

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 100 Meter Dash U16****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Heats to final 3 heats Top 2 + 2 times

Championship: M 11.85 2008 Shai Davis

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Cummings, Jaeland	04 British Colu	12.53Q	-1.9	1
2 Vallée, Julia	04 Quebec	12.71Q	-2.2	3
3 Cole, Gabrielle	04 Flying Angel	12.76Q	-2.7	2

Women 100 Meter Dash U16

Heats to final 3 heats Top 2 + 2 times

Championship: M 11.85 2008 Shai Davis

Name	Year Team	Finals	Wind
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Finals

1 Cummings, Jaeland	04 British Colu	12.55	-4.6
2 Cole, Gabrielle	04 Flying Angel	12.58	-4.6
3 Vallée, Julia	04 Quebec	12.61	-4.6

Women 200 Meter Dash U16**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Heats to final 4 heats Top 1 + 4

Championship: M 24.32 2015 Lauren Gale

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Martin, Emily	04 Ontario	25.63Q	-1.8	2
2 Cummings, Jaeland	04 British Colu	25.70Q	0.1	4
3 Cole, Gabrielle	04 Flying Angel	26.00Q	-1.5	3

Women 200 Meter Dash U16

Heats to final 4 heats Top 1 + 4

Championship: M 24.32 2015 Lauren Gale

Name	Year Team	Finals	Wind
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Finals

1 Cummings, Jaeland	04 British Colu	25.34	-3.6	25.336
2 Cole, Gabrielle	04 Flying Angel	25.34	-3.6	25.339
3 Martin, Emily	04 Ontario	25.51	-3.6	

Women 300 Meter Dash U16**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Heats to final 4 heats Top 1 + 4

Championship: M 37.17 2010 Christian Brennan

Name	Year Team	Prelims	H#
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Preliminaries

1 Martin, Emily	04 Ontario	40.01Q	1
2 Francis, Mckayla	04 Flying Angel	40.17Q	2
3 Boucher, Jaya	04 Alberta-Nort	41.90Q	3

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 300 Meter Dash U16**

Heats to final 4 heats Top 1 + 4

Championship: M 37.17 2010 Christian Brennan

Name	Year Team	Finals
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Finals

1 Martin, Emily	04 Ontario	39.57
2 Francis, Mckayla	04 Flying Angel	40.31
3 Cummings, Jaeland	04 British Colu	40.95
3 Boucher, Jaya	04 Alberta-Nort	

Women 800 Meter Run U16

3 Timed Section Finals

Championship: M 2:07.91 2014 Victoria Tachinski

Name	Year Team	Finals	H#
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1 Jackson, Ella	04 Ontario	2:14.39	3
2 Lewans, Alexis	04 Riversdale A	2:14.65	3
3 Vringer, Erin	04 New Brunswick	2:14.80	3

Women 1200 Meter Run U16

2 Timed Section Finals

Championship: M 3:26.16 2015 Sophie Sigfstead

Name	Year Team	Finals	H#
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1 Vringer, Erin	04 New Brunswick	3:36.58	2
2 Jackson, Ella	04 Ontario	3:36.61	2
3 Sangha, Mandeep	05 Alberta-Nort	3:36.75	2

Women 2000 Meter Run U16

2 Timed Section Finals

Championship: M 6:06.59 2015 Sophie Sigfstead

Name	Year Team	Finals	H#
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1 Sangha, Mandeep	05 Alberta-Nort	6:24.89	2
2 Maurice, Aysia	04 Ontario	6:29.31	2
3 Lewans, Alexis	04 Riversdale A	6:34.88	2

Women 80 Meter Hurdles 0.762m-8.0m U16**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Heats to Finals 3 Heats Top 2 + 2 times

Championship: M 11.26 2014 Arielle Bykovskaia-Dominique

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Vlahovic, Krysthina	04 British Colu	12.24Q	-1.9	3
2 Reid, Hailey	04 Monte Cristo	12.28Q	-1.1	1
3 Bliss, Reagan	04 Calgary Warr	12.83Q	-2.4	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 80 Meter Hurdles 0.762m-8.0m U16**

Heats to Finals 3 Heats Top 2 + 2 times
 Championship: M 11.26 2014 Arielle Bykovskaia-Dominique

Name	Year Team	Finals	Wind
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Finals

1 Reid, Hailey	04 Monte Cristo	11.84	-0.7
2 Vlahovic, Krysthina	04 British Colu	11.96	-0.7
3 Asumang, Emmanuella	04 Ontario	12.12	-0.7
3 Bliss, Reagan	04 Calgary Warr		-0.7

Women 200 Meter Hurdles 0.762m-35m U16**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

heats to final 2 heats Top 3 + 2
 Championship: M 26.25 8/7/2016 Jasneet Nijjar, British Colu

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Asumang, Emmanuella	04 Ontario	28.39Q	-2.2	2
2 Reid, Hailey	04 Monte Cristo	29.02Q	-0.8	1
3 Sellers, Adria	04 Vancouver OL	28.56Q	-2.2	2

Women 200 Meter Hurdles 0.762m-35m U16

heats to final 2 heats Top 3 + 2
 Championship: M 26.25 8/7/2016 Jasneet Nijjar, British Colu

Name	Year Team	Finals	Wind
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Finals

1 Reid, Hailey	04 Monte Cristo	28.37	-1.9
2 Asumang, Emmanuella	04 Ontario	28.48	-1.9
3 Sellers, Adria	04 Vancouver OL	28.59	-1.9

Women 1500 Meter Steeplechase 0.762m U16

Timed final 2 section
 Championship: M 4:42.83 8/7/2017 Sadie Sigfstead, EDMONTON HAR

Name	Year Team	Finals	H#
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1 Maurice, Aysia	04 Ontario	4:51.77	2
2 Shiu, Sorcha	05 Alberta-Nort	4:54.13	2
3 Vringer, Erin	04 New Brunswick	4:56.40	2

Women 4x100 Meter Relay U16

Timed finals
 Championship: M 47.69 2013 , BC

Team	Finals	H#
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1 Flying Angels Academy 'A'	47.85	1
1) Omonzane, Peace 04		
2) Akinduro, Tolulope 04		
3) Cole, Gabrielle 04		
4) Francis, Mckayla 04		
2 Saskatchewan 'A'	49.95	2
1) Derenoski, Lexi 04		
2) Seabrook, Josie 04		
3) Dziadyk, Kendyl 05		
4) Pritchard, Shelaine 04		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Women 4x100 Meter Relay U16**

3 Quebec 'A'	50.79	1
1) Allen Destin, Angéline 04	2) Bélanger, Alexie 04	
3) Starr, Madeline Ruth 04	4) Vallée, Julia 04	

Women 1600 Sprint Medley U16

Timed finals

Championship: M 4:03.09 8/6/2016 Ontario, Ontario
 Bechard, Witherspoon, Pierre-Webster, Ormond

Team	Finals	H#
1 Ontario 'A'	4:07.87	2
1) Asumang, Emmanuella 04	2) Elliott, Kalista 05	
3) Shadd-Ceres, Trinity 06	4) Jackson, Ella 04	
2 Quebec 'A'	4:10.81	2
1) Bélanger, Juliette 04	2) Vallée, Julia 04	
3) Allen Destin, Angéline 04	4) Martin, Nayla 04	
3 Alberta-Northwest Territories 'A'	4:11.12	2
1) Boucher, Jaya 04	2) Valpy, Madelyn 04	
3) Feschuk, Sarah 04	4) Sangha, Mandeep 05	

Women High Jump U16

starting height 1.35 up by 5's to 1.55 then by 3's

Championship: M 1.76m 2007 Alyxandria Treasure

Name	Year Team	Finals
1 Archibald, Mya	05 Nova Scotia/Nunavut	1.61m
1.45 1.50 1.55 1.58 1.61 1.64		
O O XXO XXO XXO XXX		
2 Yao, Samira	04 Quebec	1.58m
1.45 1.50 1.55 1.58 1.61		
O O XO O XXX		
3 Shadd-Ceres, Trinity	06 Ontario	1.55m
1.40 1.45 1.50 1.55 1.58		
O O XO XXO XXX		
3 Hamilton, Samantha	04 Alberta-Nort	1.55m
1.40 1.45 1.50 1.55 1.58		
O O O XO XXX		
3 Hicks, Kiersten	04 New Brunswick	1.55m
1.45 1.50 1.55 1.58		
O O O XXX		

Women Pole Vault U16

starting height 2.50 up by 20's, to 2.90 up by 10's

Championship: M 3.30m 8/9/2019 Sonya Urbanowicz, British Col

Name	Year Team	Finals
1 Urbanowicz, Sonya	04 British Colu	3.30m
2.90 3.00 3.10 3.21 3.30 3.35		
XXO O XO O O XXX		
2 Beckett, Daniela	04 London Weste	2.90m
2.50 2.70 2.90 3.00		
O O O XXX		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Women Pole Vault U16**

2 Miller, Brynn	04 North Halton	2.90m
2.50 2.70 2.90 3.00		
0 0 0 XXX		

Women Long Jump U16

Groups A and B

Championship: M 6.02m	2006	Christabel Nettey				
Name	Year	Team	Finals	Wind	H#	
1 Shadd-Ceres, Trinity	06	Ontario	5.62m	3.6	1	
FOUL(1.6) 5.62m(3.6)	FOUL(3.6)	5.30m(0.8)	4.58m(1.0)	5.35m(2.1)		
2 Omonzane, Peace	04	Flying Angel	5.59m	3.3	1	
5.26m(3.5) 5.26m(1.3)	5.59m(3.3)	FOUL(1.1)	4.84m(0.4)	5.30m(2.2)		
3 Starr, Madeline Ruth	04	Quebec	5.49m	0.3	2	
5.45m(2.5) 5.27m(3.4)	4.90m(-0.1)	5.14m(1.7)	FOUL(2.1)	5.49m(0.3)		

Women Triple Jump U16

Championship: M 12.00m	2008	Rachel Romu				
Name	Year	Team	Finals	Wind		
1 Elliott, Kalista	05	Ontario	11.91m	3.3		
11.71m(3.0) 11.91m(3.3)	11.27m(4.0)	11.16m(3.7)	11.69m(1.7)	11.81m(1.9)		
2 Akinduro, Tolulope	04	Flying Angel	11.54m	4.7		
FOUL(3.5) 11.29m(4.2)	11.31m(4.4)	FOUL(1.1)	11.54m(4.7)	FOUL(3.6)		
3 Starr, Madeline Ruth	04	Quebec	11.23m	1.6		
FOUL(4.1) 11.23m(1.6)	FOUL(4.2)	FOUL(1.7)	FOUL(2.6)	FOUL(0.4)		

Women Shot Put 3kg U16

Championship: M 16.45m	2015	Trinity Tutti				
Name	Year	Team	Finals			
1 Forshaw, Rose	04	Ontario	12.13m			
11.51m 11.30m 12.13m	11.11m	11.43m	11.99m			
2 Martin, Harley	04	Ontario	11.97m			
11.88m 11.76m 11.93m	11.97m	11.75m	11.61m			
3 De Buglio, Martina	04	Project Athl	11.85m			
10.04m 11.32m 11.17m	11.85m	11.34m	FOUL			

Women Discus Throw 1kg U16

Championship: M 46.01m	2015	Trinity Tutti				
Name	Year	Team	Finals			
1 Buck, Jessie	04	Ontario	42.34m			
37.94m FOUL 38.95m	40.03m	42.34m	37.74m			
2 Desjardins, Camille	04	Quebec	35.08m			
35.08m 30.41m FOUL	FOUL	33.37m	35.03m			
3 Forshaw, Rose	04	Ontario	32.34m			
31.94m FOUL 32.34m	31.61m	FOUL	FOUL			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women Hammer Throw 3kg U16**

Championship: M 58.47m 2014 Lindsay Frederikse							
Name	Year	Team					Finals
1 Desjardins, Camille	04	Quebec					50.05m
			47.91m	49.73m	48.90m	FOUL	50.05m 46.47m
2 Manousaridis, Ana Maria	05	York Univers					46.01m
			FOUL	46.01m	41.76m	41.29m	42.90m FOUL
3 Van Stuyvenberg, Michell	05	Ontario					45.66m
			40.93m	45.66m	FOUL	FOUL	FOUL 42.13m

Women Javelin Throw 500g U16

Championship: M 46.32m 1982 Chantal Carpentier							
Name	Year	Team					Finals
1 Seagris, Alexandra	04	Ontario					41.81m
			34.40m	36.86m	41.81m	40.99m	37.65m 36.96m
2 Martin, Harley	04	Ontario					41.79m
			37.61m	37.59m	35.78m	FOUL	38.85m 41.79m
3 Philpott, Jessica	04	Alberta-Nort					35.72m
			30.33m	33.51m	33.75m	35.72m	33.31m 33.23m

Outdoor Pentathlon: #5 Women 800 Meter Run U16 Outdoor Pentathlon

Championship: M 2:26.41 8/12/2018 Isabella Goudros, Ontario					
Name	Year	Team	Finals	Points	
1 Feschuk, Sarah	04	Alberta-Nort	2:28.88	707	
2 Dovichak, Jayel	04	Bulldogs Tra	2:29.42	700	
3 Bliss, Reagan	04	Calgary Warr	2:34.47	638	

Outdoor Pentathlon: #1 Women 80 Meter Hurdles 0.762m-8.0m U16 Outdoor Pentathlon

Championship: M 11.69 8/12/2018 Isabella Goudros, Ontario						
Name	Year	Team	Finals	Wind	H#	Points
1 Bliss, Reagan	04	Calgary Warr	12.31	-1.0	2	788
2 Veilleux, Sara-Kim	04	Filoup	12.35	-1.0	2	782
3 Pritchard, Shelaine	04	Saskatchewan	12.40	-1.0	2	774

Outdoor Pentathlon: #2 Women High Jump U16 Outdoor Pentathlon

Championship: M 1.61m 8/11/2019 Reagan Bliss, CALGARY WARR											
Name	Year	Team	Finals	Points							
1 Bliss, Reagan	04	Calgary Warr	1.61mM	747							
			1.37	1.40	1.43	1.46 1.49	1.52 1.55 1.58 1.61 1.64				
			O	P	O	P	O	XXO	O	XXO	XXX
2 Pritchard, Shelaine	04	Saskatchewan	1.58m	712							
			1.52	1.55	1.58	1.61					
			O	XO	O	XXX					
3 Dovichak, Jayel	04	Bulldogs Tra	1.55m	678							
			1.37	1.40	1.43	1.46 1.49	1.52 1.55 1.58				
			O	O	O	XXO	O	O	XXO	XXX	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Outdoor Pentathlon: #4 Women Long Jump U16 Outdoor Pentathlon**

Championship: M 5.33m 8/7/2016 Chloé Royce, Quebec						
Name	Year	Team	Finals	Wind	Points	
1 Gordon, Madison	05	Langley Mustangs	4.93m	-1.4	540	
			4.37m(1.1)			4.50m(0.8)
						4.93m(-1.4)
2 Pritchard, Shelaine	04	Saskatchewan	4.89m	-3.6	530	
			4.89m(-3.6)			FOUL(0.5)
						FOUL(1.4)
3 Guay, Élisabeth	04	Drummondville	4.80m	5.8	506	
			4.80m(5.8)			4.62m(-0.9)
						4.74m(-1.4)

Outdoor Pentathlon: #3 Women Shot Put 3kg U16 Outdoor Pentathlon

Championship: M 11.38m 8/7/2016 Sarah Saldutto, NIAGARA REGI						
Name	Year	Team	Finals	Points		
1 Pritchard, Shelaine	04	Saskatchewan	10.48m	561		
			9.54m			10.31m
						10.48m
2 Hastings, Avery	04	Laurel Creek T.F.C.	9.57m	501		
			9.46m			8.19m
						9.57m
3 Gordon, Madison	05	Langley Mustangs	9.44m	493		
			9.44m			8.99m
						8.85m

Women Outdoor Pentathlon U16

Name	Year	Team	Finals	H#
1 Pritchard, Shelaine	04	Saskatchewan	3150	
2 Dovichak, Jayel	04	Bulldogs Tra	3066	
3 Feschuk, Sarah	04	Alberta-Nort	3019	

Women 1500 Meter Race Walk U16

Timed final 1 section						
Championship: M 7:07.17 2017 Cassidy Cardle						
Name	Year	Team	Finals			
1 Haintz, Kaia	04	Unattached B	8:40.66			
2 Fournier, Jia	04	Filoup	8:44.96			

Women 100 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

heats to finals 5 heats Top 1 + 3						
Championship: M 11.55 2010 Khamica Bingham						
National: N 11.53 2011 Khamica Bingham						
Name	Year	Team	Prelims	Wind	H#	
Preliminaries						
1 Desormes, Laurie-Ann	03	Quebec	12.28Q	-2.1	2	
2 Clayton, Ella	03	Alberta-Nort	12.30Q	-0.3	1	
3 Cannan, Emma	03	Okanagan Ath	12.35Q	-3.4	4	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 100 Meter Dash U18**

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heats to finals 5 heats Top 1 + 3
Championship: M 11.55 2010      Khamica Bingham
National: N 11.53 2011      Khamica Bingham
Name                          Year Team                      Finals  Wind
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Finals
1 Desormes, Laurie-Ann        03 Quebec                      12.21  -0.1
2 Clayton, Ella              03 Alberta-Nort                12.26  -0.1
3 Cannan, Emma                03 Okanagan Ath                12.28  -0.1

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Women 200 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

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=====
heats to final 5 heats Top 1 + 3
Championship: M 23.43 2011      Christian Brennan
National: N 23.43 2011      Christian Brennan
Name                          Year Team                      Prelims  Wind H#
=====
Preliminaries
1 Goudros, Isabella           03 Ontario                      25.26Q -1.9  2
2 Willems, Paige             02 Saskatchewan                 25.33Q -0.9  1
3 Catton, Jillian            03 Ontario                      25.38Q -1.6  3

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Women 200 Meter Dash U18

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=====
heats to final 5 heats Top 1 + 3
Championship: M 23.43 2011      Christian Brennan
National: N 23.43 2011      Christian Brennan
Name                          Year Team                      Finals  Wind
=====
Finals
1 Goudros, Isabella           03 Ontario                      24.46  -1.3
2 Catton, Jillian            03 Ontario                      24.88  -1.3
3 Cannan, Emma                03 Okanagan Ath                24.97  -1.3
2 Willems, Paige             02 Saskatchewan                 -1.3

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Women 400 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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=====
heats to finals 4 heats Top 1 + 4
Championship: M 53.11 2011      Christian Brennan
National: N 52.12 2011      Christian Brennan
Name                          Year Team                      Prelims  H#
=====
Preliminaries
1 McKenzie, Nicole            03 Boost Athlet                 57.34Q  3
2 Clayton, Ella              03 Alberta-Nort                57.38Q  2
3 Pearson, Avery              03 Saskatchewan                 57.56Q  1

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2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 400 Meter Dash U18**

heats to finals 4 heats Top 1 + 4

Championship: M 53.11 2011 Christian Brennan

National: N 52.12 2011 Christian Brennan

Name	Year	Team	Finals
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Finals

1 Clayton, Ella	03	Alberta-Nort	54.78
2 Pearson, Avery	03	Saskatchewan	55.35
3 McKenzie, Nicole	03	Boost Athlet	56.24

Women 800 Meter Run U18

Timed finals 3 sections

Championship: M 2:06.88 2015 Victoria Tachinski

National: N 2:03.58 2016 Victoria Tachinski

Name	Year	Team	Finals	H#
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1 Pearson, Avery	03	Saskatchewan	2:08.71	2
2 Morrison, Tegan	02	Laurel Creek T.F.C.	2:08.87	2
3 Knelsen, Hallee	03	St Thomas Le	2:09.79	2

Women 1500 Meter Run U18

Timed finals 1 section

Championship: M 4:25.11 8/10/2018 Maggie Smith, Nova Scotia/

National: N 4:06.71 1972 Glenda Reiser

Name	Year	Team	Finals	H#
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1 Lewis, Kendra	02	British Colu	4:28.08	3
2 Sigfstead, Sadie	03	Alberta-Nort	4:29.86	3
3 Watt, Margrett	02	Winnipeg Opt	4:34.25	3

Women 3000 Meter Run U18

Timed final 2 section

Championship: M 9:27.52 1998 Emilie Mondor

National: N 9:16.93 2016 Shona Mcculloch

Name	Year	Team	Finals	H#
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1 Lewis, Kendra	02	British Colu	9:48.24	2
2 Sigfstead, Sadie	03	Alberta-Nort	9:49.22	2
3 Yuhasz, Abbey	02	Laurel Creek T.F.C.	9:54.83	2

Women 100 Meter Hurdles 0.762m-8.5m U18**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Heats to finals 2 heats Top 3 + 2

Championship: M 13.38 2012 Nicole Settingington

National: N 13.33 2016 Keira Christie-Galloway

Name	Year	Team	Prelims	Wind	H#
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Preliminaries

1 Sutherland, Savannah	03	Saskatchewan	14.43Q	-2.8	1
2 Desousa, Tayah	03	St Thomas Le	15.09Q	-2.8	2
3 Baron, Samantha	02	British Colu	15.13Q	-2.8	1

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 100 Meter Hurdles 0.762m-8.5m U18**

Heats to finals 2 heats Top 3 + 2

Championship: M 13.38 2012 Nicole Settingington
 National: N 13.33 2016 Keira Christie-Galloway

Name	Year	Team	Finals	Wind
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Finals

1	Sutherland, Savannah	03 Saskatchewan	13.99	-2.5
2	Desousa, Tayah	03 St Thomas Le	14.70	-2.5
3	Baron, Samantha	02 British Colu	14.88	-2.5

Women 400 Meter Hurdles 0.762m-35m U18

Timed finals 2 sections

Championship: M 1:00.27 8/7/2016 Megan Champoux, British Colu
 National: N 56.79 2015 Xahria Santiago

Name	Year	Team	Finals	H#
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1	Sutherland, Savannah	03 Saskatchewan	1:01.48	2
2	Watson, Rachel	02 Hamilton Oly	1:02.84	2
3	Baron, Samantha	02 British Colu	1:03.12	2

Women 2000 Meter Steeplechase 0.762m U18

Timed final 2 section

Championship: M 6:41.46 2017 Grace Fetherstonehaugh
 National: N 6:39.36 2007 Jessica Furlan

Name	Year	Team	Finals	H#
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1	Stewart-Barnett, Katelyn	03 British Colu	6:51.47	2
2	McFadyen, Jenna	02 Saskatchewan	6:57.97	2
3	Howes, Cecilia	02 Winnipeg Opt	7:02.61	2

Women 4x100 Meter Relay U18

Timed finals

Championship: M 46.58 2011 , QC
 National: N 44.77 2016
 M. Sangha, A. Kurucz, J. Nijjar, K. Vlahovic

Team	Finals	H#
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1	Flying Angels Academy 'A'	47.76	2
	1) Sackey, Ewura Ekua 02	2) Atem, Ivana 02	
	3) Cabezas, Ariana 03	4) Anyaogu, Kristie 04	
2	Saskatchewan 'A'	48.28	1
	1) Willems, Paige 02	2) Sutherland, Savannah 03	
	3) Cole-Johnson, Emily 02	4) Adelugba, Timi 02	
3	Alberta-Northwest Territories 'A'	48.31	2
	1) Ford, Madison 02	2) Anderson, Gracie 02	
	3) Vanderput, Elizabeth 02	4) Clayton, Ella 03	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women 4x400 Meter Relay U18**

Timed finals

Championship: M 3:45.32 2011 , AB-NWT

National: N 3:45.32 2011

E. Hirst, J. Westaway, A. Hrycun, S. Watson

Team Finals H#

1	Saskatchewan 'A'	3:48.28	1
	1) Willems, Paige 02	2) Albertson, Rachel 03	
	3) Sutherland, Savannah 03	4) Pearson, Avery 03	
2	Ontario 'A'	3:50.44	1
	1) James, Jenna 03	2) Friesen, Mia 02	
	3) Catton, Jillian 03	4) Goudros, Isabella 03	
3	Alberta-Northwest Territories 'A'	3:54.73	2
	1) Vanderput, Elizabeth 02	2) Ford, Madison 02	
	3) Brown, Jillian 03	4) Clayton, Ella 03	

Women High Jump U18

starting height 1.35 up by 5's to 1.60 then by 3's, up to 1.66 by 2's

Championship: M 1.81m 2008 Alyzandra Treasure

National: N 1.87m 2016 Julie Whyte

Name Year Team Finals

1	Denbow, Lara	03 Prairie Stor	1.72m
	1.55 1.60 1.63 1.66 1.68 1.70 1.72 1.74		
	O O XO XXO XXO XO O XXX		
2	Jozin, Annika Jane	03 Ontario	1.68m
	1.55 1.60 1.63 1.66 1.68 1.70		
	O XO O XXO XXO XXX		
3	De Boer, Emma	03 British Colu	1.66m
	1.55 1.60 1.63 1.66 1.68		
	O O XO XO XXX		

Women Pole Vault U18

starting height 2.50 by 20's, up to 2.90 by 10's

Championship: M 3.92m 8/10/2018 Alexzandra Thronson, Univers

National: N 3.91m 2010 Alysha Newman

Name Year Team Finals

1	Hill, Isabelle	03 University o	3.50m
	3.20 3.30 3.40 3.50 3.60		
	O O O O XXX		
2	Van Ryswyk, Olivia	02 British Colu	J3.50m
	3.20 3.30 3.40 3.50 3.60		
	XXO O XO O XXX		
3	Hodson, Justine	02 Ontario	3.30m
	3.10 3.20 3.30 3.40 3.50		
	O O O XX X		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women Long Jump U18**

Group A and B						
Championship: M 6.21m		2008	Christibel Nettey			
National: N 6.41m		2016	Nicole Ali			
Name	Year	Team	Finals	Wind	H#	
1 Agboola, Rofiat	02	Manitoba & N	5.65m	1.9	2	
			5.28m(3.4)	5.26m(0.2)	5.52m(2.6)	FOUL(1.5)
			5.65m(1.9)	5.44m(1.6)		
2 Adekayode, Deborah	03	Manitoba & N	5.55m	2.2	2	
			5.43m(2.9)	FOUL(2.4)	5.36m(2.6)	5.55m(2.2)
			FOUL(3.3)	5.41m(0.4)		
3 Da Silveira, Ionah	02	Quebec	5.53m	0.9	2	
			FOUL(1.9)	5.41m(1.8)	5.33m(0.9)	5.53m(0.9)
			5.32m(2.8)	5.12m(2.3)		

Women Triple Jump U18

Group A and B						
Championship: M 12.61m		2014	Jamilah James			
National: N 13.13m		2019	Mahalia Mitchell			
Name	Year	Team	Finals	Wind		
1 Akinduro, Busola	02	Flying Angel	12.01m	-5.9		
			11.51m(-2.9)	11.66m(-3.1)	FOUL(-0.5)	11.77m(-3.4)
			11.99m(-2.3)	12.01m(-5.9)		
2 Denbow, Lara	03	Prairie Stor	11.98m	-1.0		
			11.98m(-1.0)	11.15m(-3.4)	11.02m(-4.3)	11.20m(-3.5)
			11.82m(-2.5)	11.73m(-2.6)		
3 Catton, Jillian	03	Ontario	11.47m	-2.0		
			11.05m(-2.3)	FOUL(-2.3)	11.47m(-2.0)	FOUL
			FOUL(-3.6)	10.85m(-3.7)		

Women Shot Put 3kg U18

Group A and B						
Championship: M 17.05m		8/6/2017	Trinity Tutti, Ontario			
National: N 17.82m		2017	Trinity Tutti			
Name	Year	Team	Finals	H#		
1 Decoff, Keighan	03	Nova Scotia/Nunavut	14.96m	2		
			13.77m	14.94m	14.96m	14.17m
			13.92m	FOUL		
2 Dadson, Michelle	02	British Colu	14.95m	2		
			14.31m	14.22m	14.22m	14.33m
			14.59m	14.95m		
3 Webb, Alexandria	02	Ontario	14.66m	2		
			13.59m	FOUL	13.21m	13.63m
			14.66m	FOUL		

Women Discus Throw 1kg U18

Group A and B						
Championship: M 49.25m		8/5/2017	Trinity Tutti, Ontario			
National: N 48.98m		2012	Asianna Covington			
Name	Year	Team	Finals			
1 Shomachuk, Jinaye	03	Alberta-Nort	44.12m			
			44.12m	40.41m	FOUL	43.48m
			41.59m	44.12m		
2 Van Stuyvenberg, Hanna	02	Saugeen Trac	41.19m			
			39.19m	FOUL	39.19m	39.83m
			41.19m	37.85m		
3 Decoff, Keighan	03	Nova Scotia/Nunavut	38.84m			
			35.63m	36.54m	38.84m	FOUL
			FOUL	FOUL	FOUL	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Women Hammer Throw 3kg U18**

Championship: M 61.06m 2014 Cyerra Cassel								
National: N 65.16m 2015 Camryn Rogers								
Name	Year	Team					Finals	
1 Blouin, Catherina	02	Quebec					56.75m	
			56.75m	FOUL	FOUL	55.46m	FOUL	FOUL
2 Martin, Billie	02	Ontario					56.23m	
			53.00m	FOUL	52.24m	53.94m	55.29m	56.23m
3 Osezua, Omyne	02	Project Athl					51.58m	
			FOUL	47.55m	47.52m	46.69m	FOUL	51.58m

Women Javelin Throw 500g U18

Championship: M 49.88m 8/10/2019 Alexandria Webb, Ontario								
National: N 53.44m 2019 Alexandria Webb								
Name	Year	Team					Finals	
1 Webb, Alexandria	02	Ontario					49.88mM	
			43.15m	49.26m	49.88m	44.00m	FOUL	FOUL
2 Spain, Ashley	02	Woodstock Le					43.45m	
			43.45m	41.37m	42.98m	42.45m	43.17m	42.39m
3 Savela, Lauryn	02	Royal City T					42.95m	
			FOUL	42.75m	39.91m	FOUL	FOUL	42.95m

Heptathlon: #4 Women 200 Meter Dash U18 Heptathlon

Championship: M 24.71 8/9/2019 Isabella Goudros, Ontario						
National: N 24.71 8/9/2019 Isabella Goudros, Ontario						
Name	Year	Team	Finals	Wind	H#	Points
1 Goudros, Isabella	03	Ontario	24.71M	+0.0	2	914
2 MacDonald, Sienna	02	Alberta-Nort	26.10	+0.0	2	788
3 Friesen, Mia	02	Ontario	26.42	+0.0	2	761

Heptathlon: #7 Women 800 Meter Run U18 Heptathlon

Championship: M 2:22.31 8/5/2016 Marguerite Lorenzo, Saint-Lauren						
National: N 2:25.03 8/9/2019 Caleigh O'Flaherty, British Colu						
Name	Year	Team	Finals	Points		
1 O'Flaherty, Caleigh	02	British Colu	2:25.03N	756		
2 Goudros, Isabella	03	Ontario	2:28.81	708		
3 MacDonald, Sienna	02	Alberta-Nort	2:30.59	685		

Heptathlon: #1 Women 100 Meter Hurdles 0.762m-8.5m U18 Heptathlon

Championship: M 14.12 8/9/2019 Isabella Goudros, Ontario						
National: N 14.12 8/9/2019 Isabella Goudros, Ontario						
Name	Year	Team	Finals	Wind	H#	Points
1 Goudros, Isabella	03	Ontario	14.12M	-2.0	2	961
2 MacDonald, Sienna	02	Alberta-Nort	14.18	-2.0	2	953
3 O'Flaherty, Caleigh	02	British Colu	15.01	-2.0	2	840

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Heptathlon: #2 Women High Jump U18 Heptathlon**

=====										
Championship: M 1.69m 8/5/2016 Julie Kawai Herdman, British Colu										
National: N 1.64m 8/9/2019 Mia Friesen, Ontario										
Name	Year	Team	Finals		Points					
=====										
1 Friesen, Mia	02	Ontario	1.64mN		783					
	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67
	O	O	O	O	O	XO	XO	XXO	XO	XXX
2 Selkirk, Robin	03	Unattached Ontario	1.58m		712					
	1.46	1.49	1.52	1.55	1.58	1.61				
	O	XO	O	XXO	O	XXX				
2 Weening, Abby	03	Peak Velocit	1.58m		712					
	1.46	1.49	1.52	1.55	1.58	1.61				
	O	O	XXO	XXO	XO	XXX				
2 Gaudry, Abbigael	03	Nova Scotia/Nunavut	1.58m		712					
	1.43	1.46	1.49	1.52	1.55	1.58	1.61			
	O	O	O	XO	O	O	XXX			
2 O'Flaherty, Caleigh	02	British Colu	1.58m		712					
	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	
	O	O	O	O	XO	O	O	O	XXX	

Heptathlon: #5 Women Long Jump U18 Heptathlon

=====									
Championship: M 5.61m 8/5/2016 Ashley Germain, Quebec									
National: N 5.59m 8/9/2019 Isabella Goudros, Ontario									
Name	Year	Team	Finals		Wind	Points			
=====									
1 Goudros, Isabella	03	Ontario	5.59mN		0.7	726			
	5.59m(0.7)	FOUL(1.9)	FOUL(2.0)						
2 O'Flaherty, Caleigh	02	British Colu	5.29m		2.2	640			
	5.00m(0.6)	5.29m(2.2)	4.76m(-0.2)						
3 Friesen, Mia	02	Ontario	5.16m		1.6	603			
	4.88m(1.9)	FOUL(2.7)	5.16m(1.6)						

Heptathlon: #3 Women Shot Put 3kg U18 Heptathlon

=====									
Championship: M 13.80m 8/5/2016 Kira Kopec, Alberta-Nort									
National: N 11.99m 8/9/2019 Sienna MacDonald, Alberta-Nort									
Name	Year	Team	Finals		Points				
=====									
1 MacDonald, Sienna	02	Alberta-Nort	11.99mN		660				
	11.99m	11.78m	11.83m						
2 Friesen, Mia	02	Ontario	11.49m		627				
	11.19m	11.49m	FOUL						
3 Goudros, Isabella	03	Ontario	11.15m		605				
	10.57m	10.84m	11.15m						

Heptathlon: #6 Women Javelin Throw 500g U18 Heptathlon

=====									
Championship: M 40.73m 8/10/2018 Shae Ledevhat, Newfoundland									
National: N 39.16m 8/9/2019 Sienna MacDonald, Alberta-Nort									
Name	Year	Team	Finals		Points				
=====									
1 MacDonald, Sienna	02	Alberta-Nort	39.16mN		651				
	38.89m	38.54m	39.16m						

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Heptathlon: #6 Women Javelin Throw 500g U18 Heptathlon**

2	Friesen, Mia	02 Ontario	34.05m	554
	32.39m FOUL 34.05m			
3	Gaudry, Abbigael	03 Nova Scotia/Nunavut	31.91m	513
	31.91m 28.70m 24.16m			

Women Heptathlon U18

=====					
Championship: M	5124	2010	Niki Oudenaarden		
National: N	5406	2015	Nina Schultz		
Name		Year Team		Finals	H#
=====					
1	Goudros, Isabella	03 Ontario		4897	
2	MacDonald, Sienna	02 Alberta-Nort		4895	
3	Friesen, Mia	02 Ontario		4781	

Women 3000 Meter Race Walk U18

=====					
Timed final 1 section					
Championship: M	14:59.08	2019	Olivia Lunden, Nanainmo &		
National: N	14:37.3h	1973	Mylene Dupere		
Name		Year Team		Finals	
=====					
1	Lundman, Olivia	03 Nanaimo & DI		14:59.08M	
2	Cardle, Cassidy	02 British Colu		15:11.74	
3	Meade, Ora	02 Ontario		15:17.87	

Men 100 Meter Dash U16**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====					
Heats to final 4 heats Top 1 + 4					
Championship: M	10.75	2010	Andre Ford-Azonwanna		
Name		Year Team		Prelims	Wind H#
=====					
Preliminaries					
1	Hardy, Ryder	04 Saskatchewan		11.35Q	-1.4 3
2	Kidd, Daniel	04 Alberta-Nort		11.38Q	-1.8 4
3	White, Grant	04 Manitoba & N		11.68Q	-0.5 1

Men 100 Meter Dash U16

=====					
Heats to final 4 heats Top 1 + 4					
Championship: M	10.75	2010	Andre Ford-Azonwanna		
Name		Year Team		Finals	Wind
=====					
Finals					
1	Kidd, Daniel	04 Alberta-Nort		11.30	-1.6
2	Hardy, Ryder	04 Saskatchewan		11.36	-1.6
3	Klassen, Mesele	04 Riversdale A		11.60	-1.6 11.594
3	White, Grant	04 Manitoba & N			-1.6

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 200 Meter Dash U16****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Heats to finals 3 heats Top 2+2

Championship: M 21.90 1985 Brad McCuaig

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Kidd, Daniel	04	Alberta-Nort	23.13Q	-1.9	1
2 Hardy, Ryder	04	Saskatchewan	23.25Q	-1.3	3
3 Klassen, Mesele	04	Riversdale A	23.32Q	+0.0	4

Men 200 Meter Dash U16

Heats to finals 3 heats Top 2+2

Championship: M 21.90 1985 Brad McCuaig

Name	Year	Team	Finals	Wind
Finals				
1 Kidd, Daniel	04	Alberta-Nort	22.52	0.4
2 Hardy, Ryder	04	Saskatchewan	22.70	0.4
3 McIntosh Cundari, Jordan	04	Boost Athlet	23.05	0.4
3 Klassen, Mesele	04	Riversdale A		0.4

Men 300 Meter Dash U16**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Heats to finals 3 Heats Top 2 + 2

Championship: M 34.62 2017 Nifaiya Robinson

Name	Year	Team	Prelims	H#
Preliminaries				
1 Swanson, Mats	04	Alberta-Nort	36.57Q	3
2 Hardy, Ryder	04	Saskatchewan	37.35Q	1
3 Klassen, Mesele	04	Riversdale A	37.57Q	2

Men 300 Meter Dash U16

Heats to finals 3 Heats Top 2 + 2

Championship: M 34.62 2017 Nifaiya Robinson

Name	Year	Team	Finals
Finals			
1 Swanson, Mats	04	Alberta-Nort	35.68
2 Hardy, Ryder	04	Saskatchewan	36.42
3 Emuze, Destiny	04	Ontario	36.50
3 Klassen, Mesele	04	Riversdale A	

Men 800 Meter Run U16

Timed finals 2 section final

Championship: M 1:54.43 1989 Kevin Sullivan

Name	Year	Team	Finals	H#
1 Flemington, Riley	04	Ontario	1:56.48	2
2 Swanson, Mats	04	Alberta-Nort	1:57.53	2
3 Emuze, Destiny	04	Ontario	2:01.82	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 1200 Meter Run U16**

Timed finals 3 section

Championship: M 3:07.27 8/9/2019 Riley Flemington, Ontario

Name	Year Team	Finals	H#
1 Flemington, Riley	04 Ontario	3:07.27M	3
2 Lee, Caiden	05 Ocean Athlet	3:17.53	3
3 Basson, Mason	04 St Thomas Le	3:18.08	3

Men 2000 Meter Run U16

Timed finals 1 section

Championship: M 5:38.95 2010 Mike Tate

Name	Year Team	Finals
1 Lee, Caiden	05 Ocean Athlet	5:52.43
2 Hueglin, Tanner	04 Newmarket Hu	5:53.56
3 Campagna, Louis-Pierre	04 C. A. Univer	5:54.52

Men 100 Meter Hurdles 0.84m-8.5m U16**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Heats to Final 2 heats Top 3 + 2

Championship: M 13.03 8/10/2018 Emanuel Désilets, Quebec

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Nicoletti, Luca	04 Ottawa Lions T.F.C.	13.74Q	-2.1	1
2 Phan, Justin	04 Quebec	13.97Q	-2.5	2
3 Paris, Nate	04 British Colu	14.13Q	-2.5	2

Men 100 Meter Hurdles 0.84m-8.5m U16

Heats to Final 2 heats Top 3 + 2

Championship: M 13.03 8/10/2018 Emanuel Désilets, Quebec

Name	Year Team	Finals	Wind
Finals			
1 Phan, Justin	04 Quebec	13.61	-2.9
2 King, Ryder	04 Etobicoke Tr	13.84	-2.9
3 Paris, Nate	04 British Colu	14.05	-2.9
1 Nicoletti, Luca	04 Ottawa Lions T.F.C.		-2.9

Men 200 Meter Hurdles 0.762m-35m U16**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Heats to Finals 3 heats Top 2 + 2

Championship: M 24.27 2012 Davis Edward

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Bayard-Fournier, Émerick	04 Quebec	25.18Q	0.7	3
2 King, Ryder	04 Etobicoke Tr	25.40Q	+0.0	1
3 Carr, Tyson	05 Okanagan Ath	25.71Q	-0.6	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 200 Meter Hurdles 0.762m-35m U16**

Heats to Finals 3 heats Top 2 + 2

Championship: M 24.27 2012 Davis Edward

Name	Year Team	Finals	Wind
------	-----------	--------	------

Finals

1 King, Ryder	04 Etobicoke Tr	25.12	-0.9
2 Nicoletti, Luca	04 Ottawa Lions T.F.C.	25.26	-0.9
3 Carr, Tyson	05 Okanagan Ath	25.30	-0.9

Preliminaries

1 Bayard-Fournier, Émerick 04 Quebec

Men 1500 Meter Steeplechase 0.762m U16

Timed final 1 section

Championship: M 4:15.15 2012 Tobias Wolter

Name	Year Team	Finals
------	-----------	--------

Finals

1 Kuchar, Jaxon	04 British Colu	4:29.83
2 Makaby, Abraham	04 Riversdale A	4:31.82
3 Landry, Micah	04 New Brunswick	4:35.27

Men 4x100 Meter Relay U16

Timed finals

Championship: M 43.30 1985 , ALB

Team	Finals
------	--------

1 Alberta-Northwest Territories 'A'	44.63
1) Bath, Connor 05	2) Swanson, Mats 04
3) Sharpe, Tyler 04	4) Kidd, Daniel 04
2 Quebec 'A'	44.79
1) Phan, Justin 04	2) Bayard-Fournier, Émerick 04
3) Larouche, Olivier 04	4) Picard, Carl 04
3 Ottawa Lions T.F.C. 'A'	46.93
1) Nicoletti, Luca 04	2) Meredith, Yannick 04
3) Kukla-Colby, Thomas 04	4) Van Der Laan, Joshua 04

Men 1600 Sprint Medley U16

Timed finals

Championship: M 3:35.30 2010 , ONT

Team	Finals
------	--------

1 Ontario 'A'	3:36.46
1) Emuze, Destiny 04	2) Casanova, Nathan 04
3) Davis, Stephen 04	4) Flemington, Riley 04
2 Ottawa Lions T.F.C. 'A'	3:45.90
1) Kukla-Colby, Thomas 04	2) Van Der Laan, Joshua 04
3) Nicoletti, Luca 04	4) Meredith, Yannick 04
3 St Thomas Legion Track & Field 'A'	3:48.49
1) Basson, Mason 04	2) Gray, Fox 05
3) Moore, Vincent 04	4) Belanger, Harrison 04

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men High Jump U16**

Starting height: 1.30 up by 5's to 1.65 then up by 3's

Championship: M 2.01m 2007 Branden Wilhelm

Name	Year Team	Finals
1 Paris, Nate	04 British Colu	1.80m
1.71 1.74 1.77 1.80 1.85		
O O XO XO XXX		
2 Kordas, George	04 British Colu	1.77m
1.65 1.68 1.74 1.77 1.80		
O O O XO XXX		
2 Stenger, Arjun	04 Etobicoke Tr	1.77m
1.65 1.71 1.74 1.77 1.80		
O O O XO XXX		

Men Pole Vault U16

Starting height: 2.80 by 15's up to 3.85 up by 10's

Championship: M 3.82m 8/9/2019 Tekoa Kornelsen, Alberta-Nort

Name	Year Team	Finals
1 Kornelsen, Tekoa	04 Alberta-Nort	3.82m
3.55 3.70 3.82 3.95		
O XO O XXX		
2 Kordas, George	04 British Colu	3.55m
3.25 3.40 3.55 3.70		
XO O O XXX		
3 Turner, Aidan	05 Ocean Athlet	J3.55m
3.25 3.40 3.55 3.70		
O XXO O XXX		

Men Long Jump U16

Championship: M 6.82m 2007 Jared Heldman

Name	Year Team	Finals	Wind
1 Bayard-Fournier, Émerick	04 Quebec	6.74m	0.2
6.48m(1.6) FOUL(1.6) 6.51m(-0.6) 6.46m(0.7) FOUL(0.8) 6.74m(0.2)			
2 Goi, Emanuel	04 Alberta-Nort	6.61m	1.4
FOUL(4.3) 6.38m(1.6) FOUL(1.2) 6.22m(2.0) 6.39m(0.7) 6.61m(1.4)			
3 Davis, Stephen	04 Ontario	6.46m	1.5
5.70m(0.7) 6.01m(2.3) FOUL(1.4) FOUL(1.1) 6.14m(0.3) 6.46m(1.5)			

Men Triple Jump U16

Championship: M 13.82m 8/10/2018 Praise Aniamaka, BC/YK

Name	Year Team	Finals	Wind
1 Bayard-Fournier, Émerick	04 Quebec	14.06m	3.3
13.62m(0.1) 13.41m(2.2) FOUL(2.5) 13.59m(1.6) 13.52m(2.1) 14.06m(3.3)			
2 Davis, Stephen	04 Ontario	13.84m	2.8
13.25m(2.9) 13.27m(3.7) 13.57m(2.8) 13.56m(2.3) 13.47m(3.2) 13.84m(2.8)			
3 Goi, Emanuel	04 Alberta-Nort	13.61m	1.6
FOUL(2.1) 13.56m(0.9) 13.42m(3.7) 13.61m(1.6) FOUL(1.6) FOUL(2.7)			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men Shot Put 4kg U16**

Championship: M 19.66m 2013		Joseph Maxwell		
Name	Year	Team		Finals
1 Ogbeiwi, Michael	04	British Colu		17.47m
			FOUL FOUL 16.47m 16.33m 16.46m 17.47m	
2 Hussein, Kai	04	British Colu		16.81m
			15.87m 15.29m 15.27m 16.81m 16.41m 16.79m	
3 Uliana, Matthew	04	Vancouver TH		15.83m
			FOUL 15.30m FOUL 15.83m 15.56m 14.54m	

Men Discus Throw 1kg U16

Championship: M 63.22m 2013		Joseph Maxwell		
Name	Year	Team		Finals
1 Ogbeiwi, Michael	04	British Colu		58.03m
			58.03m 57.31m FOUL 56.82m FOUL 55.47m	
2 Casanova, Nathan	04	Ontario		56.59m
			FOUL 51.64m FOUL 55.77m FOUL 56.59m	
3 Uliana, Matthew	04	Vancouver TH		55.06m
			52.67m 51.07m 54.45m 55.06m FOUL 54.72m	

Men Hammer Throw 4kg U16

Championship: M 67.21m 2019		Kian Zabihi, Kamloops Track		
Name	Year	Team		Finals
1 Zabihi, Kian	05	Kamloops Tra		67.21mM
			58.16m 66.83m FOUL 65.09m FOUL 67.21m	
2 Ogbeiwi, Michael	04	British Colu		61.50m
			61.50m 59.55m FOUL FOUL FOUL 51.26m	
3 Uliana, Matthew	04	Vancouver TH		59.92m
			FOUL 58.39m FOUL 59.92m 59.87m FOUL	

Men Javelin Throw 600g U16

Championship: M 60.70m 2004		Jared Baird		
Name	Year	Team		Finals
1 Bibby, Cole	04	British Colu		54.94m
			54.94m 51.88m FOUL FOUL 47.45m 53.39m	
2 Jacklin, Lucas	05	Saugeen Trac		47.79m
			45.67m 43.33m 44.25m 47.79m 44.53m 46.99m	
3 Clarke, Sean	04	U Windsor At		47.76m
			38.72m 42.43m 46.67m 47.76m 47.35m 46.39m	

Outdoor Pentathlon: #5 Men 1000 Meter Run U16 Outdoor Pentathlon

Championship: M 2:51.62 8/11/2019		Tyler Sharpe, Alberta-Nort		
National: N 2:51.62				
Name	Year	Team	Finals	Points
1 Sharpe, Tyler	04	Alberta-Nort	2:51.62M	749
2 Paris, Nate	04	British Colu	2:57.77	686
3 Ciceran, Cole	04	Thorold Elit	2:58.62	678

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Outdoor Pentathlon: #1 Men 100 Meter Hurdles 0.84m-8.5m U16 Outdoor Pentathlon**

Championship: M 13.83 8/12/2018 Emanuel Désilets, Quebec

National: N 14.18

Name	Year Team	Finals	Wind	Points
1 Paris, Nate	04 British Colu	14.18N	-0.6	812
2 Georghiades, Andrew	04 Laurel Creek T.F.C.	14.63	-0.6	756
3 Sharpe, Tyler	04 Alberta-Nort	15.64	-0.6	637

Outdoor Pentathlon: #4 Men High Jump U16 Outdoor Pentathlon

Championship: M 1.82m 8/11/2019 Nate Paris, British Colu

National: N 1.82m

Name	Year Team	Finals	Points
1 Paris, Nate	04 British Colu	1.82mM	644
1.70 1.73 1.76 1.79 1.82 1.85			
XXO O O O XXX			
2 Sharpe, Tyler	04 Alberta-Nort	1.73m	569
1.55 1.61 1.67 1.70 1.73 1.76			
O O XO O XO XXX			
3 Ciceran, Cole	04 Thorold Elit	1.61m	472
1.55 1.58 1.61 1.64			
O XO XO XXX			

Outdoor Pentathlon: #2 Men Long Jump U16 Outdoor Pentathlon

Championship: M 5.83m 8/12/2018 Ty Stevenson, GOLDEN EARS

Name	Year Team	Finals	Wind	Points
1 Ciceran, Cole	04 Thorold Elit	5.56m	3.5	494
5.41m(1.2) 5.56m(3.5) 5.39m(2.8)				
2 Sharpe, Tyler	04 Alberta-Nort	5.40m	2.2	461
5.40m(2.2) FOUL(3.3) FOUL(1.2)				
3 Tardif, Nicolas	05 Baie-Comeau	5.17m	2.4	415
4.71m(2.7) 5.03m(2.7) 5.17m(2.4)				

Outdoor Pentathlon: #3 Men Shot Put 4kg U16 Outdoor Pentathlon

Championship: M 12.69m 8/12/2018 Emanuel Désilets, Quebec

National: N 12.42m

Name	Year Team	Finals	Points
1 Sharpe, Tyler	04 Alberta-Nort	12.42mN	632
12.42m FOUL 11.14m			
2 Paris, Nate	04 British Colu	10.77m	532
10.69m 10.41m 10.77m			
3 Tardif, Nicolas	05 Baie-Comeau	10.24m	500
10.16m 9.99m 10.24m			

Men Outdoor Pentathlon U16

Championship: M 3446 8/12/2018 Emanuel Désilets, Quebec

Name	Year Team	Finals	H#
1 Sharpe, Tyler	04 Alberta-Nort	3048	

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men Outdoor Pentathlon U16**

2 Paris, Nate	04 British Colu	2674
3 Ciceran, Cole	04 Thorold Elit	2656

Men 1500 Meter Race Walk U16

Timed final 1 section

Championship: M 6:26.94 2011 Marek Adamowick		
Name	Year Team	Finals
1 Naumenko, Isaac	04 British Colu	7:07.35
2 Croteau, Jules	04 Quebec	7:14.82

Men 100 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Heats to finals 4 heats Top 1 + 4

Championship: M 10.49 2009 Aaron Brown				
National: N 10.46 2009 Aaron Brown				
Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Ezzeddine, Joe Bernard	03 Quebec	10.98Q	-2.2	4
2 Haagensen, Chase	02 Unattached B	11.03Q	-0.5	1
3 Barresi, Domenic	03 Hamilton Oly	11.18Q	NWI	2

Men 100 Meter Dash U18

Heats to finals 4 heats Top 1 + 4

Championship: M 10.49 2009 Aaron Brown			
National: N 10.46 2009 Aaron Brown			
Name	Year Team	Finals	Wind
Finals			
1 Ezzeddine, Joe Bernard	03 Quebec	11.16	-4.0
2 Barresi, Domenic	03 Hamilton Oly	11.33	-4.0
3 Rose, Jadon	03 Mississauga	11.34	-4.0
2 Haagensen, Chase	02 Unattached B		-4.0

Men 200 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Heats to finals 5 heats Top 1+3

Championship: M 21.20 1988 Pierre Johann				
National: N 20.93 1982 Courtney Brown				
Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Barresi, Domenic	03 Hamilton Oly	22.03Q	-0.8	2
2 Ezzeddine, Joe Bernard	03 Quebec	22.28Q	-0.1	3
3 Reader, Daniel	03 Hamilton Oly	22.42Q	-0.8	1

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 200 Meter Dash U18**

Heats to finals 5 heats Top 1+3

Championship: M 21.20 1988 Pierre Johann
 National: N 20.93 1982 Courtney Brown

Name	Year	Team	Finals	Wind
Finals				
1 Barresi, Domenic	03	Hamilton Oly	21.98	-1.7
2 Klinger, Dawson	02	Saskatchewan	22.07	-1.7
3 Ezzeddine, Joe Bernard	03	Quebec	22.08	-1.7
3 Reader, Daniel	03	Hamilton Oly		-1.7

Men 400 Meter Dash U18**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Heats to final 4 heats Top 1+4

Championship: M 46.83 2011 Brandon McBride
 National: N 45.99 2019 Myles Misener-Daley

Name	Year	Team	Prelims	H#
Preliminaries				
1 Teal, Carter	02	Thorold Elit	49.33Q	3
2 Bowness, Zachary	02	Ontario	49.61Q	4
3 Cox-Yestrau, Tyler	02	Manitoba & N	49.71Q	1

Men 400 Meter Dash U18

Heats to final 4 heats Top 1+4

Championship: M 46.83 2011 Brandon McBride
 National: N 45.99 2019 Myles Misener-Daley

Name	Year	Team	Finals
Finals			
1 Bowness, Zachary	02	Ontario	48.13
2 Teal, Carter	02	Thorold Elit	48.59
3 Roth, Michael	02	Ontario	48.69
3 Cox-Yestrau, Tyler	02	Manitoba & N	

Men 800 Meter Run U18

Timed finals 3 sections

Championship: M 1:48.41 2011 Brandon McBride
 National: N 1:47.59 2019 Abdullahi Hassan

Name	Year	Team	Finals	H#
1 Erickson, Matti	03	British Colu	1:53.82	3
2 Heisterman, Keaton	02	British Colu	1:54.23	3
3 Goguen, Dakota	02	Newmarket Hu	1:54.29	3

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men 1500 Meter Run U18**

Timed finals 2 sections

Championship: M 3:52.67 1999 Ryan Hayden
National: N 3:45.87 2010 Robert Denault

Name	Year	Team	Finals	H#
1 Erickson, Matti	03	British Colu	4:03.50	2
2 Goguen, Dakota	02	Newmarket Hu	4:04.65	2
3 Riad, Yasser	03	Quebec	4:07.34	2

Men 3000 Meter Run U18

Timed final 1 section

Championship: M 8:25.99 2010 Eamonn Kichuk
National: N 8:14.99 2018 Evan Burke

Name	Year	Team	Finals
1 Goguen, Dakota	02	Newmarket Hu	8:51.75
2 Tiwana, Jaiveer	02	British Colu	8:53.17
3 Howse, Jared	02	Alberta-Nort	8:55.68

Men 110 Meter Hurdles 0.914m-9.14m U18**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Heats to final 2 heats Top 3 + 2

Championship: M 13.71 2015 Joey Daniels
National: N 13.43 2009 Gregory Macneill

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Adeleye, David	02	Ottawa Lions T.F.C.	14.55Q	-2.8	2
2 Wright, Ryan	02	Alberta-Nort	14.72Q	-2.4	1
3 Ma, Quan Ting Thomas	03	British Colu	15.09Q	-2.8	2

Men 110 Meter Hurdles 0.914m-9.14m U18

Heats to final 2 heats Top 3 + 2

Championship: M 13.71 2015 Joey Daniels
National: N 13.43 2009 Gregory Macneill

Name	Year	Team	Finals	Wind
Finals				
1 Adeleye, David	02	Ottawa Lions T.F.C.	14.45	-0.1
2 Wright, Ryan	02	Alberta-Nort	14.59	-0.1
3 Trustham, Harrison	02	Langley Mustangs	15.02	-0.1
3 Ma, Quan Ting Thomas	03	British Colu		-0.1

Men 400 Meter Hurdles 0.84m-35m U18

Timed finals 2 sections

Championship: M 53.02 1998 Gosh Guggenheimer
National: N 52.52 2015 Cody Pauli

Name	Year	Team	Finals	H#
1 Ma, Quan Ting Thomas	03	British Colu	54.51	2
2 Hughes, Jared	02	Ontario	55.11	2

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men 400 Meter Hurdles 0.84m-35m U18**

3 Legaspi, Nicholas 02 Burlington T 55.63 2

Men 2000 Meter Steeplechase 0.84m U18

Timed final 2 section

Championship: M 5:47.98 2015 Sean Bergman
National: N 5:44.23 2003 Chris Winter

Name	Year	Team	Finals	H#
1 Howse, Jared	02	Alberta-Nort	6:02.30	2
2 Duchesneau, Xavier	03	Quebec	6:02.79	2
3 Boyle, William	02	Winnipeg Opt	6:05.95	2

Men 4x100 Meter Relay U18

Timed finals

Championship: M 41.80 1985 , AB
National: N 41.44 2011
D. Bramwell, S. Ajayi, D. Jean-Jacques, K. Joyce

Team	Finals	H#
1 Alberta-Northwest Territories 'A'	42.34	2
1) Sartain, Mason 02		
2) Ayomanor, Elic 03		
3) Wright, Ryan 02		
4) Arnett, Shen 02		
2 Saskatchewan 'A'	42.53	1
1) Thomas, James 02		
2) Klinger, Dawson 02		
3) Janzen, Jayce 02		
4) Hardy, Ryder 04		
3 Quebec 'A'	42.91	2
1) Alc�ena, Lutch Jarmannau 02		
2) Charles, Pierre-Emmanuel 02		
3) D�silets, Emanuel 03		
4) Ezzeddine, Joe Bernard 03		

Men 4x400 Meter Relay U18

Timed finals

Championship: M 3:17.31 2011 , ONT
National: N 3:17.31 2011
J. Solomon, N. Pal Jola, W. Best, B. McBride

Team	Finals	H#
1 Ontario 'A'	3:24.29	1
1) Hughes, Jared 02		
2) Campeau, Spencer 02		
3) Roth, Michael 02		
4) Bowness, Zachary 02		
2 Flying Angels Academy 'A'	3:26.21	1
1) Small, Almond 03		
2) Richards, Matthew 02		
3) Trieu, Nickolas 03		
4) Duckman, Joshua 02		
3 Manitoba & Northwest Ontario 'A'	3:28.09	2
1) Cox-Yestrau, Tyler 02		
2) Turon, Daniel 02		
3) McLean, Hunter 03		
4) Kroeker, Justin 02		

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Men High Jump U18**

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=====
Starting height: 1.50 up by 5's to 1.85 then up by 3's, up
1.91 by 2's
Championship: M 2.15m 1982 Alain Metellus
National: N 2.17m 2009 Django Lovett
Name Year Team Finals
=====
1 Grout, Aiden 02 British Colu 2.01m
1.91 1.95 2.01 2.05
O O O XXX
2 Espedido, Liam 02 British Colu 1.91m
1.80 1.85 1.91 1.93
O XO O XXX
3 Ivanov, Michael 03 Niagara Olym 1.88m
1.70 1.75 1.80 1.85 1.88 1.91
O O O O O XXX

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Men Pole Vault U18

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=====
Starting height: 2.80 by 15's up to 3.85 up by 10's
5's
Championship: M 4.80m 2001 David Foley
National: N 5.00m 2001 David Foley
Name Year Team Finals
=====
1 Woods, Bennett 03 Ontario 4.45m
3.85 4.05 4.15 4.25 4.35 4.45 4.65
O O O O O O XXX
2 Knapp, Wyatt 02 Ontario 4.35m
3.85 3.95 4.05 4.15 4.25 4.35 4.45
O O O O XO XO XXX
3 Carsience, Joshua 02 British Colu 3.95m
3.40 3.55 3.70 3.85 3.95 4.05
O O XO XXO O XXX

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Men Long Jump U18

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=====
Championship: M 7.25m 1994 Shane Niemi
National: N 7.32m 2004 Oluseyi Smith
Name Year Team Finals Wind
=====
1 Arase, Solomon 02 Etobicoke Tr 6.89m 4.1
6.86m(1.4) 6.57m(2.1) FOUL(6.4) 6.62m(3.7) FOUL(3.8) 6.89m(4.1)
2 West, Kenneth 02 Flying Angel 6.80m 3.1
FOUL(2.1) FOUL(3.2) 6.80m(3.1) 6.51m(4.1) FOUL(4.0) 5.96m(3.4)
3 Désilets, Emanuel 03 Quebec 6.78m 3.6
6.69m(2.2) 6.59m(2.5) 6.50m(0.8) 6.77m(4.6) FOUL(3.8) 6.78m(3.6)

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Men Triple Jump U18

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=====
Championship: M 15.02m 2015 Ivan Nyemeck
National: N 15.19m 2012 Tacuma Andreson-Richards
Name Year Team Finals Wind
=====
1 Aniamaka, Praise 03 British Colu 14.78m 1.9
14.72m(3.2) 14.78m(1.9) FOUL(1.7) FOUL(1.9) PASS PASS

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2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Men Triple Jump U18**

2 Turner, Daxx	02 Manitoba & N	14.75m	2.1
14.37m(2.1) 14.04m(2.3) 14.33m(1.3) 12.77m(0.7) 14.75m(2.1) 14.37m(-0.6)			
3 West, Kenneth	02 Flying Angel	14.35m	3.3
FOUL(2.8) 13.57m(0.6) 14.25m(2.5) 12.08m(0.6) FOUL(3.9) 14.35m(3.3)			

Men Shot Put 5kg U18

=====			
Championship: M	19.52m	2014	Joseph Maxwell
National: N	20.89m	2003	Kyle Helf
Name		Year Team	Finals
=====			
1 Jacklin, Ryan		02 Ontario	19.34m
16.91m 17.88m 17.97m 17.83m 18.78m 19.34m			
2 Gluck, Jordan		02 Ontario	18.56m
17.98m FOUL FOUL FOUL 18.56m FOUL			
3 Stanat, Arthur		03 St Thomas Le	14.67m
14.35m 13.94m 14.67m FOUL 14.08m 14.62m			

Men Discus Throw 1.5kg U18

=====			
Championship: M	60.74m	2010	Jordan Young
National: N	60.74m	2010	Jordan Young
Name		Year Team	Finals
=====			
1 Jacklin, Ryan		02 Ontario	53.95m
FOUL 53.79m 53.95m 51.30m 49.79m FOUL			
2 Elliott, Jeremy		02 Ontario	53.75m
50.81m FOUL 53.75m FOUL 53.46m FOUL			
3 Wallster, Hunter		02 Saskatchewan	50.04m
50.04m FOUL 42.60m FOUL FOUL FOUL			

Men Hammer Throw 5kg U18

=====			
Championship: M	69.74m	2019	Ryan Jacklin
National: N	69.74m	8/11/2019	Ryan Jacklin, Ontario
Name		Year Team	Finals
=====			
1 Jacklin, Ryan		02 Ontario	69.74mM
63.36m 67.91m 69.17m FOUL 69.59m 69.74m			
2 Elliott, Jeremy		02 Ontario	58.53m
FOUL 56.28m 56.92m FOUL 58.53m 57.17m			
3 Arnold, Matthew		02 British Colu	58.10m
FOUL FOUL 51.54m 54.57m 55.11m 58.10m			

Men Javelin Throw 700g U18

=====			
Championship: M	74.35m	2007	Wiley Collins
National: N	75.99m	2006	Trevor Snyder
Name		Year Team	Finals
=====			
1 Mancini, David		02 Quebec	67.35m
60.69m 63.05m 58.39m 59.99m 59.61m 67.35m			
2 Berniquer, Noah		02 Nova Scotia/Nunavut	58.42m
58.42m 42.48m 53.10m FOUL FOUL FOUL			

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****...Men Javelin Throw 700g U18**

3 Bulawka-Lepine, Jesse 03 Manitoba & N 57.37m
 53.06m 51.76m 51.39m 48.99m 57.37m FOUL

Decathlon: #1 Men 100 Meter Dash U18 Decathlon

=====
 Championship: M 11.44 8/10/2018 Blake Devinney, Niagara Regional
 National: N 11.82 8/9/2019 Isaiah Collins, British Colu
 Name Year Team Finals Wind H# Points
 =====
 1 Collins, Isaiah 02 British Colu 11.82N -3.0 2 687
 2 Cameron, Quinn 02 British Colu 11.84 -3.0 2 683
 3 Clarke, Winston 02 Alberta-Nort 11.90 -3.0 2 671

Decathlon: #5 Men 400 Meter Dash U18 Decathlon

=====
 Championship: M 50.81 8/9/2019 Winston Clarke, Alberta-Nort
 National: N 50.81 8/9/2019 Winston Clarke, Alberta-Nort
 Name Year Team Finals H# Points
 =====
 1 Clarke, Winston 02 Alberta-Nort 50.81M 2 778
 2 McDonald, Owen 02 London Weste 52.55 2 701
 3 Gillan, Aneel 02 Ocean Athlet 52.68 2 695

Decathlon: #10 Men 1500 Meter Run U18 Decathlon

=====
 Championship: M 4:24.09 8/9/2019 Winston Clarke, Alberta-Nort
 National: N 4:24.09 8/9/2019 Winston Clarke, Alberta-Nort
 Name Year Team Finals Points
 =====
 1 Clarke, Winston 02 Alberta-Nort 4:24.09M 784
 2 McDonald, Owen 02 London Weste 4:36.16 705
 3 Cameron, Quinn 02 British Colu 4:38.18 692

Decathlon: #6 Men 110 Meter Hurdles 0.914m-9.14m U18 Decathlon

=====
 Championship: M 15.13 8/5/2016 Laurent Grandmangin, Quebec
 National: N 15.18 8/9/2019 Jack Wesolowski, Alberta-Nort
 Name Year Team Finals Wind H# Points
 =====
 1 Wesolowski, Jack 02 Alberta-Nort 15.18N -0.3 2 828
 2 Gillan, Aneel 02 Ocean Athlet 15.52 -0.3 2 788
 3 Cameron, Quinn 02 British Colu 15.62 -0.3 2 776

Decathlon: #4 Men High Jump U18 Decathlon

=====
 Championship: M 1.89m 8/9/2019 Noah Domasch, Ontario
 National: N 1.89m 8/9/2019 Noah Domasch, Ontario
 Name Year Team Finals Points
 =====
 1 Domasch, Noah 02 Ontario 1.89mM 705
 1.77 1.83 1.86 1.89 1.92
 XO O XO O XXX
 2 Simard, Justin 03 Baie-Comeau 1.77m 602
 1.59 1.68 1.71 1.74 1.77 1.80 1.83
 O XO O XO O XX X

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****....Decathlon: #4 Men High Jump U18 Decathlon**

3	Wesolowski, Jack	02 Alberta-Nort	1.74m	577
	1.65 1.68 1.71 1.74 1.77			
	O O O XO XXX			
3	Lavoie Beaulieu, Édouard	02 Drummondville	1.74m	577
	1.71 1.74 1.77			
	O XXO XXX			

Decathlon: #8 Men Pole Vault U18 Decathlon

=====					
Championship: M 3.90m		8/9/2019	Owen McDonald, London Weste		
National: N 3.90m		8/9/2019	Owen McDonald, London Weste		
Name	Year	Team	Finals	Points	
=====					
1	McDonald, Owen	02 London Weste	3.90mM	590	
	3.40 3.60 3.70 3.80 3.90 4.00				
	O O O XXO XXO XXX				
2	Cameron, Quinn	02 British Colu	3.80m	562	
	3.30 3.40 3.50 3.60 3.70 3.80 3.90				
	O XXO XO XO XXO XXO XXX				
3	Gillan, Aneel	02 Ocean Athlet	3.60m	509	
	3.10 3.20 3.30 3.40 3.50 3.60 3.70				
	O O O XO O XO XXX				

Decathlon: #2 Men Long Jump U18 Decathlon

=====					
Championship: M 6.44m		8/9/2019	Winston Clarke, Alberta-Nort		
National: N 6.44m		8/9/2019	Winston Clarke, Alberta-Nort		
Name	Year	Team	Finals	Wind	Points
=====					
1	Clarke, Winston	02 Alberta-Nort	6.44mM	NWI	684
	6.17m(NWI) 6.27m(NWI) 6.44m(NWI)				
2	Cameron, Quinn	02 British Colu	6.35m	NWI	664
	FOUL 6.00m(NWI) 6.35m(NWI)				
3	McDonald, Owen	02 London Weste	6.10m	NWI	608
	5.39m(NWI) 5.95m(NWI) 6.10m(NWI)				

Decathlon: #3 Men Shot Put 5kg U18 Decathlon

=====					
Championship: M 14.23m		8/9/2019	Aneel Gillan, OCEAN ATHLET		
National: N 14.23m		8/9/2019	Aneel Gillan, OCEAN ATHLET		
Name	Year	Team	Finals	Points	
=====					
1	Gillan, Aneel	02 Ocean Athlet	14.23mM	742	
	13.72m 14.23m FOUL				
2	Collins, Isaiah	02 British Colu	12.79m	654	
	FOUL FOUL 12.79m				
3	Lavoie Beaulieu, Édouard	02 Drummondville	12.66m	647	
	11.37m 12.32m 12.66m				

2019 National Legion Track and Field Championships - 8/9/2019 to 8/11/2019**Cape Breton University****Results****Decathlon: #7 Men Discus Throw 1.5kg U18 Decathlon**

=====					
Championship: M 38.24m		8/9/2019	Isaiah Collins, British Colu		
National: N 38.24m		8/9/2019	Isaiah Collins, British Colu		
Name	Year	Team	Finals	Points	
=====					
1 Collins, Isaiah	02	British Colu	38.24mM	629	
			38.24m FOUL 34.77m		
2 Zavits, Keegan	02	London Weste	35.28m	569	
			FOUL 31.59m 35.28m		
3 Wesolowski, Jack	02	Alberta-Nort	34.66m	557	
			34.66m FOUL 34.35m		

Decathlon: #9 Men Javelin Throw 700g U18 Decathlon

=====					
Championship: M 58.71m		8/10/2018	Bailey Couch, WOODSTOCK LE		
National: N 53.17m		8/9/2019	Isaiah Collins, British Colu		
Name	Year	Team	Finals	Points	
=====					
1 Collins, Isaiah	02	British Colu	53.17mN	636	
			53.17m 51.17m 50.69m		
2 LeBlanc, Félix	03	Rive-Sud	48.19m	562	
			FOUL 38.93m 48.19m		
3 Cameron, Quinn	02	British Colu	44.41m	506	
			FOUL 44.41m FOUL		

Men Decathlon U18

=====					
Championship: M 6195		8/9/2019	Quinn Cameron, British Colu		
National: N 6526		2015	Jasper Schiedel		
Name	Year	Team	Finals	H#	
=====					
1 Cameron, Quinn	02	British Colu	6195M		
2 Clarke, Winston	02	Alberta-Nort	6194		
3 Collins, Isaiah	02	British Colu	6141		

Men 3000 Meter Race Walk U18

=====					
Timed final 1 section					
Championship: M 12:47.97		2013	Marek Adamowicz		
National: N 12:34.04		2013	Marek Adamowicz		
Name	Year	Team	Finals		
=====					
1 Wilson, Tyler	02	British Colu	13:22.02		
2 Côté, Alexis	03	Quebec	14:25.45		