

Medal Winners 1975 – to Present

NATIONAL YOUTH TRACK & FIELD CHAMPIONSHIPS

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TOP LEGION ATHLETES BY YEAR

| Year | Award (introduced in 2007) | Athlete & Provincial Command | Location of Competition |
|------|-------------------------------|---------------------------------|-------------------------|
| 2007 | LeRoy Washburn Top Female | Christabel Nettey, BC/YT | Oromocto, NB |
| | Jack Stenhouse Top Male | Aleksandr Kuternin, ON | |
| 2008 | LeRoy Washburn Top Female | Christabel Nettey, BC/YT | Sherbrooke, QC |
| | Jack Stenhouse Top Male | Gregory Macneill, ON | |
| 2009 | LeRoy Washburn Top Female | Sarah Moss, ON | Sherbrooke, QC |
| | Jack Stenhouse Top Male | Steve Ajayi, ON | |
| 2010 | LeRoy Washburn Top Female | Christian Brennan, ON | Ottawa, ON |
| | Jack Stenhouse Top Male | Xavier King, ON | |
| 2011 | LeRoy Washburn Top Female | Julia Zrinyi, MB&NWO | Ottawa, ON |
| | Jack Stenhouse Top Male | Brandon McBride, ON | |
| 2012 | LeRoy Washburn Top Female | Mariam Abdul-Rashid, ON | Charlottetown, PE |
| | Jack Stenhouse Top Male | Davis Edward, ON | |
| 2013 | LeRoy Washburn Top Female | Chicago Bains, BC/YT | Langley, BC |
| | Jack Stenhouse Top Male | Joseph Maxwell, ON | |
| 2014 | LeRoy Washburn Top Female | Xahria Santiago, ON | Langley, BC |
| | Jack Stenhouse Top Male | Callum MacNab, BC/YT | |
| 2015 | LeRoy Washburn Top Female | Trinity Tutti, ON | Ste Therese, QC |
| | Jack Stenhouse Top Male | Aaron Marcynuk, AB-NT | |
| 2016 | LeRoy Washburn Top Female | Jasneet Nijjar, BC/YT | Ste Therese, QC |
| | Jack Stenhouse Top Male | Jarret Chang, BC/YT | |
| 2017 | LeRoy Washburn Top Female | Trinity Tutti, ON | Brandon, MB |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | |
|------|------------------------------|-------------------------|-----------------|
| | Jack Stenhouse Top Male | Marcus Renford, ON | |
| 2018 | LeRoy Washburn Top Female | Savannah Sutherland, SK | Brandon, MB |
| | Jack Stenhouse Top Male | Emmanuel Désilets, QC | |
| 2019 | Jack Stenhouse Top Male | Ryan Jacklin, ON | Cape Breton, NS |
| | LeRoy Washburn Top Female | Jaeland Cummings, BC/YT | |
| 2022 | Jack Stenhouse Top Male | Jake McEachern, AB/NWT | Sherbrooke, QC |
| | LeRoy Washburn Top Female | Sofia Agudelo, QC | |
| 2023 | Jack Stenhouse Top Male | Caleb Pivin, QC | Sherbrooke, QC |
| | LeRoy Washburn Top Female | Hannah Gates, SK | |
| 2024 | Jack Stenhouse Top Male | Gursher Gabri, BC/Yukon | Calgary, AB |
| | LeRoy Washburn Top Female | Kiana Charest, ON | |
| 2025 | Jack Stenhouse Top Male | Dennis Iriowen, ON | Calgary, AB |
| | LeRoy Washburn Top Female | Lily Stroda, BC/Yukon | |

100 METRES – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|----------------------------|-------|--------|
| 1975 | Waterloo, ON | Cathy Costea (ON) | 12.8* | 12.8 |
| 1976 | Edmonton, AB | Angela Bailey (ON) | 12.2* | 12.2 |
| 1977 | Oromocto, NB | Kim Gretzky (ON) | 12.3 | 12.2 |
| 1978 | Peace Garden, MB | Karen Aiken (AB-NT) | 12.9 | 12.2 |
| 1979 | St. John's, NL | Jillian Richardson (AB-NT) | 13.0 | 12.2 |
| 1980 | Saskatoon, SK | Rosie Edeh (QC) | 12.5 | 12.2 |
| 1981 | Hamilton, ON | Stephanie Currie (ON) | 12.5 | 12.2 |
| 1982 | Fredericton/Oromocto, NB | France Gareau (ON) | 12.0* | 12.0 |
| 1983 | Ottawa, ON | Christina Forward (ON) | 12.0* | 12.0 |
| 1984 | Halifax, NS | Christina Forward (ON) | 12.5 | 12.0 |
| 1985 | Saskatoon, SK | Michelle Oliver (ON) | 12.56 | 12.0 |
| 1986 | Sudbury, ON | Monica Highbaugh (AB-NT) | 12.55 | 12.0 |
| 1987 | Calgary, AB | Esther Brown (ON) | 12.14 | 12.0 |
| 1988 | Quebec City, QC | Caroline Vachon (QC) | 12.59 | 12.0 |
| 1989 | Victoria, BC | Caroline Vachon (QC) | 12.49 | 12.0 |
| 1990 | Mount Pearl, NL | Tania Archer (ON) | 12.51 | 12.0 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|--------------------------------|--------|-------|
| 1991 | Toronto, ON | Margaret Fox (ON) | 12.31 | 12.0 |
| 1992 | Calgary, AB | Margaret Fox (ON) | 12.56 | 12.0 |
| 1993 | Saskatoon, SK | Amorette Bradshaw (AB-NT) | 12.19 | 12.0 |
| 1994 | Ottawa, ON | Stephany Reid (NB) | 12.55 | 12.0 |
| 1995 | Winnipeg, MB | Shelley-Ann Brown (ON) | 12.29 | 12.0 |
| 1996 | Sherbrooke, QC | Christine Fleury (NS) | 12.53 | 12.0 |
| 1997 | Mt. Pearl, NL | Vernee Samuel (ON) | 12.65 | 12.0 |
| 1998 | Prince George, BC | Toyin Olupona (ON) | 12.29 | 12.0 |
| 1999 | Sudbury, ON | Lyndsay Wilson (ON) | 12.28 | 12.0 |
| 2000 | Calgary, AB | Chandra Ewing (AB-NT) | 12.71 | 12.0 |
| 2001 | Sherbrooke, QC | Teneshia Peart (AB-NT) | 12.26 | 12.0 |
| 2002 | Sherbrooke, QC | Jenni Hucul (SK) | 11.90* | 11.90 |
| 2003 | Kitchener/Waterloo, ON | Rhonda Trusty (ON) | 12:55 | 11.90 |
| 2004 | Sudbury, ON | Chantal Grant (MB/NW ON) | 12.41 | 11.90 |
| 2005 | Edmonton, AB | Loudia Laarman (AB-NT) | 12.26 | 11.90 |
| 2006 | Burnaby, BC | Loudia Laarman (AB-NT) | 12.20 | 11.90 |
| 2007 | Oromocto, NB | Leah Walkeden (AB) | 12.29 | 11.90 |
| 2008 | Sherbrooke, QC | Shai Davis (BC) | 11.85* | 11.85 |
| 2009 | Sherbrooke, QC | Naomi Kerr (ON) | 12.08 | 11.85 |
| 2010 | Ottawa, ON | Christian Brennan (ON) | 11.88 | 11.85 |
| 2011 | Ottawa, ON | Leye Buchanan (ON) | 12.29 | 11.85 |
| 2012 | Charlottetown, PE | Mariam Abdul-Rashid (ON) | 12.08 | 11.85 |
| 2013 | Langley, BC | Zion Corrales-Nelson (BC) | 12.12 | 11.85 |
| 2014 | Langley, BC | Xahria Santiago (ON) | 12.38 | 11.85 |
| 2015 | Ste. Therese, QC | Tatiana Aholou (QC) | 11.93 | 11.85 |
| 2016 | Ste. Therese, QC | Ma Pierre-Webster (ON) | 12.34 | 11.85 |
| 2017 | Brandon, MB | Praise Omogbai (QC) | 12:15 | 11.85 |
| 2018 | Brandon, MB | Jillian Catton (ON) | 12.08 | 11.85 |
| | | Ella Clayton (AB) | 12.27 | |
| | | Gabrielle Cole (ON) | 12.34 | |
| 2019 | Cape Breton, NS | Jaeland Cummings (BC) | 12.55 | 11.85 |
| | | Gabrielle Cole (Flying Angel) | 12.58 | |
| | | Julia Vallée (QC) | 12.61 | |
| 2022 | Sherbrooke, QC | Ashley Johnson (Miss. T.F.C) | 12.24 | 11.85 |
| | | Makenna Self (BC) | 12.391 | |
| | | Tatiana Reyes (AB/NWT) | 12.397 | |
| 2023 | Sherbrooke, QC | J. Oppong-Nkefiah (Off T.F.C.) | 12.07 | 11.85 |
| | | Jordynn Scott (ON) | 12.45 | |
| | | Kyla Findley (MB/NWO) | 12.51 | |
| 2024 | Calgary, AB | Alexia Jones (ON) | 11.89 | 11.85 |
| | | Nia Morgan (Capital City) | 12.26 | |
| | | Elizabeth Okemakinde (AB/NWT) | 12.28 | |
| 2025 | Calgary, AB | Avionne Dean, (BC) | 11.75* | 11.75 |
| | | Jaylah Dennis, (BC) | 11.89 | |
| | | Kaitlynn Mead (NS) | 12.17 | |

100 METERS – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|---------------------------------|--------|--------|
| 1975 | Waterloo, ON | Howard Swaby (ON) | 12.1* | 12.1 |
| 1976 | Edmonton, AB | Mike Patterson (ON) | 11.9* | 11.9 |
| 1977 | Oromocto, NB | Real Andrews (BC) | 11.4* | 11.4 |
| 1978 | Peace Garden, MB | Marve Bowen (ON) | 11.1* | 11.1 |
| 1979 | St. John's, NL | Enver Carolissen (ON) | 11.6 | 11.1 |
| 1980 | Saskatoon, SK | Keith Dormand (ON) | 11.1* | 11.1 |
| 1981 | Hamilton, ON | Steve Dane (ON) | 11.8 | 11.1 |
| 1982 | Fredericton/Oromocto, NB | Bob Jordaine (AB-NT) | 11.2 | 11.1 |
| 1983 | Ottawa, ON | Michael Charles (ON) | 10.8* | 10.8 |
| 1984 | Halifax, NS | Tony Lucas (NS) | 11.1 | 10.8 |
| 1985 | Saskatoon, SK | Derrick Dempster (NS) | 11.14 | 10.8 |
| 1986 | Sudbury, ON | Mathieu Hurtubise (QC) | 11.39 | 10.8 |
| 1987 | Calgary, AB | Sean McKillop (ON) | 11.36 | 10.8 |
| 1988 | Quebec City, QC | Martin Curtis (AB-NT) | 11.62 | 10.8 |
| 1989 | Victoria, BC | Abby Isaac (AB-NT) | 11.43 | 10.8 |
| 1990 | Mount Pearl, NL | Elliott Perrin (ON) | 11.02 | 10.8 |
| 1991 | Toronto, ON | Chris Robinson (ON) | 11.12 | 10.8 |
| 1992 | Calgary, AB | Randy Brooks (ON) | 11.15 | 10.8 |
| 1993 | Saskatoon, SK | B. Martel (QC) | 11.24 | 10.8 |
| 1994 | Ottawa, ON | Matt Stenson (ON) | 11.39 | 10.8 |
| 1995 | Winnipeg, MB | Roger Woon (AB-NT) | 11.39 | 10.8 |
| 1996 | Sherbrooke, QC | Sebastien Caron (QC) | 11.33 | 10.8 |
| 1997 | Mt. Pearl, NL | Sheldon Scott (ON) | 11.40 | 10.8 |
| 1998 | Prince George, BC | Steve Wood (ON) | 11.31 | 10.8 |
| 1999 | Sudbury, ON | Joshua Taylor (ON) | 11.15 | 10.8 |
| 2000 | Calgary, AB | Cameron Sahadath (ON) | 11.69 | 10.8 |
| 2001 | Sherbrooke, QC | John Jamal (ON) | 11.22 | 10.8 |
| 2002 | Sherbrooke, QC | Seyi Smith (ON) | 10.95 | 10.8 |
| 2003 | Kitchener/Waterloo, ON | Brendan Dills (ON) | 11.62 | 10.8 |
| 2004 | Sudbury, ON | Tyrone Halstead | 11.17 | 10.8 |
| 2005 | Edmonton, AB | Dushane Farrier (ON) | 11.01 | 10.8 |
| 2006 | Burnaby, BC | Phillip Hayle (ON) | 10.96 | 10.8 |
| 2007 | Oromocto, NB | Jason Charbonneau (QC) | 11.14 | 10.8 |
| 2008 | Sherbrooke, QC | Emeke Agada (ON) | 11.27 | 10.8 |
| 2009 | Sherbrooke, QC | Steven Ajayi (ON) | 11.07 | 10.8 |
| 2010 | Ottawa, ON | Andre Ford-Azonwanna (ON) | 10.75* | 10.75 |
| 2011 | Ottawa, ON | Nathan Kyeame (ON) | 11.26 | 10.75 |
| 2012 | Charlottetown, PE | Chad Elliott (Open) | 11.21 | 10.75 |
| 2013 | Langley, BC | Chubba Hubbard (AB-NT) | 11.12 | 10.75 |
| 2014 | Langley, BC | Chubba Hubbard (AB-NT) | 11.13 | 10.75 |
| 2015 | Ste. Therese, QC | Emmanuel Ajiroba (Flying Angel) | 10.96 | 10.75 |
| 2016 | Ste. Therese, QC | Myl Misener-Daley (ON) | 11.29 | 10.75 |
| 2017 | Brandon, MB | Marcus Renford (ON) | 10.97 | 10.75 |

| | | | | |
|------|-----------------|--|-------------------------|-------|
| 2018 | Brandon, MB | Jadon Rose (ON) Jalon Rose (ON) Joe Bernard Ezzeddine (QC) | 10.94 11.00 11.07 | 10.75 |
| 2019 | Cape Breton, NS | Daniel Kidd (AB-NT) Ryder Hardy (SK) Mesele Klassen (Riversdale A) (3 rd) Grant White (MB) (3 rd) | 11.30 11.36 11.60 | 10.75 |
| 2022 | Sherbrooke, QC | Will Batley (Ottawa Lions) Jordan Lewis (Fyling Angel) Ryan Lofstrom (BC) | 11.39 11.47 11.58 | 10.75 |
| 2023 | Sherbrooke, QC | Jahleel Hayley (flying Angels) Dennis Iriowen (ON) Jackson Brhelle (Unattached BC) | 11.46 11.67 11.68 | 10.75 |
| 2024 | Calgary, AB | Yusuff Ajibola Yusuff (MN/NWO) Andre Bell (ON) Benny Allangba (Nova Athletics) | 10.68 10.69 10.89 | 10.75 |
| 2025 | Calgary, AB | Tyrique Woodside (Thorold Elit) Anthony Jr. James (Flying Angel) Luis Corredor Reyes (Thorold Elit) | 10.99 11.04 11.15 | 10.75 |

100 METRES – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------|----------------------------|-------|--------|
| 1975 | Waterloo, ON | Tay Breen (NB) | 12.2* | 12.2 |
| 1976 | Edmonton, AB | Cindy Moore (ON) | 12.2 | 12.2 |
| 1977 | Oromocto, NB | Colleen Gibson (BC) | 12.0* | 12.0 |
| 1978 | Peace Garden, MB | Nicole Pothier (QC) | 12.5 | 12.0 |
| 1979 | St. John's, NL | Nicole Pothier (QC) | 12.5 | 12.0 |
| 1980 | Saskatoon, SK | Jillian Richardson (AB-NT) | 12.0* | 12.0 |
| 1981 | Hamilton, ON | Diana Clark (BC) | 12.2 | 12.0 |
| 1982 | Oromocto, NB | Diana Clark (BC) | 11.8* | 11.8 |
| 1983 | Ottawa, ON | Beanie Daye (AB-NT) | 11.7* | 11.7 |
| 1984 | Halifax, NS | Althea Thomas (ON) | 12.3 | 11.7 |
| 1985 | Saskatoon, SK | Trina Penney (NB) | 12.36 | 11.7 |
| 1986 | Sudbury, ON | Wanita Leopetier (AB-NT) | 12.22 | 11.7 |
| 1987 | Calgary, AB | Nicole Gillis, (NS) | 11.98 | 11.7 |
| 1988 | Quebec City, QC | Charmaine Gilgeous (ON) | 12.42 | 11.7 |
| 1989 | Victoria, BC | Dionne Wright (ON) | 12.24 | 11.7 |
| 1990 | Mount Pearl, NL | Tara Perry (BC) | 12.28 | 11.7 |
| 1991 | Toronto, ON | Ladonna Antoine (SK) | 12.09 | 11.7 |
| 1992 | Calgary, AB | Sandra Glazer (QC) | 12.36 | 11.7 |
| 1993 | Saskatoon, SK | Natasha Quan-Vie (AB-NT) | 12.14 | 11.7 |
| 1994 | Ottawa, ON | Natasha Quan-Vie (AB-NT) | 11.98 | 11.7 |

| | | | | |
|------|------------------------|---|--------------------------|-------|
| 1995 | Winnipeg, MB | Jennifer Mayhue (ON) | 12.27 | 11.7 |
| 1996 | Sherbrooke, QC | Heather Dennis (BC) | 12.67 | 11.7 |
| 1997 | Mt. Pearl, NL | Nicole Charles (ON) | 12.18 | 11.7 |
| 1998 | Prince George, BC | Christine Fleury (NS) | 12.44 | 11.7 |
| 1999 | Sudbury, ON | Toyin Olupona (ON) | 12.10 | 11.7 |
| 2000 | Calgary, AB | Krysha Bayley (BC) | 12.05 | 11.7 |
| 2001 | Sherbrooke, QC | Yvonne Mensah (BC/Yukon) | 11.70* | 11.7 |
| 2002 | Sherbrooke, QC | Yvonne Mensah (BC/Yukon) | 11.79 | 11.7 |
| 2003 | Kitchener/Waterloo, ON | Emily Johnson (ON) | 12.18 | 11.7 |
| 2004 | Sudbury, ON | Jenni Hucul (SK) | 11.95 | 11.7 |
| 2005 | Edmonton, AB | Kimberly Hyacinthe (QC) | 11.74 | 11.7 |
| 2006 | Burnaby, BC | Christina Harrison (ON) | 12.01 | 11.7 |
| 2007 | Oromocto, NB | Sabrina Nettey (BC/Yukon) | 11.91 | 11.7 |
| 2008 | Sherbrooke, QC | Simone Martin (ON) | 12.17 | 11.7 |
| 2009 | Sherbrooke, QC | Jonel Bell-Spence (Open) | 11.94 | 11.7 |
| 2010 | Ottawa, ON | Khamica Bingham (ON) | 11.81 | 11.7 |
| 2011 | Ottawa, ON | Khamica Bingham (ON) | 11.55* | 11.55 |
| 2012 | Charlottetown, PE | Clemence Paiment (QC) | 11.83 | 11.55 |
| 2013 | Langley, BC | Natasha Brown (AB-NT) | 12.04 | 11.55 |
| 2014 | Langley, BC | Taryn Smiley (BC) | 12.22 | 11.55 |
| 2015 | St. Therese, QC | Shyvon Roxborough (Ottawa Lions) | 12.05 | 11.55 |
| 2016 | St. Therese, QC | Tatiana Aholou(QC) | 12.10 | 11.55 |
| 2017 | Brandon, MB | Deondra Green (QC) | 11.88 | 11.55 |
| 2018 | Brandon, MB | Hannah Heise (AB) Makenzy Pierre-Webster (ON) Praise Omogbai (QC) | 11.98 12.01 12.22 | 11.55 |
| 2019 | Cape Breton, NS | Laurie-Ann Desormes (QC) Ella Clayton (AB-NT) Emma Cannan (Okanagan) | 12.21 12.26 12.28 | 11.55 |
| 2022 | Sherbrooke, QC | Dianna Proctor (AB/NWT) Susan Adenitan (Border City AC) Roxane Tedga | 12.31 12.42 12.47 | 11.55 |
| 2023 | Sherbrooke, QC | Roxane Tedga (QC) Ashley Johnson (ON) Brooklyn Taylor (York University) | 12.37 12.41 12.50 | 11.55 |
| 2024 | Calgary, AB | Jorai Oppong-Nketiah (Ottawa Lions) Elizabeth Tannis (Speed Academy) Jaela Bailey (Border City) | 11.43* 11.73 11.82 | 11.43 |
| 2025 | Calgary, AB | Elizabeth Tannis (Speed Academy) Jorai Oppong-Nketiah (Ottawa Lions) Jullianna Corbin (AB/NWT) | 11.62 11.67 11.70 | 11.43 |

100 METRES – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------|--------------------|-------|--------|
| 1975 | Waterloo, ON | Leroy Ryan (ON) | 11.1* | 11.1 |

| | | | | |
|------|------------------------|-------------------------------------|--------|-------|
| 1976 | Edmonton, AB | Robert Mathens (ON) | 11.1 | 11.1 |
| 1977 | Oromocto, NB | Anthony Sharp (ON) | 10.9* | 10.9 |
| 1978 | Peace Garden, MB | Jeff Deproze (AB-NT) | 11.7 | 10.9 |
| 1979 | St. John's, NL | Chris Brandy (ON) | 11.3 | 10.9 |
| 1980 | Saskatoon, SK | Earle Philadelphia (ON) | 10.7* | 10.7 |
| 1981 | Hamilton, ON | Courtney Brown (MB/NWO) | 10.9 | 10.7 |
| 1982 | Oromocto, NB | Courtney Brown (MB/NWO) | 10.5* | 10.5 |
| 1983 | Ottawa, ON | Francois Boudreault (QC) | 10.8 | 10.5 |
| 1984 | Halifax, NS | Josh Jonker (ON) | 10.8 | 10.5 |
| 1985 | Saskatoon, SK | D. Johnston (QC) | 10.8 | 10.5 |
| 1986 | Sudbury, ON | Derrick Dempster (NS) | 10.81 | 10.5 |
| 1987 | Calgary, AB | Bobby Mathew (AB-NT) | 10.86 | 10.5 |
| 1988 | Quebec City, QC | Pierre Johann (BC) | 11.0 | 10.5 |
| 1989 | Victoria, BC | Sean McKillop (ON) | 10.93 | 10.5 |
| 1990 | Mount Pearl, NL | Eric Pemberton (AB-NT) | 11.01 | 10.5 |
| 1991 | Toronto, ON | Martin Proulx (QC) | 10.73 | 10.5 |
| 1992 | Calgary, AB | Steve Sweet (BC) | 11.34 | 10.5 |
| 1993 | Saskatoon, SK | Willem Ryan (BC) | 10.71 | 10.5 |
| 1994 | Ottawa, ON | Randy Brookes (ON) | 10.82 | 10.5 |
| 1995 | Winnipeg, MB | Darryl Olczak (ON) | 10.97 | 10.5 |
| 1996 | Sherbrooke, QC | Joel Nelson (BC) | 11.11 | 10.5 |
| 1997 | Mt. Pearl, NL | Sebastien Caron (QC) | 10.84 | 10.5 |
| 1998 | Prince George, BC | Chris Gudge (ON) | 10.92 | 10.5 |
| 1999 | Sudbury, ON | Patrick Benjamin (NS) | 10.66 | 10.5 |
| 2000 | Calgary, AB | Nathan Taylor (BC) | 10.87 | 10.5 |
| 2001 | Sherbrooke, QC | Joshua Taylor (ON) | 10.66 | 10.5 |
| 2002 | Sherbrooke, QC | Hank Palmer | 10.60 | 10.5 |
| 2003 | Kitchener/Waterloo, ON | Pierre Han Horacius (QC) | 10.71 | 10.5 |
| 2004 | Sudbury, ON | Jonathan Charest (QC) | 10.98 | 10.5 |
| 2005 | Edmonton, AB | Jonathan Charest (QC) | 10.79 | 10.5 |
| 2006 | Burnaby, BC | Mason Foote (NS) | 11.01 | 10.5 |
| 2007 | Oromocto, NB | Keynan Parker (BC) | 10.57 | 10.5 |
| 2008 | Sherbrooke, QC | Philip Hayle (ON) | 10.60 | 10.5 |
| 2009 | Sherbrooke, QC | Aaron Brown (Open) | 10.49* | 10.49 |
| 2010 | Ottawa, ON | Devon Rettinger (ON) | 10.73 | 10.49 |
| 2011 | Ottawa, ON | Andre Ford- Azonwanna (Open) | 10.65 | 10.49 |
| 2012 | Charlottetown, PE | Bolade Ajomale (Open) | 10.60 | 10.49 |
| 2013 | Langley, BC | Adam Paslawski (SK) | 10.96 | 10.49 |
| 2014 | Langley, BC | Temitope Olonisaki (AB-NT) | 10.86 | 10.49 |
| 2015 | Ste. Therese, QC | Chuba Hubbard (Edmonton Columbians) | 10.73 | 10.49 |
| 2016 | Ste. Therese, QC | Garth Williams (Flying Angels) | 11.19 | 10.49 |
| 2017 | Brandon, MB | Myles Misener-Daley (Hamilton Oly) | 10.89 | 10.49 |
| 2018 | Brandon, MB | Dami Ogunbiyi (SK) | 10.71 | 10.49 |
| | | Nick Bealieu (NS/NV) | 10.82 | |
| | | Joakim Généreux (QC) | 10.84 | |

| | | | | |
|------|-----------------|--|-------------------------|-------|
| 2019 | Cape Breton, NS | Joe Bernard Ezzeddine (QC) Domenic Barresi (Hamilton Oly) (2 nd) Chase Haagensen (Unattached) (2 nd) Jadon Rose (Mississauga) | 11.16 11.33 11.34 | 10.49 |
| 2022 | Sherbrooke, QC | Isaiah Luke (Flying Angel) Darren Beaver (AB/NWT) Calib Gruninger (BC) | 10.85 10.98 11.03 | 10.49 |
| 2023 | Sherbrooke, QC | D. Richer-Mugford (Limitless Era T.C.) Nathan Malenfant (QC) Josh Onwuanimkwu (MN/NOW) | 11.21 11.26 11.32 | 10.49 |
| 2024 | Calgary, AB | Gavyn Small (ON) Joshua Onwuanimkwu (MB/NOW) Wyatt Lee (ON) | 10.57 10.59 10.61 | 10.49 |
| 2025 | Calgary, AB | Dennis Iriowen (ON) Noah Horspool (Flying Angel) Chase McDermott (NS/NU) | 10.35 10.50 10.52 | 10.49 |

200 METRES – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|---------------------------|-------|--------|
| 1975 | Waterloo, ON | Cathy Costea (ON) | 26.8* | 26.8 |
| 1976 | Edmonton, AB | Angela Bailey (ON) | 25.1* | 25.1 |
| 1977 | Oromocto, NB | Kim Gretzky (ON) | 25.9 | 25.1 |
| 1978 | Peace Garden, MB | Karen Aiken (AB-NT) | 26.2 | 25.1 |
| 1979 | St. John's, NL | Carol Ann Leslie (QC) | 25.3 | 25.1 |
| 1980 | Saskatoon, SK | Rosie Edeh (QC) | 26.3 | 25.1 |
| 1981 | Hamilton, ON | Donalda Duprey (ON) | 25.7 | 25.1 |
| 1982 | Fredericton/Oromocto, NB | France Gareau (ON) | 24.7* | 24.7 |
| 1983 | Ottawa, ON | Christina Forward (ON) | 25.78 | 24.7 |
| 1984 | Halifax, NS | Christina Forward (ON) | 25.2 | 24.7 |
| 1985 | Saskatoon, SK | Cheryl Allan (AB-NT) | 24.7* | 24.7 |
| 1986 | Sudbury, ON | Monica Highbaugh (AB-NT) | 26.4 | 24.7 |
| 1987 | Calgary, AB | Esther Brown (ON) | 25.83 | 24.7 |
| 1988 | Quebec City, QC | Nicole Devonish (ON) | 25.37 | 24.7 |
| 1989 | Victoria, BC | Marsha Rodney (ON) | 26.04 | 24.7 |
| 1990 | Mount Pearl, NL | Tania Archer (ON) | 26.60 | 24.7 |
| 1991 | Oronto, ON | Terri Baker (NS) | 25.59 | 24.7 |
| 1992 | Calgary, AB | Veronica Dyer (ON) | 25.0 | 24.7 |
| 1993 | Saskatoon, SK | Amorette Bradshaw (AB-NT) | 25.50 | 24.7 |
| 1994 | Ottawa, ON | Joni Matthews (AB-NT) | 25.71 | 24.7 |
| 1995 | Winnipeg, MB | Leia Ince-Mercier (ON) | 26.13 | 24.7 |
| 1996 | Sherbrooke, QC | Jessica Zelinka (ON) | 25.56 | 24.7 |
| 1997 | Mt. Pearl, NL | Vernee Samuel (ON) | 26.51 | 24.7 |
| 1998 | Prince George, BC | Toyin Olupona (ON) | 25.16 | 24.7 |

| | | | | |
|------|------------------------|---|---------------------------|-------|
| 1999 | Sudbury, ON | Lyndsay Wilson (ON) | 25.51 | 24.7 |
| 2000 | Calgary, AB | Shannon Boodram (ON) | 25.58 | 24.7 |
| 2001 | Sherbrooke, QC | Kimesha Hamilton (ON) | 25.12 | 24.7 |
| 2002 | Sherbrooke, QC | Jenni Hucul (SK) | 24.08 | 24.7 |
| 2003 | Kitchener/Waterloo, ON | Rhonda Trusty (ON) | 25.48 | 24.7 |
| 2004 | Sudbury, ON | Kimberly Hyacinthe (QC) | 25.05 | 24.7 |
| 2005 | Edmonton, AB | Loudia Laarman (AB-NT) | 25.69 | 24.7 |
| 2006 | Burnaby, BC | Loudia Laarman (AB) | 25.56 | 24.7 |
| 2007 | Oromocto, NB | Leah Walkeden (AB) | 25.40 | 24.7 |
| 2008 | Sherbrooke, QC | Shai Davis (BC) | 24.82 | 24.7 |
| 2009 | Sherbrooke, QC | Naomi Kerr (ON) | 24.88 | 24.7 |
| 2010 | Ottawa, ON | Elisa Joyce (BC) | 25.39 | 24.7 |
| 2011 | Ottawa | Morgan Walker (AB) | 25.06 | 24.7 |
| 2012 | Charlottetown, PE | Mariam Abdul-Rashid (ON) | 24.77 | 24.7 |
| 2013 | Langley, BC | Zion Corrales-Nelson (BC) | 24.53* | 24.53 |
| 2014 | Langley, BC | Xahria Santiago (ON) | 25.11 | 24.53 |
| 2015 | Ste. Therese, QC | Lauren Gale (Ottawa Lions) | 24.32* | 24.32 |
| 2016 | Ste. Therese, QC | Ma Pierre-Webster (ON) | 25.62 | 24.32 |
| 2017 | Brandon, MB | Hannah Heise (AB) | 25.19 | 24.32 |
| 2018 | Brandon, MB | Gabrielle Cole (ON) Nicole McKenzie (ON) Laurie-Ann Desormes (QC) | 25.09 25.50 25.57 | 24.32 |
| 2019 | Cape Breton, NS | Jaland Cummings (BC) Gabrielle Cole (Flying Angel) Emily Martin (ON) | 25.34 25.34 25.51 | 24.32 |
| 2022 | Sherbrooke, QC | Ashley Johnson (Miss. T.F.C.) Tatiana Reyes (AB/NWT) Monica Galouon-Eta (AB/NWT) | 24.78 25.02 25.58 | 24.32 |
| 2023 | Sherbrooke, QC | J. Oppong-Nketiah, (Ott T.F.C.) Mariah Williams (Flying Angels) Alexia Latore (BC/YT) | 24.65 25.02 25.32 | 24.32 |
| 2024 | Calgary, AB | Payton Rogers (Kajaks Track) Athéa-Faye Tapa (QC) Maitée Trépanier (QC) | 25.47 25.67 25.93 | 24.32 |
| 2025 | Calgary, AB | Avionne Dean (BC) Payton Rogers (Kajaks Track) Jaylah Dennis (BC) | 23.77* 23.95* 24.50 | 23.77 |

200 METRES – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------|-----------------------|-------|--------|
| 1975 | Waterloo, ON | Howard Swaby (ON) | 24.4* | 24.4 |
| 1976 | Edmonton, AB | Chris Pawlyk (BC) | 24.4 | 24.4 |
| 1977 | Oromocto, NB | John Valere (ON) | 24.0* | 24.0 |
| 1978 | Peace Garden, MB | Marve Bowen (ON) | 23.4* | 23.4 |
| 1979 | St. John's, NL | Enver Carolissen (ON) | 23.5 | 23.4 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|--------------------------|--|-------------------------|-------|
| 1980 | Saskatoon, SK | Keith Dormond (ON) | 23.8 | 23.4 |
| 1981 | Hamilton, ON | Steve Dane (ON) | 24.1 | 23.4 |
| 1982 | Fredericton/Oromocto, NB | Brian Althouse (ON) | 23.2* | 23.2 |
| 1983 | Ottawa, ON | Michael Charles (ON) | 22.89* | 22.89 |
| 1984 | Halifax, NS | Todd Faunt (AB-NT) | 22.07* | 22.07 |
| 1985 | Saskatoon, SK | Brad McCuaig (AB-NT) | 21.9* | 21.9 |
| 1986 | Sudbury, ON | Christian Alain (QC) | 23.46 | 21.9 |
| 1987 | Calgary, AB | Sean McKillop (ON) | 23.40 | 21.9 |
| 1988 | Quebec City, QC | Troy Dos Santos (ON) | 23.40 | 21.9 |
| 1989 | Victoria, BC | Abby Issac (AB-NT) | 22.75 | 21.9 |
| 1990 | Mount Pearl, NL | Elliott Perrin (ON) | 23.80 | 21.9 |
| 1991 | Toronto, ON | Chris Robinson (ON) | 22.41 | 21.9 |
| 1992 | Calgary, AB | Randy Brooks (ON) | 22.50 | 21.9 |
| 1993 | Saskatoon, SK | Darryl Olczak (ON) | 22.93 | 21.9 |
| 1994 | Ottawa, ON | Matt Stenson (ON) | 23.37 | 21.9 |
| 1995 | Winnipeg, MB | Roger Woon (AB-NT) | 23.44 | 21.9 |
| 1996 | Sherbrooke, QC | Matthew Lyn (ON) | 23.59 | 21.9 |
| 1997 | Mt. Pearl, NL | Sheldon Scott (ON) | 23.74 | 21.9 |
| 1998 | Prince George, BC | Steve Wood (ON) | 22.87 | 21.9 |
| 1999 | Sudbury, ON | Devon Blair (ON) | 23.38 | 21.9 |
| 2000 | Calgary, AB | Gabriel LeBlanc (NB) | 23.11 | 21.9 |
| 2001 | Sherbrooke, QC | Shannon King (ON) | 22.79 | 21.9 |
| 2002 | Sherbrooke, QC | Seyi Smith (ON) | 22.23 | 21.9 |
| 2003 | Kitchener/Waterloo, ON | Jonathan Charest (QC) | 22.65 | 21.9 |
| 2004 | Sudbury, ON | Tyrone Halstead (ON) | 22.55 | 21.9 |
| 2005 | Edmonton, AB | Carlisle Stanford (ON) | 22.57 | 21.9 |
| 2006 | Burnaby, BC | Segun Makinde (ON) | 22.43 | 21.9 |
| 2007 | Oromocto, NB | Nicholas Chiarot (ON) | 22.36 | 21.9 |
| 2008 | Sherbrooke, QC | Thomas Juha (ON) | 22.96 | 21.9 |
| 2009 | Sherbrooke, QC | Steven Ajayi (ON) | 22.52 | 21.9 |
| 2010 | Ottawa, ON | Andre Ford-Azonwana (ON) | 22.03 | 21.9 |
| 2011 | Ottawa, ON | Nathan Kyeame (ON) | 22.34 | 21.9 |
| 2012 | Charlottetown, PE | Shermar Paul (Open) | 22.38 | 21.9 |
| 2013 | Langley, BC | Kurdell Reason (ON) | 22.76 | 21.9 |
| 2014 | Langley, BC | Chubba Hubbard (AB-NT) | 22.48 | 21.9 |
| 2015 | Ste. Therese, QC | Emmanuel Ajiroba (Flying Angel) | 22.32 | 21.9 |
| 2016 | Ste. Therese, QC | Myl Misener-Daley (ON) | 22.57 | 21.9 |
| 2017 | Brandon, MB | Nifaiya Robinson (ON) | 22.55 | 21.9 |
| 2018 | Brandon, MB | Jadon Rose (ON) Joe Bernard Ezzeddine (QC) Jalon Rose (ON) | 22.75 22.86 23.08 | 21.90 |
| 2019 | Cape Breton, NS | Daniel Kidd (AB-NT) Ryder Hardy (SK) Jordan MxIntosh Cundari (Boost Athl) Mesele Klassen (Riversdale A) | 22.52 22.70 23.05 | 21.90 |
| 2022 | Sherbrooke, QC | Dominik Bahadur (Laurel Creek) Will Batley (Ottawa Lions) Ryan Lofstrom (BC) | 23.16 23.60 23.69 | 21.90 |

| | | | | |
|------|----------------|--|-------------------------|-------|
| 2023 | Sherbrooke, QC | Dennis Iriowen (ON) Jahleel Haley (Flying Angels) Kerwin Brookes (Flying Angels) | 22.50 22.53 22.55 | 21.90 |
| 2024 | Calgary, AB | Andre Bell (ON) Yusuff Ajibola (MB/NWO) Benny Allangha (Nova Athletics) | 22.39 22.42 22.50 | 21.90 |
| 2025 | Calgary, AB | Luis Corredor Reyes (Thorold Elit) Alan Tirop (ON) Micah Breedveld (BC) | 22.22 22.38 22.60 | 21.90 |

200 METRES – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|----------------------------|-------|--------|
| 1975 | Waterloo, ON | Lorraine Howard (AB-NT) | 25.4* | 25.4 |
| 1976 | Edmonton, AB | Cindy More (ON) | 24.9* | 24.9 |
| 1977 | Oromocto, NB | Colleen Gibson (BC) | 25.7 | 24.9 |
| 1978 | Peace Garden, MB | Nicole Pothier (QC) | 25.8 | 24.9 |
| 1979 | St. John's, NL | Nicole Ali (ON) | 24.9 | 24.9 |
| 1980 | Saskatoon, SK | Jillian Richardson (AB-NT) | 24.4* | 24.4 |
| 1981 | Hamilton, ON | Lisa Kroll (SK) | 24.8 | 24.4 |
| 1982 | Fredericton/Oromocto, NB | Gail Harris (SK) | 24.0* | 24.0 |
| 1983 | Ottawa, ON | Rosey Edeh (QC) | 24.88 | 24.0 |
| 1984 | Halifax, NS | Althea Thomas (ON) | 24.5 | 24.0 |
| 1985 | Saskatoon, SK | Leslie King (ON) | 24.6 | 24.0 |
| 1986 | Sudbury, ON | Christine Peasgood(AB-NT) | 25.52 | 24.0 |
| 1987 | Calgary, AB | Charmaine Gilgeous (ON) | 25.17 | 24.0 |
| 1988 | Quebec City, QC | Charmaine Gilgeous (ON) | 24.70 | 24.0 |
| 1989 | Victoria, BC | Gladys Mortey (MB/NWO) | 25.38 | 24.0 |
| 1990 | Mount Pearl, NL | Ladonna Antoine (SK) | 26.10 | 24.0 |
| 1991 | Toronto, ON | Ladonna Antoine (SK) | 24.19 | 24.0 |
| 1992 | Calgary, AB | Crystal Shadd (ON) | 25.13 | 24.0 |
| 1993 | Saskatoon, SK | Erica Witter (ON) | 25.43 | 24.0 |
| 1994 | Ottawa, ON | Natasha Quan-Vie (AB-NT) | 24.67 | 24.0 |
| 1995 | Winnipeg, MB | Jennifer Mayhue (ON) | 25.50 | 24.0 |
| 1996 | Sherbrooke, QC | Krissy Liphardt (ON) | 25.51 | 24.0 |
| 1997 | Mt. Pearl, NL | Melissa Guerrier (QC) | 26.09 | 24.0 |
| 1998 | Prince George, BC | Victoria Bendle (ON) | 25.18 | 24.0 |
| 1999 | Sudbury, ON | Jennifer Cobbina (ON) | 25.40 | 24.0 |
| 2000 | Calgary, AB | Krysha Bayley (BC) | 24.78 | 24.0 |
| 2001 | Sherbrooke, QC | Yvonne Mensah (BC) | 24.26 | 24.0 |
| 2002 | Sherbrooke, QC | Yvonne Mensah (BC/Yukon) | 23.67 | 24.0 |
| 2003 | Kitchener/Waterloo, ON | Emily Johnson (ON) | 24.43 | 24.0 |
| 2004 | Sudbury, ON | Jenna Martin (NS/NU) | 24.59 | 24.0 |
| 2005 | Edmonton, AB | Allyson Howatt (NB) | 25.01 | 24.0 |
| 2006 | Burnaby, BC | Christina Harrison (ON) | 25.17 | 24.0 |
| 2007 | Oromocto, NB | Sabrina Netzey (BC/Yukon) | 24.13 | 24.0 |

| | | | | |
|------|-------------------|--|----------------------------------|-------|
| 2008 | Sherbrooke, QC | Simone Martin (ON) | 24.87 | 24.0 |
| 2009 | Sherbrooke, QC | Shai Davis (BC) | 24.38 | 24.0 |
| 2009 | Sherbrooke, QC | Isatu Fofanah (AB) | 24.38 | 24.0 |
| 2010 | Ottawa, ON | Cassandra Pascal (Open) | 24.35 | 24.0 |
| 2011 | Ottawa, ON | Christian Brennan(Open) | 23.43* | 23.43 |
| 2012 | Charlottetown, PE | Ally Christiani (Open) | 24.87 | 23.43 |
| 2013 | Langley, BC | Natasha Brown (AB-NT) | 24.67 | 23.43 |
| 2014 | Langley, BC | Mariam Abdul-Rashi (ON) | 25.05 | 23.43 |
| 2015 | Ste. Therese, QC | Marv Agbonwaneten (ON) | 25.16 | 23.43 |
| 2016 | Ste. Therese, QC | Ashlan Best (Speed River) | 24.54 | 23.43 |
| 2017 | Brandon, MB | Deondra Green (QC) | 24.56 | 23.43 |
| 2018 | Brandon, MB | Makenzy Pierre-Webster (ON) Princess Roberts (AB) Anna Witherspoon (ON) | 24.52 25.18 25.35 | 23.43 |
| 2019 | Cape Breton, NS | Isabella Goudros (ON) Jillian Catton (ON) Emma Cannan (Okanagan Athletics) | 24.26 24.88 24.97 | 23.43 |
| 2022 | Sherbrooke, QC | Dianna Proctor (AB/NWT) Imani Reid (Flying Angel) Raeanne Jones (Flying Angel) | 24.38 25.02 25.12 | 23.43 |
| 2023 | Sherbrooke, QC | Shadae Thompson (ON) Caly Mounkala (QC) (Tied at 2 nd) Roxane Tedga (QC) (Tied at 2 nd) Naomi Byam (ON) | 25.10 25.21 25.21 25.42 | 23.43 |
| 2024 | Calgary, AB | Jorai Oppong-Nketiah (Ottawa Lions) Kyla Findley (MB/NWO) Shadae Thompson (ON) | 23.90 24.33 24.36 | 23.43 |
| 2025 | Calgary, AB | Jorai Oppong-Nketiah (Ottawa Lions) Elizabeth Tannis (Speed Academy) Alexia Latore (BC) | 23.79 24.06 24.21 | 23.43 |

200 METRES - Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-------------------------|-------|--------|
| 1975 | Waterloo, ON | Leroy Ryan (ON) | 22.6* | 22.6 |
| 1976 | Edmonton, AB | Robert Mathens (ON) | 22.8 | 22.6 |
| 1977 | Oromocto, NB | Sterling Hinds (ON) | 22.8 | 22.6 |
| 1978 | Peace Garden, MB | Jeff Deproze (AB-NT) | 23.9 | 22.6 |
| 1979 | St. John's, NL | Peter Campbell (ON) | 22.7 | 22.6 |
| 1980 | Saskatoon, SK | Earle Philadelphia (ON) | 22.5* | 22.5 |
| 1981 | Hamilton, ON | Courtney Brown (MB/NWO) | 21.8* | 21.8 |
| 1982 | Fredericton/Oromocto, NB | Courtney Brown (MB/NWO) | 21.6* | 21.6 |
| 1983 | Ottawa, ON | Trent Hague (BC) | 22.24 | 21.6 |
| 1984 | Halifax, NS | Josh Jonker (ON) | 21.8 | 21.6 |
| 1985 | Saskatoon, SK | D. Johnston (QC) | 21.8 | 21.6 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|--------|-------|
| 1986 | Sudbury, ON | Robert Clark (QC) | 22.33 | 21.6 |
| 1987 | Calgary, AB | Derrick Dempster (NS) | 22.31 | 21.6 |
| 1988 | Quebec City, QC | Pierre Johann (BC) | 21.20* | 21.20 |
| 1989 | Victoria, BC | Chris Keane (ON) | 22.18 | 21.20 |
| 1990 | Mount Pearl, NL | Eric Pemberton (AB-NT) | 22.80 | 21.20 |
| 1991 | Toronto, ON | Martin Proulx (QC) | 21.48 | 21.20 |
| 1992 | Calgary, AB | Don Bruno (AB-NT) | 22.44 | 21.20 |
| 1993 | Saskatoon, SK | Willem Ryan (BC) | 22.41 | 21.20 |
| 1994 | Ottawa, ON | Charles Allen (ON) | 22.37 | 21.20 |
| 1995 | Winnipeg, MB | Darryl Olczak (ON) | 22.74 | 21.20 |
| 1996 | Sherbrooke, QC | Joel Nelson (BC) | 22.24 | 21.20 |
| 1997 | Mt. Pearl, NL | Jesse Bent (BC) | 22.70 | 21.20 |
| 1998 | Prince George, BC | Preston Wilkins (SK) | 22.06 | 21.20 |
| 1999 | Sudbury, ON | Patrick Benjamin (NS) | 22.18 | 21.20 |
| 2000 | Calgary, AB | Nathan Taylor (BC) | 21.98 | 21.20 |
| 2001 | Sherbrooke, QC | Joshua Taylor (ON) | 21.78 | 21.20 |
| 2002 | Sherbrooke, QC | Jared Connaughton (PE) | 21.47 | 21.20 |
| 2003 | Kitchener/Waterloo, ON | Neil Whittaker (ON) | 22.21 | 21.20 |
| 2004 | Sudbury, ON | Jonathan Charest (QC) | 21.85 | 21.20 |
| 2005 | Edmonton, AB | Mitchell Gorman (AB/NT) | 22.36 | 21.20 |
| 2006 | Burnaby, BC | Mike Robertson (ON) | 22.31 | 21.20 |
| 2007 | Oromocto, NB | Kenyan Parker (BC) | 21.44 | 21.20 |
| 2008 | Sherbrooke, QC | Oluwasegun Makinde (Ottawa Lions) | 21.43 | 21.20 |
| 2009 | Sherbrooke, QC | Aaron Brown (Open) | 21.48 | 21.20 |
| 2010 | Ottawa, ON | Toluwalope Makinde (Open) | 21.88 | 21.20 |
| 2011 | Ottawa, ON | Andre Ford-Azonwanna (Open) | 21.28 | 21.20 |
| 2012 | Charlottetown, PE | Deion Barker (Open) | 21.84 | 21.20 |
| 2013 | Langley, BC | Lucanus Robinson (QC) | 21.67 | 21.20 |
| 2014 | Langley, BC | Temitope Olonisaki (AB/NT) | 21.84 | 21.20 |
| 2015 | Ste. Therese, QC | Chuba Hubbard (Edmonton Columbians) | 21.85 | 21.20 |
| 2016 | Ste. Therese, QC | Kh Stewart-Baynes (ON) | 22.21 | 21.20 |
| 2017 | Brandon, MB | Myles Misener-Daley (Hamilton Oly) | 21.79 | 21.20 |
| 2018 | Brandon, MB | Joakim Génereux (QC) | 22.28 | 21.20 |
| | | Jordan McKenzie (ON) | 22.43 | |
| | | Nick Beaulieu (NS/NV) | 22.61 | |
| 2019 | Cape Breton, NS | Domenic Barresi (Hamilton Oly) | 21.98 | 21.20 |
| | | Dawson Klinger (SK) | 22.07 | |
| | | Joe Bernard Ezzeddine (QC) (3 rd) | 22.08 | |
| | | Daniel Reader (Hamilton Oly) (3 rd) | | |
| 2022 | Sherbrooke, QC | Darren Beaver (AB/NWT) | 21.90 | 21.20 |
| | | Jaxson Jean-Jacques (Flying Angels) | 22.18 | |
| | | Pishon Haughton (BC) | 22.18 | |
| | | Adnan Jimoh (Flying Angels) | 22.48 | |
| 2023 | Sherbrooke, QC | D. Richer-Mugford (Limitless Era T.C.) | 22.16 | 21.20 |
| | | Parker Long (ON) | 22.20 | |
| | | Philip Richard (Sherbrooke) | 22.37 | |

| | | | | |
|------|-------------|---|--------------------------|-------|
| 2024 | Calgary, AB | Dakari Milks (Border City) Ange-Mathis Kramo (Ottawa Lions) Noel Morah (Nova Athletics) | 21.33 21.53 21.72 | 21.20 |
| 2025 | Calgary, AB | Dennis Iriowen (ON) Noah Horspool (Flying Angel) Adam Nyarko (AB/NWT) | 20.84* 21.29 21.30 | 20.84 |

400 METRES (Replaced by 300M in 2010) – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|----------------------------|--------|--------|
| 1975 | Waterloo, ON | Cathy Crichton (ON) | 61.6* | 61.6 |
| 1976 | Edmonton, AB | Chris MacKay (ON) | 58.6* | 58.6 |
| 1977 | Oromocto, NB | Cynthia Thiesson (AB-NT) | 58.6* | 58.6 |
| 1978 | Peace Garden, MB | Denise Fillion (ON) | 58.8 | 58.6 |
| 1979 | St. John's, NL | Jillian Richardson (AB-NT) | 58.6* | 58.6 |
| 1980 | Saskatoon, SK | Gail Harris (SK) | 59.9 | 58.6 |
| 1981 | Hamilton, ON | Donalda Duprey (ON) | 57.9* | 57.9 |
| 1982 | Fredericton/Oromocto, NB | Donalda Duprey (ON) | 57.8* | 57.8 |
| 1983 | Ottawa, ON | Maxine Scringer (AB-NT) | 59.1 | 57.8 |
| 1984 | Halifax, NS | Stephanie Taylor (ON) | 58.0 | 57.8 |
| 1985 | Saskatoon, SK | Cheryl Allan (AB-NT) | 56.26* | 56.26 |
| 1986 | Sudbury, ON | Maureen Cinq-Mars (ON) | 58.10 | 56.26 |
| 1987 | Calgary, AB | Cora Fleming (AB-NT) | 57.93 | 56.26 |
| 1988 | Quebec City, QC | Heather Henningan (NS) | 1:00.1 | 56.26 |
| 1989 | Victoria, BC | Sylvia Gaetan (QC) | 58.7 | 56.26 |
| 1990 | Mount Pearl, NL | Pennie Santiago | 58.77 | 56.26 |
| 1991 | Toronto, ON | Terri Baker (NS) | 58.89 | 56.26 |
| 1992 | Calgary, AB | Andrea Webb (QC) | 58.02 | 56.26 |
| 1993 | Saskatoon, SK | Jennifer Mayhue (ON) | 58.15 | 56.26 |
| 1994 | Ottawa, ON | Krissy Liphardt (ON) | 57.56 | 56.26 |
| 1995 | Winnipeg, MB | Michelle MacDonald (ON) | 58.39 | 56.26 |
| 1996 | Sherbrooke, QC | Janice Zawaski (AB-NT) | 57.30 | 56.26 |
| 1997 | Mt. Pearl, NL | Tara Halls (ON) | 59.53 | 56.26 |
| 1998 | Prince George, BC | Tara Halls (ON) | 57.46 | 56.26 |
| 1999 | Sudbury, ON | Lyndsay Wilson (ON) | 59.77 | 56.26 |
| 2000 | Calgary, AB | Shannon Boodram (ON) | 56.64 | 56.26 |
| 2001 | Sherbrooke, QC | Bailey Lewis (ON) | 59.42 | 56.26 |
| 2002 | Sherbrooke, QC | Jenna Martin (NS/Nunavut) | 57.51 | 56.26 |
| 2003 | Kitchener/Waterloo, ON | Jenna Martin (NS/NU) | 56.21* | 56.21 |
| 2004 | Sudbury, ON | Maddie Buttinger (ON) | 57.87 | 56.21 |
| 2005 | Edmonton, AB | Stephani Romanson (MB-NWO) | 57.01 | 56.21 |
| 2006 | Burnaby, BC | Kaitlin Nelson (BC) | 57.40 | 56.21 |
| 2007 | Oromocto, NB | Laura Affeld (AB) | 56.69 | 56.21 |
| 2008 | Sherbrooke, QC | Katie Reid (BC) | 55.84* | 55.84 |
| 2009 | Sherbrooke, QC | Sage Watson (AB) | 56.24 | 55.84 |

300 METRES – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|--|-------------------------|--------|
| 2010 | Ottawa, ON | Christian Brennan (ON) | 37.17* | 37.17 |
| 2011 | Ottawa, ON | Morgan Walker (AB) | 39.89 | 37.17 |
| 2012 | Charlottetown, PE | Mariam Abdul-Rashid | 39.66 | 37.17 |
| 2013 | Langley, BC | Kyra Constantine (ON) | 38.65 | 37.17 |
| 2014 | Langley, BC | Victoria Tachinski (Open) | 39.10 | 37.17 |
| 2015 | Ste. Therese, QC | Lauren Gale (Ottawa Lions) | 38.68 | 37.17 |
| 2016 | Ste. Therese, QC | Jasneet Nijjar (BC) | 39.57 | 37.17 |
| 2017 | Brandon, MB | Nicole McKenzie (ON) | 40.43 | 37.17 |
| 2018 | Brandon, MB | Savannah Sutherland (SK) Ella Clayton (AB) Nicole McKenzie (ON) | 39.61 39.61 40.38 | 37.17 |
| 2019 | Cape Breton, NS | Emily Martin (ON) Mckayla Francis (Flying Angel) Jaeland Cummings (BC) (Tied at 3 rd) Jaya Boucher (AB-NT) (Tied at 3 rd) | 39.57 40.31 40.95 | 37.17 |
| 2022 | Sherbrooke, QC | Tatiana Reyes (AB/NWT) Gabriella Ruggeri (Etobicoke) Mariah Willaims (Flying Angels) | 39.78 40.38 40.43 | 37.17 |
| 2023 | Sherbrooke, QC | Moni Galouon (AB/NWT) Mariah Williams (Flying Angels) Sienna Rubio (QC) | 38.71 39.09 41.08 | 37.17 |
| 2024 | Calgary, AB | Payton Rogers (Kajaks Track) Anieu Chan (ON) Juliette Dionne (QC) | 39.79 40.11 40.45 | 37.17 |
| 2025 | Calgary, AB | Payton Rogers (Kajaks Track) Sofia Zenone (BC) Kaitlyne Mead (NS) | 38.44 39.86 40.25 | 37.17 |

300 METRES (400M until 2010) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------|-------|--------|
| 1975 | Waterloo, ON | David Cushing (AB-NT) | 56.5* | 56.5 |
| 1976 | Edmonton, AB | Greg Antle (BC) | 54.0* | 54.0 |
| 1977 | Oromocto, NB | Jess Kasman (ON) | 55.1 | 54.0 |
| 1978 | Peace Garden, MB | Bill Ferguson (ON) | 54.5 | 54.0 |
| 1979 | St. John's, NL | Scott Wilson (ON) | 54.4 | 54.0 |
| 1980 | Saskatoon, SK | Denis Vringer (NB) | 54.8 | 54.0 |
| 1981 | Hamilton, ON | Ron Martin (ON) | 54.2 | 54.0 |
| 1982 | Fredericton/Oromocto, NB | Brian Althouse (ON) | 52.4* | 52.4 |
| 1983 | Ottawa, ON | Michael Charles (ON) | 52.4* | 52.4 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|----------------------------|--------|-------|
| 1984 | Halifax, NS | Jamie Steer (MB/NWO) | 52.5 | 52.4 |
| 1985 | Saskatoon, SK | Gordon Laxton (AB-NT) | 50.80* | 50.80 |
| 1986 | Sudbury, ON | Fraser Veitch (NB) | 52.21 | 50.80 |
| 1987 | Calgary, AB | John Dumont (AB-NT) | 50.26* | 50.26 |
| 1988 | Quebec City, QC | Ian Lowe (QC) | 50.80 | 50.26 |
| 1989 | Victoria, BC | Scott Jensen (AB-NT) | 51.97 | 50.26 |
| 1990 | Mount Pearl, NL | Andrew Dawe (NL) | 53.50 | 50.26 |
| 1991 | Toronto, ON | Xavier Ibaratta (SK) | 51.66 | 50.26 |
| 1992 | Calgary, AB | Robert Kirby (NS) | 51.24 | 50.26 |
| 1993 | Saskatoon, SK | Mike Williams (ON) | 51.89 | 50.26 |
| 1994 | Ottawa, ON | Chuck Ross (ON) | 51.97 | 50.26 |
| 1995 | Winnipeg, MB | Card Liam (ON) | 51.26 | 50.26 |
| 1996 | Sherbrooke, QC | Carl Henry (ON) | 53.16 | 50.26 |
| 1997 | Mt. Pearl, NL | Charles Holder (ON) | 51.67 | 50.26 |
| 1998 | Prince George, BC | Carl Hayes (ON) | 50.99 | 50.26 |
| 1999 | Sudbury, ON | Mark Grochalski (AB-NT) | 52.94 | 50.26 |
| 2000 | Calgary, AB | Chris Marion (ON) | 51.81 | 50.26 |
| 2001 | Sherbrooke, QC | Ian Butcher (ON) | 51.47 | 50.26 |
| 2002 | Sherbrooke, QC | Eric Clark (SK) | 51.96 | 50.26 |
| 2003 | Kitchener/Waterloo, ON | Jonathan Charest (QC) | 56.21 | 50.26 |
| 2004 | Sudbury, ON | Olivier Paquette (QC) | 50.99 | 50.26 |
| 2005 | Edmonton, AB | Matthew Crosswhite (AB-NT) | 51.66 | 50.26 |
| 2006 | Burnaby, BC | Tim Smith (BC) | 51.17 | 50.26 |
| 2007 | Oromocto, NB | Andrew Cackette (ON) | 51.18 | 50.26 |
| 2008 | Sherbrooke, QC | Benjamin Ayesu-Attah (BC) | 50.99 | 50.26 |
| 2009 | Sherbrooke, QC | Brendon Restall (BC) | 51.46 | 50.26 |

300 METERS – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|---------------------------------------|--------|--------|
| 2010 | Ottawa, ON | Jordan Sherwood (ON) | 36.71 | 36.71 |
| 2011 | Ottawa, ON | Nathan Kyeame (ON) | 35.87* | 35.87 |
| 2012 | Charlottetown, PE | Jake Hanna (BC) | 35.49* | 35.49 |
| 2013 | Langley, BC | William Gagnon (QC) | 36.64 | 35.49 |
| 2014 | Langley, BC | Nathan Friginette (Open) | 35.53 | 35.49 |
| 2015 | Sté. Therese, QC | Vaughn Taylor (SK) | 35.41* | 35.41 |
| 2016 | Sté. Therese, QC | Daunte Henriques (ON) | 35.90 | 35.41 |
| 2017 | Brandon, MB | Nifaiya Robinson (ON) | 34.62* | 34.62 |
| 2018 | Brandon, MB | Jo Bernard Ezzeddine (QC) | 35.38 | 34.62 |
| | | David Hurst Jr. (ON) | 36.03 | |
| | | Daniel Reader (ON) | 36.26 | |
| 2019 | Cape Breton, NS | Mats Swanson (AB-NT) | 35.68 | 34.62 |
| | | Ryder Hardy (SK) | 36.42 | |
| | | Destiny Emuze (ON) (3 rd) | 36.50 | |
| | | Mesele Klassen (Riversdale A) | 36.50 | |
| 2022 | Sherbrooke, QC | Francis Hinnah (London Western) | 36.48 | 34.62 |
| | | Ryan Lofstrom (BC) | 36.50 | |
| | | Nic Serezlis Bracoviche (AB/NWT) | 37.02 | |

| | | | | |
|------|----------------|---|-------------------------|-------|
| 2023 | Sherbrooke, QC | Mickael Allaire (QC) Derek Frimpong (BC/YT) Yusuff Aj Yusuff (MN/NWT) | 35.74 36.36 36.84 | 34.62 |
| 2024 | Calgary, AB | Rook Erechook (ON) Benny Allangba (Nova Athletics) Yusuff Ajibola Yusuff (MB/NWO) | 35.21 35.41 35.71 | 34.62 |
| 2025 | Calgary, AB | Alan Tirop (ON) Shaun Donald (Etobicoke Hu) Lorenzo Barillaro (Coquitlam Ch) | 35.40 35.78 36.02 | 34.62 |

400 METRES – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|---------------------------|---------|--------|
| 1975 | Waterloo, ON | Janet Wood (ON) | 57.0* | 57.0 |
| 1976 | Edmonton, AB | Janet Wood (ON) | 57.0* | 57.0 |
| 1977 | Oromocto, NB | Gay Melville (ON) | 57.1 | 57.0 |
| 1978 | Peace Garden, MB | Cynthia Theissen (AB-NT) | 58.2 | 57.0 |
| 1979 | St. John's, NL | Brenda Tkatch (SK) | 59.7 | 57.0 |
| 1980 | Saskatoon, SK | Carol Ann Leslie (QC) | 56.5* | 56.5 |
| 1981 | Hamilton, ON | Lisa Kroll (SK) | 55.8* | 55.8 |
| 1982 | Fredericton/Oromocto, NB | Gail Harris (SK) | 55.6* | 55.6 |
| 1983 | Ottawa, ON | Rosey Edeh (QC) | 58.3 | 55.6 |
| 1984 | Halifax, NS | Sharon Small (ON) | 56.6 | 55.6 |
| 1985 | Saskatoon, SK | Suzanne Bachelor (AB-NT) | 56.62 | 55.6 |
| 1986 | Sudbury, ON | Karen Layne (ON) | 56.11 | 55.6 |
| 1987 | Calgary, AB | Caroline Fortin (QC) | 55.54* | 55.54 |
| 1988 | Quebec City, QC | Maureen Cinq-Mars (ON) | 57.45 | 55.54 |
| 1989 | Victoria, BC | Corinne Podolsky (MB/NWO) | 57.03 | 55.54 |
| 1990 | Mount Pearl, NL | Debbie Hooke (MB/NWO) | 58.26 | 55.54 |
| 1991 | Toronto, ON | Samantha Watt (ON) | 57.26 | 55.54 |
| 1992 | Calgary, AB | Jane Loskot (AB-NT) | 1:03.60 | 55.54 |
| 1993 | Saskatoon, SK | Collette Courtney (ON) | 57.66 | 55.54 |
| 1994 | Ottawa, ON | Veronique St-Pierre (QC) | 57.09 | 55.54 |
| 1995 | Winnipeg, MB | Jennifer Mayhue (ON) | 56.09 | 55.54 |
| 1996 | Sherbrooke, QC | Krissy Liphardt (ON) | 56.47 | 55.54 |
| 1997 | Mt. Pearl, NL | Jenna Lock (BC) | 55.92 | 55.54 |
| 1998 | Prince George, BC | Victoria Bendle (ON) | 56.54 | 55.54 |
| 1999 | Sudbury, ON | Angela Anoliefoh (BC) | 56.16 | 55.54 |
| 2000 | Calgary, AB | Danielle Abraham (ON) | 57.13 | 55.54 |
| 2001 | Sherbrooke, QC | Shannon Boodram (ON) | 57.48 | 55.54 |
| 2002 | Sherbrooke, QC | Alicia Brown (ON) | 55.39* | 55.39 |
| 2003 | Kitchener/Waterloo, ON | Erin Payne (BC/YUKON) | 57.29 | 55.39 |
| 2004 | Sudbury, ON | Melissa Bishop (ON) | 56.59 | 55.39 |
| 2005 | Edmonton, AB | Deanna Sullivan (AB-NT) | 56.20 | 55.39 |

| | | | | |
|------|-------------------|---|-------------------------|-------|
| 2006 | Burnaby, BC | Maddie Buttinger (ON) | 57.18 | 55.39 |
| 2007 | Oromocto, NB | Kaitlyn Nelson (BC) | 56.69 | 55.39 |
| 2008 | Sherbrooke, QC | Jenessa Olson (St Thomas LE) | 56.32 | 55.39 |
| 2009 | Sherbrooke, QC | Katie Reid (BC) | 54.90* | 54.90 |
| 2010 | Ottawa, ON | Devan Wiebe (BC) | 56.34 | 54.90 |
| 2011 | Ottawa, ON | Christian Brennan (Open) | 53.11* | 53.11 |
| 2012 | Charlottetown, PE | Alison Fraser (Open) | 55.77 | 53.11 |
| 2013 | Langley, BC | Kendra Clarke (AB-NT) | 54.70 | 53.11 |
| 2014 | Langley, BC | Lauren D'Agnolo (Open) | 56.26 | 53.11 |
| 2015 | Ste. Therese, QC | Ashlan Best (Speed River) | 55.22 | 53.11 |
| 2016 | Ste. Therese, QC | Victori Tachinski (Stride Ahead) | 53.38 | 53.11 |
| 2017 | Brandon, MB | Catherine Léger (QC) | 55.78 | 53.11 |
| 2018 | Brandon, MB | Princess Roberts (AB) Amy Stieh (MB) Aleeya Hutchins (ON) | 56.18 56.22 56.83 | 53.11 |
| 2019 | Cape Breton, NS | Ella Clayton (AB-NT) Avery Pearson (SK) Nicole McKenzie (Boost Ath) | 54.78 55.35 56.24 | 53.11 |
| 2022 | Sherbrooke, QC | Sorcha Shiu (AB/NWT) Elise Sawyer (Monte Cristo) Cara MacDonald (NS/NU) | 56.42 57.65 58.43 | 53.11 |
| 2023 | Sherbrooke, QC | Chloe Symon (BC/YT) Gabiell Ruggeri (Etobicoke T.F.C.) Quinn Coughlin (Ottawa Lions T.F.C.) | 56.47 57.02 57.11 | 53.11 |
| 2024 | Calgary, AB | Chloe Symon (BC) Hailee Woodhouse (SK) Tatiana Reyes (Caltaf) | 54.99 55.50 56.22 | 53.11 |
| 2025 | Calgary, AB | Alexia Latore (BC) Naysa Woods (Riverside A) Mariah Williams (Flying Angel) | 54.68 55.03 55.16 | 53.11 |

400 METRES – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|------------------------|-------|--------|
| 1975 | Waterloo, ON | Chris Reid (ON) | 50.8* | 50.8 |
| 1976 | Edmonton, AB | Arnold Stotz (ON) | 50.7* | 50.7 |
| 1977 | Oromocto, NB | Scott Turnbull (NS) | 51.9 | 50.7 |
| 1978 | Peace Garden, MB | Dave Soper (MB/NWO) | 52.7 | 50.7 |
| 1979 | St. John's, NL | Steven Beauregard (QC) | 50.6* | 50.6 |
| 1980 | Saskatoon, SK | Enver Carolissen (ON) | 51.2 | 50.6 |
| 1981 | Hamilton, ON | Dave Williams (ON) | 50.4* | 50.4 |
| 1982 | Fredericton/Oromocto, NB | Enver Carolissen (ON) | 49.8* | 49.8 |
| 1983 | Ottawa, ON | Michael Charles (ON) | 52.4 | 49.8 |
| 1984 | Halifax, NS | Trent Hague (BC) | 49.0* | 49.0 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|--|-------------------------|-------|
| 1985 | Saskatoon, SK | A. Wilson (QC) | 49.23 | 49.0 |
| 1986 | Sudbury, ON | Karl Jones (AB-NT) | 50.1 | 49.0 |
| 1987 | Calgary, AB | Eric Lorscheider (AB-NT) | 49.65 | 49.0 |
| 1988 | Quebec City, QC | Brooke Cooper (ON) | 49.56 | 49.0 |
| 1989 | Victoria, BC | Mark Graham (ON) | 48.88* | 48.88 |
| 1990 | Mount Pearl, NL | Andrew Grady (NS) | 50.90 | 48.88 |
| 1991 | Toronto, ON | Troy Langevine (ON) | 49.62 | 48.88 |
| 1992 | Calgary, AB | Don Bruno (AB-NT) | 49.43 | 48.88 |
| 1993 | Saskatoon, SK | David McQuinn (ON) | 49.81 | 48.88 |
| 1994 | Ottawa, ON | Scott Mooney (BC) | 48.89 | 48.88 |
| 1995 | Winnipeg, MB | Shane Niemi (BC) | 47.64* | 47.64 |
| 1996 | Sherbrooke, QC | Ben Dunville (SK) | 49.08 | 47.64 |
| 1997 | Mt. Pearl, NL | Ray Ardill (BC) | 48.31 | 47.64 |
| 1998 | Prince George, BC | Ray Ardill (BC) | 48.03 | 47.64 |
| 1999 | Sudbury, ON | Josh Guggenheimer (BC) | 49.07 | 47.64 |
| 2000 | Calgary, AB | Erik Sproll (MB/NWO) | 48.45 | 47.64 |
| 2001 | Sherbrooke, QC | Julien Dugal (QC) | 49.18 | 47.64 |
| 2002 | Sherbrooke, QC | Chris Marion (ON) | 49.90 | 47.64 |
| 2003 | Kitchener/Waterloo, ON | Keenan Geer (ON) | 49.93 | 47.64 |
| 2004 | Sudbury, ON | Jonathan Charest (QC) | 48.75 | 47.64 |
| 2005 | Edmonton, AB | Jonathan Charest (QC) | 49.10 | 47.64 |
| 2006 | Burnaby, BC | Mike Robertson (ON) | 48.75 | 47.64 |
| 2007 | Oromocto, NB | Andre Hamilton (ON) | 49.13 | 47.64 |
| 2008 | Sherbrooke, QC | Michael Trinkus (Univ O) | 48.87 | 47.64 |
| 2009 | Sherbrooke, QC | Benjamin Ayesu-Attah (BC) | 48.89 | 47.64 |
| 2010 | Ottawa, ON | Brandon McBride (ON) | 48.73 | 47.64 |
| 2011 | Ottawa, ON | Brandon McBride (ON) | 46.83* | 46.83 |
| 2012 | Charlottetown, PE | Alex Tourigny-Plante (QC) | 48.96 | 46.83 |
| 2013 | Langley, BC | Jake Hanna (BC) | 48.74 | 46.83 |
| 2014 | Langley, BC | Myles Banfield (ON) | 48.19 | 46.83 |
| 2015 | Ste. Therese, QC | Nathan FrigINETTE (ON) | 48.50 | 46.83 |
| 2016 | Ste. Therese, QC | Kh Stewart-Baynes (ON) | 47.66 | 46.83 |
| 2017 | Brandon, MB | Myles Misener-Daley (Hamilton Oly) | 48.08 | 46.83 |
| 2018 | Brandon, MB | Nicholas Aron (BC) Brady Galvin (AB) Carson Bradley (BC) | 49.99 50.24 50.42 | 46.83 |
| 2019 | Cape Breton, NS | Zachary Bowness (ON) Carter Teal (Thorold Elit) Michael Rosth (ON) (3 rd) Tyler Cox-Yestrau (MB) (3 rd) | 48.13 48.59 48.69 | 46.83 |
| 2022 | Sherbrooke, QC | Pishon Haughton (BC) Eli Vialva (Durham Legion) Adnan Jimoh (Flying Angel) | 48.24 48.85 48.87 | 46.83 |

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|------|----------------|---|---------------------------|-------|
| 2023 | Sherbrooke, QC | Ryder Rattee (AB/NWT) Zachary Jeggo (Ottawa Lions T.F.C.) Farsan Abdi (AB/NWT) | 48.53 48.60 48.77 | 46.83 |
| 2024 | Calgary, AB | Mickael Allaire (QC) Zachary Jeggo (Ottawa Lions) Emmett Charles (London Western) | 47.90 48.43 48.67 | 46.83 |
| 2025 | Calgary, AB | Adam Nyrko (AB/NWT) Mickael Allaire (QC) Brayden Kane (Border City) | 46.50* 46.65* 47.03 | 46.50 |

800 METRES – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|----------------------------|----------|---------|
| 1975 | Waterloo, ON | Joanne Graves (ON) | 2.19.7* | 2.19.7 |
| 1976 | Edmonton, AB | Kim Hobden (ON) | 2.22.6 | 2.19.7 |
| 1977 | Oromocto, NB | Kim Hobden (ON) | 2.17.3* | 2.17.3 |
| 1978 | Peace Garden, MB | Paula Schnurr (ON) | 2.24.8 | 2.17.3 |
| 1979 | St. John's, NL | July Insley (ON) | 2.20.5 | 2.17.3 |
| 1980 | Saskatoon, SK | Karen Reid (ON) | 2.19.3 | 2.17.3 |
| 1981 | Hamilton, ON | Michelle Bathurst (ON) | 2.17.6 | 2.17.3 |
| 1982 | Fredericton/Oromocto, NB | Robin Meagher (NS) | 2.15.1* | 2.15.1 |
| 1983 | Ottawa, ON | Michelle Bathurst (ON) | 2.17.49 | 2.15.1 |
| 1984 | Halifax, NS | Vicki Lynch (AB-NT) | 2.17.5 | 2.15.1 |
| 1985 | Saskatoon, SK | Vicki Lynch (AB-NT) | 2.16.4 | 2.15.1 |
| 1986 | Sudbury, ON | Julie Armstrong (ON) | 2.15.20 | 2.15.1 |
| 1987 | Calgary, AB | Brigitte Nehma (QC) | 2.17.12 | 2.15.1 |
| 1988 | Quebec City, QC | Candace Lessmeiter (SK) | 2.21.0 | 2.15.1 |
| 1989 | Victoria, BC | Danielle Fisher (AB-NT) | 2.16.07 | 2.15.1 |
| 1990 | Mount Pearl, NL | Julie Dupuis (NB) | 2.24.70 | 2.15.1 |
| 1991 | Toronto, ON | Patricia Holmen (AB-NT) | 2.20.44 | 2.15.1 |
| 1992 | Calgary, AB | Jane Shannon (ON) | 2.16.58 | 2.15.1 |
| 1993 | Saskatoon, SK | Aimee Teteris (ON) | 2.18.56 | 2.15.1 |
| 1994 | Ottawa, ON | Aimee Teteris (ON) | 2.13.8* | 2.13.8 |
| 1995 | Winnipeg, MB | Tanya Wright (AB-NT) | 2.19.49 | 2.13.8 |
| 1996 | Sherbrooke, QC | Tanya Wright (AB-NT) | 2.12.54* | 2.12.54 |
| 1997 | Mt. Pearl, NL | Jenny Van Kempen (AB-NT) | 2:17.83 | 2.12.54 |
| 1998 | Prince George, BC | Tara Halls (ON) | 2.17.69 | 2.12.54 |
| 1999 | Sudbury, ON | Robyn Kowalski (ON) | 2.17.36 | 2.12.54 |
| 2000 | Calgary, AB | Chloe Allen (QC) | 2.20.78 | 2.12.54 |
| 2001 | Sherbrooke, QC | Alyson Kohlmeier | 2.12.14* | 2.12.14 |
| 2002 | Sherbrooke, QC | Justine L=Heureux (QC) | 2.18.90 | 2.12.14 |
| 2003 | Kitchener/Waterloo, ON | Melissa Bishop (ON) | 2:17.25 | 2:12.14 |
| 2004 | Sudbury, ON | Angela Shaw (BC/Yukon) | 2.19.04 | 2:12.14 |
| 2005 | Edmonton, AB | Stephani Romanson (MB-NWO) | 2.13.70 | 2.12.14 |

| | | | | |
|------|-------------------|--|-------------------------------|---------|
| 2006 | Burnaby, BC | Diana Boulton (ON) | 2:13.57 | 2:12.14 |
| 2007 | Oromocto, NB | Laura Affeld (AB) | 2:13.15 | 2:12.14 |
| 2008 | Sherbrooke, QC | Carly Paracholski (MB) | 2:13.85 | 2:12.14 |
| 2009 | Sherbrooke, QC | Jenna Westaway (AB) | 2:15.65 | 2:12.14 |
| 2010 | Ottawa, ON | Christina Kyritsis (ON) | 2:15.51 | 2:12.14 |
| 2011 | Ottawa, ON | Kailee Sawyer (Open) | 2:13.54 | 2:12.14 |
| 2012 | Charlottetown, PE | Kailee Sawyer (Open) | 2:14.12 | 2:12.14 |
| 2013 | Langley, BC | Madeleine Sumner (Open) | 2:15.20 | 2:12.14 |
| 2014 | Langley, BC | Victoria Tachinski (Open) | 2:07.91* | 2:07.91 |
| 2015 | Ste. Therese, QC | Sophie Sigstead (AB/NT) | 2:11.23 | 2:07.91 |
| 2016 | Ste. Therese, QC | Tiana Lostracco (Speed River) | 2:11.22 | 2:07.91 |
| 2017 | Brandon, MB | Camryn Bonia (NL) | 2:12.40 | 2:07.91 |
| 2018 | Brandon, MB | Jillian Schaber (AB) Ella Clayton (AB) Hallee Knelsen (ON) | 2:13.42 2:15.42 2:16.79 | 2:07.91 |
| 2019 | Cape Breton, NS | Ella Jackson (ON) Alexis Lewans (Riversdale A) Erin Vringer (NB) | 2:14.39 2:14.65 2:14.80 | 2:07.91 |
| 2022 | Sherbrooke, QC | Raiya Matonovich (BC) Gabiella Ruggeri (Etobicoke) Maya Markowska (Burlington) | 2:13.24 2:13.51 2:14.28 | 2:07.91 |
| 2023 | Sherbrooke, QC | Hanna Gates (SK) Maya Markowska (Burlington T.F.C.) Alexandra Watson (AB/NWT) | 2:12.24 2:12.98 2:14.80 | 2:07.91 |
| 2024 | Calgary, AB | Kiana Charest (ON) Anieu Chan (ON) Esme Sinke (Calgary Spartans) | 2:11.15 2:12.05 2:13.17 | 2:07.91 |
| 2025 | Calgary, AB | Lily Ryan (Eclipse Track) Maeve Agres (Etobicoke Hu) Victoria Halbert (Unattached A) | 2:13.37 2:13.54 2:14.41 | 2:07.91 |

800 METRES – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------|----------|---------|
| 1975 | Waterloo, ON | Wayne Rosen (ON) | 2:04.6* | 2:04.6 |
| 1976 | Edmonton, AB | Dan Bootes (ON) | 2:08.0 | 2:04.6 |
| 1977 | Oromocto, NB | Simon Hoogewerf (BC) | 2:04.2* | 2:04.2 |
| 1978 | Peace Garden, MB | Gary Martimore (ON) | 2:04.1* | 2:04.1 |
| 1979 | St. John's, NL | Tom Messier (AB-NT) | 2:09.1 | 2:04.1 |
| 1980 | Saskatoon, SK | Lee Miller (AB-NT) | 2:05.4 | 2:04.1 |
| 1981 | Hamilton, ON | Ron Marten (ON) | 2:07.2 | 2:04.1 |
| 1982 | Fredericton/Oromocto, NB | Shawn Fitzgerald (ON) | 2:03.3* | 2:03.3 |
| 1983 | Ottawa, ON | Rob Muir (ON) | 1:59.33* | 1:59.33 |
| 1984 | Halifax, NS | Jamie Steer (MB/NWO) | 2:02.5 | 1:59.33 |

| | | | | |
|------|------------------------|---|-------------------------------|---------|
| 1985 | Saskatoon, SK | Jon Fidelak (ON) | 1:59.30* | 1:59.30 |
| 1986 | Sudbury, ON | Pierre Filion (AB-NT) | 2:01.52 | 1:59.30 |
| 1987 | Calgary, AB | Graham Hood (ON) | 2:01.69 | 1:59.30 |
| 1988 | Quebec City, QC | Kevin Sullivan (ON) | 1:58.20* | 1:58.20 |
| 1989 | Victoria, BC | Kevin Sullivan (ON) | 1:54.43* | 1:54.43 |
| 1990 | Mount Pearl, NL | Manny Bonilla (ON) | 2:04.40 | 1:54.43 |
| 1991 | Toronto, ON | Jason Martin (ON) | 1:59.78 | 1:54.43 |
| 1992 | Calgary, AB | Jay Cantin (ON) | 2:00.67 | 1:54.43 |
| 1993 | Saskatoon, SK | Paul Collins (ON) | 2:03.06 | 1:54.43 |
| 1994 | Ottawa, ON | Jonathan Chenier (ON) | 2:02.19 | 1:54.43 |
| 1995 | Winnipeg, MB | Card Liam (ON) | 2:02.31 | 1:54.43 |
| 1996 | Sherbrooke, QC | Mike Thorson (ON) | 2:02.23 | 1:54.43 |
| 1997 | Mt. Pearl, NL | Colin Sullivan (ON) | 2:00.18 | 1:54.43 |
| 1998 | Prince George, BC | Erik Sproll (MB/NWO) | 2:00.34 | 1:54.43 |
| 1999 | Sudbury, ON | Mathieu Morrison (NB) | 2:03.43 | 1:54.43 |
| 2000 | Calgary, AB | Matt Brophy (NB) | 2:02.60 | 1:54.43 |
| 2001 | Sherbrooke, QC | Trent Ratzlaff (AB) | 2:03.31 | 1:54.43 |
| 2002 | Sherbrooke, QC | Ryan Finn | 2:02.34 | 1:54.43 |
| 2003 | Kitchener/Waterloo, ON | Dustin Eldridge (ON) | 2:03.51 | 1:54.43 |
| 2004 | Sudbury, ON | David Minor (BC/Yukon) | 1:59.90 | 1:54.43 |
| 2005 | Edmonton, AB | Mohammed Dhaqane (ON) | 2:01.23 | 1:54.43 |
| 2006 | Burnaby, BC | Trent Sayers (ON) | 1:58.21 | 1:54.43 |
| 2007 | Oromocto, NB | Andrew Cackette (ON) | 2:02.74 | 1:54.43 |
| 2008 | Sherbrooke, QC | Connor Darlington (ON) | 1:59.50 | 1:54.43 |
| 2009 | Sherbrooke, QC | B. Nunes de Suza (ON) | 1:59.51 | 1:54.43 |
| 2010 | Ottawa, ON | Alex Freemantle (ON) | 1:57.04 | 1:54.43 |
| 2011 | Ottawa, ON | Thomas Oxland (BC) | 1:59.31 | 1:54.43 |
| 2012 | Charlottetown, PE | Jay Ort (MB) | 1:58.51 | 1:54.43 |
| 2013 | Langley, BC | Dean Ellenwood (BC) | 1:56.12 | 1:54.43 |
| 2014 | Langley, BC | Braydon Clarke (Open) | 1:57.79 | 1:54.43 |
| 2015 | Ste. Therese, QC | Ryder Horton (AB/NT) | 1:59.30 | 1:54.43 |
| 2016 | Ste. Therese, QC | Evan Knight (NL) | 2:00.06 | 1:54.43 |
| 2017 | Brandon, MB | Abdullahi Hassan (ON) | 1:57.00 | 1:54.43 |
| 2018 | Brandon, MB | Eric Campbell (ON) Mats Swanson (AB) Enrique Simard (QC) | 1:59.51 1:59.60 2:00.38 | 1:54.43 |
| 2019 | Cape Breton, NS | Riley Flemington (ON) Mats Swanson (AB-NT) Destiny Emuze (ON) | 1:56.48 1:57.53 2:01.82 | 1:54.43 |
| 2022 | Sherbrooke, QC | Noah Louwerse (BC) Lucas Ewert (MB/NWO) Thomas Côté (QC) | 1:59.97 2:00.69 2:00.76 | 1:54.43 |
| 2023 | Sherbrooke, QC | Ryan Georgeson (ON) William Scharf (ON) Evan Kingsmith (Calgary Spartans) | 1:57.66 1:58.45 1:58.62 | 1:54.43 |

| | | | | |
|------|-------------|---|-------------------------------|---------|
| 2024 | Calgary, AB | TJ Woods (ON) Arnaud Loignon (QC) Olivier Beaulieu (QC) | 1:55.79 1:56.78 1:56.85 | 1:54.42 |
| 2025 | Calgary, AB | Robin Allard (QC) Eli Hanson (ON) Deagen Hallett (ON) | 1:57.14 1:58.08 1:58.54 | 1:54.42 |

800 METRES – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------------------|----------|---------|
| 1975 | Waterloo, ON | Laurie Newfeld (ON) | 2.20.5* | 2.20.5 |
| 1976 | Edmonton, AB | Laurie Newfeld (ON) | 2.13.5* | 2.13.5 |
| 1977 | Oromocto, NB | Gay Melville (ON) | 2.16.5 | 2.13.5 |
| 1978 | Peace Garden, MB | Angela Chalmers (MB/NWO) | 2.14.4 | 2.13.5 |
| 1979 | St. John's, NL | Paula Schnurr (ON) | 2.15.2 | 2.13.5 |
| 1980 | Saskatoon, SK | Carolyn Comeau (MB/NWO) | 2.15.7 | 2.13.5 |
| 1981 | Hamilton, ON | Donna Jones (AB-NT) | 2.17.3 | 2.13.5 |
| 1982 | Fredericton/Oromocto, NB | Sheila Aikman (ON) | 2.13.2* | 2.13.2 |
| 1983 | Ottawa, ON | Chris Wagner (BC) | 2.13.65 | 2.13.2 |
| 1984 | Halifax, NS | Robyn Meagher (NS) | 2.09.1* | 2.09.1 |
| 1985 | Saskatoon, SK | Marnie Bowden (MB/NWO) | 2.15.1 | 2.09.1 |
| 1986 | Sudbury, ON | Natalie Rouillard (QC) | 2.11.95 | 2.09.1 |
| 1987 | Calgary, AB | Carol Holmen (AB-NT) | 2.09.06* | 2.09.06 |
| 1988 | Quebec City, QC | Lori Durward (BC) | 2.14.6 | 2.09.06 |
| 1989 | Victoria, BC | Lori Durward (BC) | 2.09.31 | 2.09.06 |
| 1990 | Mount Pearl, NL | Cossette Taylor (MB/NWO) | 2.19.40 | 2.09.06 |
| 1991 | Toronto, ON | Cossette Taylor (MB/NWO) | 2.10.74 | 2.09.06 |
| 1992 | Calgary, AB | Nadine Nembhard (BC) | 2.12.08 | 2.09.06 |
| 1993 | Saskatoon, SK | Emily MacLennan (NS) | 2.14.09 | 2.09.06 |
| 1994 | Ottawa, ON | Mary Unsworth (ON) | 2.13.87 | 2.09.06 |
| 1995 | Winnipeg, MB | Aimee Teteris (ON) | 2.15.14 | 2.09.06 |
| 1996 | Sherbrooke, QC | Malindi Elmore (BC) | 2.09.78 | 2.09.06 |
| 1997 | Mt. Pearl, NL | Jenna Lock (BC) | 2.15.25 | 2.09.06 |
| 1998 | Prince George, BC | Emilie Mondor (QC) | 2.11.69 | 2.09.06 |
| 1999 | Sudbury, ON | Nicole Topic (AB-NT) | 2.12.85 | 2.09.06 |
| 2000 | Calgary, AB | Julia Howard (NL) | 2.14.62 | 2.09.06 |
| 2001 | Sherbrooke, QC | Brandi Armstrong (SK) | 2.15.99 | 2.09.06 |
| 2002 | Sherbrooke, QC | Carmen Ballard (BC/Yukon) | 2.17.46 | 2.09.06 |
| 2003 | Kitchener/Waterloo, ON | Katie Engal (ON) | 2:13.52 | 2:09.06 |
| 2004 | Sudbury, ON | Katie Van Buskirk (ON) | 2.11.60 | 2.09.06 |
| 2005 | Edmonton, AB | Angela Shaw (BC) | 2.14.09 | 2.09.06 |
| 2006 | Burnaby, BC | Jessica Smith (BC) | 2.10.28 | 2.09.06 |
| 2007 | Oromocto, NB | Justine Johnson (BC/Yukon) | 2.14.48 | 2.09.06 |
| 2008 | Sherbrooke, QC | Cailleigh Glenn (Newmarket HU) | 2.13.06 | 2.09.06 |

| | | | | |
|------|-------------------|--------------------------------------|----------|---------|
| 2009 | Sherbrooke, QC | Leanne Fernandez (Open) | 2:13.22 | 2:09.06 |
| 2010 | Ottawa, ON | Meagan Paracholski (MB) | 2:13.12 | 2:09.06 |
| 2011 | Ottawa, ON | Julia Zrinyi (MB) | 2:08.73* | 2:08.73 |
| 2012 | Charlottetown, PE | Rebecca Wendt (ON) | 2:13.74 | 2:08.73 |
| 2013 | Langley, BC | Kailee Sawyer (Open) | 2:08.59 | 2:08.73 |
| 2014 | Langley, BC | Ginelle Demone (AB-NT) | 2:11.06 | 2:08.73 |
| 2015 | Ste. Therese, QC | Victoria Tachinski (Stride Ahead) | 2:06.88 | 2:06.88 |
| 2016 | Ste. Therese, QC | Kaitlin Swartz (Unattached A) | 2:12.23 | 2:06.88 |
| 2017 | Brandon, MB | Maggie Smith (NS/NU) | 2:10.97 | 2:06.88 |
| 2018 | Brandon, MB | Aleeya Hutchins (ON) | 2:09.76 | 2:06.88 |
| | | Tracy Towns (MB) | 2:10.16 | |
| | | Olivia Cooper (AB) | 2:11.07 | |
| 2019 | Cape Breton, NS | Avery Pearson (SK) | 2:08.71 | 2:06.88 |
| | | Tegan Morrison (Laurel Creek T.F.C.) | 2:08.87 | |
| | | Hallee Knelsen (St. Thomas Le) | 2:09.79 | |
| 2022 | Sherbrooke, QC | Kyla Martin (South Simcoe) | 2:10.41 | 2:06.88 |
| | | Mandeep Sangha (AB/NWT) | 2:11.38 | |
| | | Maya Baechler (BC) | 2:12.98 | |
| 2023 | Sherbrooke, QC | Gabriell Ruggeri (Etobicoke T.F.C.) | 2:12.57 | 2:06.88 |
| | | Julian Thériault (QC) | 2:12.68 | |
| | | Poppy Moom (NS/NU) | 2:13.48 | |
| 2024 | Calgary, AB | Mary MacLean (AB/NWT) | 2:09.66 | 2:06.88 |
| | | Raiya Matonovich (BC) | 2:09.68 | |
| | | Hannah Gates (SK) | 2:10.96 | |
| 2025 | Calgary, AB | Mary MacLean (Leduc Track) | 2:07.47 | 2:06.88 |
| | | Maya Markowska (ON) | 2:07.48 | |
| | | Hannah Gates (Excel Athlet) | 2:07.86 | |

800 METRES – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|------------------------|----------|---------|
| 1975 | Waterloo, ON | George Nowak (ON) | 1:58.9* | 1:58.9 |
| 1976 | Edmonton, AB | Doug Wournell (AB-NT) | 1:59.7 | 1:58.9 |
| 1977 | Oromocto, NB | Rod Palm (AB-NT) | 2:03.4 | 1:58.9 |
| 1978 | Peace Garden, MB | Mike Dowse (MB/NWO) | 2:01.0 | 1:58.9 |
| 1979 | St. John's, NL | Steven Beauregard (QC) | 1:59.1 | 1:58.9 |
| 1980 | Saskatoon, SK | Brendon Byrne (AB-NT) | 2:00.7 | 1:58.9 |
| 1981 | Hamilton, ON | Roger Carl (AB-NT) | 2:01.1 | 1:58.9 |
| 1982 | Fredericton/Oromocto, NB | Steve Vine (BC) | 1:55.5* | 1:55.5 |
| 1983 | Ottawa, ON | Peter Sharpe (BC) | 1:55.24* | 1:55.24 |
| 1984 | Halifax, NS | Shawn Fitzgerald (ON) | 1:52.6* | 1:52.6 |
| 1985 | Saskatoon, SK | Wade Anderson (BC) | 1:54.9 | 1:52.6 |
| 1986 | Sudbury, ON | Brian Franklin (QC) | 1:56.54 | 1:52.6 |
| 1987 | Calgary, AB | Bill Shokar (BC) | 1:56.07 | 1:52.6 |
| 1988 | Quebec City, QC | Pierre Fillion (AB-NT) | 1:55.8 | 1:52.6 |
| 1989 | Victoria, BC | Tarik Ramouch (QC) | 1:55.80 | 1:52.6 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|------------------------------------|----------|---------|
| 1990 | Mount Pearl, NL | Tarik Ramouch (QC) | 1:57.80 | 1:52.6 |
| 1991 | Toronto, ON | Vincent Legere (QC) | 1:54.98 | 1:52.6 |
| 1992 | Calgary, AB | Kevin Dunbar (ON) | 1:55.24 | 1:52.6 |
| 1993 | Saskatoon, SK | Zack Whitmarsh (BC) | 1:52.73 | 1:52.6 |
| 1994 | Ottawa, ON | Mike Ciampini (QC) | 1:55.82 | 1:52.6 |
| 1995 | Winnipeg, MB | Sean McCartney (BC) | 1:57.95 | 1:52.6 |
| 1996 | Sherbrooke, QC | Andrew McKessock (ON) | 1:55.67 | 1:52.6 |
| 1997 | Mt. Pearl, NL | Ray Ardill (BC) | 1:56.30 | 1:52.6 |
| 1998 | Prince George, BC | Ray Ardill (BC) | 1:55.61 | 1:52.6 |
| 1999 | Sudbury, ON | Erick Sproll (MB/NWO) | 1:51.44* | 1:51.44 |
| 2000 | Calgary, AB | Erik Sproll (MB/NWO) | 1:54.15 | 1:51.44 |
| 2001 | Sherbrooke, QC | Mark Wilkie (BC/Yukon) | 1:56.27 | 1:51.44 |
| 2002 | Sherbrooke, QC | Matthew Brophy (NB) | 1:54.57 | 1:51.44 |
| 2003 | Kitchener/Waterloo, ON | Ryan Fyfe (AB/NT) | 1:58.01 | 1:51.44 |
| 2004 | Sudbury, ON | Ryan Finn (ON) | 1:55.55 | 1:51.44 |
| 2005 | Edmonton, AB | Olivier Lavoie (QC) | 1:55.98 | 1:51.44 |
| 2006 | Burnaby, BC | Jordan Mara (BC) | 1:55.69 | 1:51.44 |
| 2007 | Oromocto, NB | Anthony Romaniw (ON) | 1:55.19 | 1:51.44 |
| 2008 | Sherbrooke, QC | Jeremy Rae (ON) | 1:52.92 | 1:51.44 |
| 2009 | Sherbrooke, QC | Merid Selishi (Open) | 1:54.81 | 1:51.44 |
| 2010 | Ottawa, ON | Andrew Costello (Open) | 1:52.99 | 1:51.44 |
| 2011 | Ottawa, ON | Brandon McBride (ON) | 1:48.41* | 1:48.41 |
| 2012 | Charlottetown, PE | Alexander Freemantle (Open) | 1:53.18 | 1:48.41 |
| 2013 | Langley, BC | Robert Heppenstall (Open) | 1:52.26 | 1:48.41 |
| 2014 | Langley, BC | Shane Dillon (Open) | 1:52.01 | 1:48.41 |
| 2015 | Ste. Therese, QC | Michael Peterson (Central Toronto) | 1:53.15 | 1:48.41 |
| 2016 | Ste. Therese, QC | Callum MacGregor (Speed River) | 1:55.51 | 1:48.41 |
| 2017 | Brandon, MB | Josh Samyn (Winnipeg Opt) | 1:54.12 | 1:48.41 |
| 2018 | Brandon, MB | Nicholas Aron (BC) | 1:55.39 | 1:48.41 |
| | | Quincy Fast (SK) | 1:55.69 | |
| | | Dakota Goguen (ON) | 1:56.51 | |
| 2019 | Cape Breton, NS | Matti Erickson (BC) | 1:53.82 | 1:48.41 |
| | | Keaton Heisterman (BC) | 1:54.23 | |
| | | Dakota Goguen (Newmarket Hu) | 1:54.29 | |
| 2022 | Sherbrooke, QC | Hudson Irvine (BC) | 1:53.90 | 1:48.41 |
| | | Noah Neves (MB/NWO) | 1:54.61 | |
| | | Kaden Kingsmith (AB/NWT) | 1:55.06 | |
| 2023 | Sherbrooke, QC | Robin Lefebvre (QC) | 1:53.46 | 1:48.41 |
| | | Killian Naughton (SK) | 1:54.48 | |
| | | Mark Molina (BC/YT) | 1:55.14 | |
| 2024 | Calgary, AB | Niklos Irwin (SK) | 1:54.71 | 1:48.41 |
| | | Evan Kingsmith (AB/NWT) | 1:55.03 | |
| | | Matthew Luke (Burlington T&F) | 1:55.60 | |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|-------------|---|--|---------|
| 2025 | Calgary, AB | Ryan Georgeson (ON) Zachary Taylor (Laurel Creek) Brody McDonald (SK) Rayane Link (Brockville L) | 1:52.05 1:53.09 1:53.09 1:53.53 | 1:48.41 |
|------|-------------|---|--|---------|

1500 METRES (replaced by 1200M in 2010) – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------------|----------|---------|
| 1975 | Waterloo, ON | Joanne Graves (ON) | 4:57.2* | 4:57.2 |
| 1976 | Edmonton, AB | Jackie Masil (ON) | 4:51.1* | 4:51.1 |
| 1977 | Oromocto, NB | Louise MacKenzie (ON) | 4:50.4* | 4:50.4 |
| 1978 | Peace Garden, MB | Paula Schnurr (ON) | 4:58.2 | 4:50.4 |
| 1979 | St. John's, NL | Tammy Roberts (ON) | 4:50.8 | 4:50.4 |
| 1980 | Saskatoon, SK | Tammy Roberts (ON) | 4:51.3 | 4:50.4 |
| 1981 | Hamilton, ON | Tammy Roberts (ON) | 4:39.0* | 4:39.0 |
| 1982 | Fredericton/Oromocto, NB | Michelle Bathurst (ON) | 4:40.3 | 4:39.0 |
| 1983 | Ottawa, ON | Michelle Bathurst (ON) | 4:44.3 | 4:39.0 |
| 1984 | Halifax, NS | Lorraine Bailie (ON) | 4:46.3 | 4:39.0 |
| 1985 | Saskatoon, SK | Jennifer Armstrong (ON) | 4:45.45 | 4:39.0 |
| 1986 | Sudbury, ON | Julie Armstrong (ON) | 4:44.20 | 4:39.0 |
| 1987 | Calgary, AB | Barb Drolet (AB-NT) | 4:56.95 | 4:39.0 |
| 1988 | Quebec City, QC | Candace Lessmeiter (SK) | 4:43.57 | 4:39.0 |
| 1989 | Victoria, BC | Joanne Johnston (AB-NT) | 4:30.10* | 4:30.10 |
| 1990 | Mount Pearl, NL | Julie Dupuis (NB) | 4:51.50 | 4:30.10 |
| 1991 | Toronto, ON | Patricia Holmen (AB-NT) | 4:43.40 | 4:30.10 |
| 1992 | Calgary, AB | Emily MacLennan (NS) | 4:49.06 | 4:30.10 |
| 1993 | Saskatoon, SK | D. Corriveau (QC) | 4:43.37 | 4:30.10 |
| 1994 | Ottawa, ON | Deidre Emerson (SK) | 4:37.95 | 4:30.10 |
| 1995 | Winnipeg, MB | Jennifer Hanley (ON) | 4:40.51 | 4:30.10 |
| 1996 | Sherbrooke, QC | Erin McClure (ON) | 4:43.73 | 4:30.10 |
| 1997 | Mt. Pearl, NL | Emily Kroshus (AB-NT) | 4:43.72 | 4:30.10 |
| 1998 | Prince George, BC | Nikki Reckman (ON) | 4:44.04 | 4:30.10 |
| 1999 | Sudbury, ON | Nikki Reckman (ON) | 4:40.61 | 4:30.10 |
| 2000 | Calgary, AB | Chloe Allen (QC) | 4:51.92 | 4:30.10 |
| 2001 | Sherbrooke, QC | Alyson Kehlmeier (ON) | 4:34.91 | 4:30.10 |
| 2002 | Sherbrooke, QC | Avril O'Grodnick (QC) | 4:37.56 | 4:30.10 |
| 2003 | Kitchener/Waterloo, ON | Shannon Gribbons (ON) | 4:46.84 | 4:30.10 |
| 2004 | Sudbury, ON | Allison Letourneau (NS/NU) | 4:40.60 | 4:30.10 |
| 2005 | Edmonton, AB | Amanda Truelove (ON) | 4:39.09 | 4:30.10 |
| 2006 | Burnaby, BC | Genevieve Lalonde (NB) | 4:36.32 | 4:30.10 |
| 2007 | Oromocto, NB | Marguerite Plante-Dube (QC) | 4:46.72 | 4:30.10 |
| 2008 | Sherbrooke, QC | Meagan Paracholski (MB) | 4:44.78 | 4:30.10 |
| 2009 | Sherbrooke, QC | Natalia Hawthorn (ON) | 4:41.72 | 4:30.10 |

1200M – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|-----------------------------|----------|---------|
| 2010 | Ottawa, ON | Jaimie Phelan (Open) | 3:36.39* | 3:36.39 |
| 2011 | Ottawa, ON | Anne-Marie Comeau (QC) | 3:35.33* | 3:35.33 |
| 2012 | Charlottetown, PE | Kailee Sawyer (Open) | 3:29.21* | 3:29.21 |
| 2013 | Langley, BC | Jennie Baragar-Petrash (MB) | 3:36.45 | 3:29.21 |
| 2014 | Langley, BC | Shona McCulloch (ON) | 3:31.70 | 3:29.21 |
| 2015 | Ste. Therese, QC | Sophie Sigfstead (AB/NT) | 3:26.16* | 3:26.16 |
| 2016 | Ste. Therese, QC | Cameron Ormond (ON) | 3:28.99 | 3:26.16 |
| 2017 | Brandon, MB | Sadie Sigfstead (AB) | 3:31.94 | 3:26.16 |
| 2018 | Brandon, MB | Erin Vringer (NB) | 3:32.93 | 3:26.16 |
| | | Abby Ylinpakhkala (ON) | 3:33.51 | |
| | | Aysia Maurice (ON) | 3:34.91 | |
| 2019 | Cape Breton, NS | Erin Vringer (NB) | 3:36.58 | 3:26.16 |
| | | Ella Jackson (ON) | 2:36.61 | |
| | | Mandeep Sangha (AB-NT) | 3:36.75 | |
| 2022 | Sherbrooke, QC | Maya Markowska (Burlington) | 3:39.21 | 3:26.16 |
| | | Anna Douma (Laurel Creek) | 3:40.00 | |
| | | Mikaella Martin (QC) | 3:40.13 | |
| 2023 | Sherbrooke, QC | Hannah Gates (SK) | 3:35.30 | 3:26.16 |
| | | Maya Markowska (Burlington) | 3:35.92 | |
| | | Annika De Smet (MN/NWO) | 3:36.50 | |
| 2024 | Calgary, AB | Kiana Charest (ON) | 3:34.44 | 3:26.16 |
| | | Jasmine Lazzari (AB/NWT) | 3:36.59 | |
| | | Lily Hemlow (MN/NOW) | 3:40.08 | |
| 2025 | Calgary, AB | Hannah Gregory (AB/NWT) | 3:39.72 | 3:26.16 |
| | | Zoe Joannette (QC) | 3:40.54 | |
| | | Clara Simpson (BC) | 3:41.54 | |

1500 METRES (Replaced by 1200M in 2010) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------|---------|--------|
| 1975 | Waterloo, ON | Wayne Rosen (ON) | 4:24.9* | 4:24.9 |
| 1976 | Edmonton, AB | Rick Desjardins (ON) | 4:21.1* | 4:21.1 |
| 1977 | Oromocto, NB | Simon Hoogenwerf (BC) | 4:19.3* | 4:19.3 |
| 1978 | Peace Garden, MB | Malcolm Gladwell (ON) | 4:16.2* | 4:16.2 |
| 1979 | St. John's, NL | Kevin Kozicz (ON) | 4:22.4 | 4:16.2 |
| 1980 | Saskatoon, SK | David Sawitzki (ON) | 4:15.7* | 4:15.7 |
| 1981 | Hamilton, ON | Paul Dowse (ON) | 4:26.9 | 4:15.7 |
| 1982 | Fredericton/Oromocto, NB | Richard Charette (ON) | 4:11.1* | 4:11.1 |
| 1983 | Ottawa, ON | Rob Muir (ON) | 4:05.2* | 4:05.2 |
| 1984 | Halifax, NS | John Bowden (ON) | 4:11.3 | 4:05.2 |
| 1985 | Saskatoon, SK | Rorri Currie (NB) | 4:10.05 | 4:05.2 |

| | | | | |
|------|------------------------|---------------------------|----------|---------|
| 1986 | Sudbury, ON | Pierre Filion (AB-NT) | 4.07.87 | 4.05.2 |
| 1987 | Calgary, AB | Janik Lambert (QC) | 4.08.93 | 4.05.2 |
| 1988 | Quebec City, QC | Kevin Sullivan (ON) | 4.02.39* | 4.02.39 |
| 1989 | Victoria, BC | Kevin Sullivan (ON) | 3.59.74* | 3.59.74 |
| 1990 | Mount Pearl, NL | Mike Lander (ON) | 4.17.96 | 3.59.74 |
| 1991 | Toronto, ON | Paul Handigan (NL) | 4.17.60 | 3.59.74 |
| 1992 | Calgary, AB | Murray Link (ON) | 4.22.21 | 3.59.74 |
| 1993 | Saskatoon, SK | M. Ciampini (QC) | 4.12.77 | 3.59.74 |
| 1994 | Ottawa, ON | Sami Benghezal (QC) | 4.07.50 | 3.59.74 |
| 1995 | Winnipeg, MB | Revelle Liam (ON) | 4.12.14 | 3.59.74 |
| 1996 | Sherbrooke, QC | Mike Thorson (ON) | 4.12.43 | 3.59.74 |
| 1997 | Mt. Pearl, NL | Colin Sullivan (ON) | 4:07.43 | 3.59.74 |
| 1998 | Prince George, BC | John Carle (QC) | 4.10.0 | 3.59.74 |
| 1999 | Sudbury, ON | Mathieu Morrison (NB) | 4.14.98 | 3.59.74 |
| 2000 | Calgary, AB | Kurt Benninger (ON) | 4.09.83 | 3.59.74 |
| 2001 | Sherbrooke, QC | Braden Novakowski (ON) | 4.12.20 | 3.59.74 |
| 2002 | Sherbrooke, QC | Ryan Finn (ON) | 4.09.09 | 3.59.74 |
| 2003 | Kitchener/Waterloo, ON | Peter Corrigan (AB/NT) | 4:13.94 | 3.59.74 |
| 2004 | Sudbury, ON | Peter Corrigan (AB/NT) | 4.08.40 | 3.59.74 |
| 2005 | Edmonton, AB | Jack MacGillivray (NS/NU) | 4.07.38 | 3.59.74 |
| 2006 | Burnaby, BC | Trent Sayers (ON) | 4.06.59 | 3.59.74 |
| 2007 | Oromocto, NB | Evan Esselink (ON) | 4.11.39 | 3.59.74 |
| 2008 | Sherbrooke, QC | Connor Darlington (ON) | 4.08.35 | 3.59.74 |
| 2009 | Sherbrooke, QC | Alex Bussieres (QC) | 4.08.32 | 3.59.74 |

1200M – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|---|--------------------------------|---------|
| 2010 | Ottawa, ON | Alex Freemantle (ON) | 3:07.43* | 3:07.43 |
| 2011 | Ottawa, ON | Nicholash Bedi (Open) | 3:12.33 | 3:07.43 |
| 2012 | Charlottetown, PE | Jay Ort (MB) | 3:13.05 | 3:07.43 |
| 2013 | Langley, BC | Edward Hayfron | 3:10.21 | 3:07.43 |
| 2014 | Langley, BC | Mathieu Plamondon (ON) | 3:08.18 | 3:07.43 |
| 2015 | Ste. Therese, QC | Jonathan Desouza (Newmarket HU) | 3:14.82 | 3:07.43 |
| 2016 | Ste. Therese, QC | Nicholas Mota (ON) | 3:18.18 | 3:07.43 |
| 2017 | Brandon, MB | Dakota Goguen (ON) | 3:13.62 | 3:07.43 |
| 2018 | Brandon, MB | Adam Mytopher (SK) Émile Turcotte (QC) Eric Campbell (ON) | 3:14.48 3:15.23 3:15.36 | 3:07.43 |
| 2019 | Cape Breton, NS | Riley Flemington (ON) Caiden Lee (Ocean Athl) Mason Basson (St Thomas Le) | 3:07.27* 3:17.53 3:18.08 | 3:07.27 |
| 2022 | Sherbrooke, QC | Noah Louwerse (BC) Brady Keller (AB/NWT) Bernardo Sada (BC) | 3:13.99 3:14.50 3:15.08 | 3:07.27 |

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|------|----------------|--|-------------------------------|---------|
| 2023 | Sherbrooke, QC | Ryan Georgeson (ON) William Scharf (ON) Arjun Sandhu (BC/YT) | 3:10.38 3:11.62 3:11.86 | 3:07.27 |
| 2024 | Calgary, AB | Noah Hill (ON) TJ Woods (ON) Finn Adamson (BC) | 3:08.99 3:09.00 3:10.70 | 3:07.27 |
| 2025 | Calgary, AB | Robin Allard (QC) Aidan Chan-Smith (ON) Hansen DeBoer (Laurel Creek) | 3:09.61 3:11.59 3:11.63 | 3:07.27 |

1500 METRES – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|---------------------------|----------|---------|
| 1975 | Waterloo, ON | Anne-Marie Malone (ON) | 4.43.8* | 4.43.8 |
| 1976 | Edmonton, AB | Debbie Schulte (ON) | 4.42.4* | 4.42.4 |
| 1977 | Oromocto, NB | Jackie Masil (ON) | 4.40.8* | 4.40.8 |
| 1978 | Peace Garden, MB | Angela Chalmers (MB/NWO) | 4.48.0 | 4.40.8 |
| 1979 | St. John's, NL | Alison Wyllie (ON) | 4.38.9* | 4.38.9 |
| 1980 | Saskatoon, SK | Tammy Roberts (ON) | 4.51.3 | 4.38.9 |
| 1981 | Hamilton, ON | Carolyn Hobbs (ON) | 4.41.6 | 4.38.9 |
| 1982 | Fredericton/Oromocto, NB | Rosemary McConnell (BC) | 4.38.9* | 4.38.9 |
| 1983 | Ottawa, ON | Cathie Dargie (AB-NT) | 4.39.9 | 4.38.9 |
| 1984 | Halifax, NS | Robyn Meagher (NS) | 4.26.80* | 4.26.80 |
| 1985 | Saskatoon, SK | Jennifer Mather (ON) | 4.41.75 | 4.26.80 |
| 1986 | Sudbury, ON | Tracy Smith (ON) | 4.36.6 | 4.26.80 |
| 1987 | Calgary, AB | Susan Chalmers (BC) | 4.41.55 | 4.26.80 |
| 1988 | Quebec City, QC | Anna Gunasekera (ON) | 4.31.76 | 4.26.80 |
| 1989 | Victoria, BC | Lori Durward (BC) | 4.27.42 | 4.26.80 |
| 1990 | Mount Pearl, NL | Cossette Taylor (MB/NWO) | 4.35.92 | 4.26.80 |
| 1991 | Toronto, ON | Cossette Taylor (MB/NWO) | 4.27.43 | 4.26.80 |
| 1992 | Calgary, AB | Shannon Bowles (BC) | 4.35.18 | 4.26.80 |
| 1993 | Saskatoon, SK | Valerie Urchison (BC) | 4.40.23 | 4.26.80 |
| 1994 | Ottawa, ON | Cerian Shepherd (ON) | 4.33.20 | 4.26.80 |
| 1995 | Winnipeg, MB | Amy Teer (BC) | 4.35.70 | 4.26.80 |
| 1996 | Sherbrooke, QC | Malindi Elmore (BC) | 4.33.07 | 4.26.80 |
| 1997 | Mt. Pearl, NL | Stephanie Bennett (BC) | 4.32.69 | 4.26.80 |
| 1998 | Prince George, BC | Emilie Mondor (QC) | 4.31.30 | 4.26.80 |
| 1999 | Sudbury, ON | Megan Metcalfe (AB-NT) | 4.36.79 | 4.26.80 |
| 2000 | Calgary, AB | Stephanie Hirtle (BC) | 4.38.73 | 4.26.80 |
| 2001 | Sherbrooke, QC | Natalie Rogers (BC/Yukon) | 4.42.16 | 4.26.80 |
| 2002 | Sherbrooke, QC | Carmen Ballard (BC/Yukon) | 4.42.37 | 4.26.80 |
| 2003 | Kitchener/Waterloo, ON | Carmen Ballard (BC/YUKON) | 4:37.42 | 4.26.80 |
| 2004 | Sudbury, ON | Avril Ogradnick (QC) | 4.27.60 | 4.26.80 |
| 2005 | Edmonton, AB | Jessica Smith (BC) | 4.37.96 | 4.26.80 |

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|------|-------------------|---|--------------------------------|---------|
| 2006 | Burnaby, BC | Jessica Smith (BC) | 4:28.93 | 4:26.80 |
| 2007 | Oromocto, NB | Amanda Truelove (ON) | 4:35.19 | 4:26.80 |
| 2008 | Sherbrooke, QC | Genevieve Lalonde (NB) | 4:31.33 | 4:26.80 |
| 2009 | Sherbrooke, QC | Caroline Pfister (Open) | 4:34.81 | 4:26.80 |
| 2010 | Ottawa, ON | Julia Zrinyi (MB) | 4:37.20 | 4:26.80 |
| 2011 | Ottawa, ON | Julia Zrinyi (MB) | 4:35.11 | 4:26.80 |
| 2012 | Charlottetown, PE | Kala Stone (BC) | 4:35.77 | 4:26.80 |
| 2013 | Langley, BC | Kailee Sawyer (Open) | 4:32.80 | 4:26.80 |
| 2014 | Langley, BC | Grace Thompson (Open) | 4:33.38 | 4:26.80 |
| 2015 | Ste. Therese, QC | Shona McCulloch (Ottawa Lions) | 4:35.76 | 4:26.80 |
| 2016 | Ste. Therese, QC | Mackenzie Morgan (Laurel Creek) | 4:33.64 | 4:26.80 |
| 2017 | Brandon, MB | Cameron Ormond (Newmarket HU) | 4:30.40 | 4:26.80 |
| 2018 | Brandon, MB | Maggie Smith (NS/NV) Tracy Towns (MB) Baneet Bains (BC) | 4:25.11* 4:37.42 4:38.75 | 4:25.11 |
| 2019 | Cape Breton, NS | Kendra Lewis (BC) Sadie Sigfstead (AB-NT) Margrett Watt (Winnipeg Opt) | 4:28.08 4:29.86 4:34.25 | 4:25.11 |
| 2022 | Sherbrooke, QC | Maella Hodgson (BC) Kyla Martin (South Simcoe) Abby Lewis (Chebucto Athletics) | 4:23.00* 4:24.67 4:25.13 | 4:23.00 |
| 2023 | Sherbrooke, QC | Abby Lewis (Athletic East NS) Zoe Mosher (NS/NU) Anna Douma (Laurel Creek T.F.) | 4:32.75 4:38.27 4:39.01 | 4:23.00 |
| 2024 | Calgary, AB | Mary MacLean (AB/NWT) Annika De Smet (MB/NWO) Adrianna Buitelaar (BC) | 4:31.85 4:32.48 4:32.50 | 4:23.00 |
| 2025 | Calgary, AB | Hannah Gates (Excel Athlet) Maya Markowska (ON) Mary MacLean (Leduc Track) | 4:33.92 4:33.93 4:34.10 | 4:23.00 |

1500 METRES – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|----------------------|---------|--------|
| 1975 | Waterloo, ON | Don Hughan (ON) | 4:07.6* | 4:07.6 |
| 1976 | Edmonton, AB | Chris Lane (ON) | 4:11.3 | 4:07.6 |
| 1977 | Oromocto, NB | Rod Palm (AB-NT) | 4:08.0 | 4:07.6 |
| 1978 | Peace Garden, MB | Greg Walker (BC) | 4:13.8 | 4:07.6 |
| 1979 | St. John's, NL | John Lagarde (QC) | 4:09.8 | 4:07.6 |
| 1980 | Saskatoon, SK | Marc Oleson (ON) | 4:05.0* | 4:05.0 |
| 1981 | Hamilton, ON | Adam Sarty (SK) | 4:04.3* | 4:04.3 |
| 1982 | Fredericton/Oromocto, NB | Steve Bachop (BC) | 3:59.6* | 3:59.6 |
| 1983 | Ottawa, ON | Max Anderson (AB-NT) | 4:02.9 | 3:59.6 |
| 1984 | Halifax, NS | Mark Lynch (AB-NT) | 3:55.1* | 3:55.1 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|-------------------------------|---------|
| 1985 | Saskatoon, SK | Rene Teaque (AB-NT) | 3:53.95* | 3:53.95 |
| 1986 | Sudbury, ON | Dan Bertola (BC) | 3:58.3 | 3:53.95 |
| 1987 | Calgary, AB | Spencer Punter (AB-NT) | 4:04.10 | 3:53.95 |
| 1988 | Quebec City, QC | Graham Hood (ON) | 3:55.40 | 3:53.95 |
| 1989 | Victoria, BC | Mark Baldwin (NL) | 3:59.87 | 3:53.95 |
| 1990 | Mount Pearl, NL | Neal Van Beers (BC) | 4:09.59 | 3:53.95 |
| 1991 | Toronto, ON | Vincent Leger (NB) | 4:01.83 | 3:53.95 |
| 1992 | Calgary, AB | Jeremy Deere (AB-NT) | 4:05.34 | 3:53.95 |
| 1993 | Saskatoon, SK | Jan Cantin (ON) | 3:55.39 | 3:53.95 |
| 1994 | Ottawa, ON | Murray Link (ON) | 3:58.53 | 3:53.95 |
| 1995 | Winnipeg, MB | Sean McCartney (BC) | 4:04.09 | 3:53.95 |
| 1996 | Sherbrooke, QC | Andrew McKessock (ON) | 4:01.87 | 3:53.95 |
| 1997 | Mt. Pearl, NL | Bruno Mazzotta (BC) | 4:02.23 | 3:53.95 |
| 1998 | Prince George, BC | Ryan Hayden (BC) | 4:03.01 | 3:53.95 |
| 1999 | Sudbury, ON | Ryan Hayden (BC) | 3:52.67* | 3:52.67 |
| 2000 | Calgary, AB | Marcel Hewamudalige (BC) | 3:57.35 | 3:52.67 |
| 2001 | Sherbrooke, QC | Matthew Brophy (NB) | 3:58.23 | 3:52.67 |
| 2002 | Sherbrooke, QC | Matthew Brophy (NB) | 3:55.77 | 3:52.67 |
| 2003 | Kitchener/Waterloo, ON | Aaron Robson (AB/NT) | 4:00.53 | 3:52.67 |
| 2004 | Sudbury, ON | Ryan Finn (ON) | 4:01.30 | 3:52.67 |
| 2005 | Edmonton, AB | J. Marpole-Bird (BC/Yukon) | 3:57.76 | 3:52.67 |
| 2006 | Burnaby, BC | Matt Leeder (ON) | 3:53.21 | 3:52.67 |
| 2007 | Oromocto, NB | Aleksandr Kuternin (ON) | 4:00.46 | 3:52.67 |
| 2008 | Sherbrooke, QC | Jeremy Rae (ON) | 3:57.31 | 3:52.67 |
| 2009 | Sherbrooke, QC | Robert Denault (Open) | 4:00.17 | 3:52.67 |
| 2010 | Ottawa, ON | Robert Denault (Open) | 3:52.95 | 3:52.67 |
| 2011 | Ottawa, ON | Eamonn Kichuk (ON) | 3:52.78 | 3:52.67 |
| 2012 | Charlottetown, PE | Mike Tate (NS) | 3:54.05 | 3:52.67 |
| 2013 | Langley, BC | Alex James (AB-NT) | 3:57.76 | 3:52.67 |
| 2014 | Langley, BC | Mark Patton (Open) | 3:52.87 | 3:52.67 |
| 2015 | Ste. Therese, QC | Ryan Smeeton (AB/NT) | 3:53.08 | 3:52.67 |
| 2016 | Ste. Therese, QC | Jordan Macintosh (MB/NWO) | 4:00.56 | 3:52.67 |
| 2017 | Brandon, MB | Joshua Desouza (Newmarket HU) | 4:04.72 | 3:52.67 |
| 2018 | Brandon, MB | Foster Malleck (ON) Ron MacLean (SK) Jake Hollinger (ON) | 3:57.58 3:57.77 3:57.77 | 3:52.67 |
| 2019 | Cape Breton, NS | Matti Erickson (BC) Dakota Goguen (Newmarket Hu) Yasser Riad (QC) | 4:03.50 4:04.65 4:07.34 | 3:52.67 |
| 2022 | Sherbrooke, QC | Kaden Kingsmith (AB/NWT) Erik Unger (Unattached ON) Travis Gaffney (Brockville L) | 3:56.50 3:58.53 4:00.01 | 3:52.67 |
| 2023 | Sherbrooke, QC | Robin Lefebvre (QC) Mark Molina (BC/YT) Sawyer LeBlanc (NL) | 4:00.85 4:03.46 4:03.83 | 3:52.67 |

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|------|-------------|---|-------------------------------|---------|
| 2024 | Calgary, AB | Sawyer LeBlanc (NL) Charli Mlotshwa (BC) Noah Louwerse (BC) | 3:58.05 3:59.45 4:01.40 | 3:52.67 |
| 2025 | Calgary, AB | James Grant (Sarnia Athle) Chase Capes (Sarnia Athle) Riley Simmonds (BC) | 3:57.39 3:58.89 3:59.30 | 3:52.67 |

3000 METRES (Replaced by 2000M in 2010) – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | Marge O'Brien (ON) | 10.59.3* | 10.59.3 |
| 1978 | Peace Garden, MB | No Event | | 10.59.3 |
| 1979 | St. John's, NL | No Event | | 10.59.3 |
| 1980 | Saskatoon, SK | Tammy Roberts (ON) | 10.34.6* | 10.34.6 |
| 1981 | Hamilton, ON | Tammy Roberts (ON) | 10.07.9* | 10.07.9 |
| 1982 | Fredericton/Oromocto, NB | Tammy Roberts (ON) | 10.29.4 | 10.07.9 |
| 1983 | Ottawa, ON | Beth Tarasok (ON) | 9.56.88* | 9.56.88 |
| 1984 | Halifax, NS | Haley Grey (ON) | 10.46.02 | 9.56.88 |
| 1985 | Saskatoon, SK | Jennifer Armstrong (ON) | 10.00.60 | 9.56.88 |
| 1986 | Sudbury, ON | Barb Drolet (AB-NT) | 10.40.51 | 9.56.88 |
| 1987 | Calgary, AB | Sara Jane Mosher (ON) | 10.56.0 | 9.56.88 |
| 1988 | Quebec City, QC | Kathleen MacDonald (NS) | 10.23.10 | 9.56.88 |
| 1989 | Victoria, BC | Kathleen MacDonald (NS) | 10.20.74 | 9.56.88 |
| 1990 | Mount Pearl, NL | Deryn Shepard (ON) | 11.04.42 | 9.56.88 |
| 1991 | Toronto, ON | Patricia Holmen (AB-NT) | 10.32.55 | 9.56.88 |
| 1992 | Calgary, AB | Cerian Shepard (ON) | 11.04.61 | 9.56.88 |
| 1993 | Saskatoon, SK | D. Corriveau (QC) | 10.08.65 | 9.56.88 |
| 1994 | Ottawa, ON | Lisa McIsaac (AB-NT) | 10.18.59 | 9.56.88 |
| 1995 | Winnipeg, MB | Jennifer Hanley (ON) | 10.10.17 | 9.56.88 |
| 1996 | Sherbrooke, QC | Erika St-Pierre (QC) | 10.45.95 | 9.56.88 |
| 1997 | Mt. Pearl, NL | Emily Kroshus (AB-NT) | 10:21.56 | 9.56.88 |
| 1998 | Prince George, BC | Nikki Reckman (ON) | 10.14.50 | 9.56.88 |
| 1999 | Sudbury, ON | Nikki Reckman (ON) | 10.16.57 | 9.56.88 |
| 2000 | Calgary, AB | Melanie Myrand (QC) | 10.27.69 | 9.56.88 |
| 2001 | Sherbrooke, QC | Leigh-Ann Ness (QC) | 10.30.21 | 9.56.88 |
| 2002 | Sherbrooke, QC | Avril O'Grodnick (QC) | 10.12.84 | 9.56.88 |
| 2003 | Kitchener/Waterloo, ON | Kaitlyn Tallman (ON) | 10:42.95 | 9:56.88 |
| 2004 | Sudbury, ON | Amanda Truelove (ON) | 10.18.47 | 9.56.88 |
| 2005 | Edmonton, AB | Amanda Truelove (ON) | 10.19.10 | 9.56.88 |
| 2006 | Burnaby, BC | Genevieve Lalonde (NB) | 9.56.64* | 9.56.64 |
| 2007 | Oromocto, NB | Maeguerite Plante-Dube (QC) | 10.10.56 | 9.56.64 |
| 2008 | Sherbrooke, QC | Gabrielle Edwards (SK) | 10.17.60 | 9.56.64 |
| 2009 | Sherbrooke, QC | Megan Yuan (MB) | 10.14.96 | 9.56.64 |

2000 METRES – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|--|-------------------------------|---------|
| 2010 | Ottawa, ON | Jaimie Phelan (Open) | 6:13.71* | 6:13.71 |
| 2011 | Ottawa, ON | Anne-Marie Comeau (QC) | 6:20.91 | 6:13.71 |
| 2012 | Charlottetown, PE | Jessica Armstrong (Open) | 6:32.79 | 6:13.71 |
| 2013 | Langley, BC | Kamila Olguin (AB-NT) | 6:23.45 | 6:13.71 |
| 2014 | Langley, BC | Shona McCulloch (ON) | 6:14.15 | 6:13.71 |
| 2015 | Ste. Therese, QC | Sophie Sigfstead (AB/NT) | 6:06.59* | 6:06.59 |
| 2016 | Ste. Therese, QC | Cameron Ormond (ON) | 6:14.84 | 6:06.59 |
| 2017 | Brandon, MB | Sadie Sigfstead (AB) | 6:11.78 | 6:06.59 |
| 2018 | Brandon, MB | Sadie Sigfstead (AB) Erika Cunniam (AB) Erin Vringer (NB) | 6:19.08 6:19.37 6:23.50 | 6:06.59 |
| 2019 | Cape Breton, NS | Mandeep Sangha (AB-NT) Aysia Maurice (ON) Alexis Lewans (Riversdale A) | 6:24.89 6:29.31 6:34.88 | 6:06.59 |
| 2022 | Sherbrooke, QC | Zoe Mosher (NS/NU) Mikaella Martin (QC) Annika De Smet (MB/NWO) | 6:27.82 6:29.69 6:29.97 | 6:06.59 |
| 2023 | Sherbrooke, QC | Riley Innes (ON) Annika De Smet (MN/NWO) Adrian Buitelaar (BC/YT) | 6:17.04 6:23.93 6:24.49 | 6:06.59 |
| 2024 | Calgary, AB | Kiana Charest (ON) Lily Hemlow (MN/NWO) Kate Nagy (Newmarket Huskies) | 6:28.84 6:33.08 6:34.25 | 6:06.59 |
| 2025 | Calgary, AB | Clara Simpson (BC) Sawyer Nicholson (ON) Ilham Bouri (QC) | 6:15.40 6:25.46 6:31.15 | 6:06.59 |

3000 METRES (Replaced by 2000M by 2010) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | Dave Reid (ON) | 9:34.3* | 9:34.3 |
| 1978 | Peace Garden, MB | Doug Kehler (AB-NT) | 9.00* | 9.00 |
| 1979 | St. John's, NL | Kevin Kozicz (ON) | 9:27.4 | 9.00 |
| 1980 | Saskatoon, SK | David Sawitzki (ON) | 9:22.6 | 9.00 |
| 1981 | Hamilton, ON | Paul Dowse (ON) | 9:41.6 | 9.00 |
| 1982 | Fredericton/Oromocto, NB | Richard Charette (ON) | 8:55.8* | 8:55.8 |
| 1983 | Ottawa, ON | Scott Faulds (ON) | 8:47.13* | 8:47.13 |
| 1984 | Halifax, NS | Rorri Currie (NB) | 9:01.05 | 8:47.13 |
| 1985 | Saskatoon, SK | Rorri Currie (NB) | 9:01.05 | 8:47.13 |
| 1986 | Sudbury, ON | Mike Faulds (ON) | 9:20.31 | 8:47.13 |

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|------|------------------------|--------------------------|---------|---------|
| 1987 | Calgary, AB | Janik Lambert (QC) | 9.03.50 | 8.47.13 |
| 1988 | Quebec City, QC | Tim Ellis (NS) | 9.12.05 | 8.47.13 |
| 1989 | Victoria, BC | Kevin Westman (SK) | 9.26.71 | 8.47.13 |
| 1990 | Mount Pearl, NL | Mike Lander (ON) | 9.42.49 | 8.47.13 |
| 1991 | Toronto, ON | Matthew Kerr (ON) | 9.26.71 | 8.47.13 |
| 1992 | Calgary, AB | Murray Link (ON) | 9.13.43 | 8.47.13 |
| 1993 | Saskatoon, SK | Hugh Simpson (NB) | 9.07.16 | 8.47.13 |
| 1994 | Ottawa, ON | Jonathan Chenier (ON) | 9.01.87 | 8.47.13 |
| 1995 | Winnipeg, MB | Olivier Audette (QC) | 9.27.28 | 8.47.13 |
| 1996 | Sherbrooke, QC | William Thrift (MB/NWO) | 9.05.68 | 8.47.13 |
| 1997 | Mt. Pearl, NL | Brandon Young (ON) | 9:06.51 | 8.47.13 |
| 1998 | Prince George, BC | John Carle (QC) | 9.13.96 | 8.47.13 |
| 1999 | Sudbury, ON | Kristjan Hunter (MB/NWO) | 9.25.86 | 8.47.13 |
| 2000 | Calgary, AB | Kurt Benninger (ON) | 9.09.97 | 8.47.13 |
| 2001 | Sherbrooke, QC | Aaron Robson (AB-NT) | 9.10.29 | 8.47.13 |
| 2002 | Sherbrooke, QC | Ryan Finn (ON) | 9.28.89 | 8.47.13 |
| 2003 | Kitchener/Waterloo, ON | Robert Winslow (NS/NU) | 9:08.70 | 8.47.13 |
| 2004 | Sudbury, ON | Matt Leeder (ON) | 9.15.15 | 8.47.13 |
| 2005 | Edmonton, AB | Jack MacGillvray (NS/NU) | 9.02.64 | 8.47.13 |
| 2006 | Burnaby, BC | Marcus Greenlaw, NS | 8.59.06 | 8.47.13 |
| 2007 | Oromocto, NB | Evan Esselink (ON) | 9.07.16 | 8.47.13 |
| 2008 | Sherbrooke, QC | Ryan Cassidy (NB) | 9.10.54 | 8.47.13 |
| 2009 | Sherbrooke, QC | Deon Clifford (BC) | 9.11.58 | 8.47.13 |

2000 METRES – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|----------------------------------|----------|---------|
| 2010 | Ottawa, ON | Mike Tate (NS) | 5:38.95* | 5:38.95 |
| 2011 | Ottawa, ON | Nicolash Bedi (Open) | 5:45.37 | 5:38.95 |
| 2012 | Charlottetown, PE | Nickolas Colyn (BC) | 5:53.73 | 5:38.95 |
| 2013 | Langley, BC | Brendon Hoff (BC) | 5:44.50 | 5:38.95 |
| 2014 | Langley, BC | Mathieu Plamondon (ON) | 5:43.26 | 5:38.95 |
| 2015 | Ste. Therese, QC | Thomas Witkowicz (ON) | 5:44.49 | 5:38.95 |
| 2016 | Ste. Therese, QC | Nicholas Mota (ON) | 5:45.80 | 5:38.95 |
| 2017 | Brandon, MB | Mathias Gelber (AB) | 5:43.43 | 5:38.95 |
| 2018 | Brandon, MB | Émile Turcotte (QC) | 5:51.45 | 5:38.95 |
| | | Émile Toupin (QC) | 5:53.17 | |
| | | Michael Schriemer (BC) | 5:53.52 | |
| 2019 | Cape Breton, NS | Caiden Lee (Ocean Athl) | 5:52.43 | 5:38.95 |
| | | Tanner Hueglin (Newmarket Hu) | 5:53.56 | |
| | | Louis-Pierre Campagna (C.A. Uni) | 5:54.52 | |
| 2022 | Sherbrooke, QC | Brady Keller (AB/NWT) | 5:45.73 | 5:38.95 |
| | | William Raiche (QC) | 5:47.69 | |
| | | Nate Phillips (MB/NWT) | 5:48.99 | |
| 2023 | Sherbrooke, QC | Arjun Sandhu (BC/YT) | 5:38.54* | 5:38.54 |
| | | Kenneth Champ (south Simcoe) | 5:41.24 | |
| | | Eli Bouius (ON) | 5:45.97 | |

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|------|-------------|--|-------------------------------|---------|
| 2024 | Calgary, AB | Léo Choinière-Longpré (QC) Noah Hill (ON) Isaiah Johnston (BC) | 5:51.02 5:51.12 5:53.13 | 5:38.54 |
| 2025 | Calgary, AB | Robin Allard (QC) Hansen DeBoer (Laurel Creek) Aidan Chan-Smith (ON) | 5:49.75 5:51.12 5:51.51 | 5:38.54 |

3000 METRE – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | Debbie Schulte (ON) | 9:57.6* | 9:57.6 |
| 1977 | Oromocto, NB | Annelize Ransier (ON) | 10:47.9 | 9:57.6 |
| 1978 | Peace Garden, MB | Angela Chalmers (MB/NWO) | 10:25.2 | 9:57.6 |
| 1979 | St. John's, NL | Alison Wyllie (ON) | 10:04.7 | 9:57.6 |
| 1980 | Saskatoon, SK | Heidi Gerum (ON) | 10:15.4 | 9:57.6 |
| 1981 | Hamilton, ON | Cathy Dargie (AB-NT) | 10:26.8 | 9:57.6 |
| 1982 | Fredericton/Oromocto, NB | Patti Wallace (BC) | 10:07.4 | 9:57.6 |
| 1983 | Ottawa, ON | Kathy Dargie (AB-NT) | 9:47.87* | 9:47.87 |
| 1984 | Halifax, NS | Debbie Basque (NB) | 10:05.02 | 9:47.87 |
| 1985 | Saskatoon, SK | Louise Embacher (BC) | 10:15.04 | 9:47.87 |
| 1986 | Sudbury, ON | Tania Jones (BC) | 10:04.50 | 9:47.87 |
| 1987 | Calgary, AB | Claudia Matte (QC) | 10:12.23 | 9:47.87 |
| 1988 | Quebec City, QC | Anna Gunasekera (ON) | 9:49.11 | 9:47.87 |
| 1989 | Victoria, BC | Jennifer Guzman (ON) | 9:52.30 | 9:47.87 |
| 1990 | Mount Pearl, NL | Andreas Bertoia (BC) | 10:07.20 | 9:47.87 |
| 1991 | Toronto, ON | Sarah Thornber (BC) | 10:09.54 | 9:47.87 |
| 1992 | Calgary, AB | Angie Froese (BC) | 10:29.66 | 9:47.87 |
| 1993 | Saskatoon, SK | Valerie Urchison (BC) | 10:14.27 | 9:47.87 |
| 1994 | Ottawa, ON | Dominique Corriveau (QC) | 9:57.11 | 9:47.87 |
| 1995 | Winnipeg, MB | Margaret Butler (BC) | 10:12.39 | 9:47.87 |
| 1996 | Sherbrooke, QC | Karine Lefebvre (QC) | 9:47.31* | 9:47.31 |
| 1997 | Mt. Pearl, NL | Emilie Mondor (QC) | 9:48.30 | 9:47.31 |
| 1998 | Prince George, BC | Emilie Mondor (QC) | 9:27.52* | 9:27.52 |
| 1999 | Sudbury, ON | Megan Metcalfe (AB-NT) | 10:10.51 | 9:27.52 |
| 2000 | Calgary, AB | Sasha Henry (ON) | 10:33.88 | 9:27.52 |
| 2001 | Sherbrooke, QC | Jenna Huber (AB-NT) | 10:08.92 | 9:27.52 |
| 2002 | Sherbrooke, QC | Jillian Brennon (NB) | 10:18.47 | 9:27.52 |
| 2003 | Kitchener/Waterloo, ON | Avril Ogradnick (QC) | 9:55.83 | 9:27.52 |
| 2004 | Sudbury, ON | Avril Ogradnick (QC) | 9:56.23 | 9:27.52 |
| 2005 | Edmonton, AB | Jessica Smith (BC) | 10:20.36 | 9:27.52 |
| 2006 | Burnaby, BC | Amanda Truelove (ON) | 10:03.88 | 9:27.52 |
| 2007 | Oromocto, NB | Amanda Truelove (ON) | 9:50.66 | 9:27.52 |
| 2008 | Sherbrooke, QC | Genevieve Lalonde (NB) | 9:36.77 | 9:27.52 |
| 2009 | Sherbrooke, QC | Caroline Pfister (Open) | 9:52.06 | 9:27.52 |

| | | | | |
|------|-------------------|---|---------------------------------|---------|
| 2010 | Ottawa, ON | Emma Norman (Open) | 10:07.20 | 9:27.52 |
| 2011 | Ottawa, ON | Megan Yuan (Open) | 10:06.73 | 9:27.52 |
| 2012 | Charlottetown, PE | Jaimie Phelan (Open) | 9:49.94 | 9:27.52 |
| 2013 | Langley, BC | Luisa Schwarz (NB) | 10:03.34 | 9:27.52 |
| 2014 | Langley, BC | Charlotte Prouse (ON) | 9:51.77 | 9:27.52 |
| 2015 | Ste. Therese, QC | Shona McCulloch (Ottawa Lions) | 9:46.33 | 9:27.52 |
| 2016 | Ste. Therese, QC | Laura Dickinson(NB) | 9:51.82 | 9:27.52 |
| 2017 | Brandon, MB | Grace Fetherstonhaugh (BC) | 9:37.91 | 9:27.52 |
| 2018 | Brandon, MB | Maggie Smith (NS/NV) Abbey Yuhasz (ON) Jenna McFayden (SK) | 9:36.32 10:00.72 10:02.76 | 9:27.52 |
| 2019 | Cape Breton, NS | Kendra Lewis (BC) Sadie Sigfstead (AB-NT) Abbey Yuhasz (Laurel Creek T.F.C.) | 9:48.24 9:49.22 9:54.83 | 9:27.52 |
| 2022 | Sherbrooke, QC | Abby Lewis (Chebucto Athletics) Maella Hodgson (BC) Mandeep Sangha (AB/NWT) | 9:40.58 9:45.04 9:46.42 | 9:27.52 |
| 2023 | Sherbrooke, QC | Abby Lewis (Athletic East NS) Maella Hodgson (BC/YT) Anna Douma (Laurel Creek T.F.) | 9:48.07 9:49.02 10:00.53 | 9:27.52 |
| 2024 | Calgary, AB | Adrianna Buitelaar (BC) Riley Innes (Newmarket Huskies) Annika De Smet (MB/NWO) | 9:43.34 9:46.10 9:48.65 | 9:27.52 |
| 2025 | Calgary, AB | Adrianna Buitelaar (BC) Allison Wasson (NB) Anna Carruthers (NS) | 9:41.19 9:45.55 9:59.90 | 9:27.52 |

3000 METRE - Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | Paul Dertina (ON) | 9.28.8* | 9.28.8 |
| 1977 | Oromocto, NB | R. Sametz (ON) | 9.11.3* | 9.11.3 |
| 1978 | Peace Garden, MB | Dave Reid (ON) | 9.08.0 | 9.08.0 |
| 1979 | St. John's, NL | Dave Reid (ON) | 8.46.0* | 8.46.0 |
| 1980 | Saskatoon, SK | Marc Oleson (ON) | 9.10.3 | 8.46.0 |
| 1981 | Hamilton, ON | Glen Charanduk (SK) | 8.55.5 | 8.46.0 |
| 1982 | Fredericton/Oromocto, NB | Mark Wood (NS) | 8.43.8* | 8.43.8 |
| 1983 | Ottawa, ON | Max Anderson (AB-NT) | 8.36.48* | 8.36.48 |
| 1984 | Halifax, NS | Steve Conwell (AB-NT) | 8.36.10* | 8.36.10 |
| 1985 | Saskatoon, SK | Scott Faulds (ON) | 8.36.50 | 8.36.10 |
| 1986 | Sudbury, ON | Dan Bertola (BC) | 8.45.09 | 8.36.10 |
| 1987 | Calgary, AB | Jamie Trento (AB-NT) | 9.01.55 | 8.36.10 |
| 1988 | Quebec City, QC | Joel Bourgeois (NB) | 8.40.57 | 8.36.10 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|-------------------------------|---------|
| 1989 | Victoria, BC | Janick Lambert (QC) | 8.40.62 | 8.36.10 |
| 1990 | Mount Pearl, NL | Matthew Lamourie (ON) | 9.14.10 | 8.36.10 |
| 1991 | Toronto, ON | Jeremy Deere (AB-NT) | 8.52.92 | 8.36.10 |
| 1992 | Calgary, AB | Sean Kaley (ON) | 8.58.43 | 8.36.10 |
| 1993 | Saskatoon, SK | Olivier Danis (QC) | 8.44.37 | 8.36.10 |
| 1994 | Ottawa, ON | Dannick Cote (QC) | 8.41.99 | 8.36.10 |
| 1995 | Winnipeg, MB | Steve Lawrence (ON) | 8.53.01 | 8.36.10 |
| 1996 | Sherbrooke, QC | Steve Ozaduik (BC) | 8.46.01 | 8.36.10 |
| 1997 | Mt. Pearl, NL | Paul Morrison (QC) | 8:49.45 | 8.36.10 |
| 1998 | Prince George, BC | Will Thrift (MB/NWO) | 8.44.81 | 8.36.10 |
| 1999 | Sudbury, ON | Ryan Hayden (BC) | 8.36.41 | 8.36.10 |
| 2000 | Calgary, AB | Marcel Hewamudalige (BC) | 8.49.34 | 8.36.10 |
| 2001 | Sherbrooke, QC | Sam Pawluk (BC/Yukon) | 8.58.27 | 8.36.10 |
| 2002 | Sherbrooke, QC | Chris Winter (BC/Yukon) | 8.58.68 | 8.36.10 |
| 2003 | Kitchener/Waterloo, ON | Aaron Robson (AB/NT) | 8:45.90 | 8:36.10 |
| 2004 | Sudbury, ON | Justin Marpole-Bird (BC/Yukon) | 8.52.56 | 8.36.10 |
| 2005 | Edmonton, AB | Robert Winslow (NS/NU) | 8.37.76 | 8.36.10 |
| 2006 | Burnaby, BC | Matt Leeder (ON) | 8.29.08* | 8.29.08 |
| 2007 | Oromocto, NB | Aleksandr Kuternin (ON) | 8.28.09 | 8.28.08 |
| 2008 | Sherbrooke, QC | Jason Redpath (MB) | 8.49.42 | 8.28.08 |
| 2009 | Sherbrooke, QC | Thomas Devries (ON) | 8.39.24 | 8.28.08 |
| 2010 | Ottawa, ON | Eamonn Kichuk | 8:25.99* | 8:25.99 |
| 2011 | Ottawa, ON | Adam Palamar (Open) | 8:30.01 | 8:25.99 |
| 2012 | Charlottetown, PE | Mike Tate (NS) | 8.48.83 | 8.25.99 |
| 2013 | Langley, BC | Ben Preisner (Open) | 8.38.06 | 8.25.99 |
| 2014 | Langley, BC | Miles Matthews (Open) | 8:34.81 | 8.25.99 |
| 2015 | Ste. Therese, QC | Brendan Hoff (Open) | 8:31.42 | 8:25.99 |
| 2016 | Ste. Therese, QC | Thomas Nobbs (BC) | 8:30.83 | 8:25.99 |
| 2017 | Brandon, MB | Joshua Desouza (Newmarket HU) | 8:34.45 | 8:25.99 |
| 2018 | Brandon, MB | Jake Hollinger (ON) Ron MacLean (SK) Nicholas Mota (ON) | 8:51.46 8:55.33 8:55.98 | 8:25.99 |
| 2019 | Cape Breton, NS | Dakota Goguen (Newmarket Hu) Jaiveer Tiwana (BC) Jared Howse (AB-NT) | 8:51.75 8:53.17 8:55.68 | 8:25.99 |
| 2022 | Sherbrooke, QC | Kaden Kingsmith (AB/NWT) Yemane Mulugeta (BC) Travis Gaffney (Brockville L) | 8:40.89 8:41.16 8:41.27 | 8:25.99 |
| 2023 | Sherbrooke, QC | Sawyer LeBlanc (NL) James Hodgson (BC/YT) Antonin Savignac (CA Univ Laval) | 8:41.25 8:43.18 8:43.82 | 8:25.99 |
| 2024 | Calgary, AB | Sawyer LeBlanc (NL) Charli Mlotshwa (BC) Peter Kunka (BC) | 8:40.56 8:42.44 8:42.69 | 8:25.99 |

| | | | | |
|------|-------------|--|-------------------------------|---------|
| 2025 | Calgary, AB | Emile Marin (QC) Kenneth Champ (South Simcoe) Tyler Kuzminski (Newmarket Hu) | 8:50.19 8:51.54 8:51.65 | 8:25.99 |
|------|-------------|--|-------------------------------|---------|

80 METRE HURDLES – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|---------------------------|-------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | Karen Aiken (AB-NT) | 12.7* | 12.7 |
| 1979 | St. John's, NL | No Event | | 12.7 |
| 1980 | Saskatoon, SK | No Event | | 12.7 |
| 1981 | Hamilton, ON | Debbie Berger | 12.9 | 12.7 |
| 1982 | Fredericton/Oromocto, NB | Donalda Duprey (ON) | 11.6* | 11.6 |
| 1983 | Ottawa, ON | Ruth Jones (QC) | 11.7 | 11.6 |
| 1984 | Halifax, NS | Nancy Taylor (MB/NWO) | 12.1 | 11.6 |
| 1985 | Saskatoon, SK | No Event | | |
| 1986 | Sudbury, ON | Marie-Josée Pepin (QC) | 12.19 | 11.6 |
| 1987 | Calgary, AB | Sonia Paquette (QC) | 12.11 | 11.6 |
| 1988 | Quebec City, QC | Danielle Gilas (ON) | 12.07 | 11.6 |
| 1989 | Victoria, BC | Caroline Vachon (QC) | 12.20 | 11.6 |
| 1990 | Mount Pearl, NL | Mame Twamasi (AB-NT) | 11.96 | 11.6 |
| 1991 | Toronto, ON | Melissa Dore (ON) | 11.88 | 11.6 |
| 1992 | Calgary, AB | Veronica Dyer (ON) | 11.93 | 11.6 |
| 1993 | Saskatoon, SK | Julie Salvat (QC) | 12.44 | 11.6 |
| 1994 | Ottawa, ON | Ann LeBel (ON) | 12.05 | 11.6 |
| 1995 | Winnipeg, MB | Shelley-Ann Brown (ON) | 12.02 | 11.6 |
| 1996 | Sherbrooke, QC | Jessica Zelinka (ON) | 11.65 | 11.6 |
| 1997 | Mt. Pearl, NL | Samantha Anderson AB-NT | 11.92 | 11.6 |
| 1998 | Prince George, BC | Veronique Lavoie (QC) | 12.16 | 11.6 |
| 1999 | Sudbury, ON | Janine Polischuk (SK) | 11.98 | 11.6 |
| 2000 | Calgary, AB | Janine Polischuk (SK) | 12.15 | 11.6 |
| 2001 | Sherbrooke, QC | Genevieve Thibault | 11.78 | 11.6 |
| 2002 | Sherbrooke, QC | Nikkita Holder (ON) | 12.08 | 11.6 |
| 2003 | Kitchener/Waterloo, ON | Britany MacKay (ON) | 12.36 | 11.6 |
| 2004 | Sudbury, ON | Mari Fournie | 12.24 | 11.6 |
| 2005 | Edmonton, AB | Christina Lowe(BC) | 11.89 | 11.6 |
| 2006 | Burnaby, BC | Jenelle McCalla (ON) | 12.20 | 11.6 |
| 2007 | Oromocto, NB | Sophie Arsenault (QC) | 11.92 | 11.6 |
| 2008 | Sherbrooke, QC | Chanice Taylor-Chase (ON) | 12.00 | 11.6 |
| 2009 | Sherbrooke, QC | Alysha Newman(ON) | 12.01 | 11.6 |
| 2010 | Ottawa, ON | Nicole Settington (ON) | 11.74 | 11.6 |
| 2011 | Ottawa, ON | Alexandra Tierney (Open) | 11.96 | 11.6 |
| 2012 | Charlottetown, PE | Nicole Skimming (Open) | 11.64 | 11.6 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------|--|--------|-------|
| 2013 | Langley, BC | Chicago Bains (BC) | 11.48* | 11.48 |
| 2014 | Langley, BC | Arielle Bykovskaia (QC) | 11.26* | 11.26 |
| 2015 | Ste. Therese, QC | Katarina Vlahovic (BC) | 11.62 | 11.26 |
| 2016 | Ste. Therese, QC | Jasneet Nijjar (BC) | 11.67 | 11.26 |
| 2017 | Brandon, MB | Olivia Gee (ON) | 11.66 | 11.26 |
| 2018 | Brandon, MB | Savannah Sutherland (SK) | 11.27 | 11.26 |
| | | Isabella Goudros (ON) | 11.30 | |
| | | Laysha Tunti (BC) | 11.80 | |
| 2019 | Cape Breton, NS | Hailey Reid (Monte Cristo) | 11.84 | 11.26 |
| | | Krysthina Vlahovic (BC) | 11.96 | |
| | | Emmanuella Asumang (ON) (Tied at 3 rd) | 12.12 | |
| | | Reagan Bliss (Calgary Warr) (Tied at 3 rd) | | |
| 2022 | Sherbrooke, QC | Sofia Agudelo (QC) | 11:86 | 11.26 |
| | | Gabby Paterson (AB/NWT) | 11.90 | |
| | | Delaney Self (BC) | 12.07 | |
| 2023 | Sherbrooke, QC | Lily Stroda (BC/YT) | 11.96 | 11.26 |
| | | Kayla Kadji Majo (St-JN Olympique) | 12.10 | |
| | | Emilie Gervais (Laurel Creek T.F.) | 12.32 | |
| 2024 | Calgary, AB | Rhianna Syllion (Unattached) | 11.98 | 11.26 |
| | | Sarah Aka (Prince George) | 12.02 | |
| | | Omotola Adewumi (Thorold Elite) | 12.42 | |
| 2025 | Calgary, AB | Kayla Divine Kadji Majo (QC) | 11:32 | 11:26 |
| | | Lebisa Paranitharan (ON) | 11:67 | |
| | | Bianka MacMillan (ON) | 11:70 | |

80 METRE HURDLES - Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-----------------------|--------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | No Event | | |
| 1979 | St. John's, NL | No Event | | |
| 1980 | Saskatoon, SK | No Event | | |
| 1981 | Hamilton, ON | No Event | | |
| 1982 | Fredericton/Oromocto, NB | Bryan Devenyl (ON) | 14.3* | 14.3 |
| 1983 | Ottawa, ON | Ainsworth Morgan (ON) | 13.8* | 13.8 |
| 1984 | Halifax, NS | Jason Robinson (ON) | 13.8* | 13.8 |
| 1985 | Saskatoon, SK | Jason Robinson (ON) | 14.17 | 13.8 |
| 1986 | Sudbury, ON | Les Gramantic (AB-NT) | 13.93 | 13.8 |
| 1987 | Calgary, AB | Kyle Schultz (ON) | 14.58 | 13.8 |
| 1988 | Quebec City, QC | James Soulliere (ON) | 14.93 | 13.8 |
| 1989 | Victoria, BC | Jason Brumley (ON) | 14.51 | 13.8 |
| 1990 | Mount Pearl, NL | Jason Brumley (ON) | 13.73* | 13.73 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|--|--------|-------|
| 1991 | Toronto, ON | Andrew Lissade (QC) | 14.16 | 13.73 |
| 1992 | Calgary, AB | Michael Brooks (AB-NT) | 14.44 | 13.73 |
| 1993 | Saskatoon, SK | Anthony Barrett (SK) | 14.57 | 13.73 |
| 1994 | Ottawa, ON | Jamie Hollingsworth (ON) | 14.51 | 13.73 |
| 1995 | Winnipeg, MB | Jean-Petit Frere (QC) | 13.94 | 13.73 |
| 1996 | Sherbrooke, QC | Chris Hudson (ON) | 14.59 | 13.73 |
| 1997 | Mt. Pearl, NL | Shaun Greenwald (SK) | 14.86 | 13.73 |
| 1998 | Prince George, BC | Sebastien Bazerd (QC) | 13.99 | 13.73 |
| 1999 | Sudbury, ON | Lee Wolfater (SK) | 14.20 | 13.73 |
| 2000 | Calgary, AB | Cameron Sahadath (ON) | 13.83 | 13.73 |
| 2001 | Sherbrooke, QC | Reed Morrison (ON) | 14.50 | 13.73 |
| 2002 | Sherbrooke, QC | Christopher Theriau (NS/Nunavut) | 15.08 | 13.73 |
| 2003 | Kitchener/Waterloo, ON | Kevin Nigro (ON) | 14.39 | 13.73 |
| 2004 | Sudbury, ON | Thomas Riecki (BC/Yukon) | 14.17 | 13.73 |
| 2005 | Edmonton, AB | Simon Leveille (QC) | 13.91 | 13.73 |
| 2006 | Burnaby, BC | Asa ambrose (ON) | 14.33 | 13.73 |
| 2007 | Oromocto, NB | Gabriel Tesfaye (ON) | 14.43 | 13.73 |
| 2008 | Sherbrooke, QC | Nick Blackburn (BC) | 13.73* | 13.73 |
| 2009 | Sherbrooke, QC | Mitch O'Donnel (ON) | 13.86 | 13.73 |
| 2010 | Ottawa, ON | Jordan Sherwood (ON) | 13.68 | 13.73 |
| 2011 | Ottawa, ON | Andrew De Visser (Open) | 13.95 | 13.73 |
| 2012 | Charlottetown, PE | Davis Edward (ON) | 13.54* | 13.54 |
| 2013 | Langley, BC | Joey Daniels (ON) | 13.74 | 13.54 |
| 2014 | Langley, BC | Mehrdad Shokoochi (Open) | 13.61 | 13.54 |
| 2015 | Ste. Therese, QC | Aaron Marcynuk (AB/NT) | 13.48* | 13.48 |
| 2016 | Ste. Therese, QC | Adam Exley (ON) | 13.84 | 13.48 |
| 2017 | Brandon, MB | Emanuel Désilets (QC) | 13.85 | 13.48 |
| 2018 | Brandon, MB | Emmanuel Désilets (QC) | 13.03* | 13.03 |
| | | Mark Skerl (ON) | 13.16 | |
| | | Quan Ting Thomas Ma (BC) | 13.45 | |
| 2019 | Cape Breton, NS | Justin Phan (QC) (1 st) | 13.61 | 13.03 |
| | | Luca Nicoletti (Ottawa Lions) (1 st) | 13.84 | |
| | | Ryder King (Etobicoke Tr) | 14.05 | |
| 2022 | Sherbrooke, QC | Dominik Bahadur (Laurel Creek) | 13.76 | 13.03 |
| | | Darius Edwards (Laurel Creek) | 14.23 | |
| | | Timeo Atonfo (Ottawa Lions) | 14.26 | |
| 2023 | Sherbrooke, QC | Caleb Pivin (QC) | 14.06 | 13.03 |
| | | Jake Charest (Laurel Creek T.F.) | 14.09 | |
| | | Ethan Moran (BC/YT) | 14.18 | |
| 2024 | Calgary, AB | Orandy Campbell (NB) | 13.05 | 13.03 |
| | | Alex Takaki Fernandes Fra (QC) | 13.48 | |
| | | Wakan Rainville (Border City) | 13.73 | |
| 2025 | Calgary, AB | Reed Passmore (MB/NWO) | 13.54 | 13.03 |
| | | Hayden Jalbert (Saskatoon TF) | 13.72 | |
| | | Lucas Yu (Unattached B) | 13.73 | |

80 METRE HURDLES (Replaced by 100M Hurdles in 2002) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | Dave Reid (ON) | 9.34.3* | 9.34.3 |
| 1978 | Peace Garden, MB | Doug Kehler (AB-NT) | 9.00* | 9.00 |
| 1979 | St. John's, NL | Kevin Kozicz (ON) | 9.27.4 | 9.00 |
| 1980 | Saskatoon, SK | David Sawitzki (ON) | 9.22.6 | 9.00 |
| 1981 | Hamilton, ON | Paul Dowse (ON) | 9.41.6 | 9.00 |
| 1982 | Fredericton/Oromocto, NB | Richard Charette (ON) | 8.55.8* | 8.55.8 |
| 1983 | Ottawa, ON | Scott Faulds (ON) | 8.47.13* | 8.47.13 |
| 1984 | Halifax, NS | Rorri Currie (NB) | 9.01.05 | 8.47.13 |
| 1985 | Saskatoon, SK | Rorri Currie (NB) | 9.01.05 | 8.47.13 |
| 1986 | Sudbury, ON | Mike Faulds (ON) | 9.20.31 | 8.47.13 |
| 1987 | Calgary, AB | Janik Lambert (QC) | 9.03.50 | 8.47.13 |
| 1988 | Quebec City, QC | Tim Ellis (NS) | 9.12.05 | 8.47.13 |
| 1989 | Victoria, BC | Kevin Westman (SK) | 9.26.71 | 8.47.13 |
| 1990 | Mount Pearl, NL | Mike Lander (ON) | 9.42.49 | 8.47.13 |
| 1991 | Toronto, ON | Matthew Kerr (ON) | 9.26.71 | 8.47.13 |
| 1992 | Calgary, AB | Murray Link (ON) | 9.13.43 | 8.47.13 |
| 1993 | Saskatoon, SK | Hugh Simpson (NB) | 9.07.16 | 8.47.13 |
| 1994 | Ottawa, ON | Jonathan Chenier (ON) | 9.01.87 | 8.47.13 |
| 1995 | Winnipeg, MB | Olivier Audette (QC) | 9.27.28 | 8.47.13 |
| 1996 | Sherbrooke, QC | William Thrift (MB/NWO) | 9.05.68 | 8.47.13 |
| 1997 | Mt. Pearl, NL | Brandon Young (ON) | 9:06.51 | 8.47.13 |
| 1998 | Prince George, BC | John Carle (QC) | 9.13.96 | 8.47.13 |
| 1999 | Sudbury, ON | Kristjan Hunter (MB/NWO) | 9.25.86 | 8.47.13 |
| 2000 | Calgary, AB | Kurt Benninger (ON) | 9.09.97 | 8.47.13 |
| 2001 | Sherbrooke, QC | Aaron Robson (AB-NT) | 9.10.29 | 8.47.13 |

100 METRE HURDLES – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------------|---------------------------------|--------|--------|
| 2002 | Sherbrooke, QC | Genevieve Thibault, QC | 14:25* | 14:25 |
| 2003 | Kitchener/Waterloo, ON | Nikkata Holder (ON) | 14.06* | 14.06 |
| 2004 | Sudbury, ON | Nikkata Holder (ON) | 14.16 | 14.06 |
| 2005 | Edmonton, AB | Susanna Cere (QC) | 14.26 | 14.06 |
| 2006 | Burnaby, BC | Stacey Irvine, British Columbia | 15.43 | 14.06 |
| 2007 | Oromocto, NB | Christabel Nettey (BC/Yukon) | 13.90* | 13.90 |
| 2008 | Sherbrooke, QC | Christabel Nettey (BC/Yukon) | 13.77* | 13.77 |
| 2009 | Sherbrooke, QC | Michelle Young (Open) | 13.69* | 13.69 |
| 2010 | Ottawa, ON | Christine MacNeil (ON) | 14.01 | 13.69 |
| 2011 | Ottawa, ON | Christine Macneill (Open) | 14.03 | 13.69 |
| 2012 | Charlottetown, PE | Nicole Settingington (Open) | 13.38* | 13.38 |
| 2013 | Langley, BC | Alexandra Tierney (Open) | 14.07 | 13.38 |

| | | | | |
|------|------------------|--|-------|-------|
| 2014 | Langley, BC | Mariam Abdul-Rashi (ON) | 13.67 | 13.38 |
| 2015 | Ste. Therese, QC | Keira Christie-Galloway (Ottawa Lions) | 13.80 | 13.38 |
| 2016 | Ste. Therese, QC | Katarina Vlahovic (BC) | 14.12 | 13.38 |
| 2017 | Brandon, MB | Anna Witherspoon (ON) | 13.90 | 13.38 |
| 2018 | Brandon, MB | Anna Witherspoon (ON) | 13.58 | 13.38 |
| | | Karlie Moore (ON) | 13.88 | |
| | | Julia Lovsin (AB) | 14.03 | |
| 2019 | Cape Breton, NS | Savannah Sutherland (SK) | 13.99 | 13.38 |
| | | Tayah Desousa (St Thomas Le) | 14.70 | |
| | | Smantha Baron (BC) | 14.88 | |
| 2022 | Sherbrooke, QC | Amelia Kristen (BC) | 14.52 | 13.38 |
| | | Lacie Simmons (Comox Valley) | 14.73 | |
| | | Mary Rosina Pierre (QC) | 14.88 | |
| 2023 | Sherbrooke, QC | Naomi Byam (ON) | 14.13 | 13.38 |
| | | Brooklyn Taylor (York University) | 14.35 | |
| | | Findlay Weir (Unattached ON) | 14.41 | |
| 2024 | Calgary, AB | Ella Steel-Douglas (Border City) | 13.43 | 13.38 |
| | | Jordynn Scott (ON) | 14.03 | |
| | | Jurnee Scott (Speed Academy) | 14.05 | |
| 2025 | Calgary, AB | Madison Gravelle (ON) | 13.65 | 13.38 |
| | | Jurnee Scott (ON) | 13.65 | |
| | | Aisha Shave (Alberta Spee) | 13.88 | |
| | | Maeva Scipio (Thorold Elit) | 13.92 | |

100 METRE Hurdles (Replaced by 110M in 2002) - Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|------------------------|-------|--------|
| 1975 | Waterloo, ON | John Schmidt (ON) | 13.6* | 13.6 |
| 1976 | Edmonton, AB | Louis Carroll (QC) | 14.0 | 13.6 |
| 1977 | Oromocto, NB | Gord Fuller (AB-NT) | 13.6 | 13.6 |
| 1978 | Peace Garden, MB | Wayne Kirby (NB) | 15.4 | 13.6 |
| 1979 | St. John's, NL | Chris Dallin (AB-NT) | 13.4* | 13.4 |
| 1980 | Saskatoon, SK | Mike Van Hees (ON) | 13.8 | 13.4 |
| 1981 | Hamilton, ON | Darcey Kay (ON) | 13.2* | 13.2 |
| 1982 | Fredericton/Oromocto, NB | Dave Wilkinson (BC) | 13.7 | 13.2 |
| 1983 | Ottawa, ON | Garth Peet (ON) | 13.7 | 13.2 |
| 1984 | Halifax, NS | Brian Devenyi (ON) | 13.4 | 13.2 |
| 1985 | Saskatoon, SK | No Event | | |
| 1986 | Sudbury, ON | Morgan Ainsworth (ON) | 13.75 | 13.2 |
| 1987 | Calgary, AB | Les Gramantik (AB-NT) | 14.15 | 13.2 |
| 1988 | Quebec City, QC | Pierre Johann (BC) | 13.59 | 13.2 |
| 1989 | Victoria, BC | Andre Cote (QC) | 14.02 | 13.2 |
| 1990 | Mount Pearl, NL | Shane Hussey (ON) | 13.67 | 13.2 |
| 1991 | Toronto, ON | Jason Bacchiocchi (ON) | 13.37 | 13.2 |
| 1992 | Calgary, AB | Ryan McFarland (AB-NT) | 14.06 | 13.2 |

| | | | | |
|------|-------------------|--------------------------|-------|------|
| 1993 | Saskatoon, SK | Andrew Lissade (QC) | 13.60 | 13.2 |
| 1994 | Ottawa, ON | Doug Ashley (ON) | 14.21 | 13.2 |
| 1995 | Winnipeg, MB | Jeff Keays (ON) | 14.15 | 13.2 |
| 1996 | Sherbrooke, QC | Jamie Hollingsworth (ON) | 13.80 | 13.2 |
| 1997 | Mt. Pearl, NL | Lindsay Tallon (SK) | 13.52 | 13.2 |
| 1998 | Prince George, BC | Adam Kunkel (ON) | 13.98 | 13.2 |
| 1999 | Sudbury, ON | Dwayne Higgins (ON) | 14.01 | 13.2 |
| 2000 | Calgary, AB | Sebastien Bazerd (QC) | 14.01 | 13.2 |
| 2001 | Sherbrooke, QC | Cameron Sahadath (ON) | 13.82 | 13.2 |

110 METRE HURDLES – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------------|--|-------------------------|--------|
| 2002 | Sherbrooke, QC | Cameron Sahadath (ON) | 13.98* | 13.98 |
| 2003 | Kitchener/Waterloo, ON | Josh Kirkpatrick (ON) | 14.90 | 13.98 |
| 2004 | Sudbury, ON | Jamie Ryder (ON) | 14.40 | 13.98 |
| 2005 | Edmonton, AB | Tyler Fawcett (ON) | 14.52 | 13.98 |
| 2006 | Burnaby, BC | Simon Leveille (QC) | 14.21 | 13.98 |
| 2007 | Oromocto, NB | Simon Leveille (QC) | 13.74* | 13.74 |
| 2008 | Sherbrooke, QC | Greg MacNeill(ON) | 13.87 | 13.74 |
| 2009 | Sherbrooke, QC | Gabriel Tesfaye (ON) | 14.61 | 13.74 |
| 2010 | Ottawa, ON | Devon Rettinger (ON) | 13.92 | 13.74 |
| 2011 | Ottawa, ON | Andre Wright (ON) | 14.34 | 13.74 |
| 2012 | Charlottetown, PE | Jared Kerr (ON) | 14.32 | 13.74 |
| 2013 | Langley, BC | Mihailo Stefanovic (BC) | 14.49 | 13.74 |
| 2014 | Langley, BC | Callum Macnab (AB-NT) | 13.98 | 13.74 |
| 2015 | Ste. Therese, QC | Joey Daniels (ON) | 13.71 | 13.71 |
| 2016 | Ste. Therese, QC | Liam Mather (London Legion) | 14.45 | 13.71 |
| 2017 | Brandon, MB | Liam Mather (ON) | 13.86 | 13.71 |
| 2018 | Brandon, MB | Adam Exley (ON) Wilson O'Neill (ON) Craig Thorne (NB) | 13.99 14.05 14.21 | 13.71 |
| 2019 | Cape Breton, NS | David Adeleye (Ottawa Lions) Ryan Wright (AB-NT) Harrison Trustham (Langley Mus) (3 rd) Quan Ting Thomas Ma (BC) (3 rd) | 14.45 14.59 15.02 | 13.71 |
| 2022 | Sherbrooke, QC | Keon Rude (AB/NWT) Michael Scherk (BC) Boyce Jr Mua Tegha (Kilomaitres) | 14:00 14:23 14:96 | 13.71 |
| 2023 | Sherbrooke, QC | Samuel Pinceau (QC) Drezdon Howe (Windsor Legion) Braeden Brouwer (Thorold Elite) | 14.29 14.41 14.57 | 13.71 |
| 2024 | Calgary, AB | Samuel Pinceau (QC) Javion Pladley (Universal Athletics) Emmett Charles (London Western) | 13.67 13.96 13.97 | 13.71 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|-------------|---|-------------------------|-------|
| 2025 | Calgary, AB | Jerome Nicholson (ON) Mathis Riendeau (QC) Kailer Jenny (London Legion) | 13.80 14.14 14.19 | 13.71 |
|------|-------------|---|-------------------------|-------|

300 METRE HURDLES (Replaced by 200M in 2010) – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------------|--------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | No Event | | |
| 1979 | St. John's, NL | No Event | | |
| 1980 | Saskatoon, SK | No Event | | |
| 1981 | Hamilton, ON | No Event | | |
| 1982 | Fredericton/Oromocto, NB | No Event | | |
| 1983 | Ottawa, ON | Jill McDermid (AB-NT) | 44.10* | 44.10 |
| 1984 | Halifax, NS | Nancy Taylor (MB/NWO) | 47.04 | 44.10 |
| 1985 | Saskatoon, SK | Kate Gerry (AB-NT) | 46.09 | 44.10 |
| 1986 | Sudbury, ON | Julie Cote (QC) | 46.22 | 44.10 |
| 1987 | Calgary, AB | Cora Fleming (AB-NT) | 44.75 | 44.10 |
| 1988 | Quebec City, QC | Danielle Gilas (ON) | 46.00 | 44.10 |
| 1989 | Victoria, BC | Kyla Smith (AB-NT) | 45.20 | 44.10 |
| 1990 | Mount Pearl, NL | Chantale Desjardins (ON) | 46.90 | 44.10 |
| 1991 | Toronto, ON | Melissa Dore (ON) | 45.36 | 44.10 |
| 1992 | Calgary, AB | Pascale Farez (QC) | 46.60 | 44.10 |
| 1993 | Saskatoon, SK | Nikki Biberger (AB-NT) | 46.67 | 44.10 |
| 1994 | Ottawa, ON | Ann LeBel (ON) | 44.70 | 44.10 |
| 1995 | Winnipeg, MB | Jessica Zelinka (ON) | 46.29 | 44.10 |
| 1996 | Sherbrooke, QC | Samantha Anderson AB-NT | 45.36 | 44.10 |
| 1997 | Mt. Pearl, NL | Samantha Anderson AB-NT | 44.80 | 44.10 |
| 1998 | Prince George, BC | Darcelle McCutcheon (ON) | 46.94 | 44.10 |
| 1999 | Sudbury, ON | Janine Polischuk (SK) | 46.42 | 44.10 |
| 2000 | Calgary, AB | Shannon Boodram (ON) | 45.11 | 44.10 |
| 2001 | Sherbrooke, QC | Christy Bray (ON) | 45.64 | 44.10 |
| 2002 | Sherbrooke, QC | Amanda Kulikauskas (ON) | 46.94 | 44.10 |
| 2003 | Kitchener/Waterloo, ON | Mari Fourie (ON) | 46.45 | 44.10 |
| 2004 | Sudbury, ON | Mari Fournie (ON) | 45.05 | 44.10 |
| 2005 | Edmonton, AB | Katherine Murphy (BC) | 44.57 | 44.10 |
| 2006 | Burnaby, BC | Jenelle McCalla (ON) | 43.71* | 43.71 |
| 2007 | Oromocto, NB | Laura Affeld (AB) | 44.00 | 43.71 |
| 2008 | Sherbrooke, QC | Taylor Farquhar (ON) | 43.45* | 43.45 |
| 2009 | Sherbrooke, QC | Taylor Farquhar (ON) | 44.42 | 43.45 |

200 METRE HURDLES – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|---|-------------------------|--------|
| 2010 | Ottawa, ON | Meghan Palesch (BC) | 27.88 | 27.88 |
| 2011 | Ottawa, ON | Alexandra Tierney (Open) | 28.31 | 27.88 |
| 2012 | Charlottetown, PE | Lexi Aitken (ON) | 27.30* | 27.30 |
| 2013 | Langley, BC | Chicago Bains (BC) | 27.91 | 27.30 |
| 2014 | Langley, BC | Xahria Santiago (ON) | 26.82* | 26.82 |
| 2015 | Ste. Therese, QC | Katarina Vlahovic (BC) | 27.55 | 26.82 |
| 2016 | Ste. Therese, QC | Jasneet Nijjar (BC) | 26.25* | 26.25 |
| 2017 | Brandon, MB | Olivia Gee (ON) | 27.77 | 26.25 |
| 2018 | Brandon, MB | Savannah Sutherland (SK) Sara Zinck (AB) Rachel Albertson (SK) | 27.66 29.01 29.04 | 26.05 |
| 2019 | Cape Breton, NS | Hailey Reid (Monte Cristo) Emmanuella Asumang (ON) Adria Sellers (Vancouver OL) | 28.37 28.48 28.59 | 26.05 |
| 2022 | Sherbrooke, QC | Sofia Agudelo (QC) Delaney Self (BC) Ella Steel-Douglas (Border City) | 28.28 28.79 29.47 | 26.05 |
| 2023 | Sherbrooke, QC | Jordynn Scott (ON) Jurnee Scott (Speed Academy) Kate Fink (AB/NWT) | 26.93 28.03 28.60 | 26.05 |
| 2024 | Calgary, AB | Maeva Scipio (Thorold Elite) Juliette Dionne (QC) Portia Comber (Unattached B) | 27.78 28.13 29.54 | 26.25 |
| 2025 | Calgary, AB | Sofia Zenone (BC) Bianka MacMillan (ON) Imogen Stevenson (AB/NWT) | 27.22 27.58 28.51 | 26.25 |

300 METRE HURDLES (Replaced by 200M in 2010) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|---------------------|-------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | No Event | | |
| 1979 | St. John's, NL | No Event | | |
| 1980 | Saskatoon, SK | No Event | | |
| 1981 | Hamilton, ON | No Event | | |
| 1982 | Fredericton/Oromocto, NB | Patrick Giroux (QC) | 42.0* | 42.0 |
| 1983 | Ottawa, ON | Darin Wildman (SK) | 42.67 | 42.0 |
| 1984 | Halifax, NS | Mark Simpson (QC) | 41.0* | 41.0 |

| | | | | |
|------|------------------------|------------------------------|--------|-------|
| 1985 | Saskatoon, SK | Garth Glover (MB/NWO) | 40.55* | 40.55 |
| 1986 | Sudbury, ON | James Wade (AB-NT) | 42.41 | 40.55 |
| 1987 | Calgary, AB | Kyle Schultz (ON) | 41.54 | 40.55 |
| 1988 | Quebec City, QC | Jeff Young (ON) | 42.20 | 40.55 |
| 1989 | Victoria, BC | Jeff Begg (AB-NT) | 43.11 | 40.55 |
| 1990 | Mount Pearl, NL | Ryan McFarland (AB-NT) | 42.20 | 40.55 |
| 1991 | Toronto, ON | Andrew Lissade (QC) | 42.22 | 40.55 |
| 1992 | Calgary, AB | Justin Asconcion (ON) | 40.84 | 40.55 |
| 1993 | Saskatoon, SK | S. Campanella (QC) | 41.60 | 40.55 |
| 1994 | Ottawa, ON | Jamie Hollingsworth (ON) | 40.71 | 40.55 |
| 1995 | Winnipeg, MB | Jean-Petit Frere (QC) | 40.41* | 40.41 |
| 1996 | Sherbrooke, QC | Matthew Lyn (ON) | 40.89 | 40.41 |
| 1997 | Mt. Pearl, NL | Andrew Hewson (ON) | 42.36 | 40.41 |
| 1998 | Prince George, BC | Sebastien Bazerd (QC) | 40.45 | 40.41 |
| 1999 | Sudbury, ON | Jason Reindl (SK) | 40.52 | 40.41 |
| 2000 | Calgary, AB | Cameron Sahadath (ON) | 40.27* | 40.27 |
| 2001 | Sherbrooke, QC | Trent Ratzlaff (AB-NT) | 41.23 | 40.27 |
| 2002 | Sherbrooke, QC | Cory Gibson (AB) | 41.50 | 40.27 |
| 2003 | Kitchener/Waterloo, ON | Charles Bazerd (AB/NT) | 41.14 | 40.27 |
| 2004 | Sudbury, ON | Andrew Boss (BC/Yukon) | 41.72 | 40.27 |
| 2005 | Edmonton, AB | Ryan Chester (BC/Yukon) | 39.30* | 39.30 |
| 2006 | Burnaby, BC | Vincent Parent Pichette (QC) | 41.94 | 39.30 |
| 2007 | Oromocto, NB | Dyson Barnes (BC) | 40.92 | 39.30 |
| 2008 | Sherbrooke, QC | Nick Blackburn (BC) | 39.72 | 39.30 |
| 2009 | Sherbrooke, QC | Tyler Young (SK) | 40.12 | 39.30 |

200 METRE HURDLES – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|------------------------------------|--------|--------|
| 2010 | Ottawa, ON | Aaron Stemmler (ON) | 25.11* | 25.11 |
| 2011 | Ottawa, ON | Ethan Strome (Open) | 25.34 | 25.11 |
| 2012 | Charlottetown, PE | Davis Edward (ON) | 24.27* | 24.27 |
| 2013 | Langley, BC | Joey Daniels (ON) | 25.49 | 24.27 |
| 2014 | Langley, BC | Vahid Andrews (ON) | 25.23 | 24.27 |
| 2015 | Ste. Therese, QC | Liam Foudy (ON) | 25.18 | 24.27 |
| 2016 | Ste. Therese, QC | Adam Exley (ON) | 25.40 | 24.27 |
| 2017 | Brandon, MB | Jean-Luc Foudy (ON) | 25.37 | 24.27 |
| 2018 | Brandon, MB | Quan Ting Thomas Ma (BC) | 24.90 | 24.27 |
| | | Mark Skerl (ON) | 25.19 | |
| | | Ethan Samson (AB) | 25.42 | |
| 2019 | Cape Breton, NS | Ryder King (Etobicoke Tr) | 25.12 | 24.27 |
| | | Luca Nicoletti (Ottawa Lions) | 25.26 | |
| | | Tyson Carr (Okanagan Athl) | 25.30 | |
| 2022 | Sherbrooke, QC | Daminik Bahadur (Laurel Creek) | 24.78 | 24.27 |
| | | Mason Brennan (Ottawa Lions) | 27.45 | |
| | | Aidan Chipman (Invictus Athletics) | 27.68 | |

| | | | | |
|------|----------------|---|-------------------------|-------|
| 2023 | Sherbrooke, QC | Justin Knight (ON) Seyon Satheesh (Unattached ON) Ethan Moran ((BC/YT) | 25.54 25.87 25.97 | 24.27 |
| 2024 | Calgary, AB | Alex Takaki Fernandes Fra (QC) Tyler Hvidston (BC) Alex Tardy (Quebec) | 24.69 25.42 25.60 | 24.27 |
| 2025 | Calgary, AB | Micah Breedveld (BC) Nixson Scarlett (Thorold Elit) Shaun Donald (Etobicoke Hu) | 25.43 25.59 25.82 | 24.27 |

400 METRE HURDLE (Replaced by 300M in 2010) - Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|------------------------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | No Event | | |
| 1979 | St. John's, NL | No Event | | |
| 1980 | Saskatoon, SK | No Event | | |
| 1981 | Hamilton, ON | No Event | | |
| 1982 | Fredericton/Oromocto, NB | Clara Wall (SK) | 1.03.30* | 1.02.30 |
| 1983 | Ottawa, ON | Cheryl McKenzie (AB-NT) | 1.03.47 | 1.03.30 |
| 1984 | Halifax, NS | Jill McDermid (AB-NT) | 1.03.5 | 1.03.30 |
| 1985 | Saskatoon, SK | Sheryl Van Nest (MB/NWO) | 1.05.40 | 1.03.30 |
| 1986 | Sudbury, ON | Caroline Fortin (QC) | 1.01.64* | 1.01.64 |
| 1987 | Calgary, AB | Caroline Fortin (QC) | 1.00.76* | 1.00.76 |
| 1988 | Quebec City, QC | Julie Cote (QC) | 1.02.3 | 1.00.76 |
| 1989 | Victoria, BC | Julie Cote (QC) | 1.01.60 | 1.00.76 |
| 1990 | Mount Pearl, NL | Terra Barter (BC) | 1.04.90 | 1.00.76 |
| 1991 | Toronto, ON | Ardin Harrison (BC) | 1.01.87 | 1.00.76 |
| 1992 | Calgary, AB | Jane Loskot (AB-NT) | 1.03.60 | 1.00.76 |
| 1993 | Saskatoon, SK | Heather Spratt (BC) | 1.03.27 | 1.00.76 |
| 1994 | Ottawa, ON | Becky Smith (ON) | 1.02.26 | 1.00.76 |
| 1995 | Winnipeg, MB | Denise Bell (ON) | 1.01.11 | 1.00.76 |
| 1996 | Sherbrooke, QC | Krissy Liphardt (ON) | 1.03.28 | 1.00.76 |
| 1997 | Mt. Pearl, NL | Jennifer Stakiw (SK) | 1.03.46 | 1.00.76 |
| 1998 | Prince George, BC | Natalie Jackson (BC) | 1.02.10 | 1.00.76 |
| 1999 | Sudbury, ON | Natalie Jackson (BC) | 1.02.51 | 1.00.76 |
| 2000 | Calgary, AB | Maya Miquel (BC) | 1.03.14 | 1.00.76 |
| 2001 | Sherbrooke, QC | Amanda Brewer (ON) | 1.03.13 | 1.00.76 |
| 2002 | Sherbrooke, QC | Katie Rocks (SK) | 1.06.96 | 1.00.76 |
| 2003 | Kitchener/Waterloo, ON | Corri-Ann Campbell-Fell (BC/YUKON) | 1.04.72 | 1.00.76 |
| 2004 | Sudbury, ON | Corri Fell (BC/Yukon) | 1.01.71 | 1.00.76 |
| 2005 | Edmonton, AB | Danielle Fonseca (ON) | 1.03.89 | 1.00.76 |
| 2006 | Burnaby, BC | Christine Lowe (BC) | 1.03.17 | 1.00.76 |
| 2007 | Oromocto, NB | Shauna Malek (ON) | 102.44 | 1.00.76 |
| 2008 | Sherbrooke, QC | Laura Affeld (AB) | 1.00.33* | 1.00.33 |
| 2009 | Sherbrooke, QC | Ashlea Maddex (Open) | 1.00.48 | 1.00.33 |

300 METRE HURDLE (Replaced by 400M in 2015) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|-------------------------|--------|--------|
| 2010 | Ottawa, ON | Sage Watson (AB) | 43.28* | 43.28 |
| 2011 | Ottawa, ON | Yanique Bennett (ON) | 41.93* | 41.93 |
| 2012 | Charlottetown, PE | Katelyn Lehner (Open) | 42.58 | 41.93 |
| 2013 | Langley, BC | Alexandra Tierney | 42.37 | 41.93 |
| 2014 | Langley, BC | Mariam Abdul-Rashi (ON) | 41.85* | 41.85 |

400 METRE HURDLE – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------|--------------------------------------|----------|---------|
| 2015 | Ste. Therese, QC | Dallyssa Huggins (Open) | 1:01.82 | 1:00.33 |
| 2016 | Ste. Therese, QC | Megan Champoux (BC) | 1:00.27* | 1:00.27 |
| 2017 | Brandon, MB | Julia Lovsin (Edmonton Harriers) | 1:00.73 | 1:00.27 |
| 2018 | Brandon, MB | Julia Lovsin (AB) | 1:00.74 | 1:00.27 |
| | | Karlie Moore (ON) | 1:03.76 | |
| | | Kira Kirzinger-Kosolofski (MB) | 1:03.92 | |
| 2019 | Cape Breton, NS | Savannah Sutherland (SK) | 1:01.48 | 1:00.27 |
| | | Rachel Watson (Hamilton Oly) | 1:02.84 | |
| | | Samantha Baron (BC) | 1:03.12 | |
| 2022 | Sherbrooke, QC | Elise Sawyer (Monte Cristo) | 1:02.54 | 1:00.27 |
| | | Elle Riley (Durham Legion) | 1:03.78 | |
| | | Sorcha Shiu (AB/NWT) | 1:04.10 | |
| 2023 | Sherbrooke, QC | Janae Dawes (ON) | 1:02.13 | 1:00.27 |
| | | Haley Martin (BC/YT) | 1:02.51 | |
| | | Quinn Coughlin (Ottawa Lions T.F.C.) | 1:02.84 | |
| 2024 | Calgary, AB | Quinn Coughlin (Ottawa Lions) | 1:01.34 | 1:00.27 |
| | | Kate Fink (AB/NWT) | 1:01.36 | |
| | | Ciara Costa (Royal City Athletics) | 1:02.05 | |
| 2025 | Calgary, AB | Ciara Costa (Royal City A) | 59.98* | 59.98 |
| | | Kate Fink (Split City S) | 1:00.32 | |
| | | Maeva Scipio (Thorold Elite) | 1:01.11 | |

400 METRE HURDLE (Replaced by 300M in 2010) - Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------|----------------------|-------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | Richard Farley (QC) | 61.3* | 61.3 |
| 1979 | St. John's, NL | Chris Dallin (AB-NT) | 56.4* | 56.4 |

| | | | | |
|------|--------------------------|------------------------------|--------|-------|
| 1980 | Saskatoon, SK | Brad Basaraba (AB-NT) | 58.4 | 56.4 |
| 1981 | Hamilton, ON | Normand Chamberlain (QC) | 56.9 | 56.4 |
| 1982 | Fredericton/Oromocto, NB | Kevin Reid (ON) | 57.0 | 56.4 |
| 1983 | Ottawa, ON | Rob Slaughter (BC) | 55.65* | 55.65 |
| 1984 | Halifax, NS | Brian Devenyi (ON) | 56.0 | 55.65 |
| 1985 | Saskatoon, SK | Ralph Carter (ON) | 55.27* | 55.27 |
| 1986 | Sudbury, ON | Pat Locke (BC) | 55.70 | 55.27 |
| 1987 | Calgary, AB | Garth Glover (SK) | 55.28 | 55.27 |
| 1988 | Quebec City, QC | Tom Zverina (BC) | 54.40* | 54.40 |
| 1989 | Victoria, BC | Peter Burns (BC) | 55.62 | 54.40 |
| 1990 | Mount Pearl, NL | Chris McFarlane (ON) | 55.20 | 54.40 |
| 1991 | Toronto, ON | John Etienne (QC) | 54.76 | 54.40 |
| 1992 | Calgary, AB | Wilson St. Jean (QC) | 54.86 | 54.40 |
| 1993 | Saskatoon, SK | David McQuinn (ON) | 55.70 | 54.40 |
| 1994 | Ottawa, ON | Alexandre Marchand (QC) | 53.78* | 53.78 |
| 1995 | Winnipeg, MB | Jeff Keays (ON) | 57.55 | 53.78 |
| 1996 | Sherbrooke, QC | Jamie Hollingsworth (ON) | 54.03 | 53.78 |
| 1997 | Mt. Pearl, NL | Jean Petit-Frere (QC) | 54.14 | 53.78 |
| 1998 | Prince George, BC | Josh Guqenheimer (BC) | 53.02* | 53.02 |
| 1999 | Sudbury, ON | Josh Guqenheimer (BC) | 53.16 | 53.02 |
| 2000 | Calgary, AB | Sebastien Bazerd (QC) | 54.64 | 53.02 |
| 2001 | Sherbrooke, QC | Paul Martin (ON) | 55.24 | 53.02 |
| 2002 | Sherbrooke, QC | Shane Labelle (QC) | 54.71 | 53.02 |
| 2003 | Kitchener/Waterloo, ON | Quinton Gamble (BC/YUKON) | 53.59 | 53.02 |
| 2004 | Sudbury, ON | Miquel Wason (ON) | 54.87 | 53.02 |
| 2005 | Edmonton, AB | Blake Jones (QC) | 54.95 | 53.02 |
| 2006 | Burnaby, BC | Hubert Chevette-Belisle (QC) | 54.54 | 53.02 |
| 2007 | Oromocto, NB | Gabriel El Hanbi (QC) | 53.76 | 53.02 |
| 2008 | Sherbrooke, QC | Greg MacNeill (ON) | 54.53 | 53.02 |
| 2009 | Sherbrooke, QC | Dyson Barnes (BC) | 54.54 | 53.02 |

300 METRE HURDLE (Replaced by 400M in 2015) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|-------------------------|--------|--------|
| 2010 | Ottawa, ON | Brandon McBride (ON) | 38.45* | 38.45 |
| 2011 | Ottawa, ON | Tim Kong (AB) | 38.78 | 38.45 |
| 2012 | Charlottetown, PE | Kieran Johnston (SK) | 38.30* | 38.30 |
| 2013 | Langley, BC | Mihailo Stefanovic (BC) | 38.31 | 38.30 |
| 2014 | Langley, BC | Callum Macnab (AB-NT) | 38.68 | 38.30 |

400 METRE HURDLE – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------|------------------------|-------|--------|
| 2015 | Ste. Therese, QC | Jasper Schiedel (BC) | 55.27 | 53.02 |
| 2016 | Ste. Therese, QC | Nathani St Romain (ON) | 54.74 | 53.02 |
| 2017 | Brandon, MB | Josh Hamilton (NL) | 53.99 | 53.02 |
| 2018 | Brandon, MB | Craig Thorne (NB) | 54.42 | 53.02 |
| | | Wilson O'Neill (ON) | 54.66 | |
| | | Nick Landry (NS/NV) | 57.29 | |

| | | | | |
|------|-----------------|---|--------------------------|-------|
| 2019 | Cape Breton, NS | Quan Ting Thomas Ma (BC) Jared Hughes (ON) Nicholas Legaspi (Burlington T) | 54.51 55.11 55.63 | 53.02 |
| 2022 | Sherbrooke, QC | Donovan Gagnon (QC) Hayden Hall (BC) Tyson Carr (Okanagan Athletics) | 55.36 56.32 56.69 | 53.02 |
| 2023 | Sherbrooke, QC | Will Van Schagen (BC/YT) Zachary Jeggo (Ottawa Lions T.F.C.) Brayden Labonte (Windsor Legion) | 55.20 55.33 55.47 | 53.02 |
| 2024 | Calgary, AB | Zachary Jeggo (Ottawa Lions) Will van Schagen (BC) Elijah Jones (ON) | 52.67* 53.30 54.38 | 52.67 |
| 2025 | Calgary, AB | Thomas-Daniel Tent (Border City) Levi Venables (BC) Devan Kozak (BC) | 52.85 53.56 54.51 | 52.67 |

1500 METRE STEEPLECHASE (introduced in 2010) – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|--|-------------------------------|---------|
| 2010 | Ottawa, ON | Tanya Humeniuk (BC) | 4:53.60* | 4:53.60 |
| 2011 | Ottawa, ON | Marita Dechiffart (Open) | 5:56.14 | 4:53.60 |
| 2012 | Charlottetown, PE | Emaa Edmonds (NS) | 5:04.66 | 4:53.60 |
| 2013 | Langley, BC | Glynis Sim (Open) | 4:54.43 | 4:53.60 |
| 2014 | Langley, BC | Chelsea Borrowdale (Open) | 5:10.10 | 4:53.60 |
| 2015 | Ste. Therese, QC | Jade Custeau (QC) | 5:03.57 | 4:53.60 |
| 2016 | Ste. Therese, QC | Sadie Sigfstead (Edmonton Har) | 4:45.67* | 4:45.67 |
| 2017 | Brandon, MB | Sadie Sigfstead (AB) | 4:42.83* | 4:42.83 |
| 2018 | Brandon, MB | Katelyn Stewart-Barnett (BC) Sadie Sigfstead (AB) Erin Vringer (NB) | 4:50.45 4:51.09 4:56.59 | 4:42.83 |
| 2019 | Cape Breton, NS | Aysia Maurice (ON) Sorcha Shiu (AB-NT) Erin Vringer (NB) | 4:51.77 4:54.13 4:56.40 | 4:42.83 |
| 2022 | Sherbrooke, QC | Mikaella Martin (QC) Juliana Lemaire (NB) Brianna Lovshin (Toronto Olym) | 5:07.25 5:27.72 5:37.36 | 4:42.83 |
| 2023 | Sherbrooke, QC | Maéva Provencher (QC) Jasmine Lazzari (AB/NWT) Nelle Liefsoens (Powell River T.C.) | 5:00.55 5:02.52 5:03.60 | 4:42.83 |
| 2024 | Calgary, AB | Olivia Downey (ON) Jasmine Lazzari (AB/NWT) Lienke Raath (Kamloops T&F) | 4:55.13 5:00.18 5:11.77 | 4:42.83 |
| 2025 | Calgary, AB | Lienke Raath (BC) Sawyer Nicholson (ON) Anna Chatterton (Lethbridge T) | 4:53.21 4:56.07 5:18.25 | 4:42.83 |

1500 METRE STEEPLECHASE (introduced in 2010) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|------------------------------------|----------|---------|
| 2010 | Ottawa, ON | Ben Flanagan (ON) | 4:19.06* | 4:19.06 |
| 2011 | Ottawa, ON | Derrick Evans (AB) | 4:24.25 | 4:19.06 |
| 2012 | Charlottetown, PE | Tobias Wolter (NS) | 4:15.15* | 4:15.15 |
| 2013 | Langley, BC | Sandy Freeland (Open) | 4:22.19 | 4:15.15 |
| 2014 | Langley, BC | Thomas Nobbs (BC) | 4:18.39 | 4:15.15 |
| 2015 | Ste. Therese, QC | Raymond Simpson (NS) | 4:32.56 | 4:15.15 |
| 2016 | Ste. Therese, QC | Éliott Héroux (QC) | 4:29.69 | 4:15.15 |
| 2017 | Brandon, MB | Jack Wierzbicki (ON) | 4:26.39 | 4:15.15 |
| 2018 | Brandon, MB | Émile Toupin (QC) | 4:28.44 | 4:15.15 |
| | | Francois Ricjard (NB) | 4:29.51 | |
| | | Derek Milroy (ON) | 4:31.58 | |
| 2019 | Cape Breton, NS | Jaxon Kuchar (BC) | 4:29.83 | 4:15.15 |
| | | Abraham Makaby (Riversdale A) | 4:31.82 | |
| | | Micah Laundry (NB) | 4:35.27 | |
| 2022 | Sherbrooke, QC | Bernardo Sada (BC) | 4:23.59 | 4:15.15 |
| | | Samuel May (BC) | 4:24.24 | |
| | | William Raiche (QC) | 4:30.66 | |
| 2023 | Sherbrooke, QC | Riley Simmonds (BC/YT) | 4:26.63 | 4:15.15 |
| | | Émile Marin (Lanaudière-Olymp) | 4:28.82 | |
| | | Rhys Beaudoin (Nanaimo & District) | 4:29.94 | |
| 2024 | Calgary, AB | Léo Choinière-Longpré (QC) | 4:18.51 | 4:15.15 |
| | | Isaac Sirois (Coubertin) | 4:28.15 | |
| | | Alex Pinno (AB/NWT) | 4:35.03 | |
| 2025 | Calgary, AB | Eli Hanson (ON) | 4:24.45 | 4:15.15 |
| | | Henry Pearson (NL) | 4:29.78 | |
| | | Atticus Halvorsen (Caltaf Athle) | 4:29.90 | |

2000 METRE STEEPLECHASE (introduced in 2004) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|----------------------------|----------|---------|
| 2004 | Sudbury, ON | Lise Ogrodnick (QC) | 7:02.91* | 7:02.91 |
| 2005 | Edmonton, AB | Kelsie Slater (ON) | 7:08.68 | 7:02.91 |
| 2006 | Burnaby, BC | Hayley Degaust (AB) | 7:06.35 | 7:02.91 |
| 2007 | Oromocto, NB | Ariel Beaugard-Breton (QC) | 7:09.42 | 7:02.91 |
| 2008 | Sherbrooke, QC | Britney Allard (ON) | 7:05.93 | 7:02.91 |
| 2009 | Sherbrooke, QC | Alycia Butterworth (BC) | 7:09.30 | 7:02.91 |
| 2010 | Ottawa, ON | Katelyn Hayward (BC) | 7:01.37* | 7:01.37 |
| 2011 | Ottawa, ON | Katelyn T. Hayward (Open) | 6:44.34* | 6:44.34 |
| 2012 | Charlottetown, PE | Emma Balazs (BC) | 6:57.65 | 6:44.34 |
| 2013 | Langley, BC | Marita Deschiffart (BC) | 7:02.73 | 6:44.34 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------|---|-------------------------------|---------|
| 2014 | Langley, BC | Jessy Lacourse (QC) | 6:50.23 | 6:44.34 |
| 2015 | Ste. Therese, QC | Glynis Sims (BC) | 6:48.80 | 6:44.34 |
| 2016 | Ste. Therese, QC | Laura Dickinson (NB) | 6:51.87 | 6:44.34 |
| 2017 | Brandon, MB | Grace Fetherstonhaugh (BC) | 6:41.46* | 6:41.46 |
| 2018 | Brandon, MB | Camille Boudreau (QC) Jenna McFadyen (SK) Brynn Hebert (AB) | 7:09.51 7:09.61 7:09.85 | 6:41.46 |
| 2019 | Cape Breton, NS | Katelyn Stewart-Barnett (BC) Jenna McFayden (SK) Cecilia Howes (Winnipeg Opt) | 6:51.47 6:57.97 7:02.61 | 6:41.46 |
| 2022 | Sherbrooke, QC | Sorcha Shiu (AB/NWT) Mackenzie Hack (BC) Louise Stonham (Ottawa Lions) | 6:52.15 7:00.03 7:04.19 | 6:41.46 |
| 2023 | Sherbrooke, QC | Jaina Kang (BC/YT) Zoe Unger (BC/YT) Lena Eys (Laurel Creek T.F.) | 7:00.27 7:13.80 7:16.98 | 6:41.46 |
| 2024 | Calgary, AB | Alexie Beaupre (MB/NWO) Emma Morrow (Brockville Legion T&F) Juliana Lemaire (NB) | 7:03.61 7:15.33 7:18.60 | 6:41.46 |
| 2025 | Calgary, AB | Olivia Downey (Durham Drago) Peyton Pilling (Wind Track A) Abigail Kinch (Newmarket Hu) | 7:11.77 7:22.78 7:29.47 | 6:41.46 |

1500 METRE STEEPLECHASE (replaced by 2000M in 2004) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|-------------------------|---------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | Terry Bateman (BC) ran | 4.07.0 | NA |
| 1979 | St. John's, NL | Paul McCloy (NL) | 4.38.4* | 4.38.4 |
| 1980 | Saskatoon, SK | Martin Boileau (QC) | 4.33.2* | 4.33.2 |
| 1981 | Hamilton, ON | Marc Lavoie (ON) | 4.31.3* | 4.31.3 |
| 1982 | Fredericton/Oromocto, NB | Darren Stoddard (NS) | 4.17.3* | 4.17.3 |
| 1983 | Ottawa, ON | Darren Stoddard (NS) | 4.14.6* | 4.14.6 |
| 1984 | Halifax, NS | Sean Clancy (NS) | 4.25.5 | 4.14.6 |
| 1985 | Saskatoon, SK | Geoff Klassen (BC) | 4.20.51 | 4.14.6 |
| 1986 | Sudbury, ON | Alan Lewis (BC) | 4.21.29 | 4.14.6 |
| 1987 | Calgary, AB | Lawrence Marks (AB-NT) | 4.25.63 | 4.14.6 |
| 1988 | Quebec City, QC | Joel Bourgeois (NB) | 4.19.4 | 4.14.6 |
| 1989 | Victoria, BC | Tom Cull (AB-NT) | 4.21.1 | 4.14.6 |
| 1990 | Mount Pearl, NL | Peter Douglas (BC) | 4.27.45 | 4.14.6 |
| 1991 | Toronto, ON | Jean-Nicolas Duval (QC) | 4.21.72 | 4.14.6 |
| 1992 | Calgary, AB | David Roy (QC) | 4.28.44 | 4.14.6 |
| 1993 | Saskatoon, SK | Klaus Mueller (QC) | 4.29.80 | 4.14.6 |
| 1994 | Ottawa, ON | Craig Brigidear (BC) | 4.17.54 | 4.14.6 |
| 1995 | Winnipeg, MB | Daniel Blouin (QC) | 4.20.78 | 4.14.6 |

| | | | | |
|------|------------------------|--------------------------|----------|---------|
| 1996 | Sherbrooke, QC | Steve Ozaduik (BC) | 4:25.82 | 4:14.6 |
| 1997 | Mt. Pearl, NL | Chris Jones (BC) | 4:34.38 | 4:14.6 |
| 1998 | Prince George, BC | Christopher Jones (BC) | 4:25.10 | 4:14.6 |
| 1999 | Sudbury, ON | Carmin Mazzotta (BC) | 4:21.04 | 4:14.6 |
| 2000 | Calgary, AB | Rob Nissen (AB-NT) | 4:25.80 | 4:14.6 |
| 2001 | Sherbrooke, QC | Kol Henrikson (BC/Yukon) | 4:21.04 | 4:14.6 |
| 2002 | Sherbrooke, QC | Chris Winter (BC/Yukon) | 4:14.72 | 4:14.6 |
| 2003 | Kitchener/Waterloo, ON | Chris Winter (BC/Yukon) | 4:12.98* | 4:12.98 |

2000 METRE STEEPLECHASE – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|------------------------------------|----------|---------|
| 2004 | Sudbury, ON | Joseph Brunsting (ON) | 6:00.35* | 6:00.35 |
| 2005 | Edmonton, AB | Olivier Lavoie (QC) | 6:13.66 | 6:00.35 |
| 2006 | Burnaby, BC | Greg Miller (MB) | 6:03.94 | 6:00.35 |
| 2007 | Oromocto, NB | Jacob Smith (ON) | 5:59.42* | 5:59.42 |
| 2008 | Sherbrooke, QC | Mattias Wolter (Bluenose Ath) | 6:02.01 | 5:59.42 |
| 2009 | Sherbrooke, QC | Gareth Hadfield (Open) | 6:02.58 | 5:59.42 |
| 2010 | Ottawa, ON | Xavier King (ON) | 5:53.17* | 5:53.17 |
| 2011 | Ottawa, ON | Deon Clifford | 5:49.65* | 5:49.65 |
| 2012 | Charlottetown, PE | Brandon Allen (Open) | 6:06.09 | 5:49.65 |
| 2013 | Langley, BC | Ben Preisner (Open) | 5:54.59 | 5:49.65 |
| 2014 | Langley, BC | Joshua Kellier (ON) | 5:49.14* | 5:49.14 |
| 2015 | Ste. Therese, QC | Sean Bergman (BC) | 5:47.98* | 5:47.98 |
| 2016 | Ste. Therese, QC | Thomas Nobbs (BC) | 5:54.41 | 5:47.98 |
| 2017 | Brandon, MB | Zachary Wyatt (BC) | 6:02.38 | 5:47.98 |
| 2018 | Brandon, MB | Skyler York (AB) | 6:00.59 | 5:47.98 |
| | | Éliott Héroux (QC) | 6:05.50 | |
| | | Moktar Said (MB) | 6:10.81 | |
| 2019 | Cape Breton, NS | Jared Howse (AB-NT) | 6:02.30 | 5:47.98 |
| | | Xavier Duchesneau (QC) | 6:02.79 | |
| | | William Boyle (Winnipeg Opt) | 6:05.95 | |
| 2022 | Sherbrooke, QC | Yemane Mulugeta (BC) | 5:57.03 | 5:47.98 |
| | | Francis Bouffard (QC) | 6:04.38 | |
| | | Charles Gendron-Jetté (Sherbrooke) | 6:12.10 | |
| 2023 | Sherbrooke, QC | James Hodgson (BC/YT) | 5:55.62 | 5:47.98 |
| | | Noah Fortier (QC) | 5:55.90 | |
| | | Samuel May (BC/YT) | 6:02.27 | |
| 2024 | Calgary, AB | Liam Palmer (MN/NWO) | 6:02.66 | 5:47.98 |
| | | Nolan Buie (ON) | 6:03.46 | |
| | | Loïc Patry (QC) | 6:07.99 | |
| 2025 | Calgary, AB | Aiden Clodd (ON) | 6:01.63 | 5:47.98 |
| | | Samuel Skilnick (AB/NWT) | 6:09.70 | |
| | | Lauchlan Orchard (Laurel Creek) | 6:11.38 | |

1500 METRE RACEWALK (introduced in 2010) – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|--|--------------------------------|----------|
| 2010 | Ottawa, ON | Hana Ready (Open) | 7:51.82* | 7:51.82 |
| 2011 | Ottawa, ON | Annette Johnson (Open) | 8:34.56 | 7:51.82 |
| 2012 | Charlottetown, PE | Teagan Rasche (BC) | 7:52.40 | 7:51.82 |
| 2013 | Langley, BC | Hanna Doonan (ON) | 8:27.17 | 7:51.82 |
| 2014 | Langley, BC | Kyra Danielson (Open) | 7:51.83 | 7:51.82 |
| 2015 | Ste. Therese, QC | Kyra Danielson (BC) | 7:17.00* | 7:17.00 |
| 2016 | Ste. Therese, QC | Yvonne Huynh (BC) | 8:13.39 | 7:17:00 |
| 2017 | Brandon, MB | Cassidy Cardle (BC) | 7:07.17* | 7:07.17* |
| 2018 | Brandon, MB | Olivia Lundman (BC) Kaia Haintz (BC) Breagha Sharpe (QC) | 7:34.33 8:38.51 8:51.20 | 7:07.17 |
| 2019 | Cape Breton, NS | Kaia Haintz (Unattached B) Jia Fournier (Filoup) | 8:40.66 8:44.96 | 7:07.17 |
| 2022 | Sherbrooke, QC | Naomie Fequet (Baie-Comeau) Jordyn French (Bolton Pole Vault) | 10:15.05 10:59.52 | 7:07.17 |
| 2023 | Sherbrooke, QC | Ayla Laing (ON) Naomie Fequet (Baie-Comeau) Jillian Daguere (ON) | 7:27.11 9:06.94 9:13.64) | 7:07.17 |
| 2024 | Calgary, AB | Juliette Boucher-Herbas (QC) Emilia Smith (Caltaf) Julie DeMeersman (Caltaf) | 8:14.78 9:42.83 9:48.25 | 7:07.17 |
| 2025 | Calgary, AB | Emilia Smith (Caltaf Athletics) | 10:51.63 | |

1500 METRE RACEWALK (introduced in 2010) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|---|--------------------|---------|
| 2010 | Ottawa, ON | No Event | | |
| 2011 | Ottawa, ON | Marek Adamowicz (QC) | 6:26.94* | 6:26.94 |
| 2012 | Charlottetown, PE | No Event | | |
| 2013 | Langley, BC | Nathan Downey (Open) | 8:27.47 | 6:26.94 |
| 2014 | Langley, BC | Nima Parsakish (Open) | 8:15.48 | 6:26.94 |
| 2015 | Ste. Therese, QC | Philip Ngo (BC) | 7:50.69 | 6:26.94 |
| 2016 | Ste. Therese, QC | Félix Thériault (Saint-Jean) | 8:04.26 | 6:26.94 |
| 2017 | Brandon, MB | Tyler Wilson (BC) | 6:41.42 | 6:26.94 |
| 2018 | Brandon, MB | Alexis Côté (QC) | 7:09.00 | 6:26.94 |
| 2019 | Cape Breton, NS | Isaac Naumenko (BC) Jules Croteau (QC) | 7:07.35 7:14.82 | 6:26.94 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|----------------|---------------------------------------|----------|---------|
| 2022 | Sherbrooke, QC | Derek Jobin (Lavironde) | 9:16.22 | 6:26.94 |
| 2023 | Sherbrooke, QC | Cayden Anderson (Saguenay Team) | 7:44.97 | 6:26.94 |
| 2024 | Calgary, AB | Jay Shreve (Truro Lions) | 8:38.98 | 6:26.94 |
| | | Robert Sivers (Brockville Legion T&F) | 10:02.40 | |
| 2025 | Calgary, AB | Robert Lazenby (BC) | 7:28.55 | 6:26.94 |
| | | Robert Sivers (ON) | 9:57.19 | |

1500 METRE RACEWALK (Replaced with 3000M in 2010) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|---------------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | No Event | | |
| 1979 | St. John's, NL | Sheila Ing (ON) | 7.35.6* | 7.35.6 |
| 1980 | Saskatoon, SK | Kelly McKinnon (NB) | 7.56.4 | 7.35.6 |
| 1981 | Hamilton, ON | Kelly McKinnon (NB) | 7.33.2* | 7.33.2 |
| 1982 | Fredericton/Oromocto, NB | Trinette Blazier (ON) | 7.31.8* | 7.31.8 |
| 1983 | Ottawa, ON | Elizabeth Peters (QC) | 7.14.41* | 7.14.41 |
| 1984 | Halifax, NS | Susan Godin (NB) | 7.14.5 | 7.14.41 |
| 1985 | Saskatoon, SK | Natascha Buchan (ON) | 7.24.64 | 7.14.41 |
| 1986 | Sudbury, ON | Edith Montpetit (QC) | 7.04.08* | 7.04.08 |
| 1987 | Calgary, AB | Tanya Sears (NB) | 7.30.88 | 7.04.08 |
| 1988 | Quebec City, QC | Ruth Talbot (QC) | 7.08.2 | 7.04.08 |
| 1989 | Victoria, BC | Mylene Dupere (QC) | 6.50.80* | 6.50.80 |
| 1990 | Mount Pearl, NL | Mylene Dupere (QC) | 7.11.46 | 6.50.80 |
| 1991 | Toronto, ON | Sophie Boyer (QC) | 7.14.55 | 6.50.80 |
| 1992 | Calgary, AB | Jeanette Croucher (ON) | 7.35.99 | 6.50.80 |
| 1993 | Saskatoon, SK | M-E Daigneault (QC) | 7.08.67 | 6.50.80 |
| 1994 | Ottawa, ON | Marie-Eve Daingault (QC) | 7.16.53 | 6.50.80 |
| 1995 | Winnipeg, MB | Claudine Despres (QC) | 7.07.32 | 6.50.80 |
| 1996 | Sherbrooke, QC | Karen Foan (BC) | 6.47.86* | 6.47.86 |
| 1997 | Mt. Pearl, NL | Claudie Brisson (QC) | 6:59.75 | 6.47.86 |
| 1998 | Prince George, BC | Bruce Brione (BC) | 7.34.92 | 6.47.86 |
| 1999 | Sudbury, ON | Kate Brooker (BC) | 7.22.54 | 6.47.86 |
| 2000 | Calgary, AB | Rebecca Lavalee (ON) | 6.55.86 | 6.47.86 |
| 2001 | Sherbrooke, QC | Megan Huzzey (BC/Yukon) | 7.07.58 | 6.47.86 |
| 2002 | Sherbrooke, QC | Megan Huzzey (BC/Yukon) | 6:40.51* | 6.40.51 |
| 2003 | Kitchener/Waterloo, ON | Chelsea Rodriguez (ON) | 6.59.15 | 6.40.51 |
| 2004 | Sudbury, ON | Marilyn Desmarais (QC) | 7.00.48 | 6.40.51 |
| 2005 | Edmonton, AB | Kathryn Janckman (ON) | 7.34.20 | 6.40.51 |
| 2006 | Burnaby, BC | Heather Warwick (BC) | 7.20.13 | 6.40.51 |
| 2007 | Oromocto, NB | Isabelle Morin (QC) | 8.48.40 | 6.40.51 |
| 2008 | Sherbrooke, QC | Anne Voyer (Saguenay Lac) | 8.05.99 | 6.40.51 |
| 2009 | Sherbrooke, QC | Rachel Inglis (BC) | 7.22.52 | 6.40.51 |

3000 METRE RACEWALK – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|--|-----------------------------------|----------|
| 2010 | Ottawa, ON | Rachael Inglis (BC) | 16:13.69 | 16:13.69 |
| 2011 | Ottawa, ON | Hana Ready (ON) | 15:46.84* | 15:46.84 |
| 2012 | Charlottetown, PE | No event | | |
| 2013 | Langley, BC | No result | | |
| 2014 | Langley, BC | Samantha Cho (Open) | 16:24.71 | 15:46.84 |
| 2015 | Ste. Therese, QC | Danika Guenard (Gatineau) | 17:00.27 | 15:46.84 |
| 2016 | Ste. Therese, QC | Élisa Jean(Filoup) | 17:52.58 | 15:46.84 |
| 2017 | Brandon, MB | Kyra Danielson (BC) | 15:25.33* | 15:25.33 |
| 2018 | Brandon, MB | Cassidy Cardle (BC) Joanna Yu (BC) Audrey McCarthy (ON) | 15:12.00* 15:33.80 16:29.12 | 15:12.00 |
| 2019 | Cape Breton, NS | Olivia Lundman (Nanaimo & DI) Cassidy Cardle (BC) Ora Meade (ON) | 14:59.08* 15:11.74 15:17.87 | 14:59.08 |
| 2022 | Sherbrooke, QC | Grace Wong (BC) Paige Joncas (Baie-Comeau) | 17:40.43 23:19.85 | 14:59.08 |
| 2023 | Sherbrooke, QC | Grace Wong (BC/YT) Da Guérette-Lang (Bytown Walkers) | 15:40.35 18:09.99 | 14:59.08 |
| 2024 | Calgary, AB | Ayla Laing (Thorold Elite) Maria Viteri (Caltaf) | 17:15.34 18:35.71 | 14:59.08 |
| 2025 | Calgary, AB | Maya Piesik (BC) Ayla Laing (Thorold Elite) | 14:24.54* 15:55.32 | 14:24.54 |

1500 METRE RACEWALK (Replaced by 3000M in 2010) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|----------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | No Event | | |
| 1979 | St. John's, NL | Joey Daley (NB) | 7.32.8* | 7.32.8 |
| 1980 | Saskatoon, SK | Andrew McNichol (ON) | 7.10.5* | 7.10.5 |
| 1981 | Hamilton, ON | Andrew McNichol (ON) | 6.33.9* | 6.33.9 |
| 1982 | Fredericton/Oromocto, NB | Andrew McNichol (ON) | 6.23.7* | 6.23.7 |
| 1983 | Ottawa, ON | Brent Clarke (BC) | 6.20.61* | 6.20.61 |
| 1984 | Halifax, NS | Mark LeBlanc (NB) | 6.41.0 | 6.20.61 |
| 1985 | Saskatoon, SK | Paul Brett (BC) | 6.36.44 | 6.20.61 |

| | | | | |
|------|------------------------|-----------------------------|----------|---------|
| 1986 | Sudbury, ON | Jules Riel (QC) | 6.57.52 | 6.20.61 |
| 1987 | Calgary, AB | Chris McKay (QC) | 6.16.06* | 6.16.06 |
| 1988 | Quebec City, QC | James Kilburn (ON) | 6.14.36* | 6.14.36 |
| 1989 | Victoria, BC | Martin St-Pierre (QC) | 6.11.37* | 6.11.37 |
| 1990 | Mount Pearl, NL | Jason McLennan (ON) | 7.35.42 | 6.11.37 |
| 1991 | Toronto, ON | Stephane Forbes (NB) | 7.09.41 | 6.11.37 |
| 1992 | Calgary, AB | Vincent Dery (QC) | 6.54.13 | 6.11.37 |
| 1993 | Saskatoon, SK | M.A. Ladouceur (QC) | 6.51.58 | 6.11.37 |
| 1994 | Ottawa, ON | Frederic Vincent (QC) | 7.12.65 | 6.11.37 |
| 1995 | Winnipeg, MB | Eric Stephenson (ON) | 6.52.63 | 6.11.37 |
| 1996 | Sherbrooke, QC | Marco Mirisklavos (BC) | 6.46.23 | 6.11.37 |
| 1997 | Mt. Pearl, NL | Jocelyn Ruest (NB) | 6:46.65 | 6.11.37 |
| 1998 | Prince George, BC | Eric Roze (BC) | 6.18.20 | 6.11.37 |
| 1999 | Sudbury, ON | Steve Rogers (ON) | 7.46.04 | 6.11.37 |
| 2000 | Calgary, AB | Louis-Philip Cyr (QC) | 7.02.55 | 6.11.37 |
| 2001 | Sherbrooke, QC | Danny Hayden (MB/NWO) | 7.23.02 | 6.1.37 |
| 2002 | Sherbrooke, QC | Pierre-Luc Menard | 6.24.34 | 6.11.37 |
| 2003 | Kitchener/Waterloo, ON | Alexandre Gagne (QC) | 7.02.33 | 6.11.37 |
| 2004 | Sudbury, ON | Alexandre Gagne (QC) | 6.35.07 | 6.11.37 |
| 2005 | Edmonton, AB | No result | | 6.11.37 |
| 2006 | Burnaby, BC | Evan Dunfee (BC) | 6.43.97 | 6.11.37 |
| 2007 | Oromocto, NB | Andre Marchand (QC) | 6.50.22 | 6.11.37 |
| 2008 | Sherbrooke, QC | Julien Voyer (Saguenay Lac) | 6.41.72 | 6.11.37 |
| 2009 | Sherbrooke, QC | Bruno Carriere (Open) | 6.49.73 | 6.11.37 |

3000 METRE RACEWALK – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|-------------------|--|----------------------------------|----------|
| 2010 | Ottawa, ON | Frederic Demers-Forgues (Open) | 17:04.34* | 17:04.34 |
| 2011 | Ottawa, ON | Robert Ridenour | DQ | 17:04.34 |
| 2012 | Charlottetown, PE | No Result | | 17:04.34 |
| 2013 | Langley, BC | Marek Adamowicz | 12:47.97* | 12:47.97 |
| 2014 | Langley, BC | Alger Liang (Open) | 15:12.18 | 12:47.97 |
| 2015 | Ste. Therese, QC | Alger Liang (BC) | 14:04.64 | 12:47.97 |
| 2016 | Ste. Therese, QC | No Result | | 12:47.97 |
| 2017 | Brandon, MB | Daniel Soliven (BC) | 14:54.41 | 12:47.97 |
| 2018 | Brandon, MB | Tyler Wilson (BC) Johnny Tse (BC) Daniel Soliven (BC) | 14:10.36 14:27.53 14:28.55 | 12:47.97 |
| 2019 | Cape Breton, NS | Tyler Wilson (BC) Alexis Côté | 13:22.02 14:25.45 | 12:47.97 |
| 2022 | Sherbrooke, QC | Lowell Solmes (BC) Cole Coupal (Durham Dragons) Keathon Monger (Baie-Comeau) | 14:18.49 14:40.56 19:33.83 | 12:47.97 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|----------------|---|----------------------------------|----------|
| 2023 | Sherbrooke, QC | Lowell Solmes (BC/YT) | 14:26.28 | 12:47.97 |
| 2025 | Calgary, AB | Tristan Andrews (Unattached B) Jay Shreve (Truro Lions) Cassius Armitstead (Valley Royal) | 15:17.11 18:33.71 19:41.22 | 12:47.97 |

4x100 METRE RELAY – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------|--------|--------|
| 1975 | Waterloo, ON | ON | 52.7* | 52.7 |
| 1976 | Edmonton, AB | BC | 49.9* | 49.9 |
| 1977 | Oromocto, NB | BC | 52.4 | 49.9 |
| 1978 | Peace Garden, MB | AB-NT | 51.5 | 49.9 |
| 1979 | St. John's, NL | ON | 50.8 | 49.9 |
| 1980 | Saskatoon, SK | ON | 51.46 | 49.9 |
| 1981 | Hamilton, ON | ON | 52.7 | 49.9 |
| 1982 | Fredericton/Oromocto, NB | ON | 50.2 | 49.9 |
| 1983 | Ottawa, ON | AB-NT | 50.21 | 49.9 |
| 1984 | Halifax, NS | ON | 50.1 | 49.9 |
| 1985 | Saskatoon, SK | ON | 49.30* | 49.30 |
| 1986 | Sudbury, ON | QC | 51.17 | 49.30 |
| 1987 | Calgary, AB | QC | 49.59 | 49.30 |
| 1988 | Quebec City, QC | QC | 49.50 | 49.30 |
| 1989 | Victoria, BC | QC | 50.39 | 49.30 |
| 1990 | Mount Pearl, NL | ON | 49.80 | 49.30 |
| 1991 | Toronto, ON | NS | 50.69 | 49.30 |
| 1992 | Calgary, AB | ON | 49.13* | 49.13 |
| 1993 | Saskatoon, SK | AB-NT | 50.16 | 49.13 |
| 1994 | Ottawa, ON | AB-NT | 48.87* | 48.87 |
| 1995 | Winnipeg, MB | ON | 49.87 | 48.87 |
| 1996 | Sherbrooke, QC | SK | 50.02 | 48.87 |
| 1997 | Mt. Pearl, NL | ON | 50.81 | 48.87 |
| 1998 | Prince George, BC | ON | 48.81* | 48.81 |
| 1999 | Sudbury, ON | ON | 50.28 | 48.81 |
| 2000 | Calgary, AB | ON | 49.96 | 48.81 |
| 2001 | Sherbrooke, QC | NS | 50.66 | 48.81 |
| 2002 | Sherbrooke, QC | NS/Nunavut | 50.07 | 48.81 |
| 2003 | Kitchener/Waterloo, ON | ON | 50.04 | 48.81 |
| 2004 | Sudbury, ON | QC | 50.04 | 48.81 |
| 2005 | Edmonton, AB | ON | 49.97 | 48.81 |
| 2006 | Burnaby, BC | BC | 48.87 | 48.81 |
| 2007 | Oromocto, NB | NS | 49.76 | 48.81 |
| 2008 | Sherbrooke, QC | BC | 48.29* | 48.29 |

| | | | | |
|------|-------------------|-----------------------|--------|-------|
| 2009 | Sherbrooke, QC | BC | 48.67 | 48.29 |
| 2010 | Ottawa, ON | ON | 48.48 | 48.29 |
| 2011 | Ottawa, ON | ON | 49.26 | 48.29 |
| 2012 | Charlottetown, PE | ON | 48.77 | 48.29 |
| 2013 | Langley, BC | BC | 47.69* | 47.69 |
| 2014 | Langley, BC | QC | 49.30 | 47.69 |
| 2015 | Ste. Therese, QC | Flying Angels Academy | 48.34 | 47.69 |
| 2016 | Ste. Therese, QC | QC | 49.26 | 47.69 |
| 2017 | Brandon, MB | ON | 48.11 | 47.69 |
| 2018 | Brandon, MB | ON | 48.24 | 47.69 |
| | | SK | 48.88 | |
| | | QC | 49.95 | |
| 2019 | Cape Breton, NS | Flying Angels Academy | 47.85 | 47.69 |
| | | SK | 49.95 | |
| | | QC | 50.79 | |
| 2022 | Sherbrooke, QC | QC | 49.23 | 47.69 |
| | | AB/NWT | 49.36 | |
| | | Mississauga T.F.C | 49.53 | |
| 2023 | Sherbrooke, QC | ON | 48.66 | 47.69 |
| | | Flying Angels Academy | 49.16 | |
| | | QC | 49.22 | |
| 2024 | Calgary, AB | AB/NWT | 48.64 | 47.69 |
| | | ON | 48.84 | |
| | | QC | 49.21 | |
| 2025 | Calgary, AB | BC | 47.13* | 47.13 |
| | | ON | 47.80 | |
| | | QC | 49.13 | |

4x100 METRE RELAY – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------|--------|--------|
| 1975 | Waterloo, ON | ON | 50.2 | 50.2 |
| 1976 | Edmonton, AB | BC | 47.8* | 47.8 |
| 1977 | Oromocto, NB | BC | 48.1 | 47.8 |
| 1978 | Peace Garden, MB | ON | 47.2* | 47.2 |
| 1979 | St. John's, NL | ON | 47.1* | 47.1 |
| 1980 | Saskatoon, SK | NB | 49.8 | 47.1 |
| 1981 | Hamilton, ON | ON | 47.9 | 47.1 |
| 1982 | Fredericton/Oromocto, NB | ON | 45.8* | 45.8 |
| 1983 | Ottawa, ON | ON | 45.34* | 45.34 |
| 1984 | Halifax, NS | AB-NT | 44.2* | 44.2 |
| 1985 | Saskatoon, SK | AB-NT | 43.3* | 43.3 |
| 1986 | Sudbury, ON | QC | 45.14 | 43.3 |
| 1987 | Calgary, AB | ON | 46.01 | 43.3 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|--------------------------|-------|
| 1988 | Quebec City, QC | ON | 46.30 | 43.3 |
| 1989 | Victoria, BC | ON | 45.88 | 43.3 |
| 1990 | Mount Pearl, NL | ON | 44.60 | 43.3 |
| 1991 | Toronto, ON | ON | 45.08 | 43.3 |
| 1992 | Calgary, AB | ON | 44.79 | 43.3 |
| 1993 | Saskatoon, SK | QC | 45.30 | 43.3 |
| 1994 | Ottawa, ON | ON | 45.92 | 43.3 |
| 1995 | Winnipeg, MB | NS | 46.08 | 43.3 |
| 1996 | Sherbrooke, QC | QC | 45.61 | 43.3 |
| 1997 | Mt. Pearl, NL | NS | 46.48 | 43.3 |
| 1998 | Prince George, BC | ON | 44.75 | 43.3 |
| 1999 | Sudbury, ON | ON | 45.23 | 43.3 |
| 2000 | Calgary, AB | MB | 47.38 | 43.3 |
| 2001 | Sherbrooke, QC | ON | 44.43 | 43.3 |
| 2002 | Sherbrooke, QC | ON | 45.22 | 43.3 |
| 2003 | Kitchener/Waterloo, ON | QC | 45.73 | 43.3 |
| 2004 | Sudbury, ON | QC | 44.20 | 43.3 |
| 2005 | Edmonton, AB | SK | 46.19 | 43.3 |
| 2006 | Burnaby, BC | ON | 44.20 | 43.3 |
| 2007 | Oromocto, NB | BC | 44.58 | 43.3 |
| 2008 | Sherbrooke, QC | BC | 44.79 | 43.3 |
| 2009 | Sherbrooke, QC | AB | 45.49 | 43.3 |
| 2010 | Ottawa, ON | ON | 43.87 | 43.3 |
| 2011 | Ottawa, ON | ON | 43.58 | 43.3 |
| 2012 | Charlottetown, PE | ON | 44.05 | 43.3 |
| 2013 | Langley, BC | BC | 44.60 | 43.3 |
| 2014 | Langley, BC | Flying Angels Academy | 43.84 | 43.3 |
| 2015 | Ste. Therese, QC | Burlington Track and Field | 45.38 | 43.3 |
| 2016 | Ste. Therese, QC | AB/NT | 44.17 | 43.3 |
| 2017 | Brandon, MB | ON | 44.47 | 43.3 |
| 2018 | Brandon, MB | Mississauga Olympians (ON) Flying Angels (ON) Alberta-Northwest Territories | 43.50 44.51 44.77 | 43.30 |
| 2019 | Cape Breton, NS | AB/NT QC Ottawa Lions | 44.63 44.79 46.93 | 43.30 |
| 2022 | Sherbrooke, QC | Ottawa Lions QC AB/NWT | 45.26 45.30 45.72 | 43.30 |
| 2023 | Sherbrooke, QC | Flying Angels Academy AB/NWT QC | 44.34 44.45 44.58 | 43.30 |
| 2024 | Calgary, AB | ON QC MN/NWO | 42:92* 43:46 44:39 | 42:92 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|-------------|------------------------------------|-------------------------|-------|
| 2025 | Calgary, AB | Thorold Elit QC Caltaf Athle | 43.64 44.62 45.40 | 42.92 |
|------|-------------|------------------------------------|-------------------------|-------|

4X100 METRE RELAY – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------|--------|--------|
| 1975 | Waterloo, ON | ON | 49.2 | 49.2 |
| 1976 | Edmonton, AB | ON | 47.9* | 47.9 |
| 1977 | Oromocto, NB | ON | 50.0 | 47.9 |
| 1978 | Peace Garden, MB | QC | 50.2 | 47.9 |
| 1979 | St. John's, NL | ON | 48.6 | 47.9 |
| 1980 | Saskatoon, SK | ON | 48.6 | 47.9 |
| 1981 | Hamilton, ON | BC | 49.3 | 47.9 |
| 1982 | Fredericton/Oromocto, NB | BC | 49.4 | 47.9 |
| 1983 | Ottawa, ON | QC | 48.69 | 47.9 |
| 1984 | Halifax, NS | AB-NT | 48.9 | 47.9 |
| 1985 | Saskatoon, SK | BC | 49.1 | 47.9 |
| 1986 | Sudbury, ON | AB-NT | 48.68 | 47.9 |
| 1987 | Calgary, AB | NS | 48.68 | 47.9 |
| 1988 | Quebec City, QC | BC | 49.2 | 47.9 |
| 1989 | Victoria, BC | ON | 48.09 | 47.9 |
| 1990 | Mount Pearl, NL | MB/NWO | 49.50 | 47.9 |
| 1991 | Toronto, ON | BC | 48.74 | 47.9 |
| 1992 | Calgary, AB | ON | 48.64 | 47.9 |
| 1993 | Saskatoon, SK | QC | 48.45 | 47.9 |
| 1994 | Ottawa, ON | ON | 48.07 | 47.9 |
| 1995 | Winnipeg, MB | QC | 48.65 | 47.9 |
| 1996 | Sherbrooke, QC | BC | 49.04 | 47.9 |
| 1997 | Mt. Pearl, NL | ON | 49.18 | 47.9 |
| 1998 | Prince George, BC | BC | 48.69 | 47.9 |
| 1999 | Sudbury, ON | ON | 47.45* | 47.45 |
| 2000 | Calgary, AB | ON | 48.37 | 47.45 |
| 2001 | Sherbrooke, QC | BC | 47.96 | 47.45 |
| 2002 | Sherbrooke, QC | BC/YUKON | 47.12* | 47.12 |
| 2003 | Kitchener/Waterloo, ON | AB/NT | 49.32 | 47.12 |
| 2004 | Sudbury, ON | NS/NU | 48.55 | 47.12 |
| 2005 | Edmonton, AB | BC/YUKON | 48.23 | 47.12 |
| 2006 | Burnaby, BC | ON | 48.51 | 47.12 |
| 2007 | Oromocto, NB | BC/Yukon | 47.97 | 47.12 |
| 2008 | Sherbrooke, QC | NS/NU | 48.67 | 47.12 |
| 2009 | Sherbrooke, QC | BC | 48.19 | 47.12 |
| 2010 | Ottawa, ON | AB | 47.79 | 47.12 |
| 2011 | Ottawa, ON | QC | 46.58* | 46.58 |
| 2012 | Charlottetown, PE | ON | 47.36 | 46.58 |

| | | | | |
|------|------------------|------------------------------|--------|-------|
| 2013 | Langley, BC | ON | 47.45 | 46.58 |
| 2014 | Langley, BC | AB/NT | 48.15 | 46.58 |
| 2015 | Ste. Therese, QC | QC | 47.27 | 46.58 |
| 2016 | Ste. Therese, QC | Flying Angels Academy | 47.23 | 46.58 |
| 2017 | Brandon, MB | Flying Angels Academy | 46.91 | 46.53 |
| 2018 | Brandon, MB | ON | 47.23 | 46.58 |
| | | Flying Angels (ON) | 47.74 | |
| | | Manitoba & Northwest Ontario | 49.26 | |
| 2019 | Cape Breton, NS | Flying Angels Academy | 47.76 | 46.58 |
| | | SK | 48.28 | |
| | | AB-NT | 48.31 | |
| 2022 | Sherbrooke, QC | QC | 47.39 | 46.58 |
| | | Flying Angels | 47.77 | |
| | | SK | 48.12 | |
| 2023 | Sherbrooke, QC | Flying Angels Academy | 47.23 | 46.58 |
| | | QC | 47.37 | |
| | | ON | 48.17 | |
| 2024 | Calgary, AB | ON | 46.43* | 46.43 |
| | | Border City AC | 46.51* | |
| | | AB/NWT | 46.85 | |
| 2025 | Calgary, AB | Speed Academy | 46.79 | 46.43 |
| | | ON | 46.91 | |
| | | AB/NWT | 46.94 | |

4x100 METRE RELAY – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------|--------|--------|
| 1975 | Waterloo, ON | ON | 44.4* | 44.4 |
| 1976 | Edmonton, AB | ON | 44.4 | 44.4 |
| 1977 | Oromocto, NB | ON | 44.1* | 44.1 |
| 1978 | Peace Garden, MB | BC | 46.0 | 44.1 |
| 1979 | St. John's, NL | ON | 44.2 | 44.1 |
| 1980 | Saskatoon, SK | ON | 43.9* | 43.9 |
| 1981 | Hamilton, ON | MB/NWO | 44.0 | 43.9 |
| 1982 | Fredericton/Oromocto, NB | MB/NWO | 43.4* | 43.4 |
| 1983 | Ottawa, ON | QC | 42.59* | 42.59 |
| 1984 | Halifax, NS | ON | 42.9 | 42.59 |
| 1985 | Saskatoon, SK | AB-NT | 41.8* | 41.80 |
| 1986 | Sudbury, ON | QC | 43.18 | 41.80 |
| 1987 | Calgary, AB | QC | 43.91 | 41.80 |
| 1988 | Quebec City, QC | BC | 42.21 | 41.80 |
| 1989 | Victoria, BC | ON | 42.91 | 41.80 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|-----------------------|--------|-------|
| 1990 | Mount Pearl, NL | BC | 43.80 | 41.80 |
| 1991 | Toronto, ON | AB-NT | 42.52 | 41.80 |
| 1992 | Calgary, AB | NS | 44.03 | 41.80 |
| 1993 | Saskatoon, SK | BC | 42.58 | 41.80 |
| 1994 | Ottawa, ON | ON | 43.00 | 41.80 |
| 1995 | Winnipeg, MB | BC | 42.82 | 41.80 |
| 1996 | Sherbrooke, QC | SK | 42.90 | 41.80 |
| 1997 | Mt. Pearl, NL | BC | 42.74 | 41.80 |
| 1998 | Prince George, BC | BC | 42.60 | 41.80 |
| 1999 | Sudbury, ON | BC | 43.41 | 41.80 |
| 2000 | Calgary, AB | BC | 42.48 | 41.80 |
| 2001 | Sherbrooke, QC | ON | 42.11 | 41.80 |
| 2002 | Sherbrooke, QC | QC | 42.40 | 41.80 |
| 2003 | Kitchener/Waterloo, ON | ON | 43.98 | 41.80 |
| 2004 | Sudbury, ON | QC | 42.55 | 41.80 |
| 2005 | Edmonton, AB | QC | 41.94 | 41.80 |
| 2006 | Burnaby, BC | BC | 43.46 | 41.80 |
| 2007 | Oromocto, NB | ON | 42.79 | 41.80 |
| 2008 | Sherbrooke, QC | ON | 42.27 | 41.80 |
| 2009 | Sherbrooke, QC | BC | 43.35 | 41.80 |
| 2010 | Ottawa, ON | ON | 42.45 | 41.80 |
| 2011 | Ottawa, ON | ON | 41.94 | 41.80 |
| 2012 | Charlottetown, PE | QC | 41.93 | 41.80 |
| 2013 | Langley, BC | ON | 42.48 | 41.80 |
| 2014 | Langley, BC | BC | 42.76 | 41.80 |
| 2015 | Ste. Therese, QC | BC | 42.90 | 41.80 |
| 2016 | Ste. Therese, QC | Flying Angels Academy | 42.42 | 41.80 |
| 2017 | Brandon, MB | ON | 41.81 | 41.80 |
| 2018 | Brandon, MB | QC | 42.96 | 41.80 |
| | | SK | 43.13 | |
| | | MB & Northwest ON | 43.32 | |
| 2019 | Cape Breton, NS | AB-NT | 42.34 | 41.80 |
| | | SK | 42.53 | |
| | | QC | 42.91 | |
| 2022 | Sherbrooke, ON | Flying Angels | 41.93 | 41.80 |
| | | AB/NWT | 42.01 | |
| | | BC | 42.62 | |
| 2023 | Sherbrooke, ON | Flying Angels Academy | 42.45 | 41.80 |
| | | MB/NOW | 42.99 | |
| | | AB/NWT | 42.99 | |
| 2024 | Calgary, AB | ON | 41.27* | 41.27 |
| | | QC | 41.96 | |
| | | Ottawa Lions T.F.C. | 42.03 | |
| 2025 | Calgary, AB | Flying Angels Academy | 41.41 | 41.27 |
| | | QC | 41.54 | |
| | | AB/NWT | 41.55 | |

1600 METRE MEDLEY RELAY – Girls Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | ON | 4.18.1* | 4.18.1 |
| 1979 | St. John's, NL | ON | 4.22.2 | 4.18.1 |
| 1980 | Saskatoon, SK | NS | 4.20.8 | 4.18.1 |
| 1981 | Hamilton, ON | ON | 4.14.2* | 4.14.2 |
| 1982 | Fredericton/Oromocto, NB | ON | 4.16.0 | 4.14.2 |
| 1983 | Ottawa, ON | AB-NT | 4.14.09* | 4.14.09 |
| 1984 | Halifax, NS | AB-NT | 4.16.4 | 4.14.09 |
| 1985 | Saskatoon, SK | ON | 4.14.43 | 4.14.09 |
| 1986 | Sudbury, ON | ON | 4.14.44 | 4.14.09 |
| 1987 | Calgary, AB | QC | 4.15.26 | 4.14.09 |
| 1988 | Quebec City, QC | SK | 4.30.80 | 4.14.09 |
| 1989 | Victoria, BC | AB-NT | 4.14.50 | 4.14.09 |
| 1990 | Mount Pearl, NL | ON | 4.14.50 | 4.14.09 |
| 1991 | Toronto, ON | ON | 4.16.95 | 4.14.09 |
| 1992 | Calgary, AB | ON | 4.17.38 | 4.14.20 |
| 1993 | Saskatoon, SK | ON | 4.13.18* | 4.13.18 |
| 1994 | Ottawa, ON | ON | 4.06.43* | 4.06.43 |
| 1995 | Winnipeg, MB | ON | 4.06.77 | 4.06.43 |
| 1996 | Sherbrooke, QC | AB-NT | 4.11.02 | 4.06.43 |
| 1997 | Mt. Pearl, NL | AB-NT | 4.14.1 | 4.06.43 |
| 1998 | Prince George, BC | AB-NT | 4.12.55 | 4.06.43 |
| 1999 | Sudbury, ON | NS | 4.20.09 | 4.06.43 |
| 2000 | Calgary, AB | NS | 4.22.61 | 4.06.43 |
| 2001 | Sherbrooke, QC | ON | 4.09.64 | 4.06.43 |
| 2002 | Sherbrooke, QC | NS/Nunavut | 4.12.68 | 4.06.43 |
| 2003 | Kitchener/Waterloo, ON | ON | 4.10.80 | 4.06.43 |
| 2004 | Sudbury, ON | ON | 4.13.10 | 4.06.43 |
| 2005 | Edmonton, AB | ON | 4.14.16 | 4.06.43 |
| 2006 | Burnaby, BC | ON | 4.07.86 | 4.06.43 |
| 2007 | Oromocto, NB | AB | 4.10.19 | 4.06.43 |
| 2008 | Sherbrooke, QC | MB | 4.08.09 | 4.06.43 |
| 2009 | Sherbrooke, QC | AB | 4.06.26* | 4.06.26 |
| 2010 | Ottawa, ON | ON | 4:06.08* | 4:06.08 |
| 2011 | Ottawa, ON | AB | 4:15.16 | 4:06.08 |
| 2012 | Charlottetown, PE | ON | 4:06.76 | 4:06.08 |
| 2013 | Langley, BC | QE | 4:10.64 | 4:06.08 |
| 2014 | Langley, BC | ON | 4:13.32 | 4:06.08 |

| | | | | |
|------|------------------|---|-------------------------------|---------|
| 2015 | Ste. Therese, QC | QC | 4:06.88 | 4:06.08 |
| 2016 | Ste. Therese, QC | ON | 4:03.49* | 4:03.49 |
| 2017 | Brandon, MB | AB | 4:05.91 | 4:03.49 |
| 2018 | Brandon, MB | ON Alberta-Northwest Territories SK | 4:10.44 4:11.14 4:13.58 | 4:03.09 |
| 2019 | Cape Breton, NS | ON QC AB-NT | 4:07.87 4:10.81 4:11.12 | 4:03.09 |
| 2022 | Sherbrooke, ON | Laurel Creek MB/NWO NB | 4:13.40 4:27.32 4:28.83 | 4:03.09 |
| 2023 | Sherbrooke, ON | Laurel Creek ON SK | 4:10.75 4:11.66 4:14.45 | 4:03.09 |
| 2024 | Calgary, AB | ON AB/NWT MB/NWO | 4:09.87 4:10.54 4:16.43 | 4:03.09 |
| 2025 | Calgary, AB | AB/NWT NS/NU QC | 4:08.86 4:09.28 4:11.89 | 4:03.09 |

1600 METRE MEDLEY RELAY – Boys Under 16

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | ON | 3:49.8* | 3:49.8 |
| 1979 | St. John's, NL | ON | 3:57.3 | 3:49.8 |
| 1980 | Saskatoon, SK | AB-NT | 3:50.0 | 3:49.8 |
| 1981 | Hamilton, ON | ON | 3:52.1 | 3:49.8 |
| 1982 | Fredericton/Oromocto, NB | ON | 3:48.6* | 3:48.6 |
| 1983 | Ottawa, ON | ON | 3:43.6* | 3:43.6 |
| 1984 | Halifax, NS | MB/NWO | 3:43.2* | 3:43.2 |
| 1985 | Saskatoon, SK | AB-NT | 3:42.4 | 3:43.2 |
| 1986 | Sudbury, ON | QC | 3:44.43 | 3:42.4 |
| 1987 | Calgary, AB | ON | 3:40.63* | 3:40.63 |
| 1988 | Quebec City, QC | ON | 3:41.26 | 3:40.63 |
| 1989 | Victoria, BC | ON | 3:40.07* | 3:40.07 |
| 1990 | Mount Pearl, NL | ON | 3:44.84 | 3:40.07 |
| 1991 | Toronto, ON | ON | 3:44.22 | 3:40.07 |
| 1992 | Calgary, AB | AB-NT | 3:48.01 | 3:40.07 |
| 1993 | Saskatoon, SK | ON | 3:42.20 | 3:40.07 |
| 1994 | Ottawa, ON | ON | 3:43.64 | 3:40.07 |

| | | | | |
|------|------------------------|--|-------------------------------|---------|
| 1995 | Winnipeg, MB | QC | 3:43.41 | 3:40.07 |
| 1996 | Sherbrooke, QC | ON | 3:44.39 | 3:40.07 |
| 1997 | Mt. Pearl, NL | ON | 3:40.3 | 3:40.07 |
| 1998 | Prince George, BC | ON | 3:36.69* | 3:36.69 |
| 1999 | Sudbury, ON | SK | 3:49.90 | 3:36.69 |
| 2000 | Calgary, AB | QC | 3:42.85 | 3:36.69 |
| 2001 | Sherbrooke, QC | ON | 3:44.24 | 3:36.69 |
| 2002 | Sherbrooke, QC | MB | 3:50.81 | 3:36.69 |
| 2003 | Kitchener/Waterloo, ON | QC | 3:48.51 | 3:36.69 |
| 2004 | Sudbury, ON | QC | 3:47.70 | 3:36.69 |
| 2005 | Edmonton, AB | ON | 3:44.07 | 3:36.69 |
| 2006 | Burnaby, BC | ON | 3:40.64 | 3:36.69 |
| 2007 | Oromocto, NB | ON | 3:42.44 | 3:36.69 |
| 2008 | Sherbrooke, QC | QC | 3:44.11 | 3:36.69 |
| 2009 | Sherbrooke, QC | BC | 3:43.57 | 3:36.69 |
| 2010 | Ottawa, ON | ON | 3:35.30* | 3:35.30 |
| 2011 | Ottawa, ON | BC | 3:40.75 | 3:35.30 |
| 2012 | Charlottetown, PE | ON | 3:42.07 | 3:35.30 |
| 2013 | Langley, BC | ON | 3:35.64 | 3:35.30 |
| 2014 | Langley, BC | ON | 3:43.10 | 3:35.30 |
| 2015 | Ste. Therese, QC | ON | 3:43.89 | 3:35.30 |
| 2016 | Ste. Therese, QC | QC | 3:42.70 | 3:35.30 |
| 2017 | Brandon, MB | ON | 3:42.49 | 3:35.30 |
| 2018 | Brandon, MB | ON QC SK | 3:40.71 3:50.11 3:51.81 | 3:35.30 |
| 2019 | Cape Breton, NS | ON Ottawa Lions St Thomas Legion Track & Field | 3:36.46 3:45.90 3:48.49 | 3:35.30 |
| 2022 | Sherbrooke, QC | BC MB/NWO QC | 3:42.20 3:43.12 3:45.59 | 3:35.30 |
| 2023 | Sherbrooke, QC | ON QC BC/YT | 3:36.64 3:42.55 3:42.57 | 3:35.30 |
| 2024 | Calgary, AB | ON BC Thorold Elite | 3:37.56 3:44.08 3:46.90 | 3:35.30 |
| 2025 | Calgary, AB | ON QC Thorold Elit | 3:37.32 3:39.32 3:48.44 | 3:35.30 |

1600 METRE MEDLEY RELAY (replaced with 4x400 relay 1999) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------|--------------------|------|--------|
|------|------------------|--------------------|------|--------|



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|--------------------------|----------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | MB/NWO | 4.08.7* | 4.08.7 |
| 1979 | St. John's, NL | ON | 4.10.0 | 4.08.7 |
| 1980 | Saskatoon, SK | ON | 4.03.7* | 4.03.7 |
| 1981 | Hamilton, ON | SK | 4.06.0 | 4.03.7 |
| 1982 | Fredericton/Oromocto, NB | ON | 4.07.5 | 4.03.7 |
| 1983 | Ottawa, ON | QC | 4.11.63 | 4.03.7 |
| 1984 | Halifax, NS | NS | 4.02.4* | 4.02.4 |
| 1985 | Saskatoon, SK | BC | 4.08.53 | 4.02.4 |
| 1986 | Sudbury, ON | ON | 4.04.03 | 4.02.4 |
| 1987 | Calgary, AB | AB-NT | 4.06.26 | 4.02.4 |
| 1988 | Quebec City, QC | ON | 4.03.42 | 4.02.4 |
| 1989 | Victoria, BC | MB/NWO | 4.05.62 | 4.02.4 |
| 1990 | Mount Pearl, NL | ON | 4.08.59 | 4.02.4 |
| 1991 | Toronto, ON | MB/NWO | 4.07.65 | 4.02.4 |
| 1992 | Calgary, AB | BC | 4.08.90 | 4.02.4 |
| 1993 | Saskatoon, SK | QC | 4.08.76 | 4.02.4 |
| 1994 | Ottawa, ON | ON | 4.03.11 | 4.02.4 |
| 1995 | Winnipeg, MB | ON | 4.06.77 | 4.02.4 |
| 1996 | Sherbrooke, QC | BC | 4.01.96* | 4.01.96 |
| 1997 | Mt. Pearl, NL | BC | 4:03.3 | 4.01.96 |
| 1998 | Prince George, BC | BC | 4.04.31 | 4.01.96 |

4x400 RELAY – Girls Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------------|--------------------------|----------|---------|
| 1999 | Sudbury, ON | BC | 3:53.17* | 3:53.17 |
| 2000 | Calgary, AB | BC | 3:58.07 | 3:53.17 |
| 2001 | Sherbrooke, QC | ON | 4:00.03 | 3:53.17 |
| 2002 | Sherbrooke, QC | ON | 3:53.26 | 3:53.17 |
| 2003 | Kitchener/Waterloo, ON | BC/Yukon | 3:54.40 | 3:53.17 |
| 2004 | Sudbury, ON | AB/ NT | 3:50.94* | 3:50.94 |
| 2005 | Edmonton, AB | ON | 3:59.55 | 3:50.94 |
| 2006 | Burnaby, BC | ON | 3:59.30 | 3:50.94 |
| 2007 | Oromocto, NB | AB | 3:53.85 | 3:50.94 |
| 2008 | Sherbrooke, QC | BC | 3:57.22 | 3:50.94 |
| 2009 | Sherbrooke, QC | BC | 3:54.24 | 3:50.94 |
| 2010 | Ottawa, ON | BC | 3:54.25 | 3:50.94 |
| 2011 | Ottawa, ON | AB | 3:45.32* | 3:45.32 |
| 2012 | Charlottetown, PE | ON | 3:51.36 | 3:45.32 |
| 2013 | Langley, BC | ON | 3:51.64 | 3:45.32 |
| 2014 | Langley, BC | AB/ NT | 3:50.87 | 3:45.32 |
| 2015 | Ste. Therese, QC | QC | 3:51.32 | 3:45.32 |
| 2016 | Ste. Therese, QC | ON | 3:50.13 | 3:45.32 |
| 2017 | Brandon, MB | QC | 3:51.04 | 3:45.32 |
| 2018 | Brandon, MB | ON | 3:54.01 | 3:45.32 |
| | | AB-Northwest Territories | 3:56.38 | |
| | | NS/NV | 3:59.19 | |

| | | | | |
|------|-----------------|--|-------------------------------|---------|
| 2019 | Cape Breton, NS | SK ON AB-NT | 3:48.28 3:50.44 3:54.73 | 3:45.32 |
| 2022 | Sherbrooke, QC | AB/NWT BC Etobicoke Huskies-Striders | 3:53.37 3:54.11 4:00.44 | 3:45.32 |
| 2023 | Sherbrooke, QC | Etobicoke T.F.C. QC BC/NWT | 3:55.40 3:58.02 3:58.77 | 3:45.32 |
| 2024 | Calgary, AB | AB/NET BC QC | 3:46.41 3:49.02 3:57.36 | 3:45.32 |
| 2025 | Calgary, AB | ON BC Border City Ac | 3:49.69 3:51.12 3:51.46 | 3:45.32 |

1600 METRE MEDLEY RELAY (replaced with 4x400 relay 1999) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|--------------------------|--------------------|----------|---------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | No Event | | |
| 1977 | Oromocto, NB | No Event | | |
| 1978 | Peace Garden, MB | BC | 3:38.7* | 3:38.7 |
| 1979 | St. John's, NL | QC | 3:39.0 | 3:38.7 |
| 1980 | Saskatoon, SK | ON | 3:41.7 | 3:38.7 |
| 1981 | Hamilton, ON | QC | 3:39.0 | 3:38.7 |
| 1982 | Fredericton/Oromocto, NB | BC | 3:38.4* | 3:38.4 |
| 1983 | Ottawa, ON | BC | 3:34.59* | 3:34.59 |
| 1984 | Halifax, NS | ON | 3:32.20* | 3:32.20 |
| 1985 | Saskatoon, SK | AB-NT | 3:30.51* | 3:30.51 |
| 1986 | Sudbury, ON | BC | 3:33.51 | 3:30.51 |
| 1987 | Calgary, AB | AB-NT | 3:33.90 | 3:30.51 |
| 1988 | Quebec City, QC | ON | 3:31.73 | 3:30.51 |
| 1989 | Victoria, BC | MB/NWO | 3:31.15 | 3:30.51 |
| 1990 | Mount Pearl, NL | AB-NT | 3:37.33 | 3:30.51 |
| 1991 | Toronto, ON | QC | 3:35.52 | 3:30.51 |
| 1992 | Calgary, AB | AB-NT | 3:32.97 | 3:30.51 |
| 1993 | Saskatoon, SK | QC | 3:32.67 | 3:30.51 |
| 1994 | Ottawa, ON | ON | 3:36.49 | 3:30.51 |
| 1995 | Winnipeg, MB | BC | 3:32.09 | 3:30.51 |
| 1996 | Sherbrooke, QC | ON | 3:31.63 | 3:30.51 |
| 1997 | Mt. Pearl, NL | QC | 3:34.10 | 3:30.51 |
| 1998 | Prince George, BC | BC | 3:30.74 | 3:30.51 |

4x400 RELAY – Boys Under 18

| Year | Location of Camp | Athlete & Province | Time | Record |
|------|------------------------|--------------------------------|----------|---------|
| 1999 | Sudbury, ON | BC | 3:18.57* | 3:18.57 |
| 2000 | Calgary, AB | BC | 3:21.76 | 3:18.57 |
| 2001 | Sherbrooke, QC | BC | 3:23.99 | 3:18.57 |
| 2002 | Sherbrooke, QC | BC/Yukon | 3:23.90 | 3:18.57 |
| 2003 | Kitchener/Waterloo, ON | BC/Yukon | 3:25.08 | 3:18.57 |
| 2004 | Sudbury, ON | ON | 3:22.82 | 3:18.57 |
| 2005 | Edmonton, AB | QC | 3:27.51 | 3:18.57 |
| 2006 | Burnaby, BC | BC | 3:22.50 | 3:18.57 |
| 2007 | Oromocto, NB | ON | 3:24.10 | 3:18.57 |
| 2008 | Sherbrooke, QC | ON | 3:20.13 | 3:18.57 |
| 2009 | Sherbrooke, QC | BC | 3:22.13 | 3:18.57 |
| 2010 | Ottawa, ON | BC | 3:22.16 | 3:18.57 |
| 2011 | Ottawa, ON | ON | 3:17.31* | 3:17.31 |
| 2012 | Charlottetown, PE | BC | 3:24.12 | 3:17.31 |
| 2013 | Langley, BC | Open | 3:20.42 | 3:17.31 |
| 2014 | Langley, BC | QC | 3:20.40 | 3:17.31 |
| 2015 | Ste. Therese, QC | AB/NT | 3:23.42 | 3:17.31 |
| 2016 | Ste. Therese, QC | AB/NT | 3:21.80 | 3:17.31 |
| 2017 | Brandon, MB | ON | 3:21.94 | 3:17.31 |
| 2018 | Brandon, MB | BC/YK | 3:26.16 | 3:17.31 |
| | | ON | 3:29.09 | |
| | | AB-Northwest Territories | 3:30.62 | |
| 2019 | Cape Breton, NS | ON | 3:24.29 | 3:17.31 |
| | | Flying Angels Academy | 3:26.21 | |
| | | Manitoba and Northwest Ontario | 3:28.09 | |
| 2022 | Sherbrooke, QC | BC | 3:25.48 | 3:17.31 |
| | | AB/NWT | 3:25.62 | |
| | | Ottawa Lions | 3:26.35 | |
| 2023 | Sherbrooke, QC | QC | 3:21.51 | 3:17.31 |
| | | Ottawa Lions T.F.C. | 3:22.15 | |
| | | AB/NWT | 3:26.27 | |
| 2024 | Calgary, AB | QC | 3:18.62 | 3:17.31 |
| | | Ottawa Lions T.F.C. | 3:19.07 | |
| | | AB/NWT | 3:20.68 | |
| 2025 | Calgary, AB | AB/NWT | 3:16.76* | 3:16.76 |
| | | QC | 3:19.26 | |
| | | ON | 3:22.57 | |

HIGH JUMP – Girls Under 16

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|--------------------------|-----------------------------|--------|--------|
| 1975 | Waterloo, ON | Judy Sackfield (ON) | 1.67* | 1.67 |
| 1976 | Edmonton, AB | Judy Neufeld (ON) | 1.56 | 1.67 |
| 1977 | Oromocto, NB | Linda McCurdy (ON) | 1.64 | 1.67 |
| 1978 | Peace Garden, MB | Carol Ann Leslie (QC) | 1.54 | 1.67 |
| 1979 | St. John's, NL | Diana Prosser (NB) | 1.63 | 1.67 |
| 1980 | Saskatoon, SK | Sharon King (NL) | 1.57 | 1.67 |
| 1981 | Hamilton, ON | Sherri Daniels (ON) | 1.61 | 1.67 |
| 1982 | Fredericton/Oromocto, NB | Lisa Devries (ON) | 1.65 | 1.67 |
| 1983 | Ottawa, ON | Leanne Madill (ON) | 1.70* | 1.70 |
| 1984 | Halifax, NS | Leanne Madill (ON) | 1.71* | 1.71 |
| 1985 | Saskatoon, SK | Coralea Brown (AB-NT) | 1.72* | 1.72 |
| 1986 | Sudbury, ON | Coralea Brown (AB-NT) | 1.74* | 1.74 |
| 1987 | Calgary, AB | Jennifer Doling (ON) | 1.56 | 1.74 |
| 1988 | Quebec City, QC | Marsha Hebert (NB) | 1.51 | 1.74 |
| 1989 | Victoria, BC | Sheila Stienke (AB-NT) | 1.60 | 1.74 |
| 1990 | Mount Pearl, NL | Nathalie Belfort (QC) | 1.66 | 1.74 |
| 1991 | Toronto, ON | Judy Galambos (ON) | 1.56 | 1.74 |
| 1992 | Calgary, AB | Gabrielle Deshong (AB-NT) | 1.63 | 1.74 |
| 1993 | Saskatoon, SK | Aundrea Dube (NS) | 1.62 | 1.74 |
| 1994 | Ottawa, ON | Sophie Cardinal (ON) | 1.61 | 1.74 |
| 1995 | Winnipeg, MB | Whitney Evans (AB-NT) | 1.64 | 1.74 |
| 1996 | Sherbrooke, QC | Angie Collinge (SK) | 1.63 | 1.74 |
| 1997 | Mt. Pearl, NL | Katie Rawson (ON) | 1.74 | 1.74 |
| 1998 | Prince George, BC | Shannon O'Hagan (ON) | 1.68 | 1.74 |
| 1999 | Sudbury, ON | Stefanie Burch (ON) | 1.55 | 1.74 |
| 2000 | Calgary, AB | Imola Major (ON) | 1.63 | 1.74 |
| 2001 | Sherbrooke, QC | Leanne Pare (ON) | 1.61 | 1.74 |
| 2002 | Sherbrooke, QC | Sara Boyle (ON) | 1.68 | 1.74 |
| 2003 | Kitchener/Waterloo, ON | Maddie Buttinger (ON) | 1.70 | 1.74 |
| 2004 | Sudbury, ON | Maddie Buttinger(ON) | 1.73 | 1.74 |
| 2005 | Edmonton, AB | Brittney Hopley (ON) | 1.65 | 1.74 |
| 2006 | Burnaby, BC | Brittney Hopley (ON) | 1.65 | 1.74 |
| 2007 | Oromocto, NB | Alyxandria Treasure (BC) | 1.76* | 1.76 |
| 2008 | Sherbrooke, QC | Nicola Charlesworth (AB) | 1.61 | 1.76 |
| 2009 | Sherbrooke, QC | Carla Vivic (BC) | 1.64 | 1.76 |
| 2010 | Ottawa, ON | Georgia Ellenwood (BC) | 1.66 | 1.76 |
| 2011 | Ottawa, ON | Shyla Cardy(Open) | 1.67 | 1.76 |
| 2012 | Charlottetown, PE | Mikella Lefebvre-Oatis (QC) | 1.75 | 1.76 |
| 2013 | Langley, BC | Hannah Rolfe (Open) | 1.67 | 1.76 |
| 2014 | Langley, BC | Eve St.Denis (QC) | 1.67 | 1.76 |
| 2015 | Ste. Therese, QC | Alexa Porpaczy (BC) | 1.73 | 1.76 |

| | | | | |
|------|------------------|---|------------------------------|------|
| 2016 | Ste. Therese, QC | Autumn Bigger (Niagara) | 1.67 | 1.76 |
| 2017 | Brandon, MB | Bryanna Reid (QC) | 1.64 | 1.76 |
| 2018 | Brandon, MB | Lara Denbow (MB) Emma Deboer (BC) Katelyn Stewart-Barnett (BC) | 1.70 1.70 1.67 | 1.76 |
| 2019 | Cape Breton, NS | Mya Archibald (NS) Samira Yao (QC) Trinity Shadd-Ceres (ON) (Tied at 3 rd) Samantha Hamilton (AB-NT)(Tied at 3 rd) Kiersten Hicks (NB) (Tied at 3 rd) | 1.61 1.58 1.55 | 1.76 |
| 2022 | Sherbrooke, QC | Paige Zinger (AB/NWT) Emily Clarke Rachel Maas | 1.64 1.61 1.58 | 1.76 |
| 2023 | Sherbrooke, QC | Victoria Vaughan (ON) Payton Heer (BC/YT) (Tied 2 nd) Ghina Moumou (QC) (Tied 2 nd) Svetl Khrisanova | 1.62 1.58 1.58 1.50 | 1.76 |
| 2024 | Calgary, AB | Vienne Bredick (BC) Amairah Gayle (ON) Shayla Kaganovsky (Nova Athletics) | 1.68 1.64 1.60 | 1.76 |
| 2025 | Calgary, AB | Jaylah Dennis (BC) Valerie Bodurov (QC) Kseniya Smith (Unattached O) | 1.87* 1.63 1.59 | 1.87 |

HIGH JUMP – Boys Under 16

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|--------------------------|---------------------------|--------|--------|
| 1975 | Waterloo, ON | Jonathan Benton (QC) | 1.71 | 1.71 |
| 1976 | Edmonton, AB | Rick Vogel (AB-NT) | 1.75* | 1.75 |
| 1977 | Oromocto, NB | David Novak (ON) | 1.80 | 1.80 |
| 1978 | Peace Garden, MB | Rudolphe Sinvictore (QC) | 1.78 | 1.80 |
| 1979 | St. John's, NL | Brian Marshall (ON) | 1.80* | 1.80 |
| 1980 | Saskatoon, SK | Francois Desaulniers (QC) | 1.73 | 1.80 |
| 1981 | Hamilton, ON | Michael Smith (MB/NWO) | 1.70 | 1.80 |
| 1982 | Fredericton/Oromocto, NB | Alex Crowell (NS) | 1.84* | 1.84 |
| 1983 | Ottawa, ON | Robert Ruppert (ON) | 1.86* | 1.86 |
| 1984 | Halifax, NS | Gabriel Quayson (ON) | 1.95* | 1.95 |
| 1985 | Saskatoon, SK | Steve Welch (MB/NWO) | 1.92 | 1.95 |
| 1986 | Sudbury, ON | Alex Zaliauskas (ON) | 1.96* | 1.96 |
| 1987 | Calgary, AB | Matt Vincent (ON) | 1.88 | 1.96 |
| 1988 | Quebec City, QC | James Hannah (NB) | 1.76 | 1.96 |
| 1989 | Victoria, BC | Jason Ferris (ON) | 1.80 | 1.96 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|------------------------------|------|
| 1990 | Mount Pearl, NL | Salvatore Tarantino (ON) | 1.88 | 1.96 |
| 1991 | Toronto, ON | Peter Fraser (NB) | 1.82 | 1.96 |
| 1992 | Calgary, AB | Patrick Gohier-Girard (QC) | 1.84 | 1.96 |
| 1993 | Saskatoon, SK | Jason Rhule (ON) | 1.90 | 1.96 |
| 1994 | Ottawa, ON | Chris Rowe (ON) | 1.85 | 1.96 |
| 1995 | Winnipeg, MB | Jesse Lipscombe (AB-NT) | 1.91 | 1.96 |
| 1996 | Sherbrooke, QC | Taylor Buckley (ON) | 1.83 | 1.96 |
| 1997 | Mt. Pearl, NL | Stephane Richard (QC) | 1.80 | 1.96 |
| 1998 | Prince George, BC | Keith Velduis (ON) | 1.83 | 1.96 |
| 1999 | Sudbury, ON | Paul Martin (ON) | 1.78 | 1.96 |
| 2000 | Calgary, AB | David Cornell (NS) | 1.81 | 1.96 |
| 2001 | Sherbrooke, QC | Noah John (ON) | 1.93 | 1.96 |
| 2002 | Sherbrooke, QC | Les Anderson (SK) | 1.81 | 1.96 |
| 2003 | Kitchener/Waterloo, ON | Tom Hughes | 1.80 | 1.96 |
| 2004 | Sudbury, ON | Shawn Swartz (BC/Yukon) | 1.93 | 1.96 |
| 2005 | Edmonton, AB | Simon Leveille (QC) | 1.85 | 1.96 |
| 2006 | Burnaby, BC | Ian Miller (BC) | 1.88 | 1.96 |
| 2007 | Oromocto, NB | Branden Whilhem (ON) | 2.01* | 2.01 |
| 2008 | Sherbrooke, QC | Matt West (ON) | 1.90 | 2.01 |
| 2009 | Sherbrooke, QC | Jason Hebert-Marcil (QC) | 1.73 | 2.01 |
| 2010 | Ottawa, ON | JT Hunt (Open) | 1.83 | 2.01 |
| 2011 | Ottawa, ON | Braden Derker (BC) | 1.85 | 2.01 |
| 2012 | Charlottetown, PE | Ty Pederson (SK) | 1.83 | 2.01 |
| 2013 | Langley, BC | Kaelan Schmidt (NS) | 1.86 | 2.01 |
| 2014 | Langley, BC | Quinn Hiemstra (ON) | 1.89 | 2.01 |
| 2015 | Ste. Therese, QC | Morgan Thompson (QC) | 1.90 | 2.01 |
| 2016 | Ste. Therese, QC | Ryan Denman (BC) | 1.80 | 2.01 |
| 2017 | Brandon, MB | Aiden Grout (Langley Mustangs) | 1.84 | 2.01 |
| 2018 | Brandon, MB | Nolan McEachern (BC) Ben Rossouw (BC) Logan Spicer (ON) & Diego Marshall (NS/NV) | 1.87 1.81 1.78 | 2.01 |
| 2019 | Cape Breton, NS | Nate Paris (BC) George Kordas (BC) (2 nd) Arjun Stenger (Etobicoke Tr) (2 nd) | 1.80 1.77 1.77 | 2.01 |
| 2022 | Sherbrooke, QC | Sayanthan Arulrajan (United Tamil) Kai Gibson (Ottawa Lions) Gabriel Genest (QC) | 1.82 1.79 1.76 | 2.01 |
| 2023 | Sherbrooke, QC | Nicola Dinev (QC) Biren Balaramana (ON) (tied at 2 nd) Fylan Fugel (SK) (tied at 2 nd) Walker Brown BC/YT) | 1.89 1.87 1.87 1.85 | 2.01 |

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|------|-------------|---|------------------------------|------|
| 2024 | Calgary, AB | Nicola Dinev (Dynamique De) Simon Smallacombe (BC) Ethan Atkinson (London Western) | 1.91 1.88 1.79 | 2.01 |
| 2025 | Calgary, AB | Maxime Cazabon (Ottawa Lions) Anthony Jr. James (Flying Angels) Kaeden Jank (AB/NWT) Justin Halde (QC) | 1.96 1.83 1.83 1.78 | 2.01 |

HIGH JUMP – Girls Under 18

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|--------------------------|----------------------------|--------|--------|
| 1975 | Waterloo, ON | Janet Wood (ON) | 1.60* | 1.60 |
| 1976 | Edmonton, AB | Maggie Woods (ON) | 1.80* | 1.80 |
| 1977 | Oromocto, NB | Judy Sackfield (ON) | 1.70 | 1.80 |
| 1978 | Peace Garden, MB | Leslie Grundison (BC) | 1.60 | 1.80 |
| 1979 | St. John's, NL | Lisa McCarron (ON) | 1.70 | 1.80 |
| 1980 | Saskatoon, SK | Carol Ann Leslie (QC) | 1.78 | 1.80 |
| 1981 | Hamilton, ON | Carol Ann Leslie (QC) | 1.77 | 1.80 |
| 1982 | Fredericton/Oromocto, NB | Carol Ann Leslie (QC) | 1.78 | 1.80 |
| 1983 | Ottawa, ON | Paula Gilmore (ON) | 1.73 | 1.80 |
| 1984 | Halifax, NS | Lisa Devries (ON) | 1.71 | 1.80 |
| 1985 | Saskatoon, SK | Jackie Vandoleweend (ON) | 1.66 | 1.80 |
| 1986 | Sudbury, ON | Natalie Munro (NS) | 1.70 | 1.80 |
| 1987 | Calgary, AB | Natalie Munro (NS) | 1.70 | 1.80 |
| 1988 | Quebec City, QC | Patricia Duthilleul (QC) | 1.75 | 1.80 |
| 1989 | Victoria, BC | Corrina Wolf (BC) | 1.70 | 1.80 |
| 1990 | Mount Pearl, NL | Corrina Wolf (BC) | 1.73 | 1.80 |
| 1991 | Toronto, ON | Wanita Dykstra (ON) | 1.80* | 1.80 |
| 1992 | Calgary, AB | Gabrielle Deshong (QC) | 1.63 | 1.80 |
| 1993 | Saskatoon, SK | Sabrina Burke (BC) | 1.69 | 1.80 |
| 1994 | Ottawa, ON | Sarah McDiarmid (BC) | 1.68 | 1.80 |
| 1995 | Winnipeg, MB | Paula Folkes (ON) | 1.68 | 1.80 |
| 1996 | Sherbrooke, QC | Whitney Evans (AB-NT) | 1.73 | 1.80 |
| 1997 | Mt. Pearl, NL | Tammy Mahon (MB/NWO) | 1.71 | 1.80 |
| 1998 | Prince George, BC | Olivia Smoody (BC) | 1.71 | 1.80 |
| 1999 | Sudbury, ON | Angela Anoliefoh (BC) | 1.69 | 1.80 |
| 2000 | Calgary, AB | Rachael Haegert (BC) | 1.73 | 1.80 |
| 2001 | Sherbrooke, QC | Stefanie Burch | 1.70 | 1.80 |
| 2002 | Sherbrooke, QC | Imola Major (ON) | 1.63 | 1.80 |
| 2003 | Kitchener/Waterloo, ON | Sheri Campbell (AB/NT) | 1.66 | 1.80 |
| 2004 | Sudbury, ON | Emily Sheppard (BC/Yukon) | 1.70 | 1.80 |
| 2005 | Edmonton, AB | Gabrielle Payne (BC/Yukon) | 1.70 | 1.80 |
| 2006 | Burnaby, BC | Gabrielle Payne (BC) | 1.73 | 1.80 |

| | | | | |
|------|-------------------|--------------------------------------|-------|------|
| 2007 | Oromocto, NB | Emma Kimoto (BC) | 1.65 | 1.80 |
| 2008 | Sherbrooke, QC | Alyxandria Treasure (BC) | 1.81* | 1.81 |
| 2009 | Sherbrooke, QC | Portia Ball (ON) | 1.68 | 1.81 |
| 2010 | Ottawa, ON | Emma Kikulis (Open) | 1.66 | 1.81 |
| 2011 | Ottawa, ON | Emma Kikulis (Open) | 1.70 | 1.81 |
| 2012 | Charlottetown, PE | Erin Katerberg | 1.65 | 1.81 |
| 2013 | Langley, BC | Erin Katerberg (Open) | 1.66 | 1.81 |
| 2014 | Langley, BC | Mikella Lefebvre (QC) | 1.71 | 1.81 |
| 2015 | Ste. Therese, QC | Mikella Lefebvre-Oatis (QC) | 1.75 | 1.81 |
| 2016 | Ste. Therese, QC | Alexa Porpaczy (BC) | 1.69 | 1.81 |
| 2017 | Brandon, MB | Alexa Porpaczy (BC) | 1.75 | 1.81 |
| 2018 | Brandon, MB | Madison Mayr (AB) | 1.74 | 1.81 |
| | | Autum Bigger (ON) | 1.72 | |
| | | Lexi Kundlacz (ON) | 1.66 | |
| 2019 | Cape Breton, NS | Lara Denbow (Prairie Star) | 1.72 | 1.81 |
| | | Jane Annika Jozin (ON) | 1.68 | |
| | | Emma De Boer (BC) | 1.66 | |
| 2022 | Sherbrooke, QC | Jennessa Wolfe (NS/NU) | 1.75 | 1.81 |
| | | Arienne Birch (Unattached ON) | 1.69 | |
| | | Ava Neumann (Thorold Elite) | 1.55 | |
| 2023 | Sherbrooke, QC | Natal Bannenberg (Univ of Toronto) | 1.64 | 1.81 |
| | | Ola Akinfiresoye (SK) | 1.62 | |
| | | Rachel Maas (York University) | 1.60 | |
| 2024 | Calgary, AB | Payton Heer (Kamloops Track & Field) | 1.64 | 1.81 |
| | | Monifa Dwyer (York University) | 1.62 | |
| | | Alyssa Mathieson (AB/NWT) | 1.62 | |
| | | Victoria Vaughan (Laurel Creek) | 1.60 | |
| 2025 | Calgary, AB | Amairah Gayle (ON) | 1.71 | 1.81 |
| | | Nyathiang Nyang (Edmonton Roy) | 1.69 | |
| | | Vienne Bredick (BC) | 1.69 | |
| | | Addison Hill (Langley Must) | 1.67 | |
| | | Roisin Burke (U of C Athle) | 1.67 | |

HIGH JUMP – Boys Under 18

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|------------------|---------------------|--------|--------|
| 1975 | Waterloo, ON | Zoltan Deak (QC) | 2.10* | 2.10 |
| 1976 | Edmonton, AB | Laird McLean (ON) | 1.93 | 2.10 |
| 1977 | Oromocto, NB | Roger Albu (ON) | 1.91 | 2.10 |
| 1978 | Peace Garden, MB | Rick Vogel (AB-NT) | 1.85 | 2.10 |
| 1979 | St. John's, NL | Kirk Williams (NS) | 1.90 | 2.10 |
| 1980 | Saskatoon, SK | Alain Metullis (QC) | 2.05 | 2.10 |
| 1981 | Hamilton, ON | Alain Metullis (QC) | 2.05 | 2.10 |

| | | | | |
|------|--------------------------|---|----------------------|------|
| 1982 | Fredericton/Oromocto, NB | Alain Metullis (QC) | 2.15* | 2.15 |
| 1983 | Ottawa, ON | Edrick Ling (ON) | 2.05 | 2.15 |
| 1984 | Halifax, NS | Mike Piecy (BC) | 1.99 | 2.15 |
| 1985 | Saskatoon, SK | Gabriel Quayson (ON) | 2.05 | 2.15 |
| 1986 | Sudbury, ON | Raymond Seguin (ON) | 2.04 | 2.15 |
| 1987 | Calgary, AB | Alex Zaliaoskas (ON) | 1.93 | 2.15 |
| 1988 | Quebec City, QC | Alex Zaliaoskas (ON) | 2.05 | 2.15 |
| 1989 | Victoria, BC | Charles LeFrancois (QC) | 2.05 | 2.15 |
| 1990 | Mount Pearl, NL | Tyler Weir (AB-NT) | 2.07 | 2.15 |
| 1991 | Toronto, ON | Jeffrey Begg (AB-NT) | 1.99 | 2.15 |
| 1992 | Calgary, AB | John Kannisgiesser (BC) | 1.92 | 2.15 |
| 1993 | Saskatoon, SK | John Kannisgiesser (BC) | 2.02 | 2.15 |
| 1994 | Ottawa, ON | Mark Boswell (ON) | 2.10 | 2.15 |
| 1995 | Winnipeg, MB | Peter Alexandre (QC) | 2.02 | 2.15 |
| 1996 | Sherbrooke, QC | Rohan French (ON) | 1.86 | 2.15 |
| 1997 | Mt. Pearl, NL | Trevor Phillips (ON) | 2.06 | 2.15 |
| 1998 | Prince George, BC | Greg Dingle (BC) | 2.00 | 2.15 |
| 1999 | Sudbury, ON | Cory Zaparyniuk (AB-NT) | 1.96 | 2.15 |
| 2000 | Calgary, AB | Drew White (ON) | 1.99 | 2.15 |
| 2001 | Sherbrooke, QC | Mark Pillon (ON) | 2.10 | 2.15 |
| 2002 | Sherbrooke, QC | Michael Mason (BC/Yukon) | 2.00 | 2.15 |
| 2003 | Kitchener/Waterloo, ON | Michael Mason (BC/Yukon) | 2.05 | 2.15 |
| 2004 | Sudbury, ON | Leo Murray (BC/Yukon) | 1.95 | 2.15 |
| 2005 | Edmonton, AB | Brad Huey (ON) | 1.92 | 2.15 |
| 2006 | Burnaby, BC | Shawn Swartz (BC) | 2.0 | 2.15 |
| 2007 | Oromocto, NB | Jason Diston (ON) | 2.05 | 2.15 |
| 2008 | Sherbrooke, QC | Brandon Whilhem (ON) | 2.06 | 2.15 |
| 2009 | Sherbrooke, QC | Djanjo Lovett (BC) | 2.07 | 2.15 |
| 2010 | Ottawa, ON | Steven Olson (MB) | 1.95 | 2.15 |
| 2011 | Ottawa, ON | Tacum Anderson-Richards (ON) | 2.01 | 2.15 |
| 2012 | Charlottetown, PE | Philippe St-Hilaire (QC) | 2.01 | 2.15 |
| 2013 | Langley, BC | Paul Galas (Open) | 2.10 | 2.15 |
| 2014 | Langley, BC | Micah Peters (ON) | 1.94 | 2.15 |
| 2015 | Ste. Therese, QC | Jordan Fisher (QC) | 1.99 | 2.15 |
| 2016 | Ste. Therese, QC | Charlie Kambata (Calgary Spar) | 2.02 | 2.15 |
| 2017 | Brandon, MB | John Olukoju (Winnipeg Opt) | 2.00 | 2.15 |
| 2018 | Brandon, MB | Bazil Spencer (BC) Aiden Grout (BC) Andreas Thome (AB) | 2.01 1.95 1.92 | 2.15 |
| 2019 | Cape Breton, NS | Aiden Grout (BC) Liam Espedido (BC) Michael Ivanov (Niagara Olum) | 2.01 1.91 1.88 | 2.15 |
| 2022 | Sherbrooke, QC | Levi Tuura (BC) Éliot Tremblay (QC) Alec Brent (Burnaby) | 2.01 1.95 1.90 | 2.15 |

| | | | | |
|------|----------------|---|--------------------------------------|------|
| 2023 | Sherbrooke, QC | Ashvi Balamana (ON) (1st) Alec Brent (Vancouver Thunder) (1st) Caidyn Maver (Kajaks T.F.C.) (2 nd) Leupold Wang (BC/YT) (2 nd) Joel Rumph | 2.01 2.01 1.95 1.95 1.93 | 2.15 |
| 2024 | Calgary, AB | Corbin Unruh (Saskatoon Tf) Keegan Farrell (Unattached B) Joshua Thomas (Quinte Legion) | 2.05 1.90 1.87 | 2.15 |
| 2025 | Calgary, AB | Walker Brown (BC) Joshua Thomas (Quinte Legion) Birenavan Balamana (ON) Alex Redekop (AB/NWT) Nolan Guerra (U of C Athletics) | 2.01 1.97 1.97 1.90 1.90 | 2.15 |

LONG JUMP – Girls Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|--------------------------|----------|--------|
| 1975 | Waterloo, ON | Grace Rock (ON) | 5.20* | 5.20 |
| 1976 | Edmonton, AB | Lori Chaki (AB-NT) | 5.54* | 5.54 |
| 1977 | Oromocto, NB | Karen Lightbody (BC) | 5.13 | 5.54 |
| 1978 | Peace Garden, MB | Ali Nicole (ON) | 5.36 | 5.54 |
| 1979 | St. John's, NL | Sheila Ivan (ON) | 5.02 | 5.54 |
| 1980 | Saskatoon, SK | Charmaine Curvan (ON) | 5.44 | 5.54 |
| 1981 | Hamilton, ON | Debbie Berger | 5.14 | 5.54 |
| 1982 | Fredericton/Oromocto, NB | France Gareau (ON) | 5.05 | 5.54 |
| 1983 | Ottawa, ON | Ruth Jones (QC) | 5.49 | 5.54 |
| 1984 | Halifax, NS | Stephanie Oland (MB/NWO) | 5.03 | 5.54 |
| 1985 | Saskatoon, SK | Kristen Fry (ON) | 5.06 | 5.54 |
| 1986 | Sudbury, ON | Marie-Josée Pepin (QC) | 5.32 | 5.54 |
| 1987 | Calgary, AB | Stephanie Adey (NL) | 5.16 | 5.54 |
| 1988 | Quebec City, QC | Sylvia Gaetan (QC) | 5.27 | 5.54 |
| 1989 | Victoria, BC | Kubet Weston (ON) | 5.59* | 5.59 |
| 1990 | Mount Pearl, NL | Nathalie Belfort (QC) | 5.22 | 5.59 |
| 1991 | Toronto, ON | Gabrielle Deshong (QC) | 5.15 | 5.59 |
| 1992 | Calgary, AB | Veronica Dyer | 5.69* | 5.69 |
| 1993 | Saskatoon, SK | Joni Matthews (AB-NT) | 5.07 | 5.69 |
| 1994 | Ottawa, ON | Stephany Reid (NB) | 5.46 | 5.69 |
| 1995 | Winnipeg, MB | Stephany Reid (NB) | 5.84* | 5.84 |
| 1996 | Sherbrooke, QC | Jessica Zelinka (ON) | 5.75 | 5.84 |
| 1997 | Mt. Pearl, NL | Samantha Anderson AB-NT | 5.45 | 5.84 |
| 1998 | Prince George, BC | Darcelle McCutcheon (ON) | 5.32 | 5.84 |
| 1999 | Sudbury, ON | Janine Polischuk (SK) | 5.59 | 5.84 |
| 2000 | Calgary, AB | Sarah Nelson (ON) | 5.61 | 5.84 |

| | | | | |
|------|------------------------|---|------------------------------|------|
| 2001 | Sherbrooke, QC | Brittany Buchanan | 5.39 | 5.84 |
| 2002 | Sherbrooke, QC | Sherri Bourgon (SK) | 5.33 | 5.84 |
| 2003 | Kitchener/Waterloo, ON | Brianne Theisen (SK) | 5.3 | 5.84 |
| 2004 | Sudbury, ON | Adrienne Bethune (ON) | 5.17 | 5.84 |
| 2005 | Edmonton, AB | Alana Pattison (BC) | 5.37 | 5.84 |
| 2006 | Burnaby, BC | Christabel Nettey (BC) | 6.02* | 6.02 |
| 2007 | Oromocto, NB | Katie Flemington (ON) | 5.69 | 6.02 |
| 2008 | Sherbrooke, QC | Alex Porlier-Langlois (QC) | 5.19 | 6.02 |
| 2009 | Sherbrooke, QC | Njideka Obioha (BC) | 5.7 | 6.02 |
| 2010 | Ottawa, ON | Christian Brennan (ON) | 5.73 | 6.02 |
| 2011 | Ottawa, ON | Magali Roche (QC) | 5.61 | 6.02 |
| 2012 | Charlottetown, PE | Magali Roche (QC) | 5.85 | 6.02 |
| 2013 | Langley, BC | Emma Rastad (Open) | 5.61 | 6.02 |
| 2014 | Langley, BC | Emma Rastad (BC) | 5.50 | 6.02 |
| 2015 | Ste. Therese, QC | Tatiana Aholou (QC) | 5.88 | 6.02 |
| 2016 | Ste. Therese, QC | Natalia Monro (BC) | 5.42 | 6.02 |
| 2017 | Brandon, MB | Makesha Walker (QC) | 5.64 | 6.02 |
| 2018 | Brandon, MB | Laysha Tunti (BC) Jillian Catton (ON) Debra Adekayode (MB) | 5.53 5.50 5.37 | 6.02 |
| 2019 | Cape Breton, NS | Trinity Shadd Ceres (ON) Peace Omonzane (Flying Angel) Madeline Ruth Starr (QC) | 5.62 5.59 5.49 | 6.02 |
| 2022 | Sherbrooke, QC | Genevieve Mayville (York Univ.) Shiloh Cross (Flying Angel) Livia Bourgeois (Sherbrooke) | 5.27 5.18 5.09 | 6.02 |
| 2023 | Sherbrooke, QC | Livia Bourgeois (QC) Brenda Charles (St-Jn Olympique) Eliza Okemakinde (AB/NWT) Bauer Gavel (SK) | 5.34 5.26 5.26 5.16 | 6.02 |
| 2024 | Calgary, AB | Elizabeth Okemakinde (AB/NWT) Amairah Gayle (ON) Isabella Mills (ON) | 5.72 5.64 5.39 | 6.02 |
| 2025 | Calgary, AB | Tori D'Angela (ON) Lebisa Paranitharan (ON) Kiera Smedley (SK) | 5.80 5.58 5.54 | 6.02 |

LONG JUMP – Boys Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|------------------|----------------------|----------|--------|
| 1975 | Waterloo, ON | Brian MacDonald (ON) | 6.06* | 6.06 |
| 1976 | Edmonton, AB | Kelvin Tucker (BC) | 5.66 | 6.06 |
| 1977 | Oromocto, NB | Chris Brandy (ON) | 6.02 | 6.06 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|--------------------------|---|----------------------|------|
| 1978 | Peace Garden, MB | Chris Brandy (ON) | 6.62* | 6.62 |
| 1979 | St. John's, NL | Enver Carolissen (ON) | 5.74 | 6.62 |
| 1980 | Saskatoon, SK | George Spakowsky (AB-NT) | 6.26 | 6.62 |
| 1981 | Hamilton, ON | Wayne Morris (ON) | 6.03 | 6.62 |
| 1982 | Fredericton/Oromocto, NB | Wayne Morris (ON) | 6.33 | 6.62 |
| 1983 | Ottawa, ON | Darin Wildman (SK) | 6.08 | 6.62 |
| 1984 | Halifax, NS | Scott Hennigar (NB) | 5.83 | 6.62 |
| 1985 | Saskatoon, SK | Jason Robinson (ON) | 6.37 | 6.62 |
| 1986 | Sudbury, ON | Alex Zaliauskas (ON) | 6.44 | 6.62 |
| 1987 | Calgary, AB | Brian Oliver (NB) | 6.15 | 6.62 |
| 1988 | Quebec City, QC | Ian Lowe (QC) | 6.18 | 6.62 |
| 1989 | Victoria, BC | Sourivanh Oudomseng (QC) | 6.44 | 6.62 |
| 1990 | Mount Pearl, NL | Rob Fox (ON) | 6.12 | 6.62 |
| 1991 | Toronto, ON | Peter Bienkowski (NS) | 6.42 | 6.62 |
| 1992 | Calgary, AB | Alexandre Dore (QC) | 6.12 | 6.62 |
| 1993 | Saskatoon, SK | B. Labelle (QC) | 6.38 | 6.62 |
| 1994 | Ottawa, ON | Philippe Gibbs (QC) | 6.42 | 6.62 |
| 1995 | Winnipeg, MB | Trevor Phillips (ON) | 6.28 | 6.62 |
| 1996 | Sherbrooke, QC | Elvin Frempong (ON) | 6.56 | 6.62 |
| 1997 | Mt. Pearl, NL | Sheldon Scott (ON) | 6.14 | 6.62 |
| 1998 | Prince George, BC | Mark Swanland (AB-NT) | 6.31 | 6.62 |
| 1999 | Sudbury, ON | Frederick Bouchard (QC) | 6.47 | 6.62 |
| 2000 | Calgary, AB | Mark Genert (SK) | 6.10 | 6.62 |
| 2001 | Sherbrooke, QC | Johnny Pierre | 6.39 | 6.62 |
| 2002 | Sherbrooke, QC | Stephen Lopez (ON) | 6.16 | 6.62 |
| 2003 | Kitchener/Waterloo, ON | Anthony Bernard (PEI) | 6.22 | 6.62 |
| 2004 | Sudbury, ON | Jeremy Yang (ON) | 6.63* | 6.63 |
| 2005 | Edmonton, AB | Aloaye Momoh (QC) | 6.14 | 6.63 |
| 2006 | Burnaby, BC | Ehia Adada (ON) | 6.22 | 6.63 |
| 2007 | Oromocto, NB | Jared Heldman (BC) | 6.82* | 6.82 |
| 2008 | Sherbrooke, QC | Thomas Bednarik (ON) | 6.59 | 6.82 |
| 2009 | Sherbrooke, QC | Nicholas Fyffe (BC) | 6.36 | 6.82 |
| 2010 | Ottawa, ON | Sebastian Adugalski (BC) | 6.43 | 6.82 |
| 2011 | Ottawa, ON | Ahmad Nizamani (BC) | 6.60 | 6.82 |
| 2012 | Charlottetown, PE | Chad Elliott (Open) | 6.49 | 6.82 |
| 2013 | Langley, BC | Alexander Savage (Open) | 6.66 | 6.82 |
| 2014 | Langley, BC | Logan Panek (ON) | 6.71 | 6.82 |
| 2015 | Ste. Therese, QC | Joshua-Ada Vancol (QC) | 6.41 | 6.82 |
| 2016 | Ste. Therese, QC | Shaïdan Gabaud (QC) | 6.78 | 6.82 |
| 2017 | Brandon, MB | Marcus Renford (ON) | 6.76 | 6.82 |
| 2018 | Brandon, MB | Émerick Bayard-Fournier (QC) Jamar Nolan (ON) Nicholas Monro (BC) | 6.81 6.69 6.67 | 6.82 |
| 2019 | Cape Breton, NS | Émerick Bayard-Fournier (QC) Emanuel Goi (AB-NT) Stephen Davis (ON) | 6.74 6.61 6.46 | 6.82 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|----------------|--|----------------------|------|
| 2022 | Sherbrooke, QC | Sayanthan Arulrajan (United Tamil) Carter Myatt (NS/NU) Eshoi Ewers (MB/NWO) | 6.52 6.48 6.46 | 6.82 |
| 2023 | Sherbrooke, QC | Rylan Fugel (SK) Nicola Dinev (QC) Junior Nwosu (Eclipse T.F.) | 6.62 6.61 6.51 | 6.82 |
| 2024 | Calgary, AB | Samacki Thomas (ON) Leshawn Telfer (ON) Kyler Duclos (SK) | 6.80 6.79 6.69 | 6.82 |
| 2025 | Calgary, AB | Anthony Jr. James (Flying Angel) Tyrique Woodside (Thorold Elit) Lucas Yu (Unattached B) | 6.82 6.80 6.71 | 6.82 |

LONG JUMP– Girls Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|--------------------------|----------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | Cathy Krusch (AB-NT) | 5.44* | 5.44 |
| 1977 | Oromocto, NB | Colleen Gibson (BC) | 5.54* | 5.54 |
| 1978 | Peace Garden, MB | Karen Lightbody (BC) | 5.58* | 5.58 |
| 1979 | St. John's, NL | Nicole Ali (ON) | 5.62* | 5.62 |
| 1980 | Saskatoon, SK | Denise Fillion (ON) | 5.43 | 5.62 |
| 1981 | Hamilton, ON | Theresa DeJong (BC) | 5.30 | 5.62 |
| 1982 | Fredericton/Oromocto, NB | Chris Ignacz (ON) | 5.51 | 5.62 |
| 1983 | Ottawa, ON | Chris Ignacz (ON) | 5.77* | 5.77 |
| 1984 | Halifax, NS | Ruth Jones (QC) | 5.56 | 5.77 |
| 1985 | Saskatoon, SK | Leslie Wilson (NS) | 5.62 | 5.77 |
| 1986 | Sudbury, ON | Christine Roberge (QC) | 5.58 | 5.77 |
| 1987 | Calgary, AB | Marie-Josée Pepin (QC) | 5.72 | 5.77 |
| 1988 | Quebec City, QC | Tracy Dulmage (SK) | 5.77* | 5.77 |
| 1989 | Victoria, BC | Marjorie Exantus (QC) | 5.66 | 5.77 |
| 1990 | Mount Pearl, NL | Anne Marie Lambert (SK) | 5.48 | 5.77 |
| 1991 | Toronto, ON | Caroline Vachon (QC) | 5.62 | 5.77 |
| 1992 | Calgary, AB | Trina Radske (ON) | 5.41 | 5.77 |
| 1993 | Saskatoon, SK | C. Gingras (QC) | 5.72 | 5.77 |
| 1994 | Ottawa, ON | Veronica Dyer (ON) | 5.81* | 5.81 |
| 1995 | Winnipeg, MB | Monique Haan (ON) | 5.47 | 5.81 |
| 1996 | Sherbrooke, QC | Lisa Soron (SK) | 5.60 | 5.81 |
| 1997 | Mt. Pearl, NL | Stephany Reid (NB) | 5.67 | 5.81 |
| 1998 | Prince George, BC | Dani Ivanochko (SK) | 5.55 | 5.81 |
| 1999 | Sudbury, ON | Melanie Lachapelle (ON) | 5.65 | 5.81 |
| 2000 | Calgary, AB | Krysha Bayley (BC) | 5.82* | 5.82 |
| 2001 | Sherbrooke, QC | Georgea Richards | 5.50 | 5.82 |
| 2002 | Sherbrooke, QC | Sarah Nelson (ON) | 5.83* | 5.83 |
| 2003 | Kitchener/Waterloo, ON | Olivia Arkell (BC/Yukon) | 4.96 | 5.83 |

| | | | | |
|------|-------------------|--|----------------------|------|
| 2004 | Sudbury, ON | Tara Common (MB) | 5.28 | 5.83 |
| 2005 | Edmonton, AB | Jaime Gittens (ON) | 5.28 | 5.83 |
| 2006 | Burnaby, BC | Jaime Gittens (ON) | 5.41 | 5.83 |
| 2007 | Oromocto, NB | Christabel Nettey (BC) | 6.28* | 6.28 |
| 2008 | Sherbrooke, QC | Christabel Nettey (BC) | 6.21 | 6.28 |
| 2009 | Sherbrooke, QC | Rachel Romu (MB) | 5.81 | 6.28 |
| 2010 | Ottawa, ON | Rachel Romu (MB) | 5.72 | 6.28 |
| 2011 | Ottawa, ON | Emily Omahen (Open) | 5.41 | 6.28 |
| 2012 | Charlottetown, PE | Georgia Ellenwood (BC) | 5.78 | 6.28 |
| 2013 | Langley, BC | Diana Voloshin (BC) | 5.56 | 6.28 |
| 2014 | Langley, BC | Nina Schultz (BC) | 5.82 | 6.28 |
| 2015 | Ste. Therese, QC | Arielle Bykovskaia-Dominique (QC) | 5.98 | 6.28 |
| 2016 | Ste. Therese, QC | Natalia Monro (BC) | 5.42 | 6.28 |
| 2017 | Brandon, MB | Jasmine Lew (BC) | 5.99 | 6.28 |
| 2018 | Brandon, MB | Hayley Manners (ON) Busola Akinduro (ON) Madison Mayr (AB) | 5.77 5.63 5.63 | 6.28 |
| 2019 | Cape Breton, NS | Rofiat Agboola (MB) Deborah Adekayode (MB) Ionah Da Silveira (MB) | 5.65 5.55 5.53 | 6.28 |
| 2022 | Sherbrooke, QC | Asia Phillips (Flying Angel) Charlize Ostapowich (AB/NWT) Ariana Lawrence (MB/NOW) | 5.74 5.54 5.40 | 6.28 |
| 2023 | Sherbrooke, QC | Asia Phillips (Flying Angels) Addison Lauer (AB/NWT) El Steel-Douglas (Border City AC) | 6.04 5.76 5.57 | 6.28 |
| 2024 | Calgary, AB | Ella Steel-Douglas (Border City) Sofia Varma-Vitug (BC) Gabby Paterson (AB/NWT) | 5.78 5.70 5.56 | 6.28 |
| 2025 | Calgary, AB | Amairah Gayle (ON) Bauer Gavel (Level 10 Lig) Kyjah Slowley (Flying Angel) | 5.76 5.67 5.66 | 6.28 |

LONG JUMP – Boys Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|------------------|---------------------|----------|--------|
| 1975 | Waterloo, ON | Ozzie Sargeant (ON) | 6.67* | 6.67 |
| 1976 | Edmonton, AB | Greg Campbell (ON) | 6.45 | 6.67 |
| 1977 | Oromocto, NB | Robert Albu (ON) | 6.45 | 6.67 |
| 1978 | Peace Garden, MB | Doug Hume (BC) | 6.07 | 6.67 |
| 1979 | St. John's, NL | Ian James (ON) | 6.67 | 6.67 |
| 1980 | Saskatoon, SK | Andre Metivier (ON) | 6.85* | 6.85 |
| 1981 | Hamilton, ON | Mike Galasso (ON) | 6.42 | 6.85 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|--------------------------|---|----------------------|------|
| 1982 | Fredericton/Oromocto, NB | Anthony Miglietta (ON) | 7.14* | 7.14 |
| 1983 | Ottawa, ON | Rickey Miles (NB) | 6.99 | 7.14 |
| 1984 | Halifax, NS | Mike Smith (MB/NWO) | 7.10 | 7.14 |
| 1985 | Saskatoon, SK | Scott Henninger (NS) | 6.66 | 7.14 |
| 1986 | Sudbury, ON | Junior Donalds (ON) | 6.83 | 7.14 |
| 1987 | Calgary, AB | Errol Brown (SK) | 6.48 | 7.14 |
| 1988 | Quebec City, QC | Luke Meyer (BC) | 6.79 | 7.14 |
| 1989 | Victoria, BC | Sam Davis (ON) | 6.76 | 7.14 |
| 1990 | Mount Pearl, NL | Sam Davis (ON) | 6.86 | 7.14 |
| 1991 | Toronto, ON | Martin Proulx (QC) | 6.94 | 7.14 |
| 1992 | Calgary, AB | Mike Hume (NB) | 6.68 | 7.14 |
| 1993 | Saskatoon, SK | Wilson St-Jean (QC) | 6.98 | 7.14 |
| 1994 | Ottawa, ON | Shane Niemi (BC) | 7.25* | 7.25 |
| 1995 | Winnipeg, MB | Peter Alexandre (QC) | 6.90 | 7.25 |
| 1996 | Sherbrooke, QC | Shawn Peters (SK) | 7.07 | 7.25 |
| 1997 | Mt. Pearl, NL | Julien Sicuro-Vigeant (QC) | 6.68 | 7.25 |
| 1998 | Prince George, BC | Michael Mensah (BC) | 7.16 | 7.25 |
| 1999 | Sudbury, ON | Mark Ramos (BC) | 6.96 | 7.25 |
| 2000 | Calgary, AB | Steve Cove (ON) | 6.92 | 7.25 |
| 2001 | Sherbrooke, QC | Frederick Bouchard (PQ) | 6.54 | 7.25 |
| 2002 | Sherbrooke, QC | Marc Noble (BC/Yukon) | 6.52 | 7.25 |
| 2003 | Kitchener/Waterloo, ON | Alex Gaudet (AB/NT) | 6.49 | 7.25 |
| 2004 | Sudbury, ON | Alexandre Gelinias (QC) | 6.69 | 7.25 |
| 2005 | Edmonton, AB | Nathan Labbe (MB/NWO) | 6.67 | 7.25 |
| 2006 | Burnaby, BC | Jeremy Yang (ON) | 6.9 | 7.25 |
| 2007 | Oromocto, NB | Kadeem Douglas | 6.44 | 7.25 |
| 2008 | Sherbrooke, QC | Taylor Stwewart (ON) | 7.15 | 7.25 |
| 2009 | Sherbrooke, QC | Jeremy Thibodeau (Open) | 6.80 | 7.25 |
| 2010 | Ottawa, ON | Mitch O'Donnell (Open) | 6.86 | 7.25 |
| 2011 | Ottawa, ON | Tacum Anderson-Richards (ON) | 6.73 | 7.25 |
| 2012 | Charlottetown, PE | Tacum Anderson-Richards (ON) | 7.23 | 7.25 |
| 2013 | Langley, BC | Andrew De Visser (Open) | 6.81 | 7.25 |
| 2014 | Langley, BC | Keysean Powell (ON) | 6.99 | 7.25 |
| 2015 | Ste. Therese, QC | Ivan Nyemeck (QC) | 7.02 | 7.25 |
| 2016 | Ste. Therese, QC | Adam Lee (Speed River) | 6.89 | 7.25 |
| 2017 | Brandon, MB | Shahmir Khan (ON) | 7.07 | 7.25 |
| 2018 | Brandon, MB | Ryan Pederson (BC) Shaïdan Gabaud (QC) Nick Bealieu (NS/NV) | 6.93 6.73 6.71 | 7.25 |
| 2019 | Cape Breton, NS | Solomon Arase (Etobicoke Tr) Kenneth West (Flying Angel) Emanuel Désilets (QC) | 6.89 6.80 6.78 | 7.25 |
| 2022 | Sherbrooke, QC | Clarence Cheung (BC) Boyce Jr Mua Tegha (Kilomaitres) Tooni Ogunyeye (Flying Angel) | 6.84 6.71 6.65 | 7.25 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|----------------|---|----------------------|------|
| 2023 | Sherbrooke, QC | Isaiah Baker (AB/NWT) Timeo Atonfo (Ottawa Lions T.F.C.) Sayant Arulrajan (United Tamil SC) | 7.12 6.89 6.79 | 7.25 |
| 2024 | Calgary, AB | Alesandro Williams-Cardoso (AB/NWT) Jeshua Barnes (ON) Carter Myatt (NS/NU) | 7.14 6.88 6.78 | 7.25 |
| 2025 | Calgary, AB | Taylor Demone (NS/NU) Kyler Duclos (SK) James Rideout (BC) | 7.10 7.00 6.98 | 7.25 |

SHOT PUT – Girls Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|-----------------------------|----------|--------|
| 1975 | Waterloo, ON | Brenda Wright (ON) | 9.38* | 9.38 |
| 1976 | Edmonton, AB | Connie Polmantuin (BC) | 10.07* | 10.07 |
| 1977 | Oromocto, NB | Connie Polmantuin (BC) | 10.29* | 10.29 |
| 1978 | Peace Garden, MB | Denise Hebert (ON) | 9.65 | 10.29 |
| 1979 | St. John's, NL | Karen Bartnick (ON) | 10.00 | 10.29 |
| 1980 | Saskatoon, SK | Joanne Rothery (ON) | 9.44 | 10.29 |
| 1981 | Hamilton, ON | Lisa Dunk (ON) | 9.46 | 10.29 |
| 1982 | Fredericton/Oromocto, NB | Paula Conroy (ON) | 10.08 | 10.29 |
| 1983 | Ottawa, ON | Michelle Brotherton (ON) | 11.12* | 11.12 |
| 1984 | Halifax, NS | Tracey Genest (SK) | 10.21 | 11.12 |
| 1985 | Saskatoon, SK | Susanne Dandenault MB/NWO | 11.90* | 11.90 |
| 1986 | Sudbury, ON | Julie Elders (ON) | 11.28 | 11.90 |
| 1987 | Calgary, AB | Julie Villeneuve (QC) | 10.78 | 11.90 |
| 1988 | Quebec City, QC | Sara Walliser (ON) | 10.56 | 11.90 |
| 1989 | Victoria, BC | Binkie Sparboom (ON) | 11.59 | 11.90 |
| 1990 | Mount Pearl, NL | Jodi McIntyre (ON) | 10.14 | 11.90 |
| 1991 | Toronto, ON | Michelle Fournier (QC) | 10.71 | 11.90 |
| 1992 | Calgary, AB | Tina McDonald (ON) | 12.06* | 12.06 |
| 1993 | Saskatoon, SK | Nicole Chimko (AB-NT) | 10.97 | 12.06 |
| 1994 | Ottawa, ON | Mary Lisle (ON) | 11.31 | 12.06 |
| 1995 | Winnipeg, MB | Crystal Young (AB-NT) | 10.35 | 12.06 |
| 1996 | Sherbrooke, QC | Laura Evans (ON) | 10.30 | 12.06 |
| 1997 | Mt. Pearl, NL | Naomi Dubourt (SK) | 11.14 | 12.06 |
| 1998 | Prince George, BC | Naomi Dubourt (SK) | 10.26 | 12.06 |
| 1999 | Sudbury, ON | Sulatana BeveridgeFrize(ON) | 12.39* | 12.39 |
| 2000 | Calgary, AB | Meghan Weaver (ON) | 10.87 | 12.39 |
| 2001 | Sherbrooke, QC | Christine Richard (NB) | 10.35 | 12.39 |
| 2002 | Sherbrooke, QC | Lydia Rousseau (QC) | 10.30 | 12.39 |
| 2003 | Kitchener/Waterloo, ON | Kaitlyn Andrews (ON) | 10.97 | 12.39 |
| 2004 | Sudbury, ON | Isabelle Boudreau (QC) | 10.47 | 12.39 |

| | | | | |
|------|-------------------|--|-------------------------|-------|
| 2005 | Edmonton, AB | Taryn Suttie (SK) | 12.33 | 12.39 |
| 2006 | Burnaby, BC | Jesica Pilling | 12.62* | 12.62 |
| 2007 | Oromocto, NB | Katie Klodnicki (ON) | 11.62 | 12.62 |
| 2008 | Sherbrooke, QC | Leah Walkeden (AB) | 12.38 | 12.62 |
| 2009 | Sherbrooke, QC | Sarah Moss (ON) | 13.72* | 13.72 |
| 2010 | Ottawa, ON | Nicole Horneman (Open) | 12.78 | 13.72 |
| 2011 | Ottawa, ON | Avneet Nijjar (BC) | 12.59 | 13.72 |
| 2012 | Charlottetown, PE | Reagan Fedak (SK) | 11.72 | 13.72 |
| 2013 | Langley, BC | Grace Tennant (ON) | 12.18 | 13.72 |
| 2014 | Langley, BC | Taylor Heald (MB/NOW) | 14.48* | 14.48 |
| 2015 | Ste. Therese, QC | Trinity Tutti (ON) | 16.45* | 16.45 |
| 2016 | Ste. Therese, QC | Dolly Gabri (BC) | 14.22 | 16.45 |
| 2017 | Brandon, MB | Vanessa Ayers (QC) | 13.12 | 16.45 |
| 2018 | Brandon, MB | Anne-Marie Gagnon (QC) Alexa Windle (ON) Keighan Decoff (NS/NV) | 12.92 12.78 12.10 | 16.45 |
| 2019 | Cape Breton, NS | Rose Forshaw (ON) Harley Martin (ON) Martina De Buglio (Project Athl) | 12.13 11.97 11.85 | 16.45 |
| 2022 | Sherbrooke, QC | Jenna Tunks (London Western) Audrée LeBlanc (NB) Talia Phangura | 13.46 12.88 12.66 | 16.45 |
| 2023 | Sherbrooke, QC | Talia Phangura, (Unattached BC) Jenna Tunks (ON) Ademide Adewumi (SK) | 14.84 13.35 13.12 | 16.45 |
| 2024 | Calgary, AB | Jenna Tunks (ON) Laila Sandhu (BC) Claire Gromack (NB) | 14.47 13.15 12.18 | 16.45 |
| 2025 | Calgary, AB | Kaylee Robbins (MB/NWO) Aliya Phillips (ON) Blair Rickard (Project Athl) | 12.96 12.95 12.51 | 16.45 |

SHOT PUT – Boys Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|----------------------|----------|--------|
| 1975 | Waterloo, ON | Dave Gould (NB) | 14.40* | 14.40 |
| 1976 | Edmonton, AB | Jeff Liddle (ON) | 14.79* | 14.79 |
| 1977 | Oromocto, NB | Greg Chajkowski (ON) | 13.15 | 14.79 |
| 1978 | Peace Garden, MB | Paul Gauthier (ON) | 14.73 | 14.79 |
| 1979 | St. John's, NL | Tim Ayiotis (ON) | 12.65 | 14.79 |
| 1980 | Saskatoon, SK | Ron Rempel (ON) | 13.07 | 14.79 |
| 1981 | Hamilton, ON | Tom Martin (ON) | 13.69 | 14.79 |
| 1982 | Fredericton/Oromocto, NB | Paul Peters (ON) | 13.66 | 14.79 |
| 1983 | Ottawa, ON | Myles Tabin (SK) | 15.72* | 15.72 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|--|-------------------------|-------|
| 1984 | Halifax, NS | Harry MacDonald (ON) | 15.17 | 15.72 |
| 1985 | Saskatoon, SK | Chris Smith (NS) | 15.90* | 15.90 |
| 1986 | Sudbury, ON | John Janusson (AB-NT) | 15.02 | 15.90 |
| 1987 | Calgary, AB | Chris Lancaster (ON) | 15.84 | 15.90 |
| 1988 | Quebec City, QC | Chad Moreau (ON) | 15.09 | 15.90 |
| 1989 | Victoria, BC | Andre LaRose (QC) | 15.24 | 15.90 |
| 1990 | Mount Pearl, NL | Greg Jack (ON) | 16.74* | 16.74 |
| 1991 | Toronto, ON | Wilf Emberley (NL) | 14.79 | 16.74 |
| 1992 | Calgary, AB | Greg Heubner (ON) | 16.03 | 16.74 |
| 1993 | Saskatoon, SK | Shawn Cormier (ON) | 17.75* | 17.75 |
| 1994 | Ottawa, ON | Greg Major (ON) | 14.55 | 17.75 |
| 1995 | Winnipeg, MB | Remi Comeau (NB) | 15.62 | 17.75 |
| 1996 | Sherbrooke, QC | Andre Boudreau (NS) | 15.90 | 17.75 |
| 1997 | Mt. Pearl, NL | Matt Murdock (ON) | 16.11 | 17.75 |
| 1998 | Prince George, BC | Nicolas Theriault (NB) | 15.36 | 17.75 |
| 1999 | Sudbury, ON | Chris Kargel (ON) | 13.95 | 17.75 |
| 2000 | Calgary, AB | Kyle Helf (ON) | 17.34 | 17.75 |
| 2001 | Sherbrooke, QC | Kyle Helf (ON) | 19.02* | 19.02 |
| 2002 | Sherbrooke, QC | Zac Livingston (ON) | 15.22 | 19.02 |
| 2003 | Kitchener/Waterloo, ON | Justin Greif (SK) | 15.75 | 19.02 |
| 2004 | Sudbury, ON | Christopher Houde (QC) | 16.63 | 19.02 |
| 2005 | Edmonton, AB | Angus Taylor (BC/Yukon) | 16.11 | 19.02 |
| 2006 | Burnaby, BC | Drew Welch (ON) | 16.49 | 19.02 |
| 2007 | Oromocto, NB | Stefan Palios (ON) | 15.97 | 19.02 |
| 2008 | Sherbrooke, QC | Jordan Young (ON) | 16.72 | 19.02 |
| 2009 | Sherbrooke, QC | Simon Beaulieu (QC) | 15.71 | 19.02 |
| 2010 | Ottawa, ON | Sebastian Colmor (QC) | 15.32 | 19.02 |
| 2011 | Ottawa, ON | Benjamin Ingvaldson (BC) | 15.92 | 19.02 |
| 2012 | Charlottetown, PE | Joseph Maxwell (ON) | 19.24* | 19.24 |
| 2013 | Langley, BC | Joseph Maxwell (ON) | 19.66* | 19.66 |
| 2014 | Langley, BC | Foster Beaton (Open) | 15.96 | 19.66 |
| 2015 | Ste. Therese, QC | Theodore Knowles-Manningway (MB) | 15.39 | 19.66 |
| 2016 | Ste. Therese, QC | Jarrett Chong (BC) | 16.56 | 19.66 |
| 2017 | Brandon, MB | Ryan Jacklin (ON) | 16.09 | 19.66 |
| 2018 | Brandon, MB | Michael Ogbeiwi (BC) Arthur Stanat (ON) Charanjit Nijar (BC) | 16.22 15.02 14.79 | 19.66 |
| 2019 | Cape Breton, NS | Michael Ogbeiwi (BC) Kai Hussein (BC) Mathew Uliana (Vancouver TH) | 17.47 16.81 15.83 | 19.66 |
| 2022 | Sherbrooke, QC | AaKaash Prabu (United Tamil) Philippe Glaude (QC) Aidan Crawford (Quinte Front) | 14.13 13.89 13.45 | 19.66 |
| 2023 | Sherbrooke, QC | Isaac Annoh (MN/NOW) Gursher Gabri (Unattached BC) Eghosa Ehigiator (Project Athletic) | 16.13 15.70 15.19 | 19.66 |

| | | | | |
|------|-------------|---|-------------------------|-------|
| 2024 | Calgary, AB | Gursher Gabri (BC) Ryker Durning (NS) Dylan Reddy (NB) | 17.22 14.25 13.45 | 19.66 |
| 2025 | Calgary, AB | Noah Vanneck (London Weste) Bowen Taylor (NS/NU) Levi Seel (BC) | 15.69 15.13 14.07 | 19.66 |

SHOT PUT – Girls Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|---------------------------|----------|--------|
| 1975 | Waterloo, ON | Lana Grantham (AB-NT) | 12.61* | 12.61 |
| 1976 | Edmonton, AB | Lorrie Kokkla (ON) | 11.18 | 12.61 |
| 1977 | Oromocto, NB | Cindy Crapper (ON) | 11.66 | 12.61 |
| 1978 | Peace Garden, MB | Liz Polyak (ON) | 11.13 | 12.61 |
| 1979 | St. John's, NL | Liz Polyak (ON) | 11.52 | 12.61 |
| 1980 | Saskatoon, SK | Liz Polyak (ON) | 12.57 | 12.61 |
| 1981 | Hamilton, ON | Joanne Rothery (ON) | 12.88* | 12.88 |
| 1982 | Fredericton/Oromocto, NB | Joanne Rothery (ON) | 12.86 | 12.88 |
| 1983 | Ottawa, ON | Suzanne Pecht (AB-NT) | 12.75 | 12.88 |
| 1984 | Halifax, NS | Michelle Brotherton (ON) | 12.48 | 12.88 |
| 1985 | Saskatoon, SK | Joanne Berthlot (ON) | 11.88 | 12.88 |
| 1986 | Sudbury, ON | Susanne Dandenault MB/NWO | 11.41 | 12.88 |
| 1987 | Calgary, AB | Susanne Dandenault MB/NWO | 12.48 | 12.88 |
| 1988 | Quebec City, QC | Nana Kwabi (ON) | 11.44 | 12.88 |
| 1989 | Victoria, BC | Irene Oeffling (ON) | 11.75 | 12.88 |
| 1990 | Mount Pearl, NL | Binky Sparboom (ON) | 11.96 | 12.88 |
| 1991 | Toronto, ON | Binky Sparboom (ON) | 11.84 | 12.88 |
| 1992 | Calgary, AB | Valerie St. Laurent (QC) | 12.54 | 12.88 |
| 1993 | Saskatoon, SK | Valerie St. Laurent (QC) | 11.64 | 12.88 |
| 1994 | Ottawa, ON | Michelle Fournier (QC) | 13.10* | 13.10 |
| 1995 | Winnipeg, MB | Mary Lisle (ON) | 11.53 | 13.10 |
| 1996 | Sherbrooke, QC | Siew-Peng Tan (AB-NT) | 10.67 | 13.10 |
| 1997 | Mt. Pearl, NL | Nathalie Thenor (QC) | 12.20 | 13.10 |
| 1998 | Prince George, BC | Nathalie Thenor (QC) | 12.78 | 13.10 |
| 1999 | Sudbury, ON | Kate Forbes (NS) | 10.87 | 13.10 |
| 2000 | Calgary, AB | Sultana Frizell (ON) | 13.17* | 13.17 |
| 2001 | Sherbrooke, QC | Sultana Frizell (ON) | 13.33* | 13.33 |
| 2002 | Sherbrooke, QC | Megan Weaver (ON) | 11.93 | 13.33 |
| 2003 | Kitchener/Waterloo, ON | Olivia Arkel (BC/Yukon) | 9.30 | 13.33 |
| 2004 | Sudbury, ON | Kaitlyn Andrews (ON) | 13.02 | 13.33 |
| 2005 | Edmonton, AB | Kaitlyn Andrews (ON) | 13.19 | 13.33 |
| 2006 | Burnaby, BC | Chelsa Revoy (SK) | 12.53 | 13.33 |
| 2007 | Oromocto, NB | Julie Labonte (QC) | 13.95* | 13.95 |

| | | | | |
|------|-------------------|---|-------------------------|-------|
| 2008 | Sherbrooke, QC | Chelsea Whalen (NS) | 13.01 | 13.95 |
| 2009 | Sherbrooke, QC | Chelsea Whalen (NS) | 12.85 | 13.95 |
| 2010 | Ottawa, ON | Rayann Chin (ON) | 12.82 | 13.95 |
| 2011 | Ottawa, ON | Kayla Gallagher (NS) | 12.35 | 13.95 |
| 2012 | Charlottetown, PE | Agnes Esser (BC) | 15.09* | 15.09 |
| 2013 | Langley, BC | Obeng Marfo (Open) | 15.03 | 15.09 |
| 2014 | Langley, BC | Emily Good (Open) | 13.36 | 15.09 |
| 2015 | Ste. Therese, QC | Rebecca Herman (ON) | 14.85 | 15.09 |
| 2016 | Ste. Therese, QC | Trinity Tutti (ON) | 15.87* | 15.87 |
| 2017 | Brandon, MB | Trinity Tutti (ON) | 17.05* | 17.05 |
| 2018 | Brandon, MB | Dolly Gabri (BC) Michelle Dadson (BC) Nicole Kramchynsky (SK) | 14.54 14.03 13.97 | 17.05 |
| 2019 | Cape Breton, NS | Keighan Decoff (NS/NV) Michelle Dadson (BC) Alexandria Webb (ON) | 14.96 14.95 14.66 | 17.05 |
| 2022 | Sherbrooke, QC | Julia Tunks (London Western) Dayley Reimer (AB/NWT) Lauren Thistle (NS/NU) | 15.70 13.05 12.82 | 17.05 |
| 2023 | Sherbrooke, QC | Julia Tunks (London Western) Jenae Francis (Project Athletic) Ashley Morrow (MN/NOW) | 15.83 14.16 13.47 | 17.05 |
| 2024 | Calgary, AB | Talia Phangura (Unattached B) Audrée LeBlanc (A.S.E.A.) Brooke Bentley (London Western) | 15.58 14.75 13.83 | 17.05 |
| 2025 | Calgary, AB | Talia Phangura (Unattached) Adalee Turland (ON) Ademide Adewumi (SK) | 15.22 14.68 14.08 | 17.05 |

SHOT PUT – Boys Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|------------------------|----------|--------|
| 1975 | Waterloo, ON | Larry Tron (AB-NT) | 16.47* | 16.47 |
| 1976 | Edmonton, AB | Larry Tron (AB-NT) | 18.64* | 18.64 |
| 1977 | Oromocto, NB | John Neilson (ON) | 18.65* | 18.65 |
| 1978 | Peace Garden, MB | Bill McQuarrie (NS) | 15.41 | 18.65 |
| 1979 | St. John's, NL | Michael Spiritoso (ON) | 17.47 | 18.65 |
| 1980 | Saskatoon, SK | Dave Watkins (ON) | 17.24 | 18.65 |
| 1981 | Hamilton, ON | Jeff Watson (ON) | 17.28 | 18.65 |
| 1982 | Fredericton/Oromocto, NB | Jeff Watson (ON) | 15.20 | 18.65 |
| 1983 | Ottawa, ON | Robert Bradley (BC) | 15.41 | 18.65 |
| 1984 | Halifax, NS | Delore Lakusta (BC) | 16.99 | 18.65 |
| 1985 | Saskatoon, SK | Chris Brown (ON) | 14.71 | 18.65 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|--|-------------------------|-------|
| 1986 | Sudbury, ON | Michel Marquette (QC) | 14.91 | 18.65 |
| 1987 | Calgary, AB | Bill Bailey (ON) | 15.06 | 18.65 |
| 1988 | Quebec City, QC | Chris Lancaster (ON) | 15.22 | 18.65 |
| 1989 | Victoria, BC | Chad Moreau (ON) | 14.69 | 18.65 |
| 1990 | Mount Pearl, NL | Chad Moreau (ON) | 15.25 | 18.65 |
| 1991 | Toronto, ON | Robert Nurse (NS) | 15.39 | 18.65 |
| 1992 | Calgary, AB | Jason Tunks (ON) | 17.25 | 18.65 |
| 1993 | Saskatoon, SK | Brad Snyder (ON) | 16.01 | 18.65 |
| 1994 | Ottawa, ON | Shawn Cormier (ON) | 16.04 | 18.65 |
| 1995 | Winnipeg, MB | Shawn Cormier (ON) | 17.09 | 18.65 |
| 1996 | Sherbrooke, QC | Cory Trudeau (ON) | 15.46 | 18.65 |
| 1997 | Mt. Pearl, NL | Fraser Clarke (ON) | 16.77 | 18.65 |
| 1998 | Prince George, BC | Dylan Armstrong (BC) | 16.85 | 18.65 |
| 1999 | Sudbury, ON | Matt Murdock (ON) | 15.81 | 18.65 |
| 2000 | Calgary, AB | Jeff Wallis (BC) | 16.32 | 18.65 |
| 2001 | Sherbrooke, QC | Dave Adamek (ON) | 16.08 | 18.65 |
| 2002 | Sherbrooke, QC | Kyle Helf (ON) | 18.92* | 18.92 |
| 2003 | Kitchener/Waterloo, ON | Olivier Boulva (QC) | 12.87 | 18.92 |
| 2004 | Sudbury, ON | John Bender (AB/NT) | 16.31 | 18.92 |
| 2005 | Edmonton, AB | Justin Greif (SK) | 16.90 | 18.92 |
| 2006 | Burnaby, BC | Tim Nedow (ON) | 17.15 | 18.92 |
| 2007 | Oromocto, NB | Tim Nedow (ON) | 18.76 | 18.92 |
| 2008 | Sherbrooke, QC | Tom Wilcox (BC) | 16.52 | 18.92 |
| 2009 | Sherbrooke, QC | Stefan Palios (ON) | 16.97 | 18.92 |
| 2010 | Ottawa, ON | Jordan Young (Open) | 17.96 | 18.92 |
| 2011 | Ottawa, ON | Brandon Deslauriers (Open) | 18.55 | 18.92 |
| 2012 | Charlottetown, PE | Eli Pawliw (ON) | 16.99 | 18.92 |
| 2013 | Langley, BC | Benjamin Ingvaldson (BC) | 16.15 | 18.92 |
| 2014 | Langley, BC | Joseph Maxwell (ON) | 19.52* | 19.52 |
| 2015 | Ste. Therese, QC | Fletcher Smith (ON) | 16.53 | 19.52 |
| 2016 | Ste. Therese, QC | Spence Vanderlaan (U Windsor) | 16.19 | 19.52 |
| 2017 | Brandon, MB | Cole Belkwell (ON) | 17.18 | 19.52 |
| 2018 | Brandon, MB | Lucas Woodhall (ON) Jarret Chong (BC) Ryan Jacklin (ON) | 19.34 17.59 17.10 | 19.52 |
| 2019 | Cape Breton, NS | Ryan Jacklin (ON) Jordan Gluck (ON) Arthur Stanat (St Thomas Le) | 19.34 18.56 14.67 | 19.52 |
| 2022 | Sherbrooke, QC | Jake McEachern (AB/NWT) Rylan Murphy (NS/NU) Caleb Grover (Thorold Elite) | 16.09 15.65 15.05 | 19.52 |
| 2023 | Sherbrooke, QC | Kenzo Miller (Eclipse T.F.) Owen Miniihan (Celtic Athletics) Brydon Mitchell (Univ of Windsor) | 15.15 14.24 13.97 | 19.52 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|-------------|---|-------------------------|-------|
| 2024 | Calgary, AB | Luke Herring (Hamilton Oly) Owen Robins (ON) Uthman Oladejobi (Project Athletics) | 17.16 17.03 16.80 | 19.52 |
| 2025 | Calgary, AB | Eghosa Ehigiator (Project Athl) Gursher Gabri (BC) Noah Mitoraj (ON) | 18.53 17.24 17.13 | 19.52 |

DISCUSS – Girls Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|------------------------------|----------|--------|
| 1975 | Waterloo, ON | Sylvie Brouillette (QC) | 31.62* | 31.62 |
| 1976 | Edmonton, AB | Cindy Crapper (ON) | 30.56 | 31.62 |
| 1977 | Oromocto, NB | Jennifer Jefferson (AB-NT) | 36.83* | 36.83 |
| 1978 | Peace Garden, MB | Denise Hebert (ON) | 34.68 | 36.83 |
| 1979 | St. John's, NL | Diana Prosser (NB) | 25.90 | 36.83 |
| 1980 | Saskatoon, SK | Shannon Kekula (SK) | 28.90 | 36.83 |
| 1981 | Hamilton, ON | Bev Deal (NS) | 29.10 | 36.83 |
| 1982 | Fredericton/Oromocto, NB | Bev Deal (NS) | 31.74 | 36.83 |
| 1983 | Ottawa, ON | Jo-Anne Berthelot | 35.48 | 36.83 |
| 1984 | Halifax, NS | Tracy Genest (SK) | 31.28 | 36.83 |
| 1985 | Saskatoon, SK | Susanne Dandenault M/NWO | 31.40 | 36.83 |
| 1986 | Sudbury, ON | Karen Johnstone (SK) | 32.70 | 36.83 |
| 1987 | Calgary, AB | Wendy Phillips (NB) | 32.20 | 36.83 |
| 1988 | Quebec City, QC | Sherri Leonard (SK) | 33.88 | 36.83 |
| 1989 | Victoria, BC | Sherri Leonard (SK) | 34.80 | 36.83 |
| 1990 | Mount Pearl, NL | Karine Boivin (QC) | 31.40 | 36.83 |
| 1991 | Toronto, ON | Michelle Fournier (QC) | 34.64 | 36.83 |
| 1992 | Calgary, AB | Michelle Fournier (QC) | 37.94* | 37.94 |
| 1993 | Saskatoon, SK | Nicole Chimko (AB-NT) | 37.52 | 37.94 |
| 1994 | Ottawa, ON | Marie-Josée Le Jour (QC) | 35.12 | 37.94 |
| 1995 | Winnipeg, MB | Meredith Popp (ON) | 31.90 | 37.94 |
| 1996 | Sherbrooke, QC | Emilie Rochefort (QC) | 32.20 | 37.94 |
| 1997 | Mt. Pearl, NL | Cynthia Penner (MB/NWO) | 28.18 | 37.94 |
| 1998 | Prince George, BC | Kate Johnston (ON) | 31.09 | 37.94 |
| 1999 | Sudbury, ON | Sulatana BeveridgeFrizel(ON) | 34.02 | 37.94 |
| 2000 | Calgary, AB | Meghan Weaver (ON) | 35.33 | 37.94 |
| 2001 | Sherbrooke, QC | Marie-Eve Boiselle (QC) | 35.15 | 37.94 |
| 2002 | Sherbrooke, QC | Holly Maskell (ON) | 31.42 | 37.94 |
| 2003 | Kitchener/Waterloo, ON | Kaitlyn Andrews (ON) | 36.00 | 37.94 |
| 2004 | Sudbury, ON | Isabelle Boudreau (QC) | 37.29 | 37.94 |
| 2005 | Edmonton, AB | Laura Macauley (BC) | 37.59 | 37.94 |
| 2006 | Burnaby, BC | Quinn Erickson (BC) | 34.97 | 37.94 |
| 2007 | Oromocto, NB | Katie Klodnicki (ON) | 37.03 | 37.94 |

| | | | | |
|------|-------------------|---|-------------------------|-------|
| 2008 | Sherbrooke, QC | Rayan Chin (ON) | 37.00 | 37.94 |
| 2009 | Sherbrooke, QC | Sarah Moss (ON) | 39.01* | 39.01 |
| 2010 | Ottawa, ON | Asianna Covington (BC) | 35.57 | 39.01 |
| 2011 | Ottawa, ON | Taylor Stutley (NS) | 39.05* | 39.05 |
| 2012 | Charlottetown, PE | Brittini Wolczyk (BC) | 35.92 | 39.05 |
| 2013 | Langley, BC | Grace Tennant (ON) | 39.23* | 39.23 |
| 2014 | Langley, BC | Valerie Wideski (BC) | 39.80* | 39.80 |
| 2015 | Ste. Therese, QC | Trinity Tutti (ON) | 46.01* | 46.01 |
| 2016 | Ste. Therese, QC | Dolly Gabri (BC) | 44.80 | 46.01 |
| 2017 | Brandon, MB | Michelle Dadson (BC) | 35.18 | 46.01 |
| 2018 | Brandon, MB | Jinaye Shomachuk (AB) Alexa Windle (ON) Keighan Decoff (NS/NV) | 39.27 39.24 36.24 | 46.01 |
| 2019 | Cape Breton, NS | Jessie Buck (ON) Camille Desjardins (QC) Rose Forshaw (ON) | 42.34 35.08 32.34 | 46.01 |
| 2022 | Sherbrooke, QC | Jenna Tunks (London Western) Coco Van Nynatten (Throid Elite) Emma Negri (Windsor) | 38.81 37.07 35.61 | 46.01 |
| 2023 | Sherbrooke, QC | Jenna Tunks (ON) Talia Phangura (Unattached BC) Emma Negri (ON) | 43.70 33.50 33.21 | 46.01 |
| 2024 | Calgary, AB | Jenna Tunks (ON) Adalee Turland (ON) Olivia Dyrland (SK) | 44.85 34.80 29.90 | 46.01 |
| 2025 | Calgary, AB | Brooklyn Chase (Club Rapide) Anhad Gabri (Unattached B) Olivia Froemchen (Hamilton Oly) | 35.63 35.56 34.89 | 46.01 |

DISCUS – Boys Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|-------------------------|----------|--------|
| 1975 | Waterloo, ON | D. Mafturak (ON) | 38.87* | 38.87 |
| 1976 | Edmonton, AB | Jeff Liddle (ON) | 45.98* | 45.98 |
| 1977 | Oromocto, NB | Gary Stasuik (BC) | 45.14 | 45.98 |
| 1978 | Peace Garden, MB | Ron Lussier (QC) | 47.56* | 47.56 |
| 1979 | St. John's, NL | Art Sartori (ON) | 41.74 | 47.56 |
| 1980 | Saskatoon, SK | Ron Rempel (ON) | 38.10 | 47.56 |
| 1981 | Hamilton, ON | Larry Donaldson (ON) | 38.88 | 47.56 |
| 1982 | Fredericton/Oromocto, NB | Doug MacKenzie (MB/NWO) | 44.90 | 47.56 |
| 1983 | Ottawa, ON | Mike O'Connor (AB-NT) | 46.34 | 47.56 |
| 1984 | Halifax, NS | Scott Robinson (NB) | 50.24* | 50.24 |
| 1985 | Saskatoon, SK | Lee Andrews (AB-NT) | 47.62 | 50.24 |
| 1986 | Sudbury, ON | Travis Braid (SK) | 43.14 | 50.24 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|--|-------------------------|-------|
| 1987 | Calgary, AB | Erick Guy (QC) | 53.58* | 53.58 |
| 1988 | Quebec City, QC | Carlo Gionet (NB) | 47.36 | 53.58 |
| 1989 | Victoria, BC | Chris Watson (AB-NT) | 45.56 | 53.58 |
| 1990 | Mount Pearl, NL | Greg Jack (ON) | 52.60 | 53.58 |
| 1991 | Toronto, ON | Simon Riedl (QC) | 43.54 | 53.58 |
| 1992 | Calgary, AB | Darcy Gnyra (AB-NT) | 47.22 | 53.58 |
| 1993 | Saskatoon, SK | Ryan Adams (NS) | 42.84 | 53.58 |
| 1994 | Ottawa, ON | Murray Heber (AB-NT) | 48.68 | 53.58 |
| 1995 | Winnipeg, MB | Darren Negri (ON) | 49.62 | 53.58 |
| 1996 | Sherbrooke, QC | Brian MacPhee (ON) | 53.98* | 53.98 |
| 1997 | Mt. Pearl, NL | Trevor Snyder (ON) | 51.28 | 53.98 |
| 1998 | Prince George, BC | Jonathan Doucette (NS) | 46.94 | 53.98 |
| 1999 | Sudbury, ON | Kyle Helf (ON) | 43.81 | 53.98 |
| 2000 | Calgary, AB | Kyle Helf (ON) | 51.44 | 53.98 |
| 2001 | Sherbrooke, QC | Kyle Helf (ON) | 58.70* | 58.70 |
| 2002 | Sherbrooke, QC | Zac Livingston (ON) | 49.34 | 58.70 |
| 2003 | Kitchener/Waterloo, ON | Justin Greif (SK) | 54.57 | 58.70 |
| 2004 | Sudbury, ON | Trey Henderson (BC/Yukon) | 48.53 | 58.70 |
| 2005 | Edmonton, AB | Angus Taylor (BC/Yukon) | 53.75 | 58.70 |
| 2006 | Burnaby, BC | Aleandre Gagne (QC) | 52.60 | 58.70 |
| 2007 | Oromocto, NB | Delling Ingvaldson (BC) | 57.44 | 58.70 |
| 2008 | Sherbrooke, QC | Jordan Young (ON) | 50.59 | 58.70 |
| 2009 | Sherbrooke, QC | Simon Beaulieu (QC) | 51.89 | 58.70 |
| 2010 | Ottawa, ON | Darby Charkavi (ON) | 50.90 | 58.70 |
| 2011 | Ottawa, ON | Aaron Stroda (BC) | 56.63 | 58.70 |
| 2012 | Charlottetown, PE | Drew Erskine (NS) | 48.51 | 58.70 |
| 2013 | Langley, BC | Joseph Maxwell (ON) | 63.22* | 63.22 |
| 2014 | Langley, BC | Josh Bell (NS) | 52.30 | 63.22 |
| 2015 | Ste. Therese, QC | Cole Belkwell (Open) | 47.11 | 63.22 |
| 2016 | Ste. Therese, QC | Lucas Woodhall (ON) | 48.85 | 63.22 |
| 2017 | Brandon, MB | Parker Swain (NS/NU) | 56.14 | 63.22 |
| 2018 | Brandon, MB | Kyle Novak (MB) Matthew Uliana (BC) Michael Ogbeiwi (BC) | 54.00 51.36 48.47 | 63.22 |
| 2019 | Cape Breton, NS | Michael Ogbeiwi (BC) Nathan Casanova (ON) Mathew Uliana (Vancouver TH) | 58.03 56.59 55.06 | 63.22 |
| 2022 | Sherbrooke, QC | Max Minihan (NS/NU) Louis-David Gagnon Owen Miloje (Stratford) | 47.66 45.60 45.15 | 63.22 |
| 2023 | Sherbrooke, QC | Gursher Gabri (Unattached BC) Max Minihan (Celtic Athletics) Calder Johnston (Excel Athletika) | 48.69 47.88 47.14 | 63.22 |
| 2024 | Calgary, AB | Gursher Gabri (BC) Raine Bradley (North Bay Legion) Ryker Durning (NS/NU) | 56.08 54.10 51.87 | 63.22 |

| | | | | |
|------|-------------|---|-------------------------|-------|
| 2025 | Calgary, AB | Noah Vanneck (London Weste) Bowen Taylor (NS/NU) Jaxon Graff (Real North A) | 52.45 51.09 50.22 | 63.22 |
|------|-------------|---|-------------------------|-------|

DISCUS – Girls Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|------------------------------|----------|--------|
| 1975 | Waterloo, ON | Lana Grantham (AB-NT) | 38.23* | 38.23 |
| 1976 | Edmonton, AB | Betty Anderson (AB-NT) | 36.26 | 38.23 |
| 1977 | Oromocto, NB | Cindy Crapper (ON) | 36.24 | 38.23 |
| 1978 | Peace Garden, MB | Liz Polyak (ON) | 37.26 | 38.23 |
| 1979 | St. John's, NL | Liz Polyak (ON) | 38.66* | 38.66 |
| 1980 | Saskatoon, SK | Liz Polyak (ON) | 42.70* | 42.70 |
| 1981 | Hamilton, ON | Darlene Chitaroni (ON) | 35.96 | 42.70 |
| 1982 | Fredericton/Oromocto, NB | Ornella Cavisin (ON) | 40.36 | 42.70 |
| 1983 | Ottawa, ON | Shannon Kerola (SK) | 41.66 | 42.70 |
| 1984 | Halifax, NS | Michelle Brotherton (ON) | 41.12 | 42.70 |
| 1985 | Saskatoon, SK | Joanne Berthlot (ON) | 35.90 | 42.70 |
| 1986 | Sudbury, ON | Susanne Dandenault M/NWO | 39.26 | 42.70 |
| 1987 | Calgary, AB | Susanne Dandenault M/NWO | 38.08 | 42.70 |
| 1988 | Quebec City, QC | Karen Johnstone (SK) | 36.92 | 42.70 |
| 1989 | Victoria, BC | Gladys Nortey (MB/NWO) | 36.66 | 42.70 |
| 1990 | Mount Pearl, NL | Signi MacNeil (BC) | 38.32 | 42.70 |
| 1991 | Toronto, ON | Chellae Palmer (BC) | 38.50 | 42.70 |
| 1992 | Calgary, AB | Sami Jo Small (MB/NWO) | 39.66 | 42.70 |
| 1993 | Saskatoon, SK | Julie Lisle (ON) | 36.00 | 42.70 |
| 1994 | Ottawa, ON | Julie Lisle (ON) | 40.98 | 42.70 |
| 1995 | Winnipeg, MB | Sarah Fletcher (ON) | 40.44 | 42.70 |
| 1996 | Sherbrooke, QC | Marie-Josée Lejour (QC) | 39.94 | 42.70 |
| 1997 | Mt. Pearl, NL | Nathalie Thenor (QC) | 38.00 | 42.70 |
| 1998 | Prince George, BC | Nathalie Thenor (QC) | 42.14 | 42.70 |
| 1999 | Sudbury, ON | Lara Peters (BC) | 37.91 | 42.70 |
| 2000 | Calgary, AB | Sultana Frizell (ON) | 41.54 | 42.70 |
| 2001 | Sherbrooke, QC | Sultana Frizell (ON) | 43.47* | 43.47 |
| 2002 | Sherbrooke, QC | Catrina Chrisholm (BC/Yukon) | 39.26 | 43.47 |
| 2003 | Kitchener/Waterloo, ON | Marie Eve Boiselle (QC) | 37.67 | 43.47 |
| 2004 | Sudbury, ON | Kaitlyn Andrews (ON) | 38.40 | 43.47 |
| 2005 | Edmonton, AB | Kaitlyn Andrews (ON) | 42.81 | 43.47 |
| 2006 | Burnaby, BC | Caitlin Vandodewaard (ON) | 39.19 | 43.47 |
| 2007 | Oromocto, NB | Laura Macauley (BC) | 40.26 | 43.47 |
| 2008 | Sherbrooke, QC | Katie Klodnicki (ON) | 39.38 | 43.47 |
| 2009 | Sherbrooke, QC | Madison Johnston (Open) | 38.69 | 43.47 |
| 2010 | Ottawa, ON | Sarah Moss (ON) | 44.80* | 44.80 |
| 2011 | Ottawa, ON | Asianna Covington (BC) | 45.04* | 45.04 |

| | | | | |
|------|-------------------|--|--------------------------|-------|
| 2012 | Charlottetown, PE | Asianna Covington (BC) | 43.74 | 45.04 |
| 2013 | Langley, BC | Olivia Moriconi (BC) | 44.25 | 45.04 |
| 2014 | Langley, BC | Gabrielle Rains (AB-NT) | 41.31 | 45.04 |
| 2015 | Ste. Therese, QC | Parfa Moussouanga (QC) | 44.82 | 45.04 |
| 2016 | Ste. Therese, QC | Grace Tennant (ON) | 46.14* | 46.14 |
| 2017 | Brandon, MB | Trinity Tutti (ON) | 49.25* | 49.25 |
| 2018 | Brandon, MB | Dolly Gabri (BC) Rachael Dyck (AB) Alison Sephens (ON) | 43.55 40.83 40.63 | 49.25 |
| 2019 | Cape Breton, NS | Jinaye Shomachuk (AB-NT) Hanna Van Stuyvenberg (Saugeen Tra) Keighan Decoff (NS/NV) | 44.12 41.19 38.84 | 49.25 |
| 2022 | Sherbrooke, QC | Julia Tunks (London Western) Keerat Dhillon Dayley Reimer (AB/NWT) | 49.82* 37.04 33.95 | 49.82 |
| 2023 | Sherbrooke, QC | Julia Tunks (London Western) Coc Van Nynatten (Thorold Elite) Jasmine Broere (Saugeen T.F.C.) | 54.64* 41.74 36.63 | 54.64 |
| 2024 | Calgary, AB | Sydney Johnson (Quinte Legion) Phoebe Onanpajo (Flying Angel) Coco Van Nynatten (Hamilton Olympic) | 39.40 38.63 36.38 | 54.64 |
| 2025 | Calgary, AB | Ciara Faith McKenzie (BC) Madeline Mullin (Unattached O) Jencie Henry (MB/NWO) | 44.11 40.46 40.06 | 54.64 |

DISCUS – Boys Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|--------------------------|----------|--------|
| 1975 | Waterloo, ON | No Event | | |
| 1976 | Edmonton, AB | Larry Tron (AB-NT) | 41.72* | 41.72 |
| 1977 | Oromocto, NB | John Neilson (ON) | 42.14* | 42.14 |
| 1978 | Peace Garden, MB | Bill McQuarrie (NS) | 43.48* | 43.48 |
| 1979 | St. John's, NL | Greg Chajkowski (ON) | 43.62* | 43.62 |
| 1980 | Saskatoon, SK | Dave Watkins (ON) | 43.00 | 43.62 |
| 1981 | Hamilton, ON | Derek Evely (BC) | 38.56 | 43.62 |
| 1982 | Fredericton/Oromocto, NB | Peter Massfeller (ON) | 44.84* | 44.84 |
| 1983 | Ottawa, ON | Lindsay Marshall (AB-NT) | 47.78* | 47.78 |
| 1984 | Halifax, NS | Tony Mucha (ON) | 47.46 | 47.78 |
| 1985 | Saskatoon, SK | Bojan Paunovic (MB/NWO) | 44.76 | 47.78 |
| 1986 | Sudbury, ON | Michel Marquette (QC) | 42.10 | 47.78 |
| 1987 | Calgary, AB | Michael Bross (QC) | 43.98 | 47.78 |
| 1988 | Quebec City, QC | Mike Neilson (BC) | 46.14 | 47.78 |
| 1989 | Victoria, BC | Jann Nikule (BC) | 46.32 | 47.78 |
| 1990 | Mount Pearl, NL | Chad Moreau (ON) | 46.80 | 47.78 |
| 1991 | Toronto, ON | Antonie Scholtz (BC) | 45.72 | 47.78 |
| 1992 | Calgary, AB | Jason Tunks (ON) | 50.54* | 50.54 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|-------------------------|-------|
| 1993 | Saskatoon, SK | Brad Snyder (ON) | 51.90* | 51.90 |
| 1994 | Ottawa, ON | Dominique Blais (QC) | 49.04 | 51.90 |
| 1995 | Winnipeg, MB | Garrett Collier (BC) | 48.66 | 51.90 |
| 1996 | Sherbrooke, QC | Cory Trudeau (ON) | 48.28 | 51.90 |
| 1997 | Mt. Pearl, NL | Dylan Armstrong (BC) | 46.16 | 51.90 |
| 1998 | Prince George, BC | Dylan Armstrong (BC) | 52.37* | 52.37 |
| 1999 | Sudbury, ON | Laurent Fortier (QC) | 46.16 | 52.37 |
| 2000 | Calgary, AB | Robert Greenough (BC) | 45.88 | 52.37 |
| 2001 | Sherbrooke, QC | Dave Adamek (ON) | 48.72 | 52.37 |
| 2002 | Sherbrooke, QC | Kyle Helf (ON) | 54.13* | 54.13 |
| 2003 | Kitchener/Waterloo, ON | Tyrell Mara | 48.70 | 54.13 |
| 2004 | Sudbury, ON | Zach Livingston (ON) | 47.79 | 54.13 |
| 2005 | Edmonton, AB | Justin Greif (SK) | 52.11 | 54.13 |
| 2006 | Burnaby, BC | Trey Henderson (BC) | 48.35 | 54.13 |
| 2007 | Oromocto, NB | Angus Taylor (BC) | 51.37 | 54.13 |
| 2008 | Sherbrooke, QC | Jackson Gray (ON) | 50.43 | 54.13 |
| 2009 | Sherbrooke, QC | Dellin Ingvaldson (BC) | 51.19 | 54.13 |
| 2010 | Ottawa, ON | Jordan Young (Open) | 60.74* | 60.74 |
| 2011 | Ottawa, ON | Brandon Deslauriers (Open) | 54.34 | 60.74 |
| 2012 | Charlottetown, PE | Trevor Greenwood (Open) | 49.14 | 60.74 |
| 2013 | Langley, BC | Alex Rawding (NS) | 51.29 | 60.74 |
| 2014 | Langley, BC | Joseph Maxwell (ON) | 52.97 | 60.74 |
| 2015 | Ste. Therese, QC | Joseph Maxwell (Open) | 56.99 | 60.74 |
| 2016 | Ste. Therese, QC | Cole Belkwell (ON) | 47.46 | 60.74 |
| 2017 | Brandon, MB | Cole Belkwell (ON) | 50.22 | 60.74 |
| 2018 | Brandon, MB | Ryan Jacklin (ON) Lucas Woodhall (ON) Callan Saldutto (ON) | 52.11 50.85 47.99 | 60.74 |
| 2019 | Cape Breton, NS | Ryan Jacklin (ON) Jeremy Elliott (ON) Hunter Wallster (SK) | 53.95 53.75 50.04 | 60.74 |
| 2022 | Sherbrooke, QC | Jake McEachern (AB/NWT) Liam Simard (QC) Liam Larson (London Western) | 55.48 50.24 46.15 | 60.74 |
| 2023 | Sherbrooke, QC | Aidan Crawford (Quinte Legion) Hunter Campbell (Sarnia Athletics) Austin Riha (Flying Angels) | 50.95 49.16 45.21 | 60.74 |
| 2024 | Calgary, AB | Luke Herring (Hamilton Olympic Club) Roman Yeterian (BC) Eghosa Ehigiator (Project Athletics) | 53.53 51.82 50.11 | 60.74 |
| 2025 | Calgary, AB | Eghosa Ehigiator (Project Athletics) Uthman Oladejobi (Project Athletics) Noah Mitoraj (ON) | 53.36 49.78 49.52 | 60.74 |

JAVELIN – Girls Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|--|--------------------------|---------------------------|----------|--------|
| 1975 | Waterloo, ON | Sylvie Brouillette (QC) | 41.28* | 41.28 |
| 1976 | Edmonton, AB | Cindy Crapper (ON) | 38.34 | 41.28 |
| 1977 | Oromocto, NB | Peggy Blumenthal (ON) | 32.44 | 41.28 |
| 1978 | Peace Garden, MB | Denise Hebert (ON) | 32.28 | 41.28 |
| 1979 | St. John's, NL | Joanne Vatour (NB) | 27.96 | 41.28 |
| 1980 | Saskatoon, SK | Kim Snow (ON) | 31.12 | 41.28 |
| 1981 | Hamilton, ON | Mandy Cockburn (ON) | 35.90 | 41.28 |
| 1982 | Fredericton/Oromocto, NB | Chantal Carpenter (QC) | 46.32* | 46.32 |
| 1983 | Ottawa, ON | Louise Perreault (ON) | 38.68 | 46.32 |
| 1984 | Halifax, NS | Tashlyn Chase (ON) | 34.80 | 46.32 |
| 1985 | Saskatoon, SK | Noella Kekula (SK) | 34.37 | 46.32 |
| 1986 | Sudbury, ON | Stacey Harris (SK) | 35.94 | 46.32 |
| 1987 | Calgary, AB | Valerie Tulloch (ON) | 39.28 | 46.32 |
| 1988 | Quebec City, QC | Isa Boulianne (QC) | 39.52 | 46.32 |
| 1989 | Victoria, BC | Josee Morneau (QC) | 32.48 | 46.32 |
| 1990 | Mount Pearl, NL | Ciara O'Hagen (SK) | 30.46 | 46.32 |
| 1991 | Toronto, ON | Julie McNiven (AB-NT) | 25.96 | 46.32 |
| 1992 | Calgary, AB | Annie Guillet (QC) | 36.56 | 46.32 |
| 1993 | Saskatoon, SK | Nicole Chimko (AB-NT) | 37.28 | 46.32 |
| 1994 | Ottawa, ON | Dominique Bilodeau (QC) | 41.10 | 46.32 |
| 1995 | Winnipeg, MB | Jessica Jones (QC) | 38.24 | 46.32 |
| 1996 | Sherbrooke, QC | Jess Jones-Baribeau (QC) | 37.16 | 46.32 |
| 1997 | Mt. Pearl, NL | Kate Forbes (NS) | 39.38 | 46.32 |
| 1998 | Prince George, BC | Marie-Eve Bernier (QC) | 36.69 | 46.32 |
| 1999 | Sudbury, ON | Kate Woodford (NL) | 37.43 | 46.32 |
| 2000 | Calgary, AB | Katrina Pitawanakwat (ON) | 37.01 | 46.32 |
| 2001 | Sherbrooke, QC | Katrina Pitawanakwat (ON) | 35.64 | 46.32 |
| 2002 | Sherbrooke, QC | Sara Collins (ON) | 39.13 | 46.32 |
| 2003 | Kitchener/Waterloo, ON | Natalie Quesnelle (ON) | 33.61 | 46.32 |
| 2004 | Sudbury, ON | Pighin Brooke (BC) | 37.29 | 46.32 |
| 2005 | Edmonton, AB | Nicolle Fraser (BC) | 40.50 | 46.32 |
| 2006 | Burnaby, BC | Kristie Redlick (SK) | 40.52 | 46.32 |
| 2007 | Oromocto, NB | Kirstie Redlick (SK) | 39.95 | 46.32 |
| 2008 | Sherbrooke, QC | Brooke Rowland (ON) | 39.75 | 46.32 |
| 2009 | Sherbrooke, QC | Brooke Rowland (ON) | 40.64 | 46.32 |
| 2010 | Ottawa, ON | Jessica Bartlett (NS) | 38.84 | 46.32 |
| 2011 | Ottawa, ON | Madison Munro (Open) | 38.09 | 46.32 |
| Weight Change from 600g to 500g | | | | |
| 2012 | Charlottetown, PE | Brittni Wolczyk (BC) | 44.97 | 46.32 |
| 2013 | Langley, BC | Grace Tennant (ON) | 39.15 | 46.32 |
| 2014 | Langley, BC | Grace Tennant (ON) | 41.86 | 46.32 |

| | | | | |
|------|------------------|---|--------------------------|-------|
| 2015 | Ste. Therese, QC | Rori Denness (Langley Mustangs) | 43.34 | 46.32 |
| 2016 | Ste. Therese, QC | Rori Denness (BC) | 40.29 | 46.32 |
| 2017 | Brandon, MB | Eniko Sara (BC) | 43.25 | 46.32 |
| 2018 | Brandon, MB | Jessie Buck (ON) Sa'mone Winters (QC) Nicole Hunter (ON) | 29.92 27.47 25.86 | 46.32 |
| 2019 | Cape Breton, NS | Alexandra Seagris (ON) Harley Martin (ON) Jessica Philpott (AB-NT) | 41.81 41.79 35.72 | 46.32 |
| 2022 | Sherbrooke, QC | Mikayla Grant (Eclipse) Gillian Galik (Comox Valley) Cassie Orr (Thorold Elite) | 39.73 36.37 35.92 | 46.32 |
| 2023 | Sherbrooke, QC | Gillian Galik (BC/YT) Andrea Jacob (AB/NWT) Savanah Griffith (ON) | 55.59* 40.91 38.88 | 55.59 |
| 2024 | Calgary, AB | Mallea McMullin (ON) Sadee Jones (SK) Florence Matte (Drummondville) | 39.19 32.60 31.68 | 55.59 |
| 2025 | Calgary, AB | MaAva Naranin (QC) Jane Zagorsky (Unattached A) Sara-Kim Renald (QC) | 37.55 36.56 35.13 | 55.59 |

JAVELIN– Boys Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|-------------------------|----------|--------|
| 1975 | Waterloo, ON | Barry Boley (ON) | 44.45* | 44.45 |
| 1976 | Edmonton, AB | John Uduari (ON) | 51.86* | 51.86 |
| 1977 | Oromocto, NB | Kelly Williams (ON) | 45.94 | 51.86 |
| 1978 | Peace Garden, MB | Kelly Williams (ON) | 53.04* | 53.04 |
| 1979 | St. John's, NL | Art Sartori (ON) | 49.56 | 53.04 |
| 1980 | Saskatoon, SK | Ron Rempel (ON) | 52.36 | 53.04 |
| 1981 | Hamilton, ON | Doug Singleton (MB/NWO) | 45.38 | 53.04 |
| 1982 | Fredericton/Oromocto, NB | Matt Myers (NB) | 44.24 | 53.04 |
| 1983 | Ottawa, ON | Stephen Potvin (ON) | 46.32 | 53.04 |
| 1984 | Halifax, NS | Michael Marquette (QC) | 51.82 | 53.04 |
| 1985 | Saskatoon, SK | Michel Valcourt (NB) | 49.46 | 53.04 |
| 1986 | Sudbury, ON | Christian Alain (QC) | 54.14* | 54.14 |
| 1987 | Calgary, AB | Dale Barnych (MB/NWO) | 45.86 | 54.14 |
| 1988 | Quebec City, QC | Ryan Bates (MB/NWO) | 47.76 | 54.14 |
| 1989 | Victoria, BC | Jamie Schweitzer (ON) | 45.86 | 54.14 |
| 1990 | Mount Pearl, NL | Eric LeBoutillier (NB) | 43.26 | 54.14 |
| 1991 | Toronto, ON | Eric LeBoutillier (NB) | 47.74 | 54.14 |
| 1992 | Calgary, AB | John Ellis (ON) | 52.50 | 54.14 |
| 1993 | Saskatoon, SK | John Ellis (ON) | 52.46 | 54.14 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|--------------------------|-------|
| 1994 | Ottawa, ON | Greg Major (ON) | 49.14 | 54.14 |
| 1995 | Winnipeg, MB | Przmek Balejko (QC) | 46.88 | 54.14 |
| 1996 | Sherbrooke, QC | Trevor Peterson (NS) | 47.34 | 54.14 |
| 1997 | Mt. Pearl, NL | Trevor Snyder (ON) | 52.88 | 54.14 |
| 1998 | Prince George, BC | Brian North (ON) | 47.18 | 54.14 |
| 1999 | Sudbury, ON | Chris Kargel (ON) | 43.62 | 54.14 |
| 2000 | Calgary, AB | David Archer (NS) | 46.49 | 54.14 |
| 2001 | Sherbrooke, QC | Kyle Helf (ON) | 51.42 | 54.14 |
| 2002 | Sherbrooke, QC | Ronald A. Sweeney (NL) | 51.81 | 54.14 |
| 2003 | Kitchener/Waterloo, ON | Jared Baird (NS/NU) | 52.52 | 54.14 |
| 2004 | Sudbury, ON | Jared Baird (NS/NU) | 60.70* | 60.70 |
| 2005 | Edmonton, AB | Kris Burleigh (BC/Yukon) | 54.66 | 60.70 |
| 2006 | Burnaby, BC | Brandon O'donnell (SK) | 56.52 | 60.70 |
| 2007 | Oromocto, NB | Kane Abbis-Mills (ON) | 50.82 | 60.70 |
| 2008 | Sherbrooke, QC | Kevin Bowman (ON) | 58.56 | 60.70 |
| 2009 | Sherbrooke, QC | Tyler Renton (ON) | 54.49 | 60.70 |
| 2010 | Ottawa, ON | Sebastian Colmor (QC) | 52.97 | 60.70 |
| 2011 | Ottawa, ON | Aaron Stroda (BC) | 51.23 | 60.70 |
| 2012 | Charlottetown, PE | Jordan Ellingson (Open) | 49.65 | 60.70 |
| 2013 | Langley, BC | Fletcher Smith (ON) | 58.15 | 60.70 |
| 2014 | Langley, BC | Tyler Field (ON) | 52.68 | 60.70 |
| 2015 | Ste. Therese, QC | Ben Smith (NS) | 53.40 | 60.70 |
| 2016 | Ste. Therese, QC | Jarrett Chong (BC) | 54.83 | 60.70 |
| 2017 | Brandon, MB | Elliott Payne (BC) | 55.79 | 60.70 |
| 2018 | Brandon, MB | Michael Lander-Pinard (NS) Cameron Kuziak (AB) Cole Bibby (BC) | 49.86 48.78 48.62 | 60.70 |
| 2019 | Cape Breton, NS | Cole Bibby (BC) Jacklin Lucas (Saugeen Trac) Sean Clarke (U Windsor At) | 54.94 47.79 47.76 | 60.70 |
| 2022 | Sherbrooke, QC | Travis Harfield Erik Solomon (AB/NWT) Nolan Crego (Brantford TFC) | 67.72* 56.03 53.59 | 67.72 |
| 2023 | Sherbrooke, QC | Tyson Servos (BC/YT) Zackary Molinaro (ON) Jim McLaren (ON) | 51.81 51.48 51.07 | 67.72 |
| 2024 | Calgary, AB | Frédéric Louis Roy (NB) Tyler Burns (Saugeen Track & Field) Maksim Tomicevic (London Western) | 49.15 43.55 39.51 | 67.72 |
| 2025 | Calgary, AB | Jack Schoenfelder (BC) Reed Passmore (MB/NWO) Levi Seel (BC) | 52.23 50.32 49.01 | 67.72 |

JAVELIN – Girls Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|---------------------------------|----------|--------|
| 1975 | Waterloo, ON | Barb Young (QC) | 35.80* | 35.80 |
| 1976 | Edmonton, AB | Lorrie Kokkla (ON) | 41.94* | 41.94 |
| 1977 | Oromocto, NB | Cindy Crapper (ON) | 42.52* | 42.52 |
| 1978 | Peace Garden, MB | Ellen Lynch (NB) | 36.0 | 42.52 |
| 1979 | St. John's, NL | Martha Hart (ON) | 40.02 | 42.52 |
| 1980 | Saskatoon, SK | Denise Hebert (ON) | 37.74 | 42.52 |
| 1981 | Hamilton, ON | Michelle Van Bargaen (ON) | 39.00 | 42.52 |
| 1982 | Fredericton/Oromocto, NB | Cheryl Coker (ON) | 43.10* | 43.10 |
| 1983 | Ottawa, ON | Kirsten Engelbrecht (ON) | 42.08 | 43.10 |
| 1984 | Halifax, NS | Molly Harrison (BC) | 42.26 | 43.10 |
| 1985 | Saskatoon, SK | Tashlyn Chase (ON) | 39.76 | 43.10 |
| 1986 | Sudbury, ON | Isabelle Surprenant (QC) | 45.16* | 45.16 |
| 1987 | Calgary, AB | Kim Vanderhoek (NS) | 42.00 | 45.16 |
| 1988 | Quebec City, QC | Dorothy Garant (QC) | 39.50 | 45.16 |
| 1989 | Victoria, BC | Stacey Harris (SK) | 40.26 | 45.16 |
| 1990 | Mount Pearl, NL | Signi MacNeill (BC) | 42.70 | 45.16 |
| 1991 | Toronto, ON | Beth Guptill (NB) | 39.38 | 45.16 |
| 1992 | Calgary, AB | Sami Jo Small (MB/NWO) | 40.50 | 45.16 |
| 1993 | Saskatoon, SK | Valerie St-Laurent (QC) | 38.18 | 45.16 |
| 1994 | Ottawa, ON | Christine Doucet (NB) | 42.44 | 45.16 |
| 1995 | Winnipeg, MB | Andrea Bulat (ON) | 43.78 | 45.16 |
| 1996 | Sherbrooke, QC | Margaret Mattinson (NS) | 39.70 | 45.16 |
| 1997 | Mt. Pearl, NL | Deanna Zelinka (ON) | 35.74 | 45.16 |
| 1998 | Prince George, BC | Kate Forbes (NS) | 41.01 | 45.16 |
| 1999 | Sudbury, ON | Kate Forbes (NS) | 45.16* | 45.16 |
| 2000 | Calgary, AB | Alana Redfern (PAC) | 43.88 | 43.88 |
| 2001 | Sherbrooke, QC | Daisy Vanravensway | 36.70 | 43.88 |
| 2002 | Sherbrooke, QC | Katrina Pitawanakwat (ON) | 40.41 | 43.88 |
| 2003 | Kitchener/Waterloo, ON | Jessica Massicotte (QC) | 29.38 | 43.88 |
| 2004 | Sudbury, ON | Elizabeth Gleadle | 38.70 | 43.88 |
| 2005 | Edmonton, AB | Elizabeth Gleadle | 45.89* | 45.89 |
| 2006 | Burnaby, BC | Nicolle Fraser (BC) | 44.10 | 45.89 |
| 2007 | Oromocto, NB | Nicolle Fraser (BC) | 45.10 | 45.89 |
| 2008 | Sherbrooke, QC | Chelsea Whalen (NS) | 45.25 | 45.89 |
| 2009 | Sherbrooke, QC | Chelsea Whalen (NS) | 44.20 | 45.89 |
| 2010 | Ottawa, ON | Madison Johnston (Open) | 44.68 | 45.89 |
| 2011 | Ottawa, ON | Millaine Raymond (Open) | 41.17 | 45.89 |
| 2012 | Charlottetown, PE | Victoria Smith (ON) | 49.77* | 49.77 |
| 2013 | Langley, BC | Brittini Wolczyk (BC) | 48.71 | 49.77 |
| 2014 | Langley, BC | Ashley Pryke (ON) | 43.46 | 49.77 |
| 2015 | Ste. Therese, QC | Maude Croteau-Vaillancourt (QC) | 45.02 | 49.77 |

| | | | | |
|------|------------------|---|--------------------------|-------|
| 2016 | Ste. Therese, QC | Marissa Mueller (Sarnia Athletes) | 46.86 | 49.77 |
| 2017 | Brandon, MB | Jv Patry-Smith (BC) | 46.70 | 49.77 |
| 2018 | Brandon, MB | Jenna Fleming (ON) Alexandria Webb (ON) Eniko Sara (BC) | 46.13 45.61 44.55 | 49.77 |
| 2019 | Cape Breton, NS | Alexandria Webb (ON) Ashley Spain (Woodstock Le) Lauryn Savela (Royal City T) | 49.88* 43.45 42.95 | 49.88 |
| 2022 | Sherbrooke, QC | Julia Konigshofer (NS/NU) Trynity Turner (MB/NWT) Dayle Reimer (AB/NWT) | 42.38 42.03 41.45 | 49.88 |
| 2023 | Sherbrooke, QC | Zo Filion-Harvey (Gatineau) Kendra Justice (AB/NWT) Mikayla Grant (Eclipse Track & Field) | 44.61 43.14 41.67 | 49.88 |
| 2024 | Calgary, AB | Mikayla Grant (Eclipse Track & Field) Kaitlyn Pepper (U Windsor) Catarina Bell (AB/NWT) | 45.74 42.87 42.86 | 49.88 |
| 2025 | Calgary, AB | Andrea Jacob (Capital City) Alana Car (Unattached B) Amber Spray (Unattached S) | 44.61 42.80 39.22 | 49.88 |

JAVELIN – Boys Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|--------------------------|----------|--------|
| 1975 | Waterloo, ON | Nelson Stockwell (AB-NT) | 54.34* | 54.34 |
| 1976 | Edmonton, AB | Tony Ruffo (ON) | 57.72* | 57.72 |
| 1977 | Oromocto, NB | John Udvari (ON) | 55.64 | 57.72 |
| 1978 | Peace Garden, MB | Chris Pawlyk (BC) | 56.78 | 57.72 |
| 1979 | St. John's, NL | Kelly Williams (ON) | 53.90 | 57.72 |
| 1980 | Saskatoon, SK | Troy Caithness (AB-NT) | 52.86 | 57.72 |
| 1981 | Hamilton, ON | Peter Taravaris (BC) | 63.58* | 63.58 |
| 1982 | Fredericton/Oromocto, NB | Mike Olma (BC) | 64.04* | 64.04 |
| 1983 | Ottawa, ON | Louis Brault (ON) | 59.42 | 64.04 |
| 1984 | Halifax, NS | Chris Vitsentzatos (ON) | 58.70 | 64.04 |
| 1985 | Saskatoon, SK | Doug Baird (BC) | 56.86 | 64.04 |
| 1986 | Sudbury, ON | Vincent Gadbois (QC) | 59.62 | 64.04 |
| 1987 | Calgary, AB | Shane Wiebe (BC) | 53.42 | 64.04 |
| 1988 | Quebec City, QC | Pascal Lafond (QC) | 56.88 | 64.04 |
| 1989 | Victoria, BC | Pascal Lafond (QC) | 60.50 | 64.04 |
| 1990 | Mount Pearl, NL | Mike Dumunnik (ON) | 64.62* | 64.62 |
| 1991 | Toronto, ON | Derek McMillan (ON) | 58.40 | 64.62 |
| 1992 | Calgary, AB | Krystian Gilbert (QC) | 58.82 | 64.62 |
| 1993 | Saskatoon, SK | Charles Beck (BC) | 56.02 | 64.62 |



**MEDAL WINNERS
1975 – TO PRESENT**

| | | | | |
|------|------------------------|---|-------------------------|-------|
| 1994 | Ottawa, ON | John Ellis (ON) | 56.80 | 64.62 |
| 1995 | Winnipeg, MB | Scott Russel (ON) | 60.52 | 64.62 |
| 1996 | Sherbrooke, QC | Byron Collyer (BC) | 52.18 | 64.62 |
| 1997 | Mt. Pearl, NL | Matthew Smith (NS) | 49.10 | 64.62 |
| 1998 | Prince George, BC | Trevor Synder (ON) | 57.12 | 64.62 |
| 1999 | Sudbury, ON | Bill Neumann (BC) | 63.21 | 64.62 |
| 2000 | Calgary, AB | Rob Edwards (ON) | 59.10 | 64.62 |
| 2001 | Sherbrooke, QC | Owen Kirby (BC/Yukon) | 51.47 | 64.62 |
| 2002 | Sherbrooke, QC | Kyle Helf (ON) | 63.92 | 64.62 |
| 2003 | Kitchener/Waterloo, ON | Olivier Boulva (QC) | 55.44 | 64.62 |
| 2004 | Sudbury, ON | Curtis Moss (BC/Yukon) | 68.29* | 68.29 |
| 2005 | Edmonton, AB | Jared Baird (NS/NU) | 61.91 | 68.29 |
| 2006 | Burnaby, BC | James Daabous (ON) | 67.49 | 68.29 |
| 2007 | Oromocto, NB | Wiley Collins (ON) | 74.35* | 74.35 |
| 2008 | Sherbrooke, QC | Caleb Jones (NB) | 63.65 | 74.35 |
| 2009 | Sherbrooke, QC | Raymond Dykstra (Open) | 67.55 | 74.35 |
| 2010 | Ottawa, ON | Trent Corney (Open) | 68.72 | 74.35 |
| 2011 | Ottawa, ON | Tyler Renton (Open) | 66.99 | 74.35 |
| 2012 | Charlottetown, PE | Max Hanna (Open) | 58.36 | 74.35 |
| 2013 | Langley, BC | Tyler Kostiuik (Open) | 64.71 | 74.35 |
| 2014 | Langley, BC | Benjamin Cross (Open) | 55.14 | 74.35 |
| 2015 | Ste. Therese, QC | Brendan Artley (Norwesters) | 58.77 | 74.35 |
| 2016 | Ste. Therese, QC | Timothy Hatton (ON) | 61.57 | 74.35 |
| 2017 | Brandon, MB | Jarrett Chong (BC) | 61.39 | 74.35 |
| 2018 | Brandon, MB | Jarret Chong (BC) Jared Elloit (ON) Caleb Lidlow (ON) | 67.55 62.85 60.17 | 74.35 |
| 2019 | Cape Breton, NS | David Mancini (QC) Noah Berniquier (NS/NV) Jesse Bulawka-Lepine (Manitoba and N) | 67.35 58.42 57.37 | 74.35 |
| 2022 | Sherbrooke, QC | Kalman Chyz Marty Bajarunas (BC) Deven Marrero (Kajaks Track) | 57.77 55.79 55.35 | 74.35 |
| 2023 | Sherbrooke, QC | Travis Harfield (Athletic Victoria) Kayden U-Ming (BC/YT) Kaleb Kennedy (Thorold Elite) | 74.93 63.42 58.10 | 74.93 |
| 2024 | Calgary, AB | Griffin Cole (BC) Aidan Crawford (Quinte Legion) Tyson Servos (BC) | 62.05 57.12 54.94 | 74.93 |
| 2025 | Calgary, AB | Duncan Smith (Sarnia Athle) Jim McLaren (ON) Jaxon Lamb (Stratford Sa) | 62.18 62.08 59.92 | 74.93 |

POLE VAULT (introduced in 2011)– Girls Under 16

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|-------------------|---|-----------------------|--------|
| 2011 | Ottawa, ON | Jessica Tan (BC) | 2.60* | 2.60 |
| 2012 | Charlottetown, PE | Alexzandra Smith-Vandyke (BC) | 2.80* | 2.80 |
| 2013 | Langley, BC | Kassandra Hordal (Open) | 3.20* | 3.20 |
| 2014 | Langley, BC | Madeline Li (ON) | 3.10 | 3.20 |
| 2015 | Ste. Therese, QC | Quinn Johnston (ON) | 2.80 | 3.20 |
| 2016 | Ste. Therese, QC | Maya Fetic (ON) | 3.10 | 3.20 |
| 2017 | Brandon, MB | Kasandra Savoie (QC) | 3.00 | 3.20 |
| 2018 | Brandon, MB | Isabelle Tunti (ON) Olivia Lundman (BC) Ella Foster (BC) | 3.10 3.00 3.00 | 3.20 |
| 2019 | Cape Breton, NS | Sonya Urbanowicz (BC) Daniela Beckett (London W)(Tied at 2 nd) Brynn Miller (North Halton) (Tied at 2 nd) | 3.30 2.90 | 3.30 |
| 2022 | Sherbrooke, QC | MacKenzie Hurtubise (BC) Liberty McCurdy (London Western) Jordyn French (Bolton Pole Vault) | 3.20 2.65 2.50 | 3.30 |
| 2023 | Sherbrooke, QC | Gabrie Armstrong (BC/YT) Francois-Lapalme (QC) Nella Krykorka (Bolton Pole Vault) | 3.31* 3.20 3.00 | 3.31 |
| 2024 | Calgary, AB | Deborah francois-LaPalme (Saint-Laurent) Katie Seto (Saskatoon TF) Fallon Borowski (SK) | 3.47* 2.75 2.30 | 3.47 |
| 2025 | Calgary, AB | Katie Seto (Saskatoon TF) Charlee Sage (ON) Lucy Schiedel (London Western) | 3.30 3.20 2.90 | 3.47 |

POLE VAULT (introduced in 2011) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|-------------------|--|------------------------|--------|
| 2011 | Ottawa, ON | Richard Jr. Mirkiewicz (open) | 3.80* | 3.80 |
| 2012 | Charlottetown, PE | Samuel Burton (QC) | 3.30 | 3.80 |
| 2013 | Langley, BC | Jason Clare (BC) | 3.50 | 3.80 |
| 2014 | Langley, BC | Nojah Parker (ON) | 3.55 | 3.80 |
| 2015 | Ste. Therese, QC | Samuel Vallee (Saint Jean) | 3.70 | 3.80 |
| 2016 | Ste. Therese, QC | Tyler Denes (Bolton Pole) | 3.50 | 3.80 |
| 2017 | Brandon, MB | Samuel Musto (QC) | 3.70 | 3.80 |
| 2018 | Brandon, MB | Bennet Woods (ON) Adrian Price-Roberts (BC) Ian Dafoe (ON) | 3.81* 3.50 3.30 | 3.81 |
| 2019 | Cape Breton, NS | Tekoa Kornelsen (AB-NT) George Kordas (BC) Aidan Turner (Ocean Athl) | 3.82* 3.55 J3.55 | 3.82 |

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|------|----------------|--|------------------------|------|
| 2022 | Sherbrooke, QC | Gabriel Genest (QC) Cédric Brin (Drummonville) William Millard (NorWesters) | 3.50 3.00 2.90 | 3.82 |
| 2023 | Sherbrooke, QC | Frédéri Lévesque (Corsaire-Chaparral) Chase Owen (Thorold Elite) Owen Lewis (ON) | 3.60 3.50 3.30 | 3.82 |
| 2024 | Calgary, AB | Christian Futo (ON) Tyler Hvidston (BC) Ethan Atkinson (London Western) | 4.25* 4.00* 3.70 | 4.25 |
| 2025 | Calgary, AB | Mark Baginskiy (ON) Logan Sutherland (BC) Jack Schoenfelder (BC) | 3.90 3.55 3.50 | 4.25 |

POLE VAULT (introduced in 1997) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|------------------------|--|-----------------------|--------|
| 1997 | Mt. Pearl, NL | Heather Meadmore (BC) | 3.00* | 3.00 |
| 1998 | Prince George, BC | Heather Meadmore (BC) | 3.30* | 3.30 |
| 1999 | Sudbury, ON | Arielle Mitchell (AB-NT) | 3.10 | 3.10 |
| 2000 | Calgary, AB | Kala Hadfield (BC) | 3.35* | 3.35 |
| 2001 | Sherbrooke, QC | Jessica Moreland | 3.36* | 3.36 |
| 2002 | Sherbrooke, QC | Kerri Clifford (BC/Yukon) | 3.05 | 3.36 |
| 2003 | Kitchener/Waterloo, ON | Amy Karl (AB) | 3.3 | 3.36 |
| 2004 | Sudbury, ON | No Entrants | | 3.36 |
| 2005 | Edmonton, AB | G. Duclos-Lasnier (QC) | 3.5* | 3.5 |
| 2006 | Burnaby, BC | Stacey Irvine (BC) | 3.70* | 3.70 |
| 2007 | Oromocto, NB | Stephanie Vause (SK) | 3.50 | 3.70 |
| 2008 | Sherbrooke, QC | Karleigh Parker (ON) | 3.38 | 3.70 |
| 2009 | Sherbrooke, QC | Alysha Newman (ON) | 3.50 | 3.70 |
| 2010 | Ottawa, ON | Alysha Newman (ON) | 3.91* | 3.91 |
| 2011 | Ottawa, ON | Robin Bone (Open) | 3.80 | 3.91 |
| 2012 | Charlottetown, PE | Allison Harris (Open) | 3.50 | 3.91 |
| 2013 | Langley, BC | Emma Li (Open) | 3.60 | 3.91 |
| 2014 | Langley, BC | Meghan Lim (AB-NT) | 3.30 | 3.91 |
| 2015 | Ste. Therese, QC | Quinn Johnston (ON) | 2.80 | 3.91 |
| 2016 | Ste. Therese, QC | Katy Magoffin (ON) | 3.30 | 3.91 |
| 2017 | Brandon, MB | Maya Fetic (Bolton Pole Vault) | 3.30 | 3.91 |
| 2018 | Brandon, MB | Alexzandra Thronson (ON) Mia Rodney (ON) Zoe Petkovic (ON) | 3.92* 3.40 3.30 | 3.92 |
| 2019 | Cape Breton, NS | Isabelle Hill (University of Toronto) Olivia Van Ryswyk (BC) Justine Hodson (ON) | 3.50 J3.50 3.30 | 3.92 |

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|------|----------------|---|-----------------------|------|
| 2022 | Sherbrooke, QC | Sophia Bryenton (London Western) Nathalie Flood (BC) | 3.25 2.90 | 3.92 |
| 2023 | Sherbrooke, QC | Macken Hurtubise (BC/YT) Jordyn Skarsen (AB/NWT) Charlotte Berner (Thorhold Elite) | 3.40 3.30 2.70 | 3.92 |
| 2024 | Calgary, AB | Mackenzie Hurtubise (BC) Gabrielle Armstrong (BC) Libby McCurdy (London Western) | 3.93* 3.60 3.40 | 3.93 |
| 2025 | Calgary, AB | Ali Jasinskas (London Western) Gabrielle Armstrong (Bolton Pole) Deborah francois-La-Palme (QC) | 3.94* 3.55 3.45 | 3.94 |

POLE VAULT – Boys Under 18

| Year | Location of Camp | Athlete & Province | Height | Record |
|------|--------------------------|----------------------------|--------|--------|
| 1975 | Waterloo, ON | Mark Bradley (ON) | 3.35* | 3.35 |
| 1976 | Edmonton, AB | Steve Parkhill (ON) | 3.65* | 3.65 |
| 1977 | Oromocto, NB | Glen Bradley (ON) | 3.65 | 3.65 |
| 1978 | Peace Garden, MB | Marc Cloutier (QC) | 3.83* | 3.83 |
| 1979 | St. John's, NL | Rudi Buntic (ON) | 3.65 | 3.83 |
| 1980 | Saskatoon, SK | Luc Fortin (QC) | 3.80 | 3.83 |
| 1981 | Hamilton, ON | Jim Kotsovolos (ON) | 3.60 | 3.83 |
| 1982 | Fredericton/Oromocto, NB | Pat Donlinger (AB-NT) | 3.90* | 3.90 |
| 1983 | Ottawa, ON | Francois Desaulnier (QC) | 4.30* | 4.30 |
| 1984 | Halifax, NS | Malcolm Chrystal (BC) | 4.25 | 4.30 |
| 1985 | Saskatoon, SK | Curtis Heywood (BC) | 4.20 | 4.30 |
| 1986 | Sudbury, ON | Ralph Essinger (BC) | 4.00 | 4.30 |
| 1987 | Calgary, AB | Jason Rakochy (SK) | 4.20 | 4.30 |
| 1988 | Quebec City, QC | Les Gramantic (AB-NT) | 4.20 | 4.30 |
| 1989 | Victoria, BC | Sebastien Sari (QC) | 3.85 | 4.30 |
| 1990 | Mount Pearl, NL | Darcy Molstad (AB-NT) | 4.05 | 4.30 |
| 1991 | Toronto, ON | Adam Toma (AB-NT) | 3.85 | 4.30 |
| 1992 | Calgary, AB | Todd Zubyck (ON) | 4.70* | 4.70 |
| 1993 | Saskatoon, SK | James Kowalewski (ON) | 4.00 | 4.70 |
| 1994 | Ottawa, ON | Bill Miller (ON) | 4.30 | 4.70 |
| 1995 | Winnipeg, MB | John Zubyck (ON) | 4.10 | 4.70 |
| 1996 | Sherbrooke, QC | John Zubyck (ON) | 4.30 | 4.70 |
| 1997 | Mt. Pearl, NL | Michael Kleywegt (ON) | 4.35 | 4.70 |
| 1998 | Prince George, BC | Graham Danziger (BC) | 4.20 | 4.70 |
| 1999 | Sudbury, ON | Matt Clifford (BC) | 4.41 | 4.70 |
| 2000 | Calgary, AB | Matt Clifford (BC) | 4.75* | 4.75 |
| 2001 | Sherbrooke, QC | David Foley (QC) | 4.80* | 4.80 |
| 2002 | Sherbrooke, QC | Fred Sutherland (BC/Yukon) | 4.10 | 4.80 |

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|------|------------------------|--|----------------------|------|
| 2003 | Kitchener/Waterloo, ON | Josh Kirkpatrick (ON) | 4.30 | 4.80 |
| 2004 | Sudbury, ON | Josh Kirkpatrick (ON) | 4.50 | 4.80 |
| 2005 | Edmonton, AB | Phillip Garratt (ON) | 4.30 | 4.80 |
| 2006 | Burnaby, BC | Geoffrey Law (BC) | 3.50 | 4.80 |
| 2007 | Oromocto, NB | Lane Britnell (SK) | 3.70 | 4.80 |
| 2008 | Sherbrooke, QC | Lane Britnell (SK) | 4.30 | 4.80 |
| 2009 | Sherbrooke, QC | David McKay (BC) | 4.45 | 4.80 |
| 2010 | Ottawa, ON | Adam Osborne (Open) | 4.00 | 4.80 |
| 2011 | Ottawa, ON | Conner Young (Open) | 3.80 | 4.80 |
| 2012 | Charlottetown, PE | Zach Kerr (Open) | 4.10 | 4.80 |
| 2013 | Langley, BC | Tristan Slater (Open) | 4.55 | 4.80 |
| 2014 | Langley, BC | Samuel Burton (QC) | 4.35 | 4.80 |
| 2015 | Ste. Therese, QC | Jason Clare (BC) | 4.50 | 4.80 |
| 2016 | Ste. Therese, QC | Brennan Seguin (Blackwater) | 4.35 | 4.80 |
| 2017 | Brandon, MB | Liam McRae (Unattached Ontario) | 4.20 | 4.80 |
| 2018 | Brandon, MB | Isaac Clemments (BC) Joshua Clarience (BC) Samuel Musto (QC) | 4.30 3.90 3.80 | 4.80 |
| 2019 | Cape Breton, NS | Bennett Woods (ON) Wyatt Knapp (ON) Joshua Carsience (BC) | 4.45 4.35 3.95 | 4.80 |
| 2022 | Sherbrooke, ON | Maxime-Antoine Vallée (Drummonville) Éliot Tremblay (QC) Kairo Chaing | 4.20 4.20 3.80 | 4.80 |
| 2023 | Sherbrooke, ON | Liam Miller (Bolton) Gabriel Genest (Corsaire-Chaparral) Liam West ((Bolton) | 4.45 4.35 4.05 | 4.80 |
| 2024 | Calgary, AB | Gabriele Genest (Corsaire-Chaparral) Liam West (ON) William Millard (BC) | 4.30 4.20 4.10 | 4.80 |
| 2025 | Calgary, AB | Christian Futo (ON) Ben Leveck (ON) Ethan Atkinson (London Western) | 4.75 4.55 4.25 | 4.80 |

HAMMER THROW (introduced in 2011)– Girls Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|-------------------|----------------------------------|----------|--------|
| 2011 | Ottawa, ON | Courtney Neville-Rutherford (BC) | 45.94* | 45.94 |
| 2012 | Charlottetown, PE | Chanell Botsis (Open) | 50.70* | 50.70 |
| 2013 | Langley, BC | Chanell Botsis (BC) | 55.21* | 55.21 |
| 2014 | Langley, BC | Lindsey Frederikse (Open) | 58.47* | 58.47 |
| 2015 | Ste. Therese, QC | Trinity Tutti (ON) | 50.48 | 58.47 |
| 2016 | Ste. Therese, QC | Pho Price-Roberts (BC) | 58.32 | 58.47 |

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|------|-----------------|--|-------------------------|-------|
| 2017 | Brandon, MB | Catherina Blouin (QC) | 49.74 | 58.47 |
| 2018 | Brandon, MB | Jinaye Shomachuk (AB) Alexa Windle (ON) Ashley Sylvester (QC) | 48.33 46.94 38.64 | 58.47 |
| 2019 | Cape Breton, NS | Camille Desjardins (QC) Ana Maria Manousaridis (York Uni) Michell Van Suyvenberg (ON) | 50.05 46.01 45.66 | 58.47 |
| 2022 | Sherbrooke, QC | Talia Phangura Gurleen Mander (BC) Emma Negri | 44.02 43.74 43.37 | 58.47 |
| 2023 | Sherbrooke, QC | Emma Negri (ON) Mykayla Scarlett (Project Athletic) Talia Phangura (Unattached BC) | 58.12 49.22 44.80 | 58.47 |
| 2024 | Calgary, AB | Claire Gromack (NB) Megan Teolis (Ultra Throw) Tara Gharehcheloo (ON) | 50.66 48.73 47.78 | 58.47 |
| 2025 | Calgary, AB | Olivia Froemchen (Hamilton Olymp) Colby Pilsner Roberts (AB/NWT) Blaire Rickard (Project Athl) | 55.59 53.80 45.58 | 58.47 |

HAMMER THROW (introduced in 2011) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|-------------------|--|--------------------------|--------|
| 2011 | Ottawa, ON | Benjamin Ingvaldson (BC) | 51.35* | 51.35 |
| 2012 | Charlottetown, PE | Drew Erskine (NS) | 53.94* | 53.94 |
| 2013 | Langley, BC | Gregory MacCarthy (NS) | 51.48 | 53.94 |
| 2014 | Langley, BC | Vikramjit Gondara (BC) | 59.44* | 59.44 |
| 2015 | Ste. Therese, QC | Rowan Hamilton (BC) | 53.43 | 59.44 |
| 2016 | Ste. Therese, QC | Jarrett Chong (BC) | 56.71 | 59.44 |
| 2017 | Brandon, MB | Ethan Katzberg (BC) | 61.54* | 61.54 |
| 2018 | Brandon, MB | Michael Ogbeiwi (BC) Josh Linington (ON) Matthew Uliana (BC) | 54.00 51.36 48.47 | 61.54 |
| 2019 | Cape Breton, NS | Kian Zabihi (Kamloops Tra) Michael Ogbeiwi (BC) Mathew Uliana (Vancouver TH) | 67.21* 61.50 59.92 | 67.21 |
| 2022 | Sherbrooke, QC | Lawrence Man (BC) Jason Liu (York) Louis-David Gagnon | 56.61 45.29 45.27 | 67.21 |
| 2023 | Sherbrooke, QC | Gursher Gabri (Unattached BC) Chase Longley (Kajaks T.F. C.) Calder Johnston (Excel Athletics) | 56.97 55.28 51.21 | 67.21 |
| 2024 | Calgary, AB | Gursher Gabri (BC) Connor Woods (AB/NWT) Jj Martel (Unattached-S) | 65.68 49.86 45.69 | 67.21 |

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|------|-------------|---|-------------------------|-------|
| 2025 | Calgary, AB | Nic Blois (NS/NU) Noah Vanneck (London Weste) Ryan Gobin (AB/NWT) | 55.10 51.29 50.87 | 67.21 |
|------|-------------|---|-------------------------|-------|

HAMMER THROW (introduced in 1994) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|------------------------|---|-------------------------|--------|
| 1994 | Ottawa, ON | Michelle Fournier (QC) | 40.78* | 40.78 |
| 1995 | Winnipeg, MB | Sarah Fletcher (ON) | 39.10 | 40.78 |
| 1996 | Sherbrooke, QC | Shannon Swanson (BC) | 37.86 | 40.78 |
| 1997 | Mt. Pearl, NL | Nathalie Thenor (QC) | 46.70* | 46.70 |
| 1998 | Prince George, BC | Nathalie Thenor (QC) | 52.76* | 52.76 |
| 1999 | Sudbury, ON | Jennifer Padrinao (BC) | 49.88 | 52.76 |
| 2000 | Calgary, AB | Catherine Palm (BC) | 42.52 | 52.76 |
| 2001 | Sherbrooke, QC | Catrina Chrisholm (BC/Yukon) | 47.59 | 52.76 |
| 2002 | Sherbrooke, QC | Catrina Chrisholm (BC/Yukon) | 50.77 | 52.76 |
| 2003 | Kitchener/Waterloo, ON | Marie Eve Boisselle (QC) | 53.32* | 53.32 |
| 2004 | Sudbury, ON | Rochelle Kokayko | 56.15* | 56.15 |
| 2005 | Edmonton, AB | Heather Steacy (AB-NT) | 50.65 | 56.15 |
| 2006 | Burnaby, BC | Emma McCorquodale (BC) | 49.62 | 56.15 |
| 2007 | Oromocto, NB | Emmalyne Maccorquodale (BC) | 53.12 | 56.15 |
| 2008 | Sherbrooke, QC | Joanna Franke (BC) | 46.37 | 56.15 |
| 2009 | Sherbrooke, QC | Samantha Kennedy (BC) | 42.47 | 56.15 |
| 2010 | Ottawa, ON | Samantha Kennedy | 45.00 | 56.15 |
| 2011 | Ottawa, ON | Asianna Covington (BC) | 50.61 | 56.15 |
| 2012 | Charlottetown, PE | Courtney Neville-Rutherford | 53.18 | 56.15 |
| 2013 | Langley, BC | Natasha Akbarzadeh (BC) | 56.21 | 56.21 |
| 2014 | Langley, BC | Cyerra Cassell (ON) | 61.06* | 61.06 |
| 2015 | Ste. Therese, QC | Lindsey Frederiksen (BC) | 60.96 | 61.06 |
| 2016 | Ste. Therese, QC | Rogers, Camryn(Kajaks Track) | 58.69 | 61.06 |
| 2017 | Brandon, MB | Trinity Tutti (ON) | 56.32 | 61.06 |
| 2018 | Brandon, MB | Mateya Haintz (BC) Phoebe Price-Roberts (BC) Miranda Tcheutchoua (QC) | 61.01 60.64 58.35 | 61.06 |
| 2019 | Cape Breton, NS | Catherina Blouin (QC) Billie Martin (ON) Omonyne Osenzua (Project Athl) | 56.75 56.23 51.58 | 61.06 |
| 2022 | Sherbrooke, QC | Lauren Curtis (BC) Elise Drake (Kajaks) Keerat Dhillon | 53.36 52.91 52.14 | 61.06 |
| 2023 | Sherbrooke, QC | Lauren Curtis (BC/YT) Sierra Anderson (Project Athletic) Sydney Kube (AB/NWT) | 54.63 51.28 48.44 | 61.06 |
| 2024 | Calgary, AB | Talia Phangura (Unattached B) Gurleen Mander (BC) Sierra Anderson (Project Athletics) | 55.95 55.64 54.62 | 61.06 |

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|------|-------------|--|--------------------------|-------|
| 2025 | Calgary, AB | Mykayla Scarlett (Project Athl) Elliott Pilsner Roberts (AB/NWT) Talia Phangura (Unattached) | 62.72* 58.12 55.89 | 62.72 |
|------|-------------|--|--------------------------|-------|

HAMMER THROW (introduced in 1988) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|------------------------|--|-------------------------|--------|
| 1988 | Quebec City, QC | Glenn McAtee (BC) | 51.22* | 51.22 |
| 1989 | Victoria, BC | Eric Guy (QC) | 50.32 | 51.22 |
| 1990 | Mount Pearl, NL | Winston Giles (BC) | 47.12 | 51.22 |
| 1991 | Toronto, ON | Wes Boudreau (BC) | 56.56* | 56.56 |
| 1992 | Calgary, AB | Wes Boudreau (BC) | 63.14* | 63.14 |
| 1993 | Saskatoon, SK | Ken Mclwain (BC) | 47.64 | 63.14 |
| 1994 | Ottawa, ON | Jarom Lapierre (QC) | 49.22 | 63.14 |
| 1995 | Winnipeg, MB | Garrett Collier (BC) | 51.16 | 63.14 |
| 1996 | Sherbrooke, QC | Murray Heber (AB-NT) | 47.74 | 63.14 |
| 1997 | Mt. Pearl, NL | Dylan Armstrong (BC) | 53.68 | 63.14 |
| 1998 | Prince George, BC | Dylan Armstrong (BC) | 70.22* | 70.22 |
| 1999 | Sudbury, ON | Mike Ankerman (BC) | 56.64 | 70.22 |
| 2000 | Calgary, AB | Mike Ankerman (BC) | 60.92 | 70.22 |
| 2001 | Sherbrooke, QC | Tyler Gzuba (BC) | 50.43 | 70.22 |
| 2002 | Sherbrooke, QC | Sean Laforest (BC/Yukon) | 58.78 | 70.22 |
| 2003 | Kitchener/Waterloo, ON | Al'Arbi Dendane (QC) | 62.76 | 70.22 |
| 2004 | Sudbury, ON | J.D. Rose (BC/Yukon) | 57.15 | 70.22 |
| 2005 | Edmonton, AB | Trey Henderson (BC/Yukon) | 65.53 | 70.22 |
| 2006 | Burnaby, BC | Trey Henderson (BC) | 67.45 | 70.22 |
| 2007 | Oromocto, NB | Angus Taylor (BC) | 62.19 | 70.22 |
| 2008 | Sherbrooke, QC | Alex Pilar (Saugeen Trac) | 55.65 | 70.22 |
| 2009 | Sherbrooke, QC | Kevin Bowman (ON) | 62.50 | 70.22 |
| 2010 | Ottawa, ON | Jordan Young (Open) | 62.29 | 70.22 |
| 2011 | Ottawa, ON | Peter Millman (NS) | 65.48 | 70.22 |
| 2012 | Charlottetown, PE | Tory Shewfelt (SK) | 57.11 | 70.22 |
| 2013 | Langley, BC | Drew Erskine (NS) | 75.60 | 70.22 |
| 2014 | Langley, BC | Noah Rolph (ON) | 61.95 | 70.22 |
| 2015 | Ste. Therese, QC | Vikramjit Gondara (BC) | 58.68 | 70.22 |
| 2016 | Ste. Therese, QC | Vikramjit Gondara (Valley Royal) | 64.95 | 70.22 |
| 2017 | Brandon, MB | Rowan Hamilton (BC) | 69.54 | 70.22 |
| 2018 | Brandon, MB | Ryan Jacklin (ON) Ethan Katzberg (BC) Iqam Bhandal (BC) | 64.81 58.26 56.47 | 70.22 |
| 2019 | Cape Breton, NS | Ryan Jacklin (ON) Jeremy Elliott (ON) Mathew Arnold (BC) | 69.74 58.53 58.10 | 70.22 |
| 2022 | Sherbrooke, QC | Jake McEachern Kian Zabihi (BC) Deven Marrero (Kajaks) | 69.24 58.52 57.93 | 70.22 |

| | | | | |
|------|----------------|---|-------------------------|-------|
| 2023 | Sherbrooke, QC | Lawrence Man (BC/NWT) Caleb Hominick (NS/NU) Owen Robins (Thorold Elite) | 54.01 53.39 50.70 | 70.22 |
| 2024 | Calgary, AB | Jason Liu (York University) Luke Herring (Hamilton Olympic Club) Chase Longley (BC) | 59.06 58.54 57.87 | 70.22 |
| 2025 | Calgary, AB | Chase Longley (BC) Gursher Gabri (BC) Connor Woods (Lakeland Yel) | 65.06 63.59 60.91 | 70.22 |

TRIPLE JUMP (introduced in 2007)– Girls Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|-------------------|--|-------------------------|--------|
| 2007 | Oromocto, NB | Chloe Hetherton (SK) | 11.93* | 11.93 |
| 2008 | Sherbrooke, QC | Rachel Romu (MB) | 12.00* | 12.00 |
| 2009 | Sherbrooke, QC | Sarah Taplin (NB) | 11.21 | 12.00 |
| 2010 | Ottawa, ON | Angela Mercurio (ON) | 11.92 | 12.00 |
| 2011 | Ottawa, ON | Angela Mercurio (ON) | 11.48 | 12.00 |
| 2012 | Charlottetown, PE | Stephanie Cho (BC) | 11.67 | 12.00 |
| 2013 | Langley, BC | Ebhani Blackwood (ON) | 11.77 | 12.00 |
| 2014 | Langley, BC | Ivana Nyemeck (QC) | 11.38 | 12.00 |
| 2015 | Ste. Therese, QC | Kristen Schultz (BC) | 11.41 | 12.00 |
| 2016 | Ste. Therese, QC | Jada Roach (SAS) | 11.53 | 12.00 |
| 2017 | Brandon, MB | Sierra Sweeney (NS/NU) | 11.38 | 12.00 |
| 2018 | Brandon, MB | Jillian Catton (ON) Madeline Ruth Starr (QC) Kennedy Primrose (BC) | 11.91 11.13 11.10 | 12.00 |
| 2019 | Cape Breton, NS | Kalista Elliott (ON) Tolulope Akinduro (Flying Angel) Madeline Ruth Starr (QC) | 11.91 11.54 11.23 | 12.00 |
| 2022 | Sherbrooke, QC | Brooklyn Taylor (York) Genevieve Mayville (York) Hannah Gates (SK) | 11.01 10.88 10.63 | 12.00 |
| 2023 | Sherbrooke, QC | Hannah Gates (SK) Myka Wilson (NS/NU) Nadya Nemes (unattached) | 11.28 11.12 11.09 | 12.00 |
| 2024 | Calgary, AB | Addyson Parish (ON) Tessa Bell (BC) Myka Wilson (NS/NU) | 11.59 11.20 10.99 | 12.00 |
| 2025 | Calgary, AB | Lebisa Paranitharan (ON) Chioma Uzozie (Vancouver Th) Gurleen Rai (Vancouver Th) | 11.44 11.28 10.94 | 12.00 |

TRIPLE JUMP (introduced in 2007)– Boys Under 16

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|-------------------|---------------------------------------|----------|--------|
| 2007 | Oromocto, NB | Marvin Muschette (ON) | 13.19* | 13.19 |
| 2008 | Sherbrooke, QC | Thomas Bednarik (ON) | 12.98 | 13.19 |
| 2009 | Sherbrooke, QC | Nicholas Fyffe (BC) | 13.73* | 13.73 |
| 2010 | Ottawa, ON | Austin Kreller (ON) | 12.84 | 13.73 |
| 2011 | Ottawa, ON | Patrick Hanna (QC) | 13.34 | 13.73 |
| 2012 | Charlottetown, PE | Scott Billings (Open) | 12.87 | 13.73 |
| 2013 | Langley, BC | Ivan Nyemeck (QC) | 13.60 | 13.73 |
| 2014 | Langley, BC | Frederic Hanna (QC) | 13.60 | 13.73 |
| 2015 | Sté. Therese, QC | Bryce MacKenzie (BC) | 13.18 | 13.73 |
| 2016 | Sté. Therese, QC | Mackenzie Stathis (QC) | 13.16 | 13.73 |
| 2017 | Brandon, MB | Zackary Poirier (Calgary Warr) | 12.86 | 13.73 |
| 2018 | Brandon, MB | Praise Aniamaka (BC) | 13.82* | 13.82 |
| | | Émerick Bayard-Fournier (QC) | 13.46 | |
| | | Joshua Seepersad (ON) | 13.06 | |
| 2019 | Cape Breton, NS | Émerick Bayard-Fournier (QC) | 14.06* | 14.06 |
| | | Stephen Davis (ON) | 13.84 | |
| | | Emanuel Goi (AB-NT) | 13.61 | |
| 2022 | Sherbrooke, QC | Sayanthan Arulrajan (United Tamil) | 13.36 | 14.06 |
| | | Kai Gibson (Ottawa Lions) | 12.60 | |
| | | Sakeeran Ganeshamurthi (United Tamil) | 12.30 | |
| 2023 | Sherbrooke, QC | Ryan Fugel (SK) | 13.49 | 14.06 |
| | | Alexis Godbout (QC) | 12.68 | |
| | | Sadiekie Hayden (Thorold Elite) | 12.67 | |
| 2024 | Calgary, AB | David Ude (BC) | 13.72 | 14.06 |
| | | Kottelenberg Warren (ON) | 13.21 | |
| | | Kyler Duclos (SK) | 13.16 | |
| 2025 | Calgary, AB | Maxime Cazabon (Ottawa Lions) | 13.45 | 14.06 |
| | | Taymar Dunkley (Flying Angel) | 13.45 | |
| | | Callum Williams (NorWesters T) | 13.05 | |
| | | Joshua Ilunga (York Univers) | 13.05 | |
| | | Pierce MacKenzie (NS/NU) | 12.73 | |

TRIPLE JUMP (introduced in 1988) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|------------------|------------------------|----------|--------|
| 1988 | Quebec City, QC | Tracey Dulmage (SK) | 11.19* | 11.19 |
| 1989 | Victoria, BC | Kubet Weston (ON) | 11.37* | 11.37 |
| 1990 | Mount Pearl, NL | Megan Francis (MB/NWO) | 10.89 | 11.37 |
| 1991 | Toronto, ON | Noelle Chorney (SK) | 11.36 | 11.37 |
| 1992 | Calgary, AB | Crystal Shadd (ON) | 11.99* | 11.99 |

| | | | | |
|------|------------------------|--|-------------------------|-------|
| 1993 | Saskatoon, SK | Sarah Schnare (BC) | 11.35 | 11.99 |
| 1994 | Ottawa, ON | Veronica Dyer (ON) | 11.22 | 11.99 |
| 1995 | Winnipeg, MB | Stephany Reid (NB) | 12.41* | 12.41 |
| 1996 | Sherbrooke, QC | Danielle Kot (SK) | 11.54 | 12.41 |
| 1997 | Mt. Pearl, NL | Stephany Reid (NB) | 12.21 | 12.41 |
| 1998 | Prince George, BC | Nicole Kaffka (BC) | 11.33 | 12.41 |
| 1999 | Sudbury, ON | Kerriann Mitchell (ON) | 11.58 | 12.41 |
| 2000 | Calgary, AB | Kerriann Mitchell (ON) | 11.90 | 12.41 |
| 2001 | Sherbrooke, QC | Tabia Charles | 12.21 | 12.41 |
| 2002 | Sherbrooke, QC | Sarah Nelson (ON) | 11.67 | 12.41 |
| 2003 | Kitchener/Waterloo, ON | Kim Tse (AB) | 11.41 | 12.41 |
| 2004 | Sudbury, ON | Neb Zachariah (ON) | 11.85 | 12.41 |
| 2005 | Edmonton, AB | Jaime Gittens (ON) | 11.77 | 12.41 |
| 2006 | Burnaby, BC | Jaime Gittens (ON) | 11.97 | 12.41 |
| 2007 | Oromocto, NB | Emma Dobson (ON) | 11.24 | 12.41 |
| 2008 | Sherbrooke, QC | Chloe Heatherton (SK) | 12.34 | 12.41 |
| 2009 | Sherbrooke, QC | Caroline Ehrhardt (Open) | 12.25 | 12.41 |
| 2010 | Ottawa, ON | Julia Stille (ON) | 11.76 | 12.41 |
| 2011 | Ottawa, ON | Angela Mercurio, ON | 11.48 | 12.41 |
| 2012 | Charlottetown, PE | Angela Mercurio (ON) | 12.10 | 12.41 |
| 2013 | Langley, BC | Brittany Graves (ON) | 11.93 | 12.41 |
| 2014 | Langley, BC | Jamilah James (ON) | 12.61* | 12.61 |
| 2015 | Ste. Therese, QC | Kerry-Ann James (U of T) | 12.09 | 12.61 |
| 2016 | Ste. Therese, QC | Alissa Melvin (Laurel Creek) | 12.16 | 12.61 |
| 2017 | Brandon, MB | Mikeisha Welcome (ON) | 12.26 | 12.61 |
| 2018 | Brandon, MB | Busola Akinduro (ON) Rebecca Dutchak (BC) Jada Roach (SK) | 12.23 11.59 11.56 | 12.61 |
| 2019 | Cape Breton, NS | Busola Akinduro (Flying Angel) Lara Denbow (Prairie Stor) Jillian Catton (ON) | 12.01 11.98 11.82 | 12.61 |
| 2022 | Sherbrooke, QC | Asia Phillips (Flying Angel) Savahanna Gyasi-Nimako (Flying Angel) Sarah McChristie (MB/NWO) | 12.57 11.30 11.03 | 12.61 |
| 2023 | Sherbrooke, QC | Asia Phillips (Flying Angels) Shiloh Cross (Flying Angels) Lucy Okafor (Calgary Spartans) | 12.65 11.75 11.55 | 12.61 |
| 2024 | Calgary, AB | Shiloh Cross (Flying Angel) Sofia Varma-Vitug (BC) Brooklyn Taylor (York University) | 12.15 12.14 11.98 | 12.61 |
| 2025 | Calgary, AB | Lnda Zhou (BC) Kyjah (Flying Angel) Joanne Fasakin (AB/NWT) | 12.04 11.68 11.49 | 12.61 |

TRIPLE JUMP – Boys Under 18

| Year | Location of Camp | Athlete & Province | Distance | Record |
|------|--------------------------|------------------------------|----------|--------|
| 1975 | Waterloo, ON | Ozzie Sargeant (ON) | 13.31* | 13.31 |
| 1976 | Edmonton, AB | Don Adams (ON) | 13.52* | 13.52 |
| 1977 | Oromocto, NB | Everton McDougal (ON) | 13.64* | 13.64 |
| 1978 | Peace Garden, MB | Gord Sados (AB-NT) | 12.69 | 13.64 |
| 1979 | St. John's, NL | Ian James (ON) | 12.59 | 13.64 |
| 1980 | Saskatoon, SK | Mike Williams (ON) | 12.75 | 13.64 |
| 1981 | Hamilton, ON | Kerry Munro (ON) | 13.07 | 13.64 |
| 1982 | Fredericton/Oromocto, NB | Calvin Count (AB-NT) | 13.34 | 13.64 |
| 1983 | Ottawa, ON | Eldrick Florea (ON) | 14.13* | 14.13 |
| 1984 | Halifax, NS | Casey Belaisis (ON) | 13.95 | 14.13 |
| 1985 | Saskatoon, SK | Clint Lange (BC) | 13.29 | 14.13 |
| 1986 | Sudbury, ON | Soren Rasmussen (AB-NT) | 14.39* | 14.39 |
| 1987 | Calgary, AB | Todd Bertrand (QC) | 14.01 | 14.39 |
| 1988 | Quebec City, QC | Sean Taylor (QC) | 13.91 | 14.39 |
| 1989 | Victoria, BC | Sam Davis (ON) | 13.76 | 14.39 |
| 1990 | Mount Pearl, NL | Sam Davis (ON) | 14.31 | 14.39 |
| 1991 | Toronto, ON | Deogo Labelle (QC) | 13.97 | 14.39 |
| 1992 | Calgary, AB | Adrian Woodley (ON) | 14.84* | 14.84 |
| 1993 | Saskatoon, SK | Didier Bouchard (QC) | 14.00 | 14.84 |
| 1994 | Ottawa, ON | Devon Davis (ON) | 14.46 | 14.84 |
| 1995 | Winnipeg, MB | Kriss Peterson (ON) | 14.56 | 14.84 |
| 1996 | Sherbrooke, QC | Obi Ikejani (NB) | 14.12 | 14.84 |
| 1997 | Mt. Pearl, NL | Bruce McCannel (SK) | 13.84 | 14.84 |
| 1998 | Prince George, BC | Bruce McCannell (SK) | 14.49 | 14.84 |
| 1999 | Sudbury, ON | Stephane Richard (QC) | 14.45 | 14.84 |
| 2000 | Calgary, AB | Steve Cove (ON) | 13.48 | 14.84 |
| 2001 | Sherbrooke, QC | Michel Richard | 13.99 | 14.84 |
| 2002 | Sherbrooke, QC | Dwayne Harriott (ON) | 14.57 | 14.84 |
| 2003 | Kitchener/Waterloo, ON | Ian Jestadt (SK) | 13.61 | 14.84 |
| 2004 | Sudbury, ON | Orlando Williams (ON) | 14.21 | 14.84 |
| 2005 | Edmonton, AB | Kurt McCormack (PE) | 14.10 | 14.84 |
| 2006 | Burnaby, BC | Jeremy Yang (ON) | 13.46 | 14.84 |
| 2007 | Oromocto, NB | Brandon Rosenburg (NS) | 13.55 | 14.84 |
| 2008 | Sherbrooke, QC | Taylor Stewart (ON) | 14.13 | 14.84 |
| 2009 | Sherbrooke, QC | Marvin Muschette (ON) | 14.25 | 14.84 |
| 2010 | Ottawa, ON | David Nsabua (Open) | 14.26 | 14.84 |
| 2011 | Ottawa, ON | Jordan Bates (Open) | 11.70 | 14.84 |
| 2012 | Charlottetown, PE | Tacum Anderson-Richards (ON) | 14.40 | 14.84 |
| 2013 | Langley, BC | Patrick Hanna (QC) | 13.88 | 14.84 |
| 2014 | Langley, BC | Ivan Nyemeck (QC) | 14.45 | 14.84 |
| 2015 | Ste. Therese, QC | Ivan Nyemeck (QC) | 15.02* | 15.02 |
| 2016 | Ste. Therese, QC | Frédéric Hanna (QC) | 14.34 | 15.02 |
| 2017 | Brandon, MB | Femi Akinduro (Flying Angel) | 14.02 | 15.02 |

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|------|-----------------|--|-------------------------|-------|
| 2018 | Brandon, MB | Deandre Fournier (ON) Benayo Olak (ON) Markus Rurangirwa (MB) | 14.37 14.32 14.11 | 15.02 |
| 2019 | Cape Breton, NS | Praise Aniamaka (BC) Daxx Turner (MB) Kenneth West (Flying Angel) | 14.78 14.75 14.35 | 15.02 |
| 2022 | Sherbrooke, QC | Divine Aniamaka (BC) Daiquan Monteith (Flying Angels) Arwin Mathi (United Tamil) | 14.79 14.69 14.16 | 15.02 |
| 2023 | Sherbrooke, QC | Ban Kulainthiran (ON) Kevin Salaudeen (Quinte Legion) Matt Kathiravelu (United Tamil SC) | 14.85 13.97 13.95 | 15.02 |
| 2024 | Calgary, AB | Daanish Adams (ON) Jaden Stewart (ON) Alexander Anusiem (Running Room) | 14.68 14.59 13.65 | 15.02 |
| 2025 | Calgary, AB | David Ude (BC) Mico Penich (Thorold Elit) James Rideout (BC) | 14.33 14.27 14.14 | 15.02 |

PENTATHLON (introduced in 2011) – Girls Under 16

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|-------------------|---|----------------------|--------|
| 2011 | Ottawa, ON | Keely Watts-Watling (Open) | 3057* | 3057 |
| 2012 | Charlottetown, PE | Sophie Pauls (BC) | 3153* | 3153 |
| 2013 | Langley, BC | Nina Schultz (BC) | 3332* | 3332 |
| 2014 | Langley, BC | Victoria Fair (ON) | 3330 | 3332 |
| 2015 | Ste. Therese, QC | Ashley Germain (Dynamique de Laval) | 3290 | 3332 |
| 2016 | Ste. Therese, QC | Chloé Royce (QC) | 3458* | 3458 |
| 2017 | Brandon, MB | Kassandra Savoie (QC) | 3070 | 3458 |
| 2018 | Brandon, MB | Isabella Goudos (ON) Sarah Feschuk (AB) Alicia Bremer (BC) | 3450 3042 2852 | 3458 |
| 2019 | Cape Breton, NS | Shelaine Pritchard (SK) Jayel Dovichak (Bulldogs Tra) Sarah Feschuk (AB-NT) | 3150 3066 3019 | 3458 |
| 2022 | Sherbrooke, QC | Gabby Paterson (AB/NWT) Clémence Lavoie (QC) Eva Wilson | 3210 2882 2321 | 3458 |
| 2023 | Sherbrooke, QC | Lily Stroda (BC/YT) Jonckeau Gauvin (QC) Laure Castonguay (Vainqueurs Plus) | 3233 2797 2690 | 3458 |

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|------|-------------|---|----------------------|------|
| 2024 | Calgary, AB | Josee Regala (ON) Kewine Lafo Nana Kouasseu (QC) Tessa Bell (BC) | 3136 2881 2874 | 3458 |
| 2025 | Calgary, AB | Chioma Uzozie (Vancouver Th) Rayah Underwood (Peninsula Tr) Fiona McMillan (AB/NWT) | 3281 3051 3029 | 3458 |

PENTATHLON (introduced in 2011) – Boys Under 16

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|-------------------|---|----------------------|--------|
| 2011 | Ottawa, ON | Nathaniel Mechler (Open) | 1926* | 1926 |
| 2012 | Charlottetown, PE | Zach Lakeit (ON) | 3004* | 3004 |
| 2013 | Langley, BC | Jasper Schiedel (BC) | 3257* | 3257 |
| 2014 | Langley, BC | Joel Harrison (Open) | 3399* | 3399 |
| 2015 | Ste. Therese, QC | Aaron Marcynuk (AB/NT) | 3244 | 3399 |
| 2016 | Ste. Therese, QC | Mackenzie Stathis (QC) | 3195 | 3399 |
| 2017 | Brandon, MB | Quinn Cameron (BC) | 3171 | 3399 |
| 2018 | Brandon, MB | Emmanuel Désilets (QC) Ty Stevenson (BC) | 3446* 2750 | 3446 |
| 2019 | Cape Breton, NS | Tyler Sharpe (AB-NT) Nate Paris (BC) Cole Ciceran (Thorold Elit) | 3048 2674 2656 | 3446 |
| 2022 | Sherbrooke, QC | Philippe Glaude (QC) Jérôme Lépine Caleb Pivin (QC) | 3045 2583 2559 | 3446 |
| 2023 | Sherbrooke, QC | Caleb Pivin (QC) Ben Dnes (MN/NWO) Micah Brown (Leduc T.F.C.) | 3258 3225 3030 | 3446 |
| 2024 | Calgary, AB | Nicola Dinev (Dynamique De) Finn Kelly (AB/NWT) Evan Blake (Thorold Elite) | 3177 2725 2705 | 3446 |
| 2025 | Calgary, AB | Nic Scarpino (BC) Callum Williams (NorWesters T) Crispen Hatendi (NL) | 3146 3031 2847 | 3446 |

PENTATHLON (replaced by Heptathlon in 1999) – Girls Under 18

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|------------------|------------------------|--------|--------|
| 1994 | Ottawa, ON | Karine Lamontagne (QC) | 3879* | 3879 |

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|------|-------------------|-------------------------|------|------|
| 1995 | Winnipeg, MB | Nikki Biberger (AB-NT) | 3799 | 3879 |
| 1996 | Sherbrooke, QC | Lisa Soron (SK) | 3617 | 3879 |
| 1997 | Mt. Pearl, NL | Tamsin Anstey (BC) | 3703 | 3879 |
| 1998 | Prince George, BC | Shaundra Allard (AB-NT) | 3647 | 3879 |

HEPTATHLON – Girls Under 18

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|------------------------|---|-----------------------|--------|
| 1999 | Sudbury, ON | Farrah Kohorst (BC) | 4822* | 4822 |
| 2000 | Calgary, AB | Amelie Mercier (BC) | 4378 | 4822 |
| 2001 | Sherbrooke, QC | Sarah Nelson (ON) | 4559 | 4822 |
| 2002 | Sherbrooke, QC | Amanda Dawes (BC/Yukon) | 4264 | 4822 |
| 2003 | Kitchener/Waterloo, ON | Jessica Massitoe (QUE) | 4263 | 4822 |
| 2004 | Sudbury, ON | Brianne Theisen (SK) | 4193 | 4822 |
| 2005 | Edmonton, AB | Adrienne Bethune (ON) | 4396 | 4822 |
| 2006 | Burnaby, BC | Adrienne Bethune (ON) | 4502 | 4822 |
| 2007 | Oromocto, NB | Lauren Simpson (AB) | 4174 | 4822 |
| 2008 | Sherbrooke, QC | Rita Rudell (ON) | 4343 | 4822 |
| 2009 | Sherbrooke, QC | Andrea Vivic (BC) | 4143 | 4822 |
| 2010 | Ottawa, ON | Niki Oudenaarden (AB) | 5124* | 5124 |
| 2011 | Ottawa, ON | Georgia Ellenwood (BC) | 5043 | 5124 |
| 2012 | Charlottetown, PE | Genevieve Gagne (QC) | 5015 | 5124 |
| 2013 | Langley, BC | Keely Watts-Watling (Open) | 4786 | 5124 |
| 2014 | Langley, BC | Sara Murray (SK) | 4755 | 5124 |
| 2015 | Sté. Therese, QC | Dallyssa Huggins (open) | 4898 | 5124 |
| 2016 | Sté. Therese, QC | Kira Kopec (AB/NT) | 4793 | 5124 |
| 2017 | Brandon, MB | Skylar Sieban (AB) | 5020 | 5124 |
| 2018 | Brandon, MB | Chloé Royce (QC) Holly Harrison (BC) Shae Ledevéhat (NF) | 4909 4282 4278 | 5124 |
| 2019 | Cape Breton, NS | Isabella Goudros (ON) Sienna MacDonald (AB-NT) Mia Fiesen (ON) | 4897 4895 4781 | 5124 |
| 2022 | Sherbrooke, QC | Madison Gordon (BC) Kaycee McKenzie (Red Deer Titans) Lauren Dellezay (Leduc Track) | 4398 3975 3578 | 5124 |
| 2023 | Sherbrooke, QC | Gabby Paterson (AB/NWT) Marlena, Tresnjo (BC/YT) Clémence Lavoie (Dynamique de Laval) | 4583 4545 4351 | 5124 |
| 2024 | Calgary, AB | Lily Stroda (BC) Paige Zinger (AB/NWT) Clémence Lavoie (QC) | 5076 4772 4427 | 5124 |
| 2025 | Calgary, AB | Lily Stroda (BC) Noemie Chopin (QC) Abiola Omoyayi (Leduc Track) | 5573* 4633 4528 | 5573 |

PENTATHLON (replaced by Heptathlon in 1999) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|-------------------|----------------------------|--------|--------|
| 1994 | Ottawa, ON | Patrick Gohier-Girard (QC) | 3168* | 3168 |
| 1995 | Winnipeg, MB | Nick Wilkes (BC) | 3387* | 3387 |
| 1996 | Sherbrooke, QC | Jean Archambault-Cyr (QC) | 3049 | 3387 |
| 1997 | Mt. Pearl, NL | Steven Frodsham (AB-NT) | 2929 | 3387 |
| 1998 | Prince George, BC | Greg Dingle (BC) | 3231 | 3387 |

HEPTATHLON (replaced by Octathlon in 2004) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|------------------------|----------------------------|--------|--------|
| 1999 | Sudbury, ON | Laurent Lavigne Masse (QC) | 4791* | 4791 |
| 2000 | Calgary, AB | Tyler Foote (AB-NT) | 5359* | 5359 |
| 2001 | Sherbrooke, QC | Dan Mezheritsky (BC/Yukon) | 4682 | 5359 |
| 2002 | Sherbrooke, QC | Graeme McCallum (BC/Yukon) | 4786 | 5359 |
| 2003 | Kitchener/Waterloo, ON | Stefan Amason (MB/NWO) | 5182 | 5359 |

OCTATHLON (replaced by Decathlon in 2015) – Boys Under 18

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|-------------------|---------------------------------------|--------|--------|
| 2004 | Sudbury, ON | Stefan Amason (MB/NWO) | 5587* | 5587 |
| 2005 | Edmonton, AB | Mark Chenery (BC/Yukon) | 5279 | 5587 |
| 2006 | Burnaby, BC | Kevin Ross (AB) | 5085 | 5587 |
| 2007 | Oromocto, NB | Andrew Graham (ON) | 5265 | 5587 |
| 2008 | Sherbrooke, QC | Stephen McPhee (AB) | 5509 | 5587 |
| 2009 | Sherbrooke, QC | Branden Wilhelm (Open, London Legion) | 5442 | 5587 |
| 2010 | Ottawa, ON | James Turner (BC) | 6006* | 6006 |
| 2011 | Ottawa, ON | Junior Solomon (ON) | 5126 | 6006 |
| 2012 | Charlottetown, PE | Rostam Turner (Open) | 5435 | 6006 |
| 2013 | Langley, BC | Leaugan Fray (ON) | 5354 | 6006 |
| 2014 | Langley, BC | Brayden Posyluzny (AB-NT) | 5104 | 6006 |

DECATHLON – Boys Under 18

| Year | Location of Camp | Athlete & Province | Points | Record |
|------|------------------|--|----------------------|--------|
| 2015 | Ste. Therese, QC | Laurent Grandmangin (Sherbrooke) | 5725* | 5725 |
| 2016 | Ste. Therese, QC | Adam Farmer (NS) | 5624 | 5725 |
| 2017 | Brandon, MB | Ethan Foster (BC) | 6035* | 6035 |
| 2018 | Brandon, MB | Mackenzie Stathis (QC) Blake Devinney (ON) Caleb Timm (ON) | 5961 5794 5761 | 6035 |



MEDAL WINNERS 1975 – TO PRESENT

| | | | | |
|------|-----------------|---|-----------------------|------|
| 2019 | Cape Breton, NS | Quinn Cameron (BC) Winston Clarke (AB-NT) Isaiah Collins (BC) | 6195* 6194 6141 | 6195 |
| 2022 | Sherbrooke, QC | Samuel Jeffery (Athletics Niagara) Aidan Turner (BC) Lambert Fournier (QC) | 6519* 6213 5868 | 6519 |
| 2023 | Sherbrooke, QC | Jackson Mackay (ON) Logan Kok (SK) Lu Radtke-Harris (Athletics Niagara) | 6535 6188 5620 | 6535 |
| 2024 | Calgary, AB | Soren Tico Philipp (Caltaf) Nolan Rosenegger (AB/NWT) Micah Brown (Leduc Track) | 6502 6242 6110 | 6535 |
| 2025 | Calgary, AB | Adam Freure (Athletics Ni) Romain Cavalli (QC) Caleb Pivin (QC) | 6449 6201 6095 | 6535 |