

LEGION NATIONALS

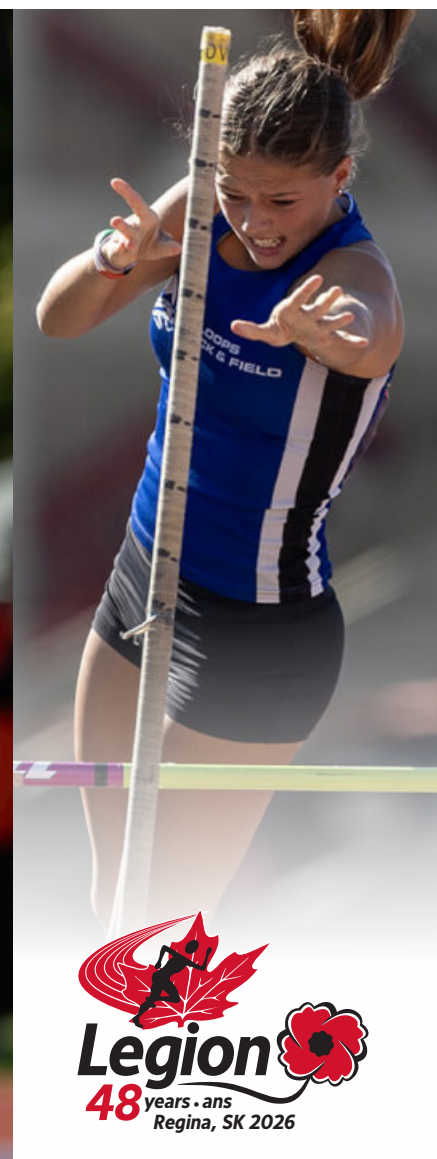
Canadian Youth Track & Field Championships

August 7-9, 2026 | Regina, SK

legionnationals.ca



Photos: Stephen J. Thorne/Legion Magazine



The Championships bring together over 1,000 athletes from across the country to compete in Canada's only U16 and U18 National Track and Field Championships.

To qualify, there are two streams for Newfoundland/Labrador athletes:

A) LEGION TEAM ATHLETE (full Legion Team dates August 5 through 11, 2026)

- 1 Compete at the Provincial Meet at Pearlgate Track and Field Complex – July 10-11, 2026 – Mount Pearl, NL.
- 2 Achieve the team selection standard or be ranked in the top 17 NL/LAB athletes.
- 3 Be selected to Team Newfoundland/Labrador and compete at the National Legion Championships.

B) OPEN ATHLETE

- 1 Compete in a qualifying event sanctioned by Athletics Canada.
- 2 Achieve qualifying entry standards identified in the Technical Manual (No standard required for para athletes).
- 3 Register for Legion Nationals online at www.legionnationals.ca from June 1 to July 26, 2026.