel	
National: N 65.16m	2015	Camryn Rogers	
Name	Year Team		Finals
=====			
1 Blouin, Catherina	02 Quebec		56.75m
56.75m FOUL FOUL 55.46m	FOUL FOUL		
2 Martin, Billie	02 Ontario		56.23m
53.00m FOUL 52.24m 53.94m 55.29m 56.23m			
3 Osezua, Omonyne	02 Project Athl		51.58m
FOUL 47.55m 47.52m 46.69m FOUL 51.58m			
4 Windle, Alexa	03 Brantford T.F.C.		51.18m
47.72m 46.70m 48.31m 47.35m 51.18m 44.93m			
5 Campbell, Mackenzie	02 Brantford T.F.C.		50.23m
FOUL 47.50m 46.19m FOUL 50.23m 48.66m			
6 Van Stuyvenberg, Hanna	02 Saugeen Trac		48.40m
FOUL 46.70m 47.93m FOUL 47.72m 48.40m			
7 Shomachuk, Jinaye	03 Alberta-Nort		46.05m
FOUL FOUL 46.05m FOUL FOUL FOUL			
8 Sylvester, Ashley	03 Sherbrooke		45.59m
45.59m FOUL FOUL FOUL 43.74m 43.12m			
9 Kistulinec, Kristyn	02 London Weste		42.05m
42.05m FOUL FOUL			
10 Liniewski, Zuzanna	02 Royal City T		41.98m
FOUL 34.53m 41.98m			
11 Imola, Sophia	02 Brantford T.F.C.		40.37m
40.37m FOUL FOUL			
12 Sands, Liv	03 London Weste		39.21m
33.97m 33.44m 39.21m			
13 McKean, Kamryn	02 British Colu		37.81m
FOUL 37.81m 37.07m			
-- Alty, Emily	02 The Gazelles		FOUL
FOUL FOUL FOUL			
-- Eling, Haylin	03 Olds Velites		FOUL
FOUL FOUL FOUL			
-- Gagnon, Anne-Marie	03 Quebec		FOUL
FOUL FOUL FOUL			

Women Javelin Throw 500g U18

=====			
Championship: M 49.88m	8/10/2019	Alexandria Webb, Ontario	
National: N 53.44m	2019	Alexandria Webb	
Name	Year Team		Finals
=====			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women Javelin Throw 500g U18**

1	Webb, Alexandria	02 Ontario	49.88m
	43.15m 49.26m 49.88m 44.00m FOUL FOUL		
2	Spain, Ashley	02 Woodstock Le	43.45m
	43.45m 41.37m 42.98m 42.45m 43.17m 42.39m		
3	Savela, Lauryn	02 Royal City T	42.95m
	FOUL 42.75m 39.91m FOUL FOUL 42.95m		
4	Powers-Luketic, Taylor	02 University o	41.95m
	FOUL 40.08m 40.86m 36.36m 36.77m 41.95m		
5	Smith, Gabrielle	02 Nova Scotia/Nunavut	40.07m
	40.07m 38.70m 35.92m FOUL FOUL FOUL		
6	Roy, Makayla	02 London Weste	39.58m
	39.58m 35.90m FOUL 32.91m 34.08m 33.98m		
7	Clark, Kaylee	03 Brockville L	38.21m
	33.88m 36.42m 38.21m 32.54m FOUL 35.55m		
8	McKean, Kamryn	02 British Colu	33.82m
	FOUL 33.82m FOUL FOUL FOUL FOUL		
9	Cuffy, Shai	03 Boost Athlet	30.92m
	FOUL 30.92m FOUL		

Heptathlon: #4 Women 200 Meter Dash U18 Heptathlon

=====						
Championship: M	24.71	8/9/2019	Isabella Goudros, Ontario			
National: N	24.71	8/9/2019	Isabella Goudros, Ontario			
Name		Year	Team	Finals	Wind	H# Points
=====						
1	Goudros, Isabella	03	Ontario	24.71M	+0.0	2 914
2	MacDonald, Sienna	02	Alberta-Nort	26.10	+0.0	2 788
3	Friesen, Mia	02	Ontario	26.42	+0.0	2 761
4	O'Flaherty, Caleigh	02	British Colu	26.60	+0.0	2 745
5	Weening, Abby	03	Peak Velocit	27.15	+0.0	2 699
6	Harrison, Holly	02	Langley Mustangs	27.23	+0.0	2 693
7	Albertson, Rachel	03	Saskatchewan	27.31	-0.2	1 686
8	Gaudry, Abbigael	03	Nova Scotia/Nunavut	27.36	+0.0	2 682
9	Hendriksen, Emma	02	London Weste	28.47	-0.2	1 594
10	Suriya, Shaunika	02	Coastal Track Club	28.74	-0.2	1 574
11	Selkirk, Robin	03	Unattached Ontario	29.28	-0.2	1 534
12	Francis, Lily	03	St Thomas Le	29.39	-0.2	1 526
13	Hayhoe, Kelsey	03	Peak Velocit	29.99	-0.2	1 483
14	Laratta, Laila	02	Calgary Spartans	31.26	-0.2	1 398

Heptathlon: #7 Women 800 Meter Run U18 Heptathlon

=====						
Championship: M	2:22.31	8/5/2016	Marguerite Lorenzo, Saint-Lauren			
National: N	2:25.03	8/9/2019	Caleigh O'Flaherty, British Colu			
Name		Year	Team	Finals	Points	
=====						
1	O'Flaherty, Caleigh	02	British Colu	2:25.03N	756	
2	Goudros, Isabella	03	Ontario	2:28.81	708	
3	MacDonald, Sienna	02	Alberta-Nort	2:30.59	685	
4	Harrison, Holly	02	Langley Mustangs	2:34.86	633	
5	Friesen, Mia	02	Ontario	2:35.92	621	
6	Suriya, Shaunika	02	Coastal Track Club	2:41.31	558	
7	Selkirk, Robin	03	Unattached Ontario	2:42.38	546	
8	Weening, Abby	03	Peak Velocit	2:43.07	538	
9	Laratta, Laila	02	Calgary Spartans	2:44.28	525	
10	Gaudry, Abbigael	03	Nova Scotia/Nunavut	2:51.65	447	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Heptathlon: #7 Women 800 Meter Run U18 Heptathlon**

11 Hendriksen, Emma	02 London Weste	2:58.44	380
-- Francis, Lily	03 St Thomas Le	DNF	
-- Hayhoe, Kelsey	03 Peak Velocit	DNF	

Heptathlon: #1 Women 100 Meter Hurdles 0.762m-8.5m U18 Heptathlon

=====						
Championship: M	14.12	8/9/2019	Isabella Goudros, Ontario			
National: N	14.12	8/9/2019	Isabella Goudros, Ontario			
Name		Year Team		Finals	Wind H#	Points
=====						
1 Goudros, Isabella		03 Ontario		14.12M	-2.0 2	961
2 MacDonald, Sienna		02 Alberta-Nort		14.18	-2.0 2	953
3 O'Flaherty, Caleigh		02 British Colu		15.01	-2.0 2	840
4 Friesen, Mia		02 Ontario		15.07	-2.0 2	832
5 Weening, Abby		03 Peak Velocit		15.11	-2.0 2	827
6 Albertson, Rachel		03 Saskatchewan		15.13	-2.0 2	825
7 Gaudry, Abbigael		03 Nova Scotia/Nunavut		15.27	-2.0 2	806
8 Harrison, Holly		02 Langley Mustangs		15.49	-2.0 2	778
9 Hendriksen, Emma		02 London Weste		15.91	-2.0 1	725
10 Selkirk, Robin		03 Unattached Ontario		16.14	-2.0 1	697
11 Francis, Lily		03 St Thomas Le		16.36	-2.0 1	671
12 Suriya, Shaunika		02 Coastal Track Club		17.57	-2.0 1	534
13 Boisvert, Laurie		03 Quebec		18.14	-2.0 1	474
14 Laratta, Laila		02 Calgary Spartans		18.87	-2.0 1	402
-- Hayhoe, Kelsey		03 Peak Velocit		DNF	-2.0 1	

Heptathlon: #2 Women High Jump U18 Heptathlon

=====						
Championship: M	1.69m	8/5/2016	Julie Kawai Herdman, British Colu			
National: N	1.64m	8/9/2019	Mia Friesen, Ontario			
Name		Year Team		Finals	Points	
=====						
1 Friesen, Mia		02 Ontario		1.64mN	783	
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67					
	o o o o o XO XO XXO XO XXX					
2 Weening, Abby		03 Peak Velocit		1.58m	712	
	1.46 1.49 1.52 1.55 1.58 1.61					
	o o XXO XXO XO XXX					
2 Gaudry, Abbigael		03 Nova Scotia/Nunavut		1.58m	712	
	1.43 1.46 1.49 1.52 1.55 1.58 1.61					
	o o o XO o XXX					
2 Selkirk, Robin		03 Unattached Ontario		1.58m	712	
	1.46 1.49 1.52 1.55 1.58 1.61					
	o XO o XXO o XXX					
2 O'Flaherty, Caleigh		02 British Colu		1.58m	712	
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61					
	o o o o XO o o o XXX					
6 Harrison, Holly		02 Langley Mustangs		1.55m	678	
	1.49 1.52 1.55 1.58					
	o o o XXX					
6 Boisvert, Laurie		03 Quebec		1.55m	678	
	1.49 1.52 1.55 1.58					
	o XO o XXX					

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Heptathlon: #2 Women High Jump U18 Heptathlon**

8	Hendriksen, Emma	02 London Weste	1.52m	644
	1.40 1.43 1.46 1.49 1.52 1.55			
	O XXO O O XXO XXX			
8	Goudros, Isabella	03 Ontario	1.52m	644
	1.37 1.43 1.46 1.49 1.52 1.55			
	O O O O O XXX			
8	Suriya, Shaunika	02 Coastal Track Club	1.52m	644
	1.40 1.43 1.46 1.49 1.52 1.55			
	O XO O XO XO XXX			
11	Albertson, Rachel	03 Saskatchewan	1.49m	610
	1.40 1.43 1.46 1.49 1.52			
	O XO O XO XXX			
12	MacDonald, Sienna	02 Alberta-Nort	1.46m	577
	1.37 1.40 1.43 1.46 1.49			
	O O O XO XXX			
13	Francis, Lily	03 St Thomas Le	1.40m	512
	1.34 1.37 1.40 1.43			
	O O XO XXX			
13	Laratta, Laila	02 Calgary Spartans	1.40m	512
	1.28 1.34 1.37 1.40 1.43			
	O O O O XXX			
--	Hayhoe, Kelsey	03 Peak Velocit	NH	
	1.25			
	X			

Heptathlon: #5 Women Long Jump U18 Heptathlon

=====						
Championship:	M	5.61m	8/5/2016	Ashley Germain, Quebec		
National:	N	5.59m	8/9/2019	Isabella Goudros, Ontario		
Name			Year	Team	Finals	Wind Points
=====						
1	Goudros, Isabella		03	Ontario	5.59mN	0.7 726
	5.59m(0.7)	FOUL(1.9)	FOUL(2.0)			
2	O'Flaherty, Caleigh		02	British Colu	5.29m	2.2 640
	5.00m(0.6)	5.29m(2.2)	4.76m(-0.2)			
3	Friesen, Mia		02	Ontario	5.16m	1.6 603
	4.88m(1.9)	FOUL(2.7)	5.16m(1.6)			
4	MacDonald, Sienna		02	Alberta-Nort	5.08m	1.6 581
	4.96m(0.8)	5.08m(1.6)	4.79m(-0.3)			
5	Gaudry, Abbigael		03	Nova Scotia/Nunavut	4.89m	1.3 530
	4.74m(0.7)	4.89m(1.3)	4.88m(0.6)			
6	Weening, Abby		03	Peak Velocit	4.88m	1.3 527
	4.81m(2.2)	4.54m(0.6)	4.88m(1.3)			
7	Hendriksen, Emma		02	London Weste	4.87m	0.8 524
	4.87m(0.8)	4.74m(2.4)	4.82m(2.4)			
8	Harrison, Holly		02	Langley Mustangs	4.83m	1.0 514
	4.83m(1.0)	4.71m(-0.1)	4.72m(2.3)			
9	Suriya, Shaunika		02	Coastal Track Club	4.78m	-0.7 500
	0.46m(0.4)	4.61m(1.1)	4.78m(-0.7)			
10	Selkirk, Robin		03	Unattached Ontario	4.64m	-0.2 464
	4.64m(-0.2)	FOUL(1.8)	4.45m(1.6)			
11	Francis, Lily		03	St Thomas Le	4.33m	-0.1 386
	4.16m(0.2)	FOUL(2.0)	4.33m(-0.1)			
12	Laratta, Laila		02	Calgary Spartans	4.07m	0.6 324
	4.07m(0.6)	4.07m(0.3)	FOUL(0.9)			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Heptathlon: #5 Women Long Jump U18 Heptathlon**

13 Hayhoe, Kelsey 03 Peak Velocit 3.94m 9.8 294
 3.94m(9.8) 3.63m(1.9)

Heptathlon: #3 Women Shot Put 3kg U18 Heptathlon

=====					
Championship: M 13.80m		8/5/2016	Kira Kopec, Alberta-Nort		
National: N 11.99m		8/9/2019	Sienna MacDonald, Alberta-Nort		
Name	Year	Team	Finals	Points	
=====					
1 MacDonald, Sienna	02	Alberta-Nort	11.99mN	660	
	11.99m	11.78m	11.83m		
2 Friesen, Mia	02	Ontario	11.49m	627	
	11.19m	11.49m	FOUL		
3 Goudros, Isabella	03	Ontario	11.15m	605	
	10.57m	10.84m	11.15m		
4 O'Flaherty, Caleigh	02	British Colu	11.00m	595	
	10.18m	11.00m	10.72m		
5 Harrison, Holly	02	Langley Mustangs	10.81m	583	
	FOUL	10.37m	10.81m		
6 Selkirk, Robin	03	Unattached Ontario	10.66m	573	
	10.66m	FOUL	FOUL		
7 Gaudry, Abbigael	03	Nova Scotia/Nunavut	10.33m	551	
	9.67m	9.44m	10.33m		
8 Laratta, Laila	02	Calgary Spartans	10.19m	542	
	9.97m	10.19m	9.08m		
9 Hendriksen, Emma	02	London Weste	9.91m	524	
	9.43m	8.56m	9.91m		
10 Hayhoe, Kelsey	03	Peak Velocit	9.48m	495	
	8.72m	8.67m	9.48m		
11 Albertson, Rachel	03	Saskatchewan	9.37m	488	
	8.99m	9.37m	8.85m		
12 Francis, Lily	03	St Thomas Le	8.86m	455	
	8.59m	8.55m	8.86m		
13 Weening, Abby	03	Peak Velocit	8.75m	448	
	8.68m	8.75m	8.67m		
14 Suriya, Shaunika	02	Coastal Track Club	8.66m	442	
	8.01m	8.56m	8.66m		

Heptathlon: #6 Women Javelin Throw 500g U18 Heptathlon

=====					
Championship: M 40.73m		8/10/2018	Shae Ledevheat, Newfoundland		
National: N 39.16m		8/9/2019	Sienna MacDonald, Alberta-Nort		
Name	Year	Team	Finals	Points	
=====					
1 MacDonald, Sienna	02	Alberta-Nort	39.16mN	651	
	38.89m	38.54m	39.16m		
2 Friesen, Mia	02	Ontario	34.05m	554	
	32.39m	FOUL	34.05m		
3 Gaudry, Abbigael	03	Nova Scotia/Nunavut	31.91m	513	
	31.91m	28.70m	24.16m		
4 Harrison, Holly	02	Langley Mustangs	28.68m	452	
	28.68m	26.61m	27.70m		
5 Weening, Abby	03	Peak Velocit	26.90m	418	
	26.89m	26.90m	FOUL		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Heptathlon: #6 Women Javelin Throw 500g U18 Heptathlon**

6	O'Flaherty, Caleigh	02	British Colu	24.91m	381
	24.91m 24.10m 23.79m				
7	Hendriksen, Emma	02	London Weste	23.13m	347
	19.45m 19.48m 23.13m				
8	Goudros, Isabella	03	Ontario	22.69m	339
	21.27m 22.69m 19.84m				
9	Laratta, Laila	02	Calgary Spartans	22.49m	335
	19.09m 22.49m 18.25m				
10	Francis, Lily	03	St Thomas Le	21.67m	320
	21.15m 21.67m 20.49m				
11	Suriya, Shaunika	02	Coastal Track Club	21.55m	318
	17.18m 21.55m 12.75m				
12	Selkirk, Robin	03	Unattached Ontario	21.17m	311
	19.48m 21.17m 18.32m				
13	Hayhoe, Kelsey	03	Peak Velocit	18.88m	268
	14.79m FOUL 18.88m				

Women Heptathlon U18

=====					
Championship: M	5124	2010	Niki Oudenaarden		
National: N	5406	2015	Nina Schultz		
Name		Year	Team	Finals	H#
=====					
1	Goudros, Isabella	03	Ontario	4897	
2	MacDonald, Sienna	02	Alberta-Nort	4895	
3	Friesen, Mia	02	Ontario	4781	
4	O'Flaherty, Caleigh	02	British Colu	4669	
5	Harrison, Holly	02	Langley Mustangs	4331	
6	Gaudry, Abbigael	03	Nova Scotia/Nunavut	4241	
7	Weening, Abby	03	Peak Velocit	4169	
8	Selkirk, Robin	03	Unattached Ontario	3837	
9	Hendriksen, Emma	02	London Weste	3738	
10	Suriya, Shaunika	02	Coastal Track Club	3570	
11	Laratta, Laila	02	Calgary Spartans	3038	
12	Francis, Lily	03	St Thomas Le	2870	
13	Hayhoe, Kelsey	03	Peak Velocit	1540	

Women 3000 Meter Race Walk U18

=====					
Timed final 1 section					
Championship: M	14:59.08	2019	Olivia Lunden, Nanainmo &		
National: N	14:37.3h	1973	Mylene Dupere		
Name		Year	Team	Finals	
=====					
1	Lundman, Olivia	03	Nanaimo & DI	14:59.08M	
2	Cardle, Cassidy	02	British Colu	15:11.74	
3	Meade, Ora	02	Ontario	15:17.87	
4	McCarthy, Audrey	02	Ontario	15:35.84	
5	Drapeau, Rosalie	03	Quebec	15:53.81	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 100 Meter Dash U16****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Heats to final 4 heats Top 1 + 4

Championship: M 10.75 2010 Andre Ford-Azonwanna

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Hardy, Ryder	04	Saskatchewan	11.35Q	-1.4	3
2 Kidd, Daniel	04	Alberta-Nort	11.38Q	-1.8	4
3 White, Grant	04	Manitoba & N	11.68Q	-0.5	1
4 Uchacz, Dayton	04	Saskatchewan	11.75Q	-2.0	2
5 Klassen, Mesele	04	Riversdale A	11.61q	-1.8	4
6 Fortmuller, Rosemond	04	Caltaf Athle	11.77q	-1.8	4
7 McIntosh Cundari, Jordan	04	Boost Athlet	11.81q	-2.0	2
8 Fraser, Desmond	04	Brampton Tra	11.82q	-2.0	2 11.813
9 Utting, Samuel	04	Mississauga	J11.82	-1.4	3 11.817
10 Picard, Carl	04	Quebec	11.88	-0.5	1
11 Hussein, Kai	04	British Colu	11.93	-1.4	3
12 Gray, Fox	05	St Thomas Le	11.97	-1.8	4
12 Desroches, Arnaud	05	Drummondville	11.97	-0.5	1
14 Koutny, Jacob	04	Hamilton Oly	12.02	-0.5	1
15 Prato, Zavio	05	Niagara Olym	12.03	-2.0	2
16 Ayotte, Jayden	04	Manitoba & N	12.09	-2.0	2
17 Carr, Tyson	05	Okanagan Ath	12.11	-1.8	4
18 Campanaro, Roman	04	Hamilton Oly	12.13	-0.5	1
19 Dumont, Mathis	04	Filoup	12.25	-2.0	2
20 Basque, Guillaume	04	New Brunswick	12.34	-1.4	3
21 Long, Dillinger	04	South Simcoe	12.35	-1.4	3
22 Georghiades, Andrew	04	Laurel Creek T.F.C.	12.41	-1.4	3
23 Roussel, Francis Charles	05	New Brunswick	12.74	-1.8	4
24 Amoako, Michael	04	Celtic Athletics	13.01	-1.8	4
-- Nicoletti, Luca	04	Ottawa Lions T.F.C.	DQ	-0.5	1 Rule 162.8

Men 100 Meter Dash U16

Heats to final 4 heats Top 1 + 4

Championship: M 10.75 2010 Andre Ford-Azonwanna

Name	Year	Team	Finals	Wind
Finals				
1 Kidd, Daniel	04	Alberta-Nort	11.30	-1.6
2 Hardy, Ryder	04	Saskatchewan	11.36	-1.6
3 Klassen, Mesele	04	Riversdale A	11.60	-1.6 11.594
4 Uchacz, Dayton	04	Saskatchewan	11.60	-1.6 11.595
5 McIntosh Cundari, Jordan	04	Boost Athlet	11.65	-1.6
6 White, Grant	04	Manitoba & N	11.67	-1.6
7 Fraser, Desmond	04	Brampton Tra	11.75	-1.6
8 Fortmuller, Rosemond	04	Caltaf Athle	11.91	-1.6
Preliminaries				
9 Utting, Samuel	04	Mississauga	J	
10 Picard, Carl	04	Quebec		
11 Hussein, Kai	04	British Colu		
12 Gray, Fox	05	St Thomas Le		
12 Desroches, Arnaud	05	Drummondville		
14 Koutny, Jacob	04	Hamilton Oly		
15 Prato, Zavio	05	Niagara Olym		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 100 Meter Dash U16**

16 Ayotte, Jayden	04 Manitoba & N
17 Carr, Tyson	05 Okanagan Ath
18 Campanaro, Roman	04 Hamilton Oly
19 Dumont, Mathis	04 Filoup
20 Basque, Guillaume	04 New Brunswick
21 Long, Dillinger	04 South Simcoe
22 Georghiades, Andrew	04 Laurel Creek T.F.C.
23 Roussel, Francis Charles	05 New Brunswick
24 Amoako, Michael	04 Celtic Athletics
-- Nicoletti, Luca	04 Ottawa Lions T.F.C.

Men 200 Meter Dash U16**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====
 Heats to finals 3 heats Top 2+2

Championship: M 21.90 1985 Brad McCuaig

Name	Year	Team	Prelims	Wind	H#
1 Kidd, Daniel	04	Alberta-Nort	23.13Q	-1.9	1
2 Hardy, Ryder	04	Saskatchewan	23.25Q	-1.3	3
3 Klassen, Mesele	04	Riversdale A	23.32Q	+0.0	4
4 White, Grant	04	Manitoba & N	24.22Q	0.1	2
5 Uchacz, Dayton	04	Saskatchewan	23.62q	+0.0	4
6 McIntosh Cundari, Jordan	04	Boost Athlet	23.70q	-1.3	3
7 Campbell, Jahkai	04	Flying Angel	23.78q	+0.0	4
8 Fraser, Desmond	04	Brampton Tra	23.87q	-1.9	1
9 Carr, Tyson	05	Okanagan Ath	24.10	-1.9	1
10 Fortmuller, Rosemond	04	Caltaf Athle	24.18	+0.0	4
11 Prato, Zavio	05	Niagara Olym	24.22	-1.3	3
12 Desroches, Arnaud	05	Drummondville	24.24	0.1	2
13 Hussein, Kai	04	British Colu	24.27	+0.0	4
13 Gray, Fox	05	St Thomas Le	24.27	-1.9	1
15 Crompton, Charles	04	South Simcoe	24.70	0.1	2
16 Woodland, Emmett	04	South Simcoe	24.73	+0.0	4
17 Picard, Carl	04	Quebec	24.74	-1.9	1
18 Basque, Guillaume	04	New Brunswick	25.02	0.1	2
19 Koutny, Jacob	04	Hamilton Oly	25.05	-1.9	1
20 Campanaro, Roman	04	Hamilton Oly	25.07	0.1	2
21 Dumont, Mathis	04	Filoup	25.13	-1.3	3
22 Todd, Edwin	05	Manitoba & N	25.18	0.1	2
23 Brodeur, Vincent	05	Filoup	25.95	-1.3	3
24 Roussel, Francis Charles	05	New Brunswick	25.95	-1.9	1
-- Utting, Samuel	04	Mississauga	DQ	-1.3	3 Rule 162.8

Men 200 Meter Dash U16

=====
 Heats to finals 3 heats Top 2+2

Championship: M 21.90 1985 Brad McCuaig

Name	Year	Team	Finals	Wind
Finals				
1 Kidd, Daniel	04	Alberta-Nort	22.52	0.4
2 Hardy, Ryder	04	Saskatchewan	22.70	0.4
3 McIntosh Cundari, Jordan	04	Boost Athlet	23.05	0.4
4 Fraser, Desmond	04	Brampton Tra	23.19	0.4

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 200 Meter Dash U16**

5 Klassen, Mesele	04 Riversdale A	23.21	0.4
6 White, Grant	04 Manitoba & N	23.25	0.4
7 Uchacz, Dayton	04 Saskatchewan	23.54	0.4

Preliminaries

7 Campbell, Jahkai	04 Flying Angel
9 Carr, Tyson	05 Okanagan Ath
10 Fortmuller, Rosemond	04 Caltaf Athle
11 Prato, Zavio	05 Niagara Olym
12 Desroches, Arnaud	05 Drummondville
13 Hussein, Kai	04 British Colu
13 Gray, Fox	05 St Thomas Le
15 Crompton, Charles	04 South Simcoe
16 Woodland, Emmett	04 South Simcoe
17 Picard, Carl	04 Quebec
18 Basque, Guillaume	04 New Brunswick
19 Koutny, Jacob	04 Hamilton Oly
20 Campanaro, Roman	04 Hamilton Oly
21 Dumont, Mathis	04 Filoup
22 Todd, Edwin	05 Manitoba & N
23 Brodeur, Vincent	05 Filoup
24 Roussel, Francis Charles	05 New Brunswick
-- Utting, Samuel	04 Mississauga

Men 300 Meter Dash U16**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 Heats to finals 3 Heats Top 2 + 2

Championship: M 34.62 2017 Nifaiya Robinson

Name	Year Team	Prelims	H#
1 Swanson, Mats	04 Alberta-Nort	36.57Q	3
2 Hardy, Ryder	04 Saskatchewan	37.35Q	1
3 Klassen, Mesele	04 Riversdale A	37.57Q	2
4 Emuze, Destiny	04 Ontario	37.04Q	3
5 Carr, Tyson	05 Okanagan Ath	37.60Q	2
6 Gray, Fox	05 St Thomas Le	38.18Q	1
7 Meredith, Yannick	04 Ottawa Lions T.F.C.	37.70q	3
8 Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	38.09q	2
9 Crompton, Charles	04 South Simcoe	38.20	3
10 Nguyen, Alexander	04 Manitoba & N	38.73	2
11 Koutny, Jacob	04 Hamilton Oly	38.87	1
12 Woodland, Emmett	04 South Simcoe	38.91	3
13 Legg, Orion	04 Lethbridge T	39.96	2
14 Banman, Joshua	04 Winnipeg Opt	40.07	2
15 Sullivan, Quinn	05 New Brunswick	40.42	1
16 Voss, Tom	04 Monte Cristo	40.50	3
17 Todd, Edwin	05 Manitoba & N	40.99	1
18 Roussel, Francis Charles	05 New Brunswick	41.34	3
19 Young, Brady	06 Newfoundland	44.68	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 300 Meter Dash U16**

Heats to finals 3 Heats Top 2 + 2

Championship: M 34.62 2017 Nifaiya Robinson

Name	Year Team	Finals
Finals		
1 Swanson, Mats	04 Alberta-Nort	35.68
2 Hardy, Ryder	04 Saskatchewan	36.42
3 Emuze, Destiny	04 Ontario	36.50
4 Carr, Tyson	05 Okanagan Ath	36.78
5 Klassen, Mesele	04 Riversdale A	36.79
6 Meredith, Yannick	04 Ottawa Lions T.F.C.	37.22
7 Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	37.95
8 Gray, Fox	05 St Thomas Le	38.13

Preliminaries

9 Crompton, Charles	04 South Simcoe
10 Nguyen, Alexander	04 Manitoba & N
11 Koutny, Jacob	04 Hamilton Oly
12 Woodland, Emmett	04 South Simcoe
13 Legg, Orion	04 Lethbridge T
14 Banman, Joshua	04 Winnipeg Opt
15 Sullivan, Quinn	05 New Brunswick
16 Voss, Tom	04 Monte Cristo
17 Todd, Edwin	05 Manitoba & N
18 Roussel, Francis Charles	05 New Brunswick
19 Young, Brady	06 Newfoundland

Men 800 Meter Run U16

Timed finals 2 section final

Championship: M 1:54.43 1989 Kevin Sullivan

Name	Year Team	Finals	H#
Finals			
1 Flemington, Riley	04 Ontario	1:56.48	2
2 Swanson, Mats	04 Alberta-Nort	1:57.53	2
3 Emuze, Destiny	04 Ontario	2:01.82	2
4 Basson, Mason	04 St Thomas Le	2:02.97	2
5 Meredith, Yannick	04 Ottawa Lions T.F.C.	2:03.01	2
6 Lee, Caiden	05 Ocean Athlet	2:03.24	2
7 Moore, Vincent	04 St Thomas Le	2:03.61	2
8 Belanger, Harrison	04 St Thomas Le	2:05.88	2
9 Podbielski, Jonathan	04 Excel Athletika	2:06.79	1
10 Kennedy-Smith, Blake	04 Newmarket Hu	2:07.79	1
11 Lacroix, Joshua	04 Manitoba & N	2:09.65	1
12 Kingsmith, Kaden	05 Calgary Spartans	2:10.09	1
13 Voss, Tom	04 Monte Cristo	2:10.45	1
-- Marsh, Edward	04 Athlétix	DNF	1
-- Young, Brady	06 Newfoundland	DQ	1 Rule163.5c

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 1200 Meter Run U16**

=====				
Timed finals 3 section				
Championship: M 3:07.27 8/9/2019 Riley Flemington, Ontario				
Name	Year	Team	Finals	H#
=====				
1	Flemington, Riley	04 Ontario	3:07.27M	3
2	Lee, Caiden	05 Ocean Athlet	3:17.53	3
3	Basson, Mason	04 St Thomas Le	3:18.08	3
4	Kuchar, Jaxon	04 British Colu	3:18.12	3
5	Hueglin, Tanner	04 Newmarket Hu	3:19.21	3
6	Landry, Micah	04 New Brunswick	3:19.95	3
7	Campagna, Louis-Pierre	04 C. A. Univer	3:23.18	3
8	Belanger, Harrison	04 St Thomas Le	3:23.82	3
9	Moore, Vincent	04 St Thomas Le	3:24.59	3
10	Leather, Will	04 Laurel Creek T.F.C.	3:24.68	3
11	Podbielski, Jonathan	04 Excel Athletika	3:24.78	2
12	Makaby, Abraham	04 Riversdale A	3:25.30	2
13	Kennedy-Smith, Blake	04 Newmarket Hu	3:25.58	3
14	Péladeau, Thomas	04 Vaudreuil-Dorion	3:26.10	1
15	Chisholm, Jackson	04 Brockville L	3:27.51	2
16	Martin, Jason	04 Gatineau	3:27.80	2
17	Schmidtke, Kieran	04 Lethbridge T	3:28.05	2
18	Beach, Evan	04 Niagara Olym	3:28.91	2
19	Kingsmith, Kaden	05 Calgary Spartans	3:31.42	2
20	McLinden, Kaidan	04 Newmarket Hu	3:31.68	2
21	Amelinckx, Erik	04 Lethbridge T	3:32.72	2
22	Gaetz, Roughan	04 Newfoundland	3:34.39	1
23	Lacroix, Joshua	04 Manitoba & N	3:35.57	1
24	Link, Jack	04 Ottawa Lions T.F.C.	3:35.65	2
25	Marsh, Edward	04 Athlétix	3:38.39	2
26	Porter, Kyle	04 Ottawa Lions T.F.C.	3:38.55	1
27	Robertson, Conrad	05 Pictou Count	3:39.26	1
28	Turcotte, Mathis	05 C. A. Univer	3:42.29	1
29	Young, Brady	06 Newfoundland	3:43.53	1
30	Mombourquette, Daniel	04 StFX Track A	3:44.39	1
31	Eastwood, Ezra	04 Nova Scotia/Nunavut	3:45.26	1

Men 2000 Meter Run U16

=====				
Timed finals 1 section				
Championship: M 5:38.95 2010 Mike Tate				
Name	Year	Team	Finals	
=====				
1	Lee, Caiden	05 Ocean Athlet	5:52.43	
2	Hueglin, Tanner	04 Newmarket Hu	5:53.56	
3	Campagna, Louis-Pierre	04 C. A. Univer	5:54.52	
4	Makaby, Abraham	04 Riversdale A	6:01.28	
5	Leather, Will	04 Laurel Creek T.F.C.	6:05.33	
6	Martin, Jason	04 Gatineau	6:07.78	
7	Kingsmith, Kaden	05 Calgary Spartans	6:10.28	
8	Link, Jack	04 Ottawa Lions T.F.C.	6:10.34	
9	Schmidtke, Kieran	04 Lethbridge T	6:11.45	
10	Gaetz, Roughan	04 Newfoundland	6:12.37	
11	Chisholm, Jackson	04 Brockville L	6:12.71	
12	Beach, Evan	04 Niagara Olym	6:14.61	
13	Porter, Kyle	04 Ottawa Lions T.F.C.	6:17.70	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 2000 Meter Run U16**

14 Quinton, Alex	06 Yhz Track &	6:21.55
15 Robertson, Conrad	05 Pictou Count	6:31.80
16 Mombourquette, Daniel	04 StFX Track A	6:38.24

Men 100 Meter Hurdles 0.84m-8.5m U16**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Heats to Final 2 heats Top 3 + 2

Championship: M 13.03 8/10/2018 Emanuel Désilets, Quebec

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Nicoletti, Luca	04 Ottawa Lions T.F.C.	13.74Q	-2.1	1
2 Phan, Justin	04 Quebec	13.97Q	-2.5	2
3 Paris, Nate	04 British Colu	14.13Q	-2.5	2
4 King, Ryder	04 Etobicoke Tr	14.43Q	-2.1	1
5 Gilbert, Jace	04 South Simcoe	14.97Q	-2.1	1
6 MacLean, Connor	04 London Weste	15.00Q	-2.5	2
7 Bath, Connor	05 Alberta-Nort	15.07q	-2.1	1
8 Larouche, Olivier	04 Quebec	15.32q	-2.1	1
9 Georghiades, Andrew	04 Laurel Creek T.F.C.	15.46	-2.5	2
10 Legg, Orion	04 Lethbridge T	15.53	-2.1	1
11 Gagnon, Donovan	05 C. A. Univer	15.93	-2.5	2
12 Emerson, Nicholas	04 Caltaf Athle	16.57	-2.5	2

Men 100 Meter Hurdles 0.84m-8.5m U16

Heats to Final 2 heats Top 3 + 2

Championship: M 13.03 8/10/2018 Emanuel Désilets, Quebec

Name	Year Team	Finals	Wind
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Finals

1 Phan, Justin	04 Quebec	13.61	-2.9
2 King, Ryder	04 Etobicoke Tr	13.84	-2.9
3 Paris, Nate	04 British Colu	14.05	-2.9
4 Gilbert, Jace	04 South Simcoe	14.57	-2.9
5 MacLean, Connor	04 London Weste	14.84	-2.9
6 Larouche, Olivier	04 Quebec	15.28	-2.9
7 Bath, Connor	05 Alberta-Nort	15.31	-2.9
8 Nicoletti, Luca	04 Ottawa Lions T.F.C.	15.66	-2.9

Preliminaries

9 Georghiades, Andrew	04 Laurel Creek T.F.C.
10 Legg, Orion	04 Lethbridge T
11 Gagnon, Donovan	05 C. A. Univer
12 Emerson, Nicholas	04 Caltaf Athle

Men 200 Meter Hurdles 0.762m-35m U16**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Heats to Finals 3 heats Top 2 + 2

Championship: M 24.27 2012 Davis Edward

Name	Year Team	Prelims	Wind	H#
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1 Bayard-Fournier, Émerick	04 Quebec	25.18Q	0.7	3
2 King, Ryder	04 Etobicoke Tr	25.40Q	+0.0	1

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 200 Meter Hurdles 0.762m-35m U16**

3 Carr, Tyson	05 Okanagan Ath	25.71Q	-0.6	2
4 Nicoletti, Luca	04 Ottawa Lions T.F.C.	25.72Q	+0.0	1
5 Bath, Connor	05 Alberta-Nort	26.77Q	-0.6	2
6 Manalili, Mikhail	04 Manitoba & N	26.79Q	0.7	3
7 Gilbert, Jace	04 South Simcoe	26.98q	-0.6	2
8 MacLean, Connor	04 London Weste	27.08q	-0.6	2
9 Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	27.32	+0.0	1
10 Gagnon, Donovan	05 C. A. Univer	27.57	+0.0	1
11 Turner, Aidan	05 Ocean Athlet	27.83	0.7	3
12 Emerson, Nicholas	04 Caltaf Athle	27.88	+0.0	1
13 Tansky, Ethan	04 British Colu	28.72	-0.6	2
14 Turner, Jaxon	04 Caltaf Athle	28.96	0.7	3
15 Sullivan, Quinn	05 New Brunswick	30.09	+0.0	1
16 Miller, Liam Hugh	06 Ontario	30.58	0.7	3
17 Brodeur, Vincent	05 Filoup	32.20	0.7	3

Men 200 Meter Hurdles 0.762m-35m U16

Heats to Finals 3 heats Top 2 + 2

Championship: M 24.27 2012 Davis Edward

Name	Year Team	Finals	Wind
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Finals

1 King, Ryder	04 Etobicoke Tr	25.12	-0.9
2 Nicoletti, Luca	04 Ottawa Lions T.F.C.	25.26	-0.9
3 Carr, Tyson	05 Okanagan Ath	25.30	-0.9
4 Bath, Connor	05 Alberta-Nort	26.55	-0.9
5 Gilbert, Jace	04 South Simcoe	26.57	-0.9
6 Manalili, Mikhail	04 Manitoba & N	26.89	-0.9
7 MacLean, Connor	04 London Weste	26.92	-0.9
8 Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	27.33	-0.9

Preliminaries

1 Bayard-Fournier, Émerick	04 Quebec
10 Gagnon, Donovan	05 C. A. Univer
11 Turner, Aidan	05 Ocean Athlet
12 Emerson, Nicholas	04 Caltaf Athle
13 Tansky, Ethan	04 British Colu
14 Turner, Jaxon	04 Caltaf Athle
15 Sullivan, Quinn	05 New Brunswick
16 Miller, Liam Hugh	06 Ontario
17 Brodeur, Vincent	05 Filoup

Men 1500 Meter Steeplechase 0.762m U16

Timed final 1 section

Championship: M 4:15.15 2012 Tobias Wolter

Name	Year Team	Finals
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Finals

1 Kuchar, Jaxon	04 British Colu	4:29.83
2 Makaby, Abraham	04 Riversdale A	4:31.82
3 Landry, Micah	04 New Brunswick	4:35.27
4 Amelinckx, Erik	04 Lethbridge T	4:41.83
5 Péladeau, Thomas	04 Vaudreuil-Dorion	4:44.37
6 McFadyen, James	04 Caltaf Athle	4:46.86

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 1500 Meter Steeplechase 0.762m U16**

7 Marsh, Edward	04 Athlétix	4:53.16
8 Mombourquette, Daniel	04 StFX Track A	4:56.88
9 Eastwood, Ezra	04 Nova Scotia/Nunavut	4:56.94
10 Robertson, Conrad	05 Pictou Count	4:59.06
11 Turcotte, Mathis	05 C. A. Univer	4:59.56
12 Van Der Laan, Joshua	04 Ottawa Lions T.F.C.	5:00.48
13 Lawton, Mathew	05 Chebucto Athletics	5:05.76
-- Jamison, Rain	04 Caltaf Athle	DNF

Men 4x100 Meter Relay U16

Timed finals

Championship: M 43.30 1985 , ALB

Team

Finals

1 Alberta-Northwest Territories 'A'	44.63
1) Bath, Connor 05	2) Swanson, Mats 04
3) Sharpe, Tyler 04	4) Kidd, Daniel 04
2 Quebec 'A'	44.79
1) Phan, Justin 04	2) Bayard-Fournier, Émerick 04
3) Larouche, Olivier 04	4) Picard, Carl 04
3 Ottawa Lions T.F.C. 'A'	46.93
1) Nicoletti, Luca 04	2) Meredith, Yannick 04
3) Kukla-Colby, Thomas 04	4) Van Der Laan, Joshua 04
4 New Brunswick 'A'	47.49
1) Sullivan, Quinn 05	2) Roussel, Francis Charles 05
3) Landry, Micah 04	4) Basque, Guillaume 04
5 Manitoba & Northwest Ontario 'A'	49.20
1) Nguyen, Alexander 04	2) Ayotte, Jayden 04
3) Manalili, Mikhail 04	4) White, Grant 04

Men 1600 Sprint Medley U16

Timed finals

Championship: M 3:35.30 2010 , ONT

Team

Finals

1 Ontario 'A'	3:36.46
1) Emuze, Destiny 04	2) Casanova, Nathan 04
3) Davis, Stephen 04	4) Flemington, Riley 04
2 Ottawa Lions T.F.C. 'A'	3:45.90
1) Kukla-Colby, Thomas 04	2) Van Der Laan, Joshua 04
3) Nicoletti, Luca 04	4) Meredith, Yannick 04
3 St Thomas Legion Track & Field 'A'	3:48.49
1) Basson, Mason 04	2) Gray, Fox 05
3) Moore, Vincent 04	4) Belanger, Harrison 04
4 British Columbia/Yukon Territo 'A'	3:54.33
1) Tansky, Ethan 04	2) Kordas, George 04
3) Arnold, Cayden 04	4) Kuchar, Jaxon 04
5 Manitoba & Northwest Ontario 'A'	3:57.22
1) Nguyen, Alexander 04	2) White, Grant 04
3) Todd, Edwin 05	4) Lacroix, Joshua 04

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men High Jump U16**

Starting height: 1.30 up by 5's to 1.65 then up by 3's

Championship: M 2.01m 2007 Branden Wilhelm

Name	Year Team	Finals
1 Paris, Nate 1.71 1.74 1.77 1.80 1.85 O O XO XO XXX	04 British Colu	1.80m
2 Stenger, Arjun 1.65 1.71 1.74 1.77 1.80 O O O XO XXX	04 Etobicoke Tr	1.77m
2 Kordas, George 1.65 1.68 1.74 1.77 1.80 O O O XO XXX	04 British Colu	1.77m
4 Davis, Stephen 1.65 1.68 1.74 1.77 O O XO XXX	04 Ontario	1.74m
5 Vermette, Caleb 1.60 1.65 1.68 1.71 1.74 1.77 XO XO XXO O XO XXP	05 Adrenaline	J1.74m
6 Tuura, Levi 1.60 1.65 1.68 1.71 1.74 O O P XO XXX	05 Royal City T	1.71m
7 Bates, Alexander 1.60 1.65 1.71 O O XXO	04 Nova Scotia/Nunavut	J1.71m
8 Larouche, Olivier 1.60 1.65 1.68 1.71 O O O XXX	04 Quebec	1.68m
9 Tremblay, Éliot 1.60 1.65 1.68 1.71 O XXO O XXX	05 Baie-Comeau	J1.68m
10 Swayze, Daniel 1.60 1.65 1.68 1.71 O O XO XXX	04 Thorold Elit	J1.68m
11 McGowan, Hayden 1.60 1.65 1.71 O XO XXX	04 Halifax Athletics	1.65m
12 Nagle, Connor 1.60 1.65 XO XXX	04 Unattached B	1.60m
13 Miller, Liam Hugh 1.30 1.35 1.40 O O XXX	06 Ontario	1.35m

Men Pole Vault U16

Starting height: 2.80 by 15's up to 3.85 up by 10's

Championship: M 3.82m 8/9/2019 Tekoa Kornelsen, Alberta-Nort

Name	Year Team	Finals
1 Kornelsen, Tekoa 3.55 3.70 3.82 3.95 O XO O XXX	04 Alberta-Nort	3.82mM

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Men Pole Vault U16**

2	Kordas, George	04 British Colu	3.55m
	3.25 3.40 3.55 3.70		
	XO O O XXX		
3	Turner, Aidan	05 Ocean Athlet	J3.55m
	3.25 3.40 3.55 3.70		
	O XXO O XXX		
4	Arnold, Cayden	04 British Colu	3.40m
	3.25 3.40 3.55		
	XO XO XXX		
5	Tremblay, Éliot	05 Baie-Comeau	3.10m
	2.80 2.95 3.10 3.25		
	XO O O XXX		
6	Miller, Liam Hugh	06 Ontario	2.80m
	2.80 2.95		
	XXO XXX		
--	Dafoe, William	05 Peterborough	NH
	2.80		
	XXX		

Men Long Jump U16

=====						
Championship: M 6.82m 2007 Jared Heldman						
Name	Year	Team	Finals	Wind		
=====						
1	Bayard-Fournier, Émerick	04 Quebec	6.74m	0.2		
	6.48m(1.6) FOUL(1.6)	6.51m(-0.6) 6.46m(0.7)	FOUL(0.8)	6.74m(0.2)		
2	Goi, Emanuel	04 Alberta-Nort	6.61m	1.4		
	FOUL(4.3) 6.38m(1.6)	FOUL(1.2) 6.22m(2.0) 6.39m(0.7)	6.61m(1.4)			
3	Davis, Stephen	04 Ontario	6.46m	1.5		
	5.70m(0.7) 6.01m(2.3)	FOUL(1.4) FOUL(1.1) 6.14m(0.3)	6.46m(1.5)			
4	Manalili, Mikhail	04 Manitoba & N	6.19m	0.5		
	5.95m(+0.0) 5.71m(2.0)	5.90m(-0.5) 6.06m(1.3) 6.19m(0.5)	FOUL(0.9)			
5	Phan, Justin	04 Quebec	6.18m	-0.9		
	6.17m(0.1) FOUL(0.4)	5.93m(0.7) 5.96m(1.9)	PASS	6.18m(-0.9)		
6	Fraser, Desmond	04 Brampton Tra	6.14m	2.2		
	FOUL(3.4) 5.82m(2.6)	6.14m(2.2) 5.55m(-0.3)	FOUL(0.5)	5.73m(-2.2)		
7	Uchacz, Dayton	04 Saskatchewan	5.99m	0.3		
	5.94m(1.3) 5.99m(0.3)	5.83m(1.8) 5.39m(-1.5)	5.48m(2.4)	PASS		
8	Banman, Joshua	04 Winnipeg Opt	5.68m	2.2		
	5.68m(2.2) FOUL(2.9)	4.99m(-0.9) FOUL(0.1) FOUL(1.5)	FOUL(2.0)			
9	Basque, Guillaume	04 New Brunswick	5.29m	2.1		
	5.12m(2.8) 5.24m(-2.7)	5.29m(2.1)				
10	Klinger, Chase	04 Saskatchewan	5.26m	-1.2		
	5.26m(-1.2) 4.92m(0.9)	5.18m(-0.8)				
11	Bates, Alexander	04 Nova Scotia/Nunavut	4.93m	2.0		
	4.93m(2.0) FOUL(2.1)	FOUL(-0.9)				

Men Triple Jump U16

=====						
Championship: M 13.82m 8/10/2018 Praise Aniamaka, BC/YK						
Name	Year	Team	Finals	Wind		
=====						
1	Bayard-Fournier, Émerick	04 Quebec	14.06m	3.3		
	13.62m(0.1) 13.41m(2.2)	FOUL(2.5) 13.59m(1.6)	13.52m(2.1)	14.06m(3.3)		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men Triple Jump U16**

2	Davis, Stephen	04 Ontario	13.84m	2.8
	13.25m(2.9) 13.27m(3.7) 13.57m(2.8) 13.56m(2.3) 13.47m(3.2) 13.84m(2.8)			
3	Goi, Emanuel	04 Alberta-Nort	13.61m	1.6
	FOUL(2.1) 13.56m(0.9) 13.42m(3.7) 13.61m(1.6) FOUL(1.6) FOUL(2.7)			
4	Chase, Justin	04 Flying Angel	13.31m	2.6
	13.31m(2.6) 13.01m(4.9) 12.90m(2.2) 12.62m(2.1) 12.43m(3.1) 12.51m(1.8)			
5	Dionne, Hugo	04 Quebec	12.58m	2.2
	12.58m(2.2) 12.05m(2.0) FOUL(3.8)			
6	Klinger, Chase	04 Saskatchewan	12.18m	5.2
	11.91m(2.5) 12.18m(5.2) 11.70m(2.6) FOUL(2.3) FOUL(3.3) 11.92m(2.5)			
7	Nagle, Connor	04 Unattached B	11.81m	3.3
	FOUL(2.0) 9.77m(2.4) 11.03m(3.5) 11.30m(3.3) 10.37m(2.0) 11.81m(3.3)			
8	Dopson, Blake	04 Brockville L	11.11m	1.7
	11.05m(1.8) FOUL(5.1) FOUL(2.9) 11.11m(1.7) FOUL(0.7) 10.27m(2.4)			
9	Hayden, Erik	04 Truro Lions	11.02m	2.5
	FOUL(2.6) 11.02m(2.5) FOUL(2.0)			
10	Wolfe, Baley	05 Truro Lions	10.31m	6.5
	FOUL(1.8) 10.31m(6.5) 9.84m(2.8)			

Men Shot Put 4kg U16

Championship: M 19.66m 2013 Joseph Maxwell						
Name	Year	Team	Finals			
1	Ogbeiwi, Michael	04 British Colu	17.47m			
	FOUL FOUL 16.47m 16.33m 16.46m 17.47m					
2	Hussein, Kai	04 British Colu	16.81m			
	15.87m 15.29m 15.27m 16.81m 16.41m 16.79m					
3	Uliana, Matthew	04 Vancouver TH	15.83m			
	FOUL 15.30m FOUL 15.83m 15.56m 14.54m					
4	Brewer, Benjamin	04 Ontario	15.38m			
	14.08m 14.72m 14.55m 15.38m 15.08m 15.20m					
5	Longley, Ethan	04 South Surrey	14.93m			
	14.30m 14.08m 13.89m 14.93m 14.31m FOUL					
6	Vandenboorn, Jeremy	04 London Weste	14.76m			
	FOUL 13.95m 14.41m 14.76m FOUL 14.58m					
7	Murphy, Rylan	05 Unattached N	13.95m			
	13.66m 13.95m 13.46m FOUL 13.37m 13.95m					
8	Rose, Adam	04 Nova Scotia/Nunavut	13.81m			
	13.28m 13.81m 12.99m 13.20m FOUL 12.96m					
9	Warren, Austin	05 Nova Scotia/Nunavut	12.65m			
	12.65m FOUL FOUL					
10	Casanova, Nathan	04 Ontario	12.29m			
	FOUL 12.29m FOUL					
11	Deane, Alex	04 Brantford T.F.C.	11.56m			
	FOUL FOUL 11.56m					
12	Outhwaite, Russell	04 Manitoba & N	11.37m			
	FOUL 11.37m 10.31m					
13	Porter, Fergus	04 StFX Track A	11.20m			
	11.20m FOUL 10.62m					
--	Barnych, Dylan	05 Manitoba & N	FOUL			
	FOUL FOUL FOUL					

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men Discus Throw 1kg U16**

Championship: M 63.22m 2013 Joseph Maxwell								
Name	Year	Team					Finals	
1 Ogbeiwi, Michael	04	British Colu					58.03m	
			58.03m	57.31m	FOUL	56.82m	FOUL	55.47m
2 Casanova, Nathan	04	Ontario					56.59m	
			FOUL	51.64m	FOUL	55.77m	FOUL	56.59m
3 Uliana, Matthew	04	Vancouver TH					55.06m	
			52.67m	51.07m	54.45m	55.06m	FOUL	54.72m
4 Vandenboorn, Jeremy	04	London Weste					47.17m	
			47.17m	FOUL	FOUL	45.30m	FOUL	FOUL
5 Constantineau, Loic	04	Athlétix					46.46m	
			FOUL	42.96m	43.58m	FOUL	46.46m	FOUL
6 Brewer, Benjamin	04	Ontario					45.21m	
			40.02m	FOUL	45.21m	FOUL	FOUL	FOUL
7 Longley, Ethan	04	South Surrey					45.13m	
			40.58m	43.21m	42.70m	44.87m	45.13m	43.00m
8 McDougall, Tristan	04	Niagara Olym					44.04m	
			42.18m	41.19m	FOUL	FOUL	42.61m	44.04m
9 Barnych, Dylan	05	Manitoba & N					42.09m	
			FOUL	42.09m	FOUL			
10 Andulajevic, Mason	04	British Colu					39.43m	
			37.11m	39.43m	FOUL			
11 Colton, Nicholas	04	New Brunswick					39.29m	
			37.53m	39.29m	FOUL			
12 Deane, Alex	04	Brantford T.F.C.					38.01m	
			35.51m	35.59m	38.01m			
13 Outhwaite, Russell	04	Manitoba & N					37.03m	
			37.03m	FOUL	FOUL			
14 Rose, Adam	04	Nova Scotia/Nunavut					31.87m	
			FOUL	31.87m	FOUL			
15 Webb, Treyton	05	Brantford T.F.C.					30.59m	
			29.63m	29.75m	30.59m			
-- Swayze, Daniel	04	Thorold Elit					FOUL	
			FOUL	FOUL	FOUL			

Men Hammer Throw 4kg U16

Championship: M 67.21m 2019 Kian Zabihi, Kamloops Track								
Name	Year	Team					Finals	
1 Zabihi, Kian	05	Kamloops Tra					67.21mM	
			58.16m	66.83m	FOUL	65.09m	FOUL	67.21m
2 Ogbeiwi, Michael	04	British Colu					61.50m	
			61.50m	59.55m	FOUL	FOUL	FOUL	51.26m
3 Uliana, Matthew	04	Vancouver TH					59.92m	
			FOUL	58.39m	FOUL	59.92m	59.87m	FOUL
4 Andulajevic, Mason	04	British Colu					55.30m	
			51.16m	FOUL	FOUL	FOUL	55.30m	54.84m
5 Vandenboorn, Jeremy	04	London Weste					49.54m	
			47.29m	49.54m	FOUL	46.99m	46.98m	FOUL
6 Longley, Ethan	04	South Surrey					48.25m	
			46.63m	48.25m	46.98m	46.96m	FOUL	FOUL
7 Barnych, Dylan	05	Manitoba & N					46.52m	
			46.52m	43.60m	44.85m	FOUL	43.59m	FOUL

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men Hammer Throw 4kg U16**

8 McDougall, Tristan	04 Niagara Olym	42.16m
FOUL FOUL 38.76m 39.99m 42.16m FOUL		
9 Simard, Liam	05 Baie-Comeau	36.62m
35.14m FOUL 36.62m		
10 Webb, Treyton	05 Brantford T.F.C.	28.24m
27.40m 28.24m FOUL		
11 Deane, Alex	04 Brantford T.F.C.	26.94m
FOUL 26.94m FOUL		
-- Trustham, Jackson	04 Valley Royal	FOUL
FOUL FOUL FOUL		

Men Javelin Throw 600g U16

Championship: M 60.70m 2004 Jared Baird							
Name	Year	Team					Finals
1 Bibby, Cole	04	British Colu					54.94m
54.94m 51.88m FOUL FOUL 47.45m 53.39m							
2 Jacklin, Lucas	05	Saugeen Trac					47.79m
45.67m 43.33m 44.25m 47.79m 44.53m 46.99m							
3 Clarke, Sean	04	U Windsor At					47.76m
38.72m 42.43m 46.67m 47.76m 47.35m 46.39m							
4 Swayze, Daniel	04	Thorold Elit					47.68m
42.68m 42.03m 46.77m 47.16m 44.57m 47.68m							
5 Tardif, Nicolas	05	Baie-Comeau					47.14m
42.85m 43.52m 45.71m 45.90m 42.95m 47.14m							
6 McDougall, Tristan	04	Niagara Olym					46.68m
38.65m 42.47m 44.25m 45.34m 42.72m 46.68m							
7 MacLeod, Matthew	04	Pictou Count					44.93m
43.88m 43.07m 42.77m 42.56m 44.93m 44.15m							
8 Turner, Jaxon	04	Caltaf Athle					42.66m
32.18m 38.89m 35.80m 42.66m FOUL 36.16m							
9 Jamison, Rain	04	Caltaf Athle					38.34m
34.98m 37.74m 38.34m							

Outdoor Pentathlon: #5 Men 1000 Meter Run U16 Outdoor Pentathlon

Championship: M 2:51.62 8/11/2019 Tyler Sharpe, Alberta-Nort				
National: N 2:51.62				
Name	Year	Team	Finals	Points
1 Sharpe, Tyler	04	Alberta-Nort	2:51.62M	749
2 Paris, Nate	04	British Colu	2:57.77	686
3 Ciceran, Cole	04	Thorold Elit	2:58.62	678
4 Georghiadis, Andrew	04	Laurel Creek T.F.C.	3:10.63	564
5 Tardif, Nicolas	05	Baie-Comeau	3:22.49	461

Outdoor Pentathlon: #1 Men 100 Meter Hurdles 0.84m-8.5m U16 Outdoor Pentathlon

Championship: M 13.83 8/12/2018 Emanuel Désilets, Quebec					
National: N 14.18					
Name	Year	Team	Finals	Wind	Points
1 Paris, Nate	04	British Colu	14.18N	-0.6	812
2 Georghiadis, Andrew	04	Laurel Creek T.F.C.	14.63	-0.6	756

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Outdoor Pentathlon: #1 Men 100 Meter Hurdles 0.84m-8.5m U16 Outdoor Pentathlon**

3 Sharpe, Tyler	04 Alberta-Nort	15.64	-0.6	637
4 Ciceran, Cole	04 Thorold Elit	15.80	-0.6	619
5 Tardif, Nicolas	05 Baie-Comeau	17.44	-0.6	449

Outdoor Pentathlon: #4 Men High Jump U16 Outdoor Pentathlon

Championship: M 1.82m 8/11/2019 Nate Paris, British Colu

National: N 1.82m

Name	Year Team	Finals	Points
1 Paris, Nate	04 British Colu	1.82mM	644
1.70 1.73 1.76 1.79 1.82 1.85			
XXO O O O XXX			
2 Sharpe, Tyler	04 Alberta-Nort	1.73m	569
1.55 1.61 1.67 1.70 1.73 1.76			
O O XO O XO XXX			
3 Ciceran, Cole	04 Thorold Elit	1.61m	472
1.55 1.58 1.61 1.64			
O XO XO XXX			
4 Tardif, Nicolas	05 Baie-Comeau	1.55m	426
1.40 1.46 1.49 1.52 1.55 1.58			
XO O O O XXX			
5 Georghiades, Andrew	04 Laurel Creek T.F.C.	1.52m	404
1.40 1.46 1.49 1.52 1.55			
O O O XO XXX			

Outdoor Pentathlon: #2 Men Long Jump U16 Outdoor Pentathlon

Championship: M 5.83m 8/12/2018 Ty Stevenson, GOLDEN EARS

Name	Year Team	Finals	Wind	Points
1 Ciceran, Cole	04 Thorold Elit	5.56m	3.5	494
5.41m(1.2) 5.56m(3.5) 5.39m(2.8)				
2 Sharpe, Tyler	04 Alberta-Nort	5.40m	2.2	461
5.40m(2.2) FOUL(3.3) FOUL(1.2)				
3 Tardif, Nicolas	05 Baie-Comeau	5.17m	2.4	415
4.71m(2.7) 5.03m(2.7) 5.17m(2.4)				
4 Georghiades, Andrew	04 Laurel Creek T.F.C.	5.11m	2.5	404
5.11m(2.5) 4.67m(2.6) FOUL(1.5)				
-- Paris, Nate	04 British Colu	FOUL		
FOUL(2.9) FOUL(2.6) FOUL(2.1)				

Outdoor Pentathlon: #3 Men Shot Put 4kg U16 Outdoor Pentathlon

Championship: M 12.69m 8/12/2018 Emanuel Désilets, Quebec

National: N 12.42m

Name	Year Team	Finals	Points
1 Sharpe, Tyler	04 Alberta-Nort	12.42mN	632
12.42m FOUL 11.14m			
2 Paris, Nate	04 British Colu	10.77m	532
10.69m 10.41m 10.77m			
3 Tardif, Nicolas	05 Baie-Comeau	10.24m	500
10.16m 9.99m 10.24m			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Outdoor Pentathlon: #3 Men Shot Put 4kg U16 Outdoor Pentathlon**

4	Georghiadis, Andrew	04	Laurel Creek T.F.C.	8.95m	423
	8.11m 8.95m FOUL				
5	Ciceran, Cole	04	Thorold Elit	8.45m	393
	8.03m 8.22m 8.45m				

Men Outdoor Pentathlon U16

=====					
Championship: M 3446 8/12/2018 Emanuel Désilets, Quebec					
Name	Year	Team	Finals	H#	
=====					
1	Sharpe, Tyler	04	Alberta-Nort	3048	
2	Paris, Nate	04	British Colu	2674	
3	Ciceran, Cole	04	Thorold Elit	2656	
4	Georghiadis, Andrew	04	Laurel Creek T.F.C.	2551	
5	Tardif, Nicolas	05	Baie-Comeau	2251	

Men 1500 Meter Race Walk U16

=====					
Timed final 1 section					
Championship: M 6:26.94 2011 Marek Adamowick					
Name	Year	Team	Finals		
=====					
1	Naumenko, Isaac	04	British Colu	7:07.35	
2	Croteau, Jules	04	Quebec	7:14.82	
--	Morrison, Samuel	04	Nanaimo & DI	DNF	

Men 100 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====					
Heats to finals 4 heats Top 1 + 4					
Championship: M 10.49 2009 Aaron Brown					
National: N 10.46 2009 Aaron Brown					
Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1	Ezzeddine, Joe Bernard	03	Quebec	10.98Q	-2.2 4
2	Haagensen, Chase	02	Unattached B	11.03Q	-0.5 1
3	Barresi, Domenic	03	Hamilton Oly	11.18Q	NWI 2
4	Rose, Jadon	03	Mississauga	11.18Q	NWI 3
5	Klinger, Dawson	02	Saskatchewan	11.04q	-0.5 1
6	Arnett, Shen	02	Alberta-Nort	11.05q	-0.5 1
7	Thomas, James	02	Saskatchewan	11.19q	-0.5 1
8	Tomlinson, Trae	02	Manitoba & N	11.19q	-2.2 4
9	Rose, Jalon	03	Mississauga	11.28	NWI 3
10	Ingram, Austin	02	Les Coureurs	11.31	-2.2 4
11	Kriznar, Nikola	02	Etobicoke Tr	11.32	NWI 2
12	Sartain, Mason	02	Alberta-Nort	11.33	-2.2 4
13	Schultz, Caiden	03	Caltaf Athle	11.33	-0.5 1
14	Roth, Michael	02	Ontario	11.37	NWI 2
15	Teal, Carter	02	Thorold Elit	11.42	NWI 2
16	Alcéna, Lutch Jarmannau	02	Quebec	11.43	NWI 3
17	Adeleye, David	02	Ottawa Lions T.F.C.	11.46	-2.2 4
18	Railton, Maximillian (ma	02	Unattached Ontario	11.47	NWI 3
19	Xu Zhang, Jeffrey	03	Flying Angel	11.59	-2.2 4
20	Bryant, Zach	02	Ottawa Lions T.F.C.	11.63	NWI 2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 100 Meter Dash U18**

21 Frankowski, Samuel	03 Ottawa Lions T.F.C.	11.64	NWI	2
22 Taylor, John Luke	02 Nova Scotia/Nunavut	11.70	NWI	2
23 Gray, Braden	02 Nova Scotia/Nunavut	11.71	-2.2	4
24 Philpott, Benjamin	02 Newfoundland	11.72	-0.5	1
25 Shaw, Tim	03 Manitoba & N	11.74	NWI	3
26 Haché, Brandon	03 New Brunswick	11.81	-2.2	4
27 Plourde, William	02 Filoup	12.25	NWI	3
28 Smith, Philip	02 Newfoundland	12.35	-0.5	1
-- Gammon, Jaden	02 New Brunswick		DQ	NWI 2 Rule 162.8

Men 100 Meter Dash U18

=====

Heats to finals 4 heats Top 1 + 4

Championship: M 10.49 2009 Aaron Brown
 National: N 10.46 2009 Aaron Brown

Name	Year	Team	Finals	Wind
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Finals

1 Ezzeddine, Joe Bernard	03 Quebec	11.16	-4.0
2 Barresi, Domenic	03 Hamilton Oly	11.33	-4.0
3 Rose, Jadon	03 Mississauga	11.34	-4.0
4 Haagensen, Chase	02 Unattached B	11.35	-4.0
5 Klinger, Dawson	02 Saskatchewan	11.37	-4.0
6 Arnett, Shen	02 Alberta-Nort	11.41	-4.0
7 Tomlinson, Trae	02 Manitoba & N	11.44	-4.0
8 Thomas, James	02 Saskatchewan	11.49	-4.0

Preliminaries

9 Rose, Jalon	03 Mississauga
10 Ingram, Austin	02 Les Coureurs
11 Kriznar, Nikola	02 Etobicoke Tr
12 Sartain, Mason	02 Alberta-Nort
13 Schultz, Caiden	03 Caltaf Athle
14 Roth, Michael	02 Ontario
15 Teal, Carter	02 Thorold Elit
16 Alcéna, Lutch Jarmannau	02 Quebec
17 Adeleye, David	02 Ottawa Lions T.F.C.
18 Railton, Maximillian (ma	02 Unattached Ontario
19 Xu Zhang, Jeffrey	03 Flying Angel
20 Bryant, Zach	02 Ottawa Lions T.F.C.
21 Frankowski, Samuel	03 Ottawa Lions T.F.C.
22 Taylor, John Luke	02 Nova Scotia/Nunavut
23 Gray, Braden	02 Nova Scotia/Nunavut
24 Philpott, Benjamin	02 Newfoundland
25 Shaw, Tim	03 Manitoba & N
26 Haché, Brandon	03 New Brunswick
27 Plourde, William	02 Filoup
28 Smith, Philip	02 Newfoundland
-- Gammon, Jaden	02 New Brunswick

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 200 Meter Dash U18****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Heats to finals 5 heats Top 1+3

Championship: M 21.20 1988 Pierre Johann

National: N 20.93 1982 Courtney Brown

Name	Year	Team	Prelims	Wind	H#
1 Barresi, Domenic	03	Hamilton Oly	22.03Q	-0.8	2
2 Ezzeddine, Joe Bernard	03	Quebec	22.28Q	-0.1	3
3 Reader, Daniel	03	Hamilton Oly	22.42Q	-0.8	1
4 Klinger, Dawson	02	Saskatchewan	22.58Q	0.6	4
5 Haagensen, Chase	02	Unattached B	22.70Q	-2.4	5
6 Arnett, Shen	02	Alberta-Nort	22.44q	-0.8	2
7 Bowness, Zachary	02	Ontario	22.68q	-0.1	3
8 Ayomanor, Elic	03	Alberta-Nort	22.74q	-0.8	1
9 Roth, Michael	02	Ontario	22.80	-2.4	5
10 Rose, Jadon	03	Mississauga	22.84	0.6	4
11 Teal, Carter	02	Thorold Elit	22.84	-0.1	3
12 Schultz, Caiden	03	Caltaf Athle	22.93	-0.8	1
13 Powell-Burgess, Diarra J	03	Mississauga	22.97	-0.8	2
14 Ingram, Austin	02	Les Coureurs	23.07	-0.8	1
15 Brown, Aaron	03	Edmonton Col	23.13	-0.8	2
16 Railton, Maximillian (ma	02	Unattached Ontario	23.15	-2.4	5
17 Geiger, Markus	02	Phoenix Athl	23.17	-0.8	1
18 Cox-Yestrau, Tyler	02	Manitoba & N	23.20	-0.1	3
19 Alc�ena, Lutch Jarmannau	02	Quebec	23.21	-0.8	1
20 Frankowski, Samuel	03	Ottawa Lions T.F.C.	23.26	-0.1	3
21 Rose, Jalon	03	Mississauga	23.27	0.6	4
22 Small, Almond	03	Flying Angel	23.30	0.6	4
23 Hurst Jr, David	03	Mississauga	23.33	-2.4	5
24 Taylor, John Luke	02	Nova Scotia/Nunavut	23.47	-0.8	2
25 Springer, Camden	02	Nova Scotia/Nunavut	23.52	0.6	4
26 Hach�e, Brandon	03	New Brunswick	23.63	-0.8	2
27 Janzen, Jayce	02	Saskatchewan	23.69	-0.8	1
28 Duckman, Joshua	02	Flying Angel	23.71	0.6	4
29 Amoroso, Jaden	03	Boost Athlet	23.78	-0.8	1
30 Shaw, Tim	03	Manitoba & N	23.88	0.6	4
31 Philpott, Benjamin	02	Newfoundland	23.99	-2.4	5
32 Bryant, Jayden	03	Winnipeg Opt	24.07	-2.4	5
33 Gammon, Jaden	02	New Brunswick	24.48	-0.1	3
34 Macmullin, Innis	02	Unattached N	24.54	-0.8	2
35 Nunes, Alexandre	03	Newfoundland	24.67	-2.4	5
36 Plourde, William	02	Filoup	24.72	-0.1	3

Men 200 Meter Dash U18

Heats to finals 5 heats Top 1+3

Championship: M 21.20 1988 Pierre Johann

National: N 20.93 1982 Courtney Brown

Name	Year	Team	Finals	Wind
Finals				
1 Barresi, Domenic	03	Hamilton Oly	21.98	-1.7
2 Klinger, Dawson	02	Saskatchewan	22.07	-1.7
3 Ezzeddine, Joe Bernard	03	Quebec	22.08	-1.7
4 Haagensen, Chase	02	Unattached B	22.24	-1.7

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 200 Meter Dash U18**

5 Arnett, Shen	02 Alberta-Nort	22.34	-1.7
6 Reader, Daniel	03 Hamilton Oly	22.39	-1.7
7 Bowness, Zachary	02 Ontario	22.74	-1.7
8 Ayomanor, Elic	03 Alberta-Nort	22.74	-1.7

Preliminaries

9 Roth, Michael	02 Ontario
10 Rose, Jadon	03 Mississauga
11 Teal, Carter	02 Thorold Elit
12 Schultz, Caiden	03 Caltaf Athle
13 Powell-Burgess, Diarra J	03 Mississauga
14 Ingram, Austin	02 Les Coureurs
15 Brown, Aaron	03 Edmonton Col
16 Railton, Maximillian (ma	02 Unattached Ontario
17 Geiger, Markus	02 Phoenix Athl
18 Cox-Yestrau, Tyler	02 Manitoba & N
19 Alc�ena, Lutch Jarmannau	02 Quebec
20 Frankowski, Samuel	03 Ottawa Lions T.F.C.
21 Rose, Jalon	03 Mississauga
22 Small, Almond	03 Flying Angel
23 Hurst Jr, David	03 Mississauga
24 Taylor, John Luke	02 Nova Scotia/Nunavut
25 Springer, Camden	02 Nova Scotia/Nunavut
26 Hach�, Brandon	03 New Brunswick
27 Janzen, Jayce	02 Saskatchewan
28 Duckman, Joshua	02 Flying Angel
29 Amoroso, Jaden	03 Boost Athlet
30 Shaw, Tim	03 Manitoba & N
31 Philpott, Benjamin	02 Newfoundland
32 Bryant, Jayden	03 Winnipeg Opt
33 Gammon, Jaden	02 New Brunswick
34 Macmullin, Innis	02 Unattached N
35 Nunes, Alexandre	03 Newfoundland
36 Plourde, William	02 Filoup

Men 400 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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Heats to final 4 heats Top 1+4

Championship: M 46.83 2011 Brandon McBride
 National: N 45.99 2019 Myles Misener-Daley

Name	Year	Team	Prelims	H#
1 Teal, Carter	02	Thorold Elit	49.33Q	3
2 Bowness, Zachary	02	Ontario	49.61Q	4
3 Cox-Yestrau, Tyler	02	Manitoba & N	49.71Q	1
4 Roth, Michael	02	Ontario	50.23Q	2
5 Reader, Daniel	03	Hamilton Oly	49.97q	1
6 Geiger, Markus	02	Phoenix Athl	50.13q	4
7 Aron, Nicholas	02	Coastal Track Club	50.58q	2
8 Bryant, Jayden	03	Winnipeg Opt	50.83q	3
9 Maclennan, Elliott	03	Alberta-Nort	51.17	3
10 Hurst Jr, David	03	Mississauga	51.27	1
11 Powell-Burgess, Diarra J	03	Mississauga	51.65	3
12 Springer, Camden	02	Nova Scotia/Nunavut	51.67	4
13 Duckman, Joshua	02	Flying Angel	51.74	3

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 400 Meter Dash U18**

14 Amoroso, Jaden	03 Boost Athlet	51.84	2
15 Wafer, Matthew	02 Edmonton Harriers	51.99	1
16 Velazquez, Emiliano	03 Caltaf Athle	52.18	1
17 Bole, Connor	02 Leduc Track	52.29	4
18 Gray, Braden	02 Nova Scotia/Nunavut	52.30	1
19 Michaud, Jeremy	03 New Brunswick	52.46	4
20 Richards, Matthew	02 Flying Angel	52.52	1
21 Hardy, Jackson	02 Riversdale A	52.70	4
22 Turon, Daniel	02 Manitoba & N	52.99	2
23 Ayomanor, Elic	03 Alberta-Nort	54.02	2
24 Smith, Philip	02 Newfoundland	54.16	2
25 Beaulieu, Adam	03 Filoup	54.16	4
26 Nunes, Alexandre	03 Newfoundland	54.51	4
27 Enstrom, Owen	03 New Brunswick	54.90	2

Men 400 Meter Dash U18

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Heats to final 4 heats Top 1+4

Championship: M 46.83 2011 Brandon McBride
 National: N 45.99 2019 Myles Misener-Daley

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Name	Year	Team	Finals
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Finals

1 Bowness, Zachary	02 Ontario	48.13
2 Teal, Carter	02 Thorold Elit	48.59
3 Roth, Michael	02 Ontario	48.69
4 Reader, Daniel	03 Hamilton Oly	49.06
5 Cox-Yestrau, Tyler	02 Manitoba & N	49.31
6 Geiger, Markus	02 Phoenix Athl	49.76
7 Aron, Nicholas	02 Coastal Track Club	49.88
8 Bryant, Jayden	03 Winnipeg Opt	50.84

Preliminaries

9 MacLennan, Elliott	03 Alberta-Nort
10 Hurst Jr, David	03 Mississauga
11 Powell-Burgess, Diarra J	03 Mississauga
12 Springer, Camden	02 Nova Scotia/Nunavut
13 Duckman, Joshua	02 Flying Angel
14 Amoroso, Jaden	03 Boost Athlet
15 Wafer, Matthew	02 Edmonton Harriers
16 Velazquez, Emiliano	03 Caltaf Athle
17 Bole, Connor	02 Leduc Track
18 Gray, Braden	02 Nova Scotia/Nunavut
19 Michaud, Jeremy	03 New Brunswick
20 Richards, Matthew	02 Flying Angel
21 Hardy, Jackson	02 Riversdale A
22 Turon, Daniel	02 Manitoba & N
23 Ayomanor, Elic	03 Alberta-Nort
24 Smith, Philip	02 Newfoundland
25 Beaulieu, Adam	03 Filoup
26 Nunes, Alexandre	03 Newfoundland
27 Enstrom, Owen	03 New Brunswick

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 800 Meter Run U18**

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 Timed finals 3 sections

Championship: M 1:48.41 2011 Brandon McBride
 National: N 1:47.59 2019 Abdullahi Hassan

=====
 Name Year Team Finals H#
 =====

Finals

1	Erickson, Matti	03	British Colu	1:53.82	3
2	Heisterman, Keaton	02	British Colu	1:54.23	3
3	Goguen, Dakota	02	Newmarket Hu	1:54.29	3
4	Gelber, Mathias	02	Alberta-Nort	1:54.81	3
5	Campbell, Eric	03	Niagara Olym	1:55.18	3
6	Mytopher, Adam	03	Saskatchewan	1:57.03	2
7	Riad, Yasser	03	Quebec	1:57.28	3
8	James, Zachary	03	Nova Scotia/Nunavut	1:57.88	1
9	Ushko, Jason	02	Edmonton Harriers	1:58.45	2
10	Good, Aiden	02	Airdrie Aces	1:58.95	2
11	Turcotte, Émile	03	C. A. Univer	1:59.44	2
12	Turon, Daniel	02	Manitoba & N	1:59.59	2
13	Grocholski, Kobe	02	Wolves Athle	1:59.65	2
14	Bole, Connor	02	Leduc Track	1:59.81	1
15	Moir, Cameron	03	Newmarket Hu	2:00.17	2
16	Kroeker, Justin	02	Manitoba & N	2:00.43	2
17	Miller, Michael	02	Coastal Track Club	2:00.57	2
18	Trieu, Nickolas	03	Flying Angel	2:00.78	1
19	Wafer, Matthew	02	Edmonton Harriers	2:01.69	2
20	Seshadri, Benjamin	02	Riversdale A	2:01.87	1
21	Khan, Daniel	02	Laurel Creek T.F.C.	2:02.29	2
22	Chios, Jack	03	Athletics Niagara	2:02.30	1
23	Velazquez, Emiliano	03	Caltaf Athle	2:02.53	1
24	Michaud, Jeremy	03	New Brunswick	2:03.98	1
25	Hopkins, Matthew	02	Calgary Warr	2:04.65	2
26	Aron, Nicholas	02	Coastal Track Club	2:07.42	3
27	Kosanam, Ashok	03	Newfoundland	2:17.49	1

Men 1500 Meter Run U18

=====
 Timed finals 2 sections

Championship: M 3:52.67 1999 Ryan Hayden
 National: N 3:45.87 2010 Robert Denault

=====
 Name Year Team Finals H#
 =====

1	Erickson, Matti	03	British Colu	4:03.50	2
2	Goguen, Dakota	02	Newmarket Hu	4:04.65	2
3	Riad, Yasser	03	Quebec	4:07.34	2
4	Mytopher, Adam	03	Saskatchewan	4:08.47	2
5	Grocholski, Kobe	02	Wolves Athle	4:08.96	2
6	Moir, Cameron	03	Newmarket Hu	4:10.03	2
7	Boyle, William	02	Winnipeg Opt	4:10.29	2
8	Kroeker, Justin	02	Manitoba & N	4:10.64	2
9	Heisterman, Keaton	02	British Colu	4:13.06	2
10	Turcotte, Émile	03	C. A. Univer	4:13.63	2
11	Duchesneau, Xavier	03	Quebec	4:14.23	1
12	Ushko, Jason	02	Edmonton Harriers	4:14.54	1
13	Seshadri, Benjamin	02	Riversdale A	4:15.26	1
14	Khan, Daniel	02	Laurel Creek T.F.C.	4:17.06	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 1500 Meter Run U18**

15 Campbell, Eric	03 Niagara Olym	4:18.08	2
16 Miller, Michael	02 Coastal Track Club	4:18.24	2
17 MacDonald, Ethan	02 Pictou Count	4:19.32	1
18 Dobson, Jett	02 Manitoba & N	4:20.10	1
19 Melvin, Roshan	03 New Brunswick	4:23.96	1
20 Morneault, Tristan	02 New Brunswick	4:27.55	1
21 Morgan, Huw	02 Caltaf Athle	4:29.22	1
22 Power, James	03 Newfoundland	4:37.81	1

Men 3000 Meter Run U18

Timed final 1 section

Championship: M 8:25.99 2010 Eamonn Kichuk

National: N 8:14.99 2018 Evan Burke

Name	Year Team	Finals
1 Goguen, Dakota	02 Newmarket Hu	8:51.75
2 Tiwana, Jaiveer	02 British Colu	8:53.17
3 Howse, Jared	02 Alberta-Nort	8:55.68
4 McPhee, Zachary	02 Ontario	8:57.08
5 Walsh, Liam	02 Quinte Front	8:57.77
6 Uhrich, Dylan	02 Vancouver OL	8:58.34
7 Fazecash, Max	02 Windsor Legi	9:01.00
8 Lockyer, Owen	03 Athletics Niagara	9:07.03
9 McGarvey, Rory	02 Quinte Front	9:07.45
10 Richard, Francois	03 New Brunswick	9:08.51
11 MacDonald, Ethan	02 Pictou Count	9:10.52
12 Wiktorski, Liam	03 Newmarket Hu	9:18.10
13 Dobson, Jett	02 Manitoba & N	9:19.86
-- Simard, Enrique	03 C. A. Univer	DNF
-- Morgan, Huw	02 Caltaf Athle	DNF

Men 110 Meter Hurdles 0.914m-9.14m U18**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Heats to final 2 heats Top 3 + 2

Championship: M 13.71 2015 Joey Daniels

National: N 13.43 2009 Gregory Macneill

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Adeleye, David	02 Ottawa Lions T.F.C.	14.55Q	-2.8	2
2 Wright, Ryan	02 Alberta-Nort	14.72Q	-2.4	1
3 Ma, Quan Ting Thomas	03 British Colu	15.09Q	-2.8	2
4 Macneil, Tyler	02 Nova Scotia/Nunavut	15.49Q	-2.4	1
5 Trustham, Harrison	02 Langley Mustangs	15.13Q	-2.8	2
6 Legaspi, Nicholas	02 Burlington T	15.50Q	-2.4	1
7 Harper, Reid	02 Sarnia Athle	16.19q	-2.8	2
8 Klassen, Conner	02 Manitoba & N	16.26q	-2.4	1
9 Andres, Adam	03 Winnipeg Opt	16.41	-2.8	2
10 Désilets, Emanuel	03 Quebec	16.60	-2.4	1
11 Arnfast, Oliver	03 Nova Scotia/Nunavut	16.62	-2.4	1
12 Carty, Xavier	03 Ottawa Lions T.F.C.	16.93	-2.8	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 110 Meter Hurdles 0.914m-9.14m U18**

Heats to final 2 heats Top 3 + 2

Championship: M 13.71 2015 Joey Daniels

National: N 13.43 2009 Gregory Macneill

Name	Year	Team	Finals	Wind
Finals				
1 Adeleye, David	02	Ottawa Lions T.F.C.	14.45	-0.1
2 Wright, Ryan	02	Alberta-Nort	14.59	-0.1
3 Trustham, Harrison	02	Langley Mustangs	15.02	-0.1
4 Ma, Quan Ting Thomas	03	British Colu	15.52	-0.1
5 Macneil, Tyler	02	Nova Scotia/Nunavut	15.80	-0.1
6 Klassen, Conner	02	Manitoba & N	16.80	-0.1
7 Legaspi, Nicholas	02	Burlington T	19.37	-0.1
-- Harper, Reid	02	Sarnia Athle	DQ	-0.1 Rule 168.7B

Preliminaries

9 Andres, Adam	03	Winnipeg Opt
10 Désilets, Emanuel	03	Quebec
11 Arnfast, Oliver	03	Nova Scotia/Nunavut
12 Carty, Xavier	03	Ottawa Lions T.F.C.

Men 400 Meter Hurdles 0.84m-35m U18

Timed finals 2 sections

Championship: M 53.02 1998 Gosh Guggenheimer

National: N 52.52 2015 Cody Pauli

Name	Year	Team	Finals	H#
Finals				
1 Ma, Quan Ting Thomas	03	British Colu	54.51	2
2 Hughes, Jared	02	Ontario	55.11	2
3 Legaspi, Nicholas	02	Burlington T	55.63	2
4 Allen, Felix	02	Langley Mustangs	56.31	2
5 Cadman, Kirk	02	Winnipeg Opt	56.43	2
6 Harper, Reid	02	Sarnia Athle	57.05	2
7 Aniamaka, Praise	03	British Colu	57.08	2
8 Trustham, Harrison	02	Langley Mustangs	58.13	2
9 Bradbury, Spencer	02	Mid Island Distance	58.40	1
10 Carty, Xavier	03	Ottawa Lions T.F.C.	59.55	1
11 Beaulieu, Adam	03	Filoup	59.62	1
12 Klassen, Conner	02	Manitoba & N	1:00.60	1
13 Hardy, Jackson	02	Riversdale A	1:00.89	1
14 Meredith, Zach	02	Ottawa Lions T.F.C.	1:01.03	1
15 Arnfast, Oliver	03	Nova Scotia/Nunavut	1:01.34	1
16 Kosanam, Ashok	03	Newfoundland	1:08.59	1

Men 2000 Meter Steeplechase 0.84m U18

Timed final 2 section

Championship: M 5:47.98 2015 Sean Bergman

National: N 5:44.23 2003 Chris Winter

Name	Year	Team	Finals	H#
1 Howse, Jared	02	Alberta-Nort	6:02.30	2
2 Duchesneau, Xavier	03	Quebec	6:02.79	2
3 Boyle, William	02	Winnipeg Opt	6:05.95	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 2000 Meter Steeplechase 0.84m U18**

4	Walsh, Liam	02	Quinte Front	6:08.82	2
5	Uhrich, Dylan	02	Vancouver OL	6:10.27	2
6	McPhee, Zachary	02	Ontario	6:14.70	2
7	Tiwana, Jaiveer	02	British Colu	6:15.03	2
8	Richard, Francois	03	New Brunswick	6:15.19	2
9	McGarvey, Rory	02	Quinte Front	6:17.76	1
10	Erickson, Matti	03	British Colu	6:24.59	2
11	Simard, Enrique	03	C. A. Univer	6:26.33	1
12	Morgan, Huw	02	Caltaf Athle	6:32.32	1
13	Undheim, Martin	02	U OF C Athle	6:35.53	1
14	Turcotte, Émile	03	C. A. Univer	6:37.64	2
15	Garneau, Olivier	02	C. A. Univer	6:40.39	1
16	Langille, Jack	02	Nova Scotia/Nunavut	6:42.52	1
17	Power, James	03	Newfoundland	6:44.92	1
18	Morneault, Tristan	02	New Brunswick	6:44.98	1
19	Lind, Sebastian	03	Leduc Track	6:47.03	1

Men 4x100 Meter Relay U18

Timed finals

Championship: M 41.80 1985 , AB

National: N 41.44 2011

D. Bramwell, S. Ajayi, D. Jean-Jacques, K. Joyce

Team Finals H#

1	Alberta-Northwest Territories 'A'	42.34	2
	1) Sartain, Mason 02	2) Ayomanor, Elic 03	
	3) Wright, Ryan 02	4) Arnett, Shen 02	
2	Saskatchewan 'A'	42.53	1
	1) Thomas, James 02	2) Klinger, Dawson 02	
	3) Janzen, Jayce 02	4) Hardy, Ryder 04	
3	Quebec 'A'	42.91	2
	1) Alcéna, Lutch Jarmannau 02	2) Charles, Pierre-Emmanuel 02	
	3) Désilets, Emanuel 03	4) Ezzeddine, Joe Bernard 03	
4	Ottawa Lions T.F.C. 'A'	43.61	2
	1) Bryant, Zach 02	2) Frankowski, Samuel 03	
	3) Adeleye, David 02	4) Meredith, Zach 02	
5	Manitoba & Northwest Ontario 'A'	44.05	1
	1) Shaw, Tim 03	2) McLean, Hunter 03	
	3) Paquette, Jakob 02	4) Tomlinson, Trae 02	
6	Ontario 'A'	44.57	2
	1) Campeau, Spencer 02	2) Woods, Bennett 03	
	3) Knapp, Wyatt 02	4) Hughes, Jared 02	
7	New Brunswick 'A'	45.30	1
	1) Michaud, Jeremy 03	2) Haché, Brandon 03	
	3) Melvin, Roshan 03	4) Gammon, Jaden 02	
8	Newfoundland/Labrador 'A'	47.27	1
	1) Nunes, Alexandre 03	2) Kosanam, Ashok 03	
	3) Smith, Philip 02	4) Philpott, Benjamin 02	
--	Flying Angels Academy 'A'	DQ	2 Rule 170.8
	1) Trieu, Nickolas 03	2) Xu Zhang, Jeffrey 03	
	3) Small, Almond 03	4) Campbell, Jahkai 04	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019

Cape Breton University

Results

Men 4x400 Meter Relay U18

Timed finals

Championship: M 3:17.31 2011 , ONT

National: N 3:17.31 2011

J. Solomon, N. Pal Jola, W. Best, B. McBride

Team Finals H#

1	Ontario 'A'		3:24.29	1
	1) Hughes, Jared 02	2) Campeau, Spencer 02		
	3) Roth, Michael 02	4) Bowness, Zachary 02		
2	Flying Angels Academy 'A'		3:26.21	1
	1) Small, Almond 03	2) Richards, Matthew 02		
	3) Trieu, Nickolas 03	4) Duckman, Joshua 02		
3	Manitoba & Northwest Ontario 'A'		3:28.09	2
	1) Cox-Yestrau, Tyler 02	2) Turon, Daniel 02		
	3) McLean, Hunter 03	4) Kroeker, Justin 02		
4	Nova Scotia/Nunavut 'A'		3:28.42	2
	1) James, Zachary 03	2) Gray, Braden 02		
	3) Springer, Camden 02	4) Taylor, John Luke 02		
5	British Columbia/Yukon Territo 'A'		3:28.69	1
	1) Cameron, Quinn 02	2) Grout, Aiden 02		
	3) Heisterman, Keaton 02	4) Erickson, Matti 03		
6	Alberta-Northwest Territories 'A'		3:29.83	2
	1) Clarke, Winston 02	2) Gelber, Mathias 02		
	3) Ayomanor, Elic 03	4) Maclellan, Elliott 03		
7	Ottawa Lions T.F.C. 'A'		3:31.10	1
	1) Adeleye, David 02	2) Carty, Xavier 03		
	3) Meredith, Yannick 04	4) Meredith, Zach 02		
8	Saskatchewan 'A'		3:36.80	2
	1) Klinger, Dawson 02	2) Mytopher, Adam 03		
	3) Janzen, Jayce 02	4) Hardy, Ryder 04		
9	Hamilton Olympic Club 'A'		3:37.31	1
	1) Koutny, Jacob 04	2) Barresi, Domenic 03		
	3) Campanaro, Roman 04	4) Reader, Daniel 03		
10	Winnipeg Optimist Athletics 'A'		3:38.65	2
	1) Bryant, Jayden 03	2) Zemliduk, Fischer 02		
	3) Cadman, Kirk 02	4) Andres, Adam 03		
11	New Brunswick 'A'		3:43.20	2
	1) Michaud, Jeremy 03	2) Morneault, Tristan 02		
	3) Richard, Francois 03	4) Melvin, Roshan 03		
12	Riversdale Athletics Track 'A'		3:43.25	1
	1) Hardy, Jackson 02	2) Makaby, Abraham 04		
	3) Seshadri, Benjamin 02	4) Klassen, Mesele 04		
13	C. A. Université Laval 'A'		3:44.42	1
	1) Simard, Enrique 03	2) Garneau, Olivier 02		
	3) Turcotte, Émile 03	4) Campagna, Louis-Pierre 04		
14	Newfoundland/Labrador 'A'		3:48.41	2
	1) Nunes, Alexandre 03	2) Kosanam, Ashok 03		
	3) Smith, Philip 02	4) Philpott, Benjamin 02		
--	Quebec 'A'		DQ	1 Rule 170.17
	1) Ezzeddine, Joe Bernard 03	2) Duchesneau, Xavier 03		
	3) Désilets, Emanuel 03	4) Riad, Yasser 03		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men High Jump U18**

Starting height: 1.50 up by 5's to 1.85 then up by 3's, up 1.91 by 2's							
Championship: M 2.15m 1982		Alain Metellus					
National: N 2.17m 2009		Django Lovett					
Name	Year	Team					Finals
1 Grout, Aiden	02	British Colu					2.01m
1.91 1.95 2.01 2.05							
o o o XXX							
2 Espedido, Liam	02	British Colu					1.91m
1.80 1.85 1.91 1.93							
o XO o XXX							
3 Ivanov, Michael	03	Niagara Olym					1.88m
1.70 1.75 1.80 1.85 1.88 1.91							
o o o o o XXX							
4 Turner, Daxx	02	Manitoba & N					J1.88m
1.80 1.85 1.88 1.91							
o XO o XXX							
5 Docherty, Thomas	02	Prince Edwar					J1.88m
1.80 1.85 1.88 1.91							
XO XO XO XXX							
6 McGregor, Mason	02	Brockville L					J1.88m
1.80 1.85 1.88 1.91							
XO XXO XXO XXX							
7 Schmidt, Jake	02	Langley Mustangs					1.85m
1.75 1.80 1.85 1.88							
o XXO o XXX							
8 Marshall, Diego	03	StFX Track A					J1.85m
1.70 1.75 1.80 1.85 1.88							
o o o XO XXX							
9 Jones, Matthew	02	Nova Scotia/Nunavut					1.80m
1.80 1.85							
o XXX							
9 Cowan, Jasper	02	Woodstock Le					1.80m
1.80 1.85							
o XXX							
9 Brussee, Mason	03	Alberta-Nort					1.80m
1.70 1.75 1.80 1.85							
o o o XXX							
12 Service, Shayne	03	Flying Angel					J1.80m
1.70 1.75 1.80 1.85							
XO XO XXO XXX							
13 Morgans, Dean	02	Caltaf Athle					1.75m
1.75 1.80							
o XXX							
14 Wall, Eric	02	Celtic Athletics					J1.75m
1.70 1.75 1.80							
o XO XXX							
14 Graham, Shawn	02	Quebec					J1.75m
1.75 1.80							
XO XXX							
16 Hodel, Pascal	02	Manitoba & N					J1.75m
1.70 1.75 1.80							
XO XXO XXX							

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men Pole Vault U18**

Starting height: 2.80 by 15's up to 3.85 up by 10's
5's

Championship: M 4.80m 2001 David Foley

National: N 5.00m 2001 David Foley

Name	Year	Team	Finals
1 Woods, Bennett	03	Ontario	4.45m
3.85 4.05 4.15 4.25 4.35 4.45 4.65			
O O O O O O XXX			
2 Knapp, Wyatt	02	Ontario	4.35m
3.85 3.95 4.05 4.15 4.25 4.35 4.45			
O O O O XO XO XXX			
3 Carsience, Joshua	02	British Colu	3.95m
3.40 3.55 3.70 3.85 3.95 4.05			
O O XO XXO O XXX			
-- Dafoe, Ian	03	Peterborough	NH
3.40			
XXX			
-- Price-Roberts, Adrian	03	Okanagan Ath	NH
3.25			
XXX			
-- Therault, Nathan	02	Peterborough	NH
3.70			
XXX			

Men Long Jump U18

Championship: M 7.25m 1994 Shane Niemi

National: N 7.32m 2004 Oluseyi Smith

Name	Year	Team	Finals	Wind
1 Arase, Solomon	02	Etobicoke Tr	6.89m	4.1
6.86m(1.4) 6.57m(2.1) FOUL(6.4) 6.62m(3.7) FOUL(3.8) 6.89m(4.1)				
2 West, Kenneth	02	Flying Angel	6.80m	3.1
FOUL(2.1) FOUL(3.2) 6.80m(3.1) 6.51m(4.1) FOUL(4.0) 5.96m(3.4)				
3 Désilets, Emanuel	03	Quebec	6.78m	3.6
6.69m(2.2) 6.59m(2.5) 6.50m(0.8) 6.77m(4.6) FOUL(3.8) 6.78m(3.6)				
4 Gerstner, Robbie	02	Manitoba & N	6.69m	3.4
5.20m(0.4) 6.20m(3.8) 6.61m(4.0) 6.48m(3.8) 6.69m(3.4) 5.73m(1.7)				
4 Small, Almond	03	Flying Angel	6.69m	5.1
5.80m(1.0) 6.12m(1.6) 6.67m(5.2) PASS FOUL(3.2) 6.69m(5.1)				
6 Morgans, Dean	02	Caltaf Athle	6.62m	4.7
6.24m(2.3) 5.86m(-1.0) 6.62m(4.7) 6.39m(3.0) FOUL(5.0) FOUL(4.1)				
7 Wennerstrom, Kurtis	02	Unattached Ontario	6.56m	3.9
6.05m(2.2) 6.56m(3.9) FOUL(3.4) FOUL(4.1) 6.26m(2.6) 6.48m(3.2)				
8 Powell-Burgess, Diarra J	03	Mississauga	6.52m	0.3
6.00m(1.6) 6.52m(0.3) 6.10m(1.4) 6.21m(5.3) 6.19m(2.1) 6.29m(2.6)				
9 Charles, Pierre-Emmanuel	02	Quebec	6.50m	1.1
6.04m(-1.6) 6.50m(1.1) FOUL(2.6)				
9 Paquette, Jakob	02	Manitoba & N	6.50m	2.8
FOUL(0.3) 6.32m(1.0) 6.50m(2.8)				
11 Kuye, Tosin	02	Voleo Athletics	6.46m	3.3
6.46m(3.3) 6.34m(1.8) 6.10m(3.4)				
12 Campeau, Spencer	02	Ontario	6.39m	3.2
FOUL(1.2) 6.39m(3.2) 6.08m(2.0)				

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men Long Jump U18**

13	Foster, Joshua	02 Ottawa Lions T.F.C.	6.24m	0.9
	6.24m(0.9) 6.12m(1.2) 6.02m(3.2)			
14	Ivanov, Michael	03 Niagara Olym	6.12m	5.6
	FOUL(-0.1) 6.12m(5.6) FOUL(5.5)			
15	Calder, Curtis	02 Saskatchewan	5.52m	1.0
	FOUL(2.2) 5.52m(1.0) 5.01m(5.1)			
16	Wamboldt, Austin	03 New Brunswick	5.25m	0.6
	5.25m(0.6) FOUL(3.1) FOUL(3.9)			
17	Docherty, Thomas	02 Prince Edwar	5.20m	3.7
	4.93m(-1.2) 5.16m(-0.7) 5.20m(3.7)			

Men Triple Jump U18

=====					
Championship:	M	15.02m	2015	Ivan Nyemeck	
National:	N	15.19m	2012	Tacuma Andreson-Richards	
Name		Year	Team	Finals	Wind
=====					
1	Aniamaka, Praise	03	British Colu	14.78m	1.9
	14.72m(3.2) 14.78m(1.9) FOUL(1.7) FOUL(1.9) PASS PASS				
2	Turner, Daxx	02	Manitoba & N	14.75m	2.1
	14.37m(2.1) 14.04m(2.3) 14.33m(1.3) 12.77m(0.7) 14.75m(2.1) 14.37m(-0.6)				
3	West, Kenneth	02	Flying Angel	14.35m	3.3
	FOUL(2.8) 13.57m(0.6) 14.25m(2.5) 12.08m(0.6) FOUL(3.9) 14.35m(3.3)				
4	Kuye, Tosin	02	Voleo Athletics	14.29m	2.1
	13.94m(1.3) 14.12m(0.3) 13.70m(1.0) 13.74m(+0.0) 13.58m(0.2) 14.29m(2.1)				
5	Foster, Joshua	02	Ottawa Lions T.F.C.	13.73m	3.3
	13.29m(2.2) 12.93m(0.4) 13.50m(3.1) 13.51m(1.5) 12.99m(-0.6) 13.73m(3.3)				
6	Gerstner, Robbie	02	Manitoba & N	13.50m	-1.1
	FOUL(2.1) 13.33m(-0.3) 13.20m(2.2) FOUL(-0.5) 13.43m(-1.1) 13.50m(-1.1)				
7	Ravindran, Haran	02	United Tamil	13.33m	4.1
	FOUL(2.3) 13.14m(4.0) 13.33m(4.1) FOUL(-0.6) 13.08m(0.3) FOUL(2.6)				
8	Graham, Shawn	02	Quebec	13.30m	0.2
	FOUL(1.1) 13.04m(1.9) 13.30m(0.2) 12.79m(-0.4) 13.08m(1.3) 13.21m(0.3)				
9	Gananathan, Athavan	02	Speed Academ	13.21m	0.8
	12.82m(2.2) 12.81m(2.4) 13.21m(0.8)				
10	Wennerstrom, Kurtis	02	Unattached Ontario	13.07m	1.6
	12.78m(1.5) 13.07m(1.6) 12.98m(2.0)				
11	Neufeld, Riley	02	Prairie Stor	12.90m	1.1
	FOUL(1.8) 12.90m(1.1) FOUL(-0.4)				
12	Alic, Isaac	02	Alberta-Nort	12.78m	1.9
	FOUL(1.9) 12.78m(1.9) FOUL(0.3)				
13	Domasch, Noah	02	Ontario	12.61m	1.8
	12.61m(1.8) FOUL(2.6) FOUL(2.7)				
14	Calder, Curtis	02	Saskatchewan	12.35m	3.1
	12.35m(3.1) 12.18m(1.8) 12.05m(1.3)				
15	Lebrun, Pier-Olivier	02	Les Vaillants	12.14m	3.5
	FOUL(2.6) 12.09m(2.5) 12.14m(3.5)				
16	Ivanov, Michael	03	Niagara Olym	11.94m	1.1
	11.94m(1.1) FOUL(1.6) 11.37m(-0.7)				
17	Wamboldt, Austin	03	New Brunswick	11.28m	2.3
	11.28m(2.3) FOUL FOUL(1.9)				

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men Shot Put 5kg U18**

Championship: M 19.52m 2014 Joseph Maxwell							
National: N 20.89m 2003 Kyle Helf							
Name	Year	Team					Finals
1 Jacklin, Ryan	02	Ontario					19.34m
			16.91m	17.88m	17.97m	17.83m 18.78m 19.34m	
2 Gluck, Jordan	02	Ontario					18.56m
			17.98m	FOUL	FOUL	FOUL 18.56m FOUL	
3 Stanat, Arthur	03	St Thomas Le					14.67m
			14.35m	13.94m	14.67m	FOUL 14.08m 14.62m	
4 Wallster, Hunter	02	Saskatchewan					14.38m
			12.96m	13.71m	FOUL	14.38m FOUL 14.30m	
5 Roy, Pierre-Olivier	02	Quebec					14.17m
			13.09m	13.99m	14.07m	13.45m 13.92m 14.17m	
6 Reimer, Sean	03	Split City Sonics					13.75m
			12.87m	13.75m	12.50m	FOUL 12.78m FOUL	
7 Laur, Max	02	Sarnia Athle					13.74m
			11.66m	13.02m	13.74m	13.38m 13.47m 12.69m	
8 Garrett, Ryan	02	London Weste					13.45m
			FOUL	13.45m	FOUL	FOUL FOUL FOUL	
9 Morrow, Samuel	03	London Weste					12.43m
			12.43m	FOUL	11.77m		
10 Simanic, Boris	02	York Univers					11.66m
			11.66m	FOUL	FOUL		

Men Discus Throw 1.5kg U18

Championship: M 60.74m 2010 Jordan Young							
National: N 60.74m 2010 Jordan Young							
Name	Year	Team					Finals
1 Jacklin, Ryan	02	Ontario					53.95m
			FOUL	53.79m	53.95m	51.30m 49.79m FOUL	
2 Elliott, Jeremy	02	Ontario					53.75m
			50.81m	FOUL	53.75m	FOUL 53.46m FOUL	
3 Wallster, Hunter	02	Saskatchewan					50.04m
			50.04m	FOUL	42.60m	FOUL FOUL FOUL	
4 Garrett, Ryan	02	London Weste					43.97m
			FOUL	43.97m	FOUL	FOUL 41.45m FOUL	
5 Laur, Max	02	Sarnia Athle					43.37m
			41.89m	41.27m	43.37m	38.01m 41.41m FOUL	
6 Stanat, Arthur	03	St Thomas Le					43.11m
			FOUL	43.11m	41.73m	FOUL 41.94m FOUL	
7 Casaubon, Ludwig	02	Quebec					37.79m
			FOUL	37.54m	37.79m	35.85m FOUL 37.79m	
8 Yeo, Thomas	02	Prince Edwar					37.73m
			32.67m	37.73m	FOUL	36.65m FOUL FOUL	
9 Morrow, Samuel	03	London Weste					36.87m
			FOUL	36.87m	32.26m		
10 Simanic, Boris	02	York Univers					34.89m
			FOUL	33.25m	34.89m		
11 Schultz, Caiden	03	Caltaf Athle					30.53m
			30.53m	29.80m	29.68m		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men Hammer Throw 5kg U18**

=====						
Championship: M 69.74m		2019	Ryan Jacklin			
National: N 69.74m		8/11/2019	Ryan Jacklin, Ontario			
Name	Year	Team	Finals			
=====						
1 Jacklin, Ryan	02	Ontario	69.74mM			
			63.36m	67.91m	69.17m	FOUL 69.59m 69.74m
2 Elliott, Jeremy	02	Ontario	58.53m			
			FOUL	56.28m	56.92m	FOUL 58.53m 57.17m
3 Arnold, Matthew	02	British Colu	58.10m			
			FOUL	FOUL	51.54m	54.57m 55.11m 58.10m
4 Linington, Josh	03	Brantford T.F.C.	55.54m			
			55.54m	FOUL	54.57m	54.94m 55.30m FOUL
5 Casaubon, Ludwig	02	Quebec	52.96m			
			50.90m	52.96m	52.42m	FOUL FOUL FOUL
6 Wallster, Hunter	02	Saskatchewan	52.77m			
			FOUL	FOUL	50.73m	52.77m 50.90m FOUL
7 Roy, Pierre-Olivier	02	Quebec	48.29m			
			48.29m	FOUL	FOUL	FOUL FOUL FOUL
8 Reimer, Sean	03	Split City Sonics	47.53m			
			47.53m	45.96m	FOUL	FOUL FOUL 44.47m
9 Stanat, Arthur	03	St Thomas Le	43.51m			
			FOUL	39.15m	43.51m	
10 Laur, Max	02	Sarnia Athle	42.28m			
			FOUL	FOUL	42.28m	
11 Morrow, Samuel	03	London Weste	37.54m			
			FOUL	37.54m	35.94m	
-- Garrett, Ryan	02	London Weste	FOUL			
			FOUL	FOUL	FOUL	
-- Katzberg, Ethan	02	British Colu	FOUL			
			FOUL	FOUL	FOUL	

Men Javelin Throw 700g U18

=====						
Championship: M 74.35m		2007	Wiley Collins			
National: N 75.99m		2006	Trevor Snyder			
Name	Year	Team	Finals			
=====						
1 Mancini, David	02	Quebec	67.35m			
			60.69m	63.05m	58.39m	59.99m 59.61m 67.35m
2 Berniquer, Noah	02	Nova Scotia/Nunavut	58.42m			
			58.42m	42.48m	53.10m	FOUL FOUL FOUL
3 Bulawka-Lepine, Jesse	03	Manitoba & N	57.37m			
			53.06m	51.76m	51.39m	48.99m 57.37m FOUL
4 Payne, Elliott	02	British Colu	57.17m			
			48.53m	54.41m	53.24m	57.17m 52.64m 51.95m
5 Hawkes, Daniel	02	New Brunswick	57.13m			
			56.12m	53.41m	49.83m	49.24m FOUL 57.13m
6 Collins, Isaiah	02	British Colu	55.99m			
			55.99m	49.99m	50.00m	54.01m 55.36m 52.36m
7 Burr, Toren	02	Ontario	55.43m			
			FOUL	55.43m	55.00m	FOUL FOUL FOUL
8 Krizsan, Kevin	03	Alberta-Nort	54.97m			
			54.97m	50.78m	48.89m	50.23m 50.17m FOUL
9 Cowan, Jasper	02	Woodstock Le	51.20m			
			FOUL	51.20m	48.85m	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men Javelin Throw 700g U18**

10 Elliott, Jeremy	02 Ontario	48.69m
48.69m FOUL 47.66m		
11 Kuziak, Cameron	03 Caltaf Athle	48.20m
47.70m 48.20m FOUL		
12 Wolfe, Colby	03 Truro Lions	47.90m
46.13m 47.84m 47.90m		
13 Yeo, Thomas	02 Prince Edwar	45.37m
44.96m 45.37m FOUL		
14 Lander-Pinard, Michael	03 Annapolis Co	44.44m
41.33m FOUL 44.44m		
15 Docherty, Thomas	02 Prince Edwar	42.23m
42.23m FOUL FOUL		
16 Howatt, Mark	02 Nova Scotia/Nunavut	39.83m
FOUL 39.83m 33.11m		

Decathlon: #1 Men 100 Meter Dash U18 Decathlon

=====						
Championship: M 11.44	8/10/2018	Blake Devinney, Niagara Regional				
National: N 11.82	8/9/2019	Isaiah Collins, British Colu				
Name	Year	Team	Finals	Wind	H#	Points
=====						
1 Collins, Isaiah	02	British Colu	11.82N	-3.0	2	687
2 Cameron, Quinn	02	British Colu	11.84	-3.0	2	683
3 Clarke, Winston	02	Alberta-Nort	11.90	-3.0	2	671
4 Gillan, Aneel	02	Ocean Athlet	12.14	-3.0	2	624
5 Wesolowski, Jack	02	Alberta-Nort	12.15	-2.9	1	622
6 McDonald, Owen	02	London Weste	12.17	-2.9	1	618
7 Domasch, Noah	02	Ontario	12.17	-3.0	2	618
8 Lavoie Beaulieu, Édouard	02	Drummondville	12.25	-3.0	2	603
9 LeBlanc, Félix	03	Rive-Sud	12.31	-2.9	1	591
10 Mazerolle, Max	02	New Brunswick	12.33	-3.0	2	588
11 Dufour O'Connor, Samuel	02	Baie-Comeau	12.36	-3.0	2	582
12 Zavits, Keegan	02	London Weste	12.38	-2.9	1	578
13 Simard, Justin	03	Baie-Comeau	12.91	-2.9	1	483

Decathlon: #5 Men 400 Meter Dash U18 Decathlon

=====						
Championship: M 50.81	8/9/2019	Winston Clarke, Alberta-Nort				
National: N 50.81	8/9/2019	Winston Clarke, Alberta-Nort				
Name	Year	Team	Finals	H#	Points	
=====						
1 Clarke, Winston	02	Alberta-Nort	50.81M	2	778	
2 McDonald, Owen	02	London Weste	52.55	2	701	
3 Gillan, Aneel	02	Ocean Athlet	52.68	2	695	
4 Collins, Isaiah	02	British Colu	52.75	2	692	
5 Cameron, Quinn	02	British Colu	53.08	2	678	
6 Domasch, Noah	02	Ontario	53.53	2	659	
7 LeBlanc, Félix	03	Rive-Sud	53.60	1	656	
8 Wesolowski, Jack	02	Alberta-Nort	54.08	2	636	
9 Lavoie Beaulieu, Édouard	02	Drummondville	54.77	1	608	
10 Mazerolle, Max	02	New Brunswick	55.14	1	593	
11 Dufour O'Connor, Samuel	02	Baie-Comeau	55.79	1	567	
12 Simard, Justin	03	Baie-Comeau	55.86	1	565	
13 Zavits, Keegan	02	London Weste	56.91	1	524	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Decathlon: #10 Men 1500 Meter Run U18 Decathlon**

=====				
Championship: M 4:24.09 8/9/2019 Winston Clarke, Alberta-Nort				
National: N 4:24.09 8/9/2019 Winston Clarke, Alberta-Nort				
Name	Year	Team	Finals	Points
=====				
1 Clarke, Winston	02	Alberta-Nort	4:24.09M	784
2 McDonald, Owen	02	London Weste	4:36.16	705
3 Cameron, Quinn	02	British Colu	4:38.18	692
4 Gillan, Aneel	02	Ocean Athlet	4:45.92	643
5 Domasch, Noah	02	Ontario	4:53.24	599
6 Collins, Isaiah	02	British Colu	4:54.03	595
7 LeBlanc, Félix	03	Rive-Sud	4:58.96	566
8 Mazerolle, Max	02	New Brunswick	4:58.96	566
9 Lavoie Beaulieu, Édouard	02	Drummondville	5:04.39	535
10 Simard, Justin	03	Baie-Comeau	5:04.82	532
11 Wesolowski, Jack	02	Alberta-Nort	5:06.88	521
-- Dufour O'Connor, Samuel	02	Baie-Comeau	DNF	

Decathlon: #6 Men 110 Meter Hurdles 0.914m-9.14m U18 Decathlon

=====						
Championship: M 15.13 8/5/2016 Laurent Grandmangin, Quebec						
National: N 15.18 8/9/2019 Jack Wesolowski, Alberta-Nort						
Name	Year	Team	Finals	Wind	H#	Points
=====						
1 Wesolowski, Jack	02	Alberta-Nort	15.18N	-0.3	2	828
2 Gillan, Aneel	02	Ocean Athlet	15.52	-0.3	2	788
3 Cameron, Quinn	02	British Colu	15.62	-0.3	2	776
4 Clarke, Winston	02	Alberta-Nort	15.68	-0.3	2	769
5 Mazerolle, Max	02	New Brunswick	15.80	-0.3	2	755
6 Collins, Isaiah	02	British Colu	15.87	-0.3	2	747
7 Lavoie Beaulieu, Édouard	02	Drummondville	15.97	-0.3	2	736
8 Domasch, Noah	02	Ontario	16.12	-0.3	2	719
9 LeBlanc, Félix	03	Rive-Sud	16.53	-1.3	1	674
10 Zavits, Keegan	02	London Weste	16.78	-1.3	1	647
11 McDonald, Owen	02	London Weste	17.07	-1.3	1	617
12 Simard, Justin	03	Baie-Comeau	18.46	-1.3	1	481
13 Dufour O'Connor, Samuel	02	Baie-Comeau	18.74	-1.3	1	455

Decathlon: #4 Men High Jump U18 Decathlon

=====						
Championship: M 1.89m 8/9/2019 Noah Domasch, Ontario						
National: N 1.89m 8/9/2019 Noah Domasch, Ontario						
Name	Year	Team	Finals	Points		
=====						
1 Domasch, Noah	02	Ontario	1.89mM	705		
			1.77 1.83 1.86 1.89 1.92			
			XO O XO O XXX			
2 Simard, Justin	03	Baie-Comeau	1.77m	602		
			1.59 1.68 1.71 1.74 1.77 1.80 1.83			
			O XO O XO O XX X			
3 Wesolowski, Jack	02	Alberta-Nort	1.74m	577		
			1.65 1.68 1.71 1.74 1.77			
			O O O XO XXX			
3 Lavoie Beaulieu, Édouard	02	Drummondville	1.74m	577		
			1.71 1.74 1.77			
			O XXO XXX			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019

Cape Breton University

Results

....Decathlon: #4 Men High Jump U18 Decathlon

5	McDonald, Owen	02 London Weste	1.71m	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74			
	0 0 0 0 0 0 0 0 XXX			
5	Clarke, Winston	02 Alberta-Nort	1.71m	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71			
	0 0 0 0 0 XO XXO 0			
5	Gillan, Aneel	02 Ocean Athlet	1.71m	552
	1.59 1.62 1.65 1.68 1.71 1.74			
	XO 0 XO XO 0 XXX			
8	Cameron, Quinn	02 British Colu	1.68m	528
	1.65 1.68 1.71			
	0 0 XXX			
9	Collins, Isaiah	02 British Colu	1.65m	504
	1.56 1.59 1.62 1.65 1.68			
	0 0 XXO 0 XXX			
10	LeBlanc, Félix	03 Rive-Sud	1.62m	480
	1.50 1.53 1.59 1.62 1.65			
	0 0 XO XXO XXX			
11	Dufour O'Connor, Samuel	02 Baie-Comeau	1.59m	457
	1.47 1.53 1.56 1.59 1.62			
	0 XO 0 0 XXX			
11	Zavits, Keegan	02 London Weste	1.59m	457
	1.56 1.59 1.62			
	XO XO XXX			
13	Mazerolle, Max	02 New Brunswick	1.50m	389
	1.47 1.50 1.53			
	0 0 XXX			

Decathlon: #8 Men Pole Vault U18 Decathlon

=====					
Championship:	M	3.90m	8/9/2019	Owen McDonald,	London Weste
National:	N	3.90m	8/9/2019	Owen McDonald,	London Weste
Name	Year	Team	Finals	Points	
=====					
1	McDonald, Owen	02 London Weste	3.90mM	590	
	3.40 3.60 3.70 3.80 3.90 4.00				
	0 0 0 XXO XXO XXX				
2	Cameron, Quinn	02 British Colu	3.80m	562	
	3.30 3.40 3.50 3.60 3.70 3.80 3.90				
	0 XXO XO XO XXO XXO XXX				
3	Gillan, Aneel	02 Ocean Athlet	3.60m	509	
	3.10 3.20 3.30 3.40 3.50 3.60 3.70				
	0 0 0 XO 0 XO XXX				
4	Collins, Isaiah	02 British Colu	3.40m	457	
	3.00 3.10 3.20 3.30 3.40 3.50				
	0 0 0 0 XO XXX				
5	Wesolowski, Jack	02 Alberta-Nort	3.30m	431	
	2.90 3.10 3.20 3.30 3.40				
	0 0 XXO XO XXX				
5	Clarke, Winston	02 Alberta-Nort	3.30m	431	
	2.80 2.90 3.00 3.10 3.20 3.30 3.40				
	XO 0 0 0 0 XO XXX				
7	Mazerolle, Max	02 New Brunswick	3.10m	381	
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20				
	0 0 0 XO 0 0 0 XXX				

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Decathlon: #8 Men Pole Vault U18 Decathlon**

8	Domasch, Noah	02 Ontario	3.00m	357
	2.70 2.80 2.90 3.00 3.20			
	O O O O XXX			
8	Lavoie Beaulieu, Édouard	02 Drummondville	3.00m	357
	2.60 2.80 3.00 3.10			
	O O O XXX			
10	Simard, Justin	03 Baie-Comeau	2.70m	286
	2.20 2.40 2.60 2.70 2.80			
	O O XO O XXX			
11	Dufour O'Connor, Samuel	02 Baie-Comeau	2.40m	220
	2.20 2.40 2.50			
	O XXO XXX			
--	LeBlanc, Félix	03 Rive-Sud	NH	
	2.50			
	XXX			

Decathlon: #2 Men Long Jump U18 Decathlon

=====						
Championship: M	6.44m	8/9/2019	Winston Clarke, Alberta-Nort			
National: N	6.44m	8/9/2019	Winston Clarke, Alberta-Nort			
Name	Year	Team	Finals	Wind	Points	
=====						
1	Clarke, Winston	02 Alberta-Nort	6.44mM	NWI	684	
	6.17m(NWI) 6.27m(NWI) 6.44m(NWI)					
2	Cameron, Quinn	02 British Colu	6.35m	NWI	664	
	FOUL 6.00m(NWI) 6.35m(NWI)					
3	McDonald, Owen	02 London Weste	6.10m	NWI	608	
	5.39m(NWI) 5.95m(NWI) 6.10m(NWI)					
4	Domasch, Noah	02 Ontario	6.02m	NWI	591	
	FOUL FOUL 6.02m(NWI)					
5	Wesolowski, Jack	02 Alberta-Nort	5.99m	NWI	584	
	FOUL 5.99m(NWI) FOUL					
6	Gillan, Aneel	02 Ocean Athlet	5.91m	NWI	567	
	5.91m(NWI) FOUL 5.63m(NWI)					
7	Collins, Isaiah	02 British Colu	5.78m	NWI	540	
	FOUL 5.78m(NWI) 5.69m(NWI)					
8	Mazerolle, Max	02 New Brunswick	5.75m	NWI	533	
	FOUL 5.67m(NWI) 5.75m(NWI)					
9	Lavoie Beaulieu, Édouard	02 Drummondville	5.67m	NWI	516	
	5.67m(NWI) 5.41m(NWI) FOUL					
10	Dufour O'Connor, Samuel	02 Baie-Comeau	5.58m	NWI	498	
	5.58m(NWI) 5.53m(NWI) 5.15m(NWI)					
11	Zavits, Keegan	02 London Weste	5.42m	NWI	465	
	5.41m(NWI) 5.42m(NWI) 2.93m(NWI)					
12	LeBlanc, Félix	03 Rive-Sud	5.41m	NWI	463	
	FOUL 5.15m(NWI) 5.41m(NWI)					
12	Simard, Justin	03 Baie-Comeau	5.41m	NWI	463	
	5.08m(NWI) 5.41m(NWI) 3.38m(NWI)					

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Decathlon: #3 Men Shot Put 5kg U18 Decathlon**

=====					
Championship: M 14.23m		8/9/2019	Aneel Gillan, OCEAN ATHLET		
National: N 14.23m		8/9/2019	Aneel Gillan, OCEAN ATHLET		
Name	Year	Team	Finals	Points	
=====					
1 Gillan, Aneel	02	Ocean Athlet	14.23mM	742	
			13.72m	14.23m	FOUL
2 Collins, Isaiah	02	British Colu	12.79m	654	
			FOUL	FOUL	12.79m
3 Lavoie Beaulieu, Édouard	02	Drummondville	12.66m	647	
			11.37m	12.32m	12.66m
4 McDonald, Owen	02	London Weste	12.04m	609	
			11.01m	11.21m	12.04m
5 Cameron, Quinn	02	British Colu	11.70m	588	
			FOUL	10.16m	11.70m
6 Clarke, Winston	02	Alberta-Nort	11.46m	574	
			10.73m	11.46m	9.61m
6 Wesolowski, Jack	02	Alberta-Nort	11.46m	574	
			11.43m	11.46m	FOUL
6 Dufour O'Connor, Samuel	02	Baie-Comeau	11.46m	574	
			11.01m	10.67m	11.46m
9 Mazerolle, Max	02	New Brunswick	11.07m	550	
			11.07m	10.64m	11.02m
10 LeBlanc, Félix	03	Rive-Sud	11.05m	549	
			10.98m	11.05m	11.03m
11 Domasch, Noah	02	Ontario	10.68m	527	
			10.68m	10.16m	9.96m
12 Simard, Justin	03	Baie-Comeau	9.76m	471	
			9.76m	FOUL	9.19m
-- Zavits, Keegan	02	London Weste	FOUL		
			FOUL	FOUL	FOUL

Decathlon: #7 Men Discus Throw 1.5kg U18 Decathlon

=====					
Championship: M 38.24m		8/9/2019	Isaiah Collins, British Colu		
National: N 38.24m		8/9/2019	Isaiah Collins, British Colu		
Name	Year	Team	Finals	Points	
=====					
1 Collins, Isaiah	02	British Colu	38.24mM	629	
			38.24m	FOUL	34.77m
2 Zavits, Keegan	02	London Weste	35.28m	569	
			FOUL	31.59m	35.28m
3 Wesolowski, Jack	02	Alberta-Nort	34.66m	557	
			34.66m	FOUL	34.35m
4 Lavoie Beaulieu, Édouard	02	Drummondville	33.88m	541	
			33.88m	FOUL	22.21m
5 Gillan, Aneel	02	Ocean Athlet	33.71m	538	
			30.69m	33.56m	33.71m
6 Domasch, Noah	02	Ontario	33.46m	533	
			33.46m	33.31m	FOUL
7 Clarke, Winston	02	Alberta-Nort	32.87m	521	
			28.83m	30.66m	32.87m
8 Cameron, Quinn	02	British Colu	32.70m	518	
			32.70m	32.48m	30.22m
9 Simard, Justin	03	Baie-Comeau	29.31m	451	
			29.31m	28.80m	28.34m

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Decathlon: #7 Men Discus Throw 1.5kg U18 Decathlon**

10	LeBlanc, Félix	03	Rive-Sud	29.27m	450
	29.27m 28.96m 28.97m				
11	McDonald, Owen	02	London Weste	27.26m	411
	26.95m 27.26m 26.80m				
12	Mazerolle, Max	02	New Brunswick	26.85m	403
	26.85m 25.85m 23.86m				
13	Dufour O'Connor, Samuel	02	Baie-Comeau	25.81m	383
	FOUL FOUL 25.81m				

Decathlon: #9 Men Javelin Throw 700g U18 Decathlon

=====					
Championship: M 58.71m 8/10/2018 Bailey Couch, WOODSTOCK LE					
National: N 53.17m 8/9/2019 Isaiah Collins, British Colu					
	Name		Year Team	Finals	Points
=====					
1	Collins, Isaiah	02	British Colu	53.17mN	636
	53.17m 51.17m 50.69m				
2	LeBlanc, Félix	03	Rive-Sud	48.19m	562
	FOUL 38.93m 48.19m				
3	Cameron, Quinn	02	British Colu	44.41m	506
	FOUL 44.41m FOUL				
4	Wesolowski, Jack	02	Alberta-Nort	43.49m	493
	39.12m 43.49m 42.64m				
5	McDonald, Owen	02	London Weste	42.29m	475
	42.29m 36.89m FOUL				
6	Domasch, Noah	02	Ontario	39.82m	440
	39.82m 36.13m 33.94m				
7	Clarke, Winston	02	Alberta-Nort	39.18m	430
	39.18m FOUL 33.88m				
8	Dufour O'Connor, Samuel	02	Baie-Comeau	37.66m	408
	37.66m 34.83m FOUL				
9	Mazerolle, Max	02	New Brunswick	36.32m	389
	FOUL 35.87m 36.32m				
10	Gillan, Aneel	02	Ocean Athlet	35.99m	384
	33.64m 35.99m 34.27m				
11	Lavoie Beaulieu, Édouard	02	Drummondville	31.16m	316
	31.16m 26.72m 25.86m				
12	Simard, Justin	03	Baie-Comeau	27.60m	266
	27.60m 26.24m FOUL				

Men Decathlon U18

=====					
Championship: M 6195 8/9/2019 Quinn Cameron, British Colu					
National: N 6526 2015 Jasper Schiedel					
	Name		Year Team	Finals	H#
=====					
1	Cameron, Quinn	02	British Colu	6195M	
2	Clarke, Winston	02	Alberta-Nort	6194	
3	Collins, Isaiah	02	British Colu	6141	
4	Gillan, Aneel	02	Ocean Athlet	6042	
5	McDonald, Owen	02	London Weste	5886	
6	Wesolowski, Jack	02	Alberta-Nort	5823	
7	Domasch, Noah	02	Ontario	5748	
8	Lavoie Beaulieu, Édouard	02	Drummondville	5436	
9	Mazerolle, Max	02	New Brunswick	5147	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men Decathlon U18**

10 LeBlanc, Félix	03 Rive-Sud	4991
11 Simard, Justin	03 Baie-Comeau	4600
12 Dufour O'Connor, Samuel	02 Baie-Comeau	4144

Men 3000 Meter Race Walk U18

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 Timed final 1 section
 Championship: M 12:47.97 2013 Marek Adamowicz
 National: N 12:34.04 2013 Marek Adamowicz
 Name Year Team Finals
 =====

1 Wilson, Tyler	02 British Colu	13:22.02
2 Côté, Alexis	03 Quebec	14:25.45